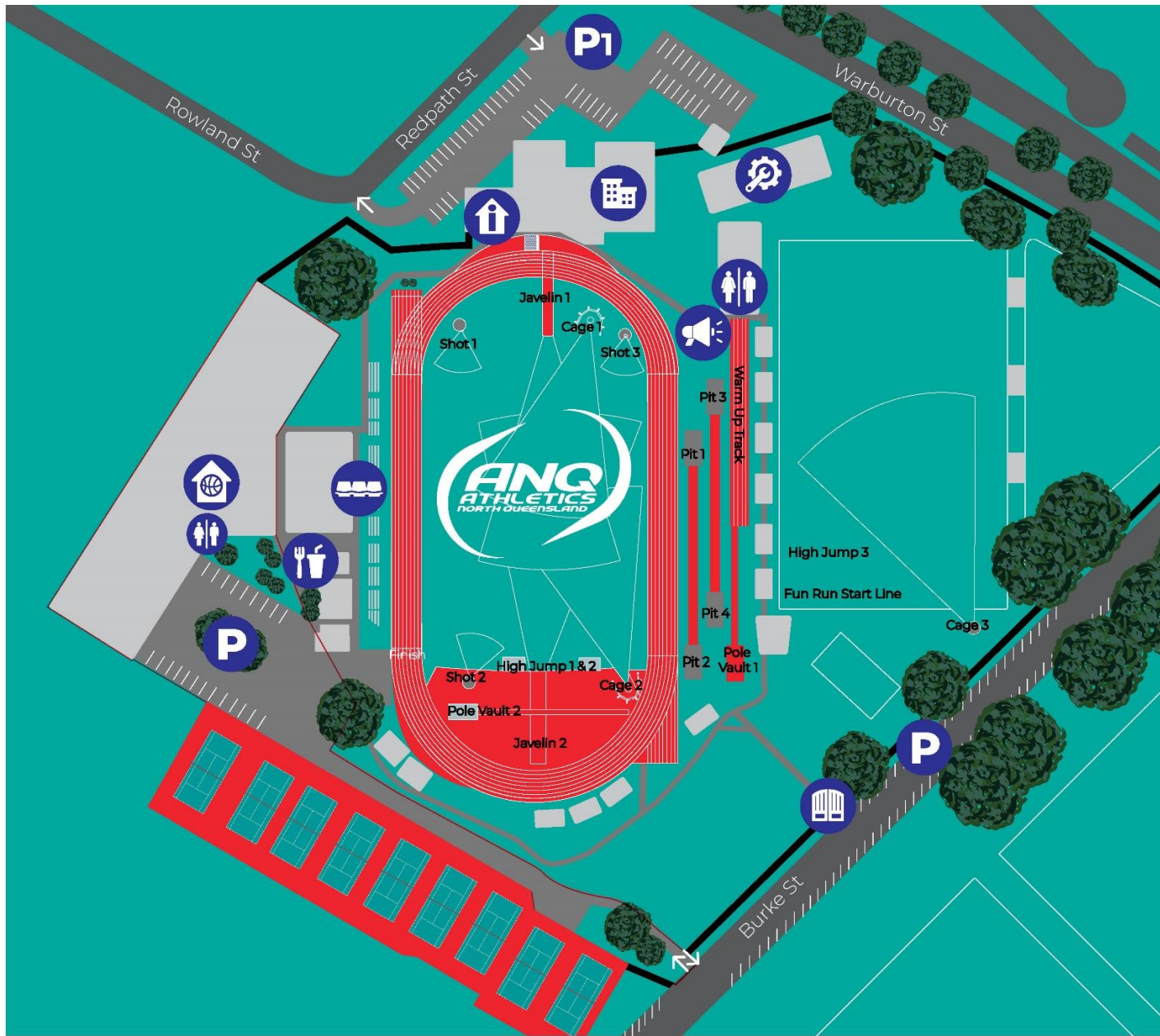




Information Booklet

Australia's Largest Community Athletics Event





TOWNSVILLE SPORTS RESERVE

-  Technical Information Centre
-  Toilets
-  Entry Gate
-  Call Room
-  Workforce Parking
-  Workforce Zone
-  Technical Equipment Shed
-  Food & Beverage
-  Stadium Seating
-  General Parking



Parents, Athletes and Technical Officials are advised to read the following very carefully

1. START OF EVENTS

Events will commence at 3pm Friday 9th June and will finish approximately 3.00pm Sunday 11th June 2023.

2. RULES

The festival will be conducted according to the rules of World Athletics, World Para Athletics, World Athletics Australia, and Athletics North Queensland.

3. AGE RULING

Age is actual age in years as of 31st December 2023. Master's Athletes (athletes over the age of 30) will compete in their age based on the 1st day of competition.

4. TECHNICAL INFORMATION CENTRE

The Technical Information Centre (TIC) will be open from 1:00pm Friday. The TIC is the building located behind the start line at the back of the ANQ office.

5. CLOTHING

Athletes can wear any apparel/clothing they wish if it is not offensive or discriminatory in nature.

6. PARA ATHLETES

Para-Athletes that supply a classification, who are 10 years and older enter in their own age division.

The Festival of Athletics will also include Frame Running. Athletes with a Frame Running classification are able to compete in the 60m and 100m.

7. SCRATCHINGS

If an athlete fails to scratch (remove themselves) from an event after confirmation or does not compete in all rounds of an event for which s/he has nominated for (doesn't include passing a round in a field event), s/he may not be permitted to compete further as outlined in World Athletics Rule TR4.4. This ruling will be applied to all athletes above the age of 10.

8. CALL ROOM PROCEDURES

Athletes must report to the Call Room no less than **15 minutes before the scheduled starting time of their TRACK event** to advise their intention to compete. The Call Room will be located on the back straight underneath the red shade cover near the 200m start line.

Athletes must report to their **field event site** no less than **15 minutes before the scheduled starting time for their FIELD event** to advise their intention to compete. **Athletes should be at the event site 30-60 minutes before the event start time for warm up.** Failure to comply with this Rule may result in the athlete being scratched from that event.

9. PROGRESSIONS

AGE	INDIVIDUAL FIELD EVENTS	HIGH JUMP	TRACK
4 – 7 Years	3 trials each	N/A	Timed Finals
8 – 9 Years	3 trials each	Normal	Timed Finals
10-11 Years	4 trials each	Normal	Timed Finals
12–17 Years, Masters	3 trials each with top 8 going into 1 extra round (4 in total)	Normal	Seeded Races
18 – 19 Years, Open	3 trials each with top 8 going into 3 extra round (6 in total)	Normal	Seeded races

10. CROUCH STARTS AND BLOCKS

Athletes aged 14 to opens must crouch start in all events up to and including 400m. Starting blocks are optional and athletes use blocks provided by the competition. Athletes in the masters age categories have the choice of doing crouch starts, three point starts and standing starts.

11. PRIVATE IMPLEMENTS

Athletes who wish to include their own throwing implements in the equipment pool (private implements may be used by any athlete in the competition), must lodge them with the Technical Manager at the Technical Equipment Room, no later than three hours before the scheduled starting time of the event on the day of competition or on a previous day. The implements will be impounded until after the competition when athletes may collect them from the Technical Equipment Room. A list of implements on offer at these Championships can be viewed below.

Competition Pool implements to be available at the start of competition include:

Shot Put	Javelin	Discus
7.26kg Elite 128mm	800g Comet Nordic 11.4	2kg Super Spin Brass
7.26kg Elite 125mm	800g Viking Nordic 10.4	2kg High Spin Metal
7.26kg Elite 117mm	800g Super Elite Nordic 9.0	2kg Denfi Jurgen Schult
7.26kg Elite 110mm	800g Air glider Nordic 6.1	1kg Super Spin Brass
6kg Elite 120mm	800g Orbit Nordic 5.0	1kg High Spin Metal
6kg Elite 119mm	600g Comet Nordic 12.1	
6kg G 118mm	600g Viking Nordic 11.1	
6kg Elite 106mm	600g Diana Nordic 8.0	
6kg Elite 110mm	600g Star Nordic 5.0	
4kg Elite 90mm		
4kg Elite 95mm		
4kg Elite 103mm		

*Listed for Open and U20 athletes. Standard competition equipment available for all other age.

12. SPIKES

Spikes may be worn by athletes 10 and up. Athletes aged 10 to 11 can only wear spikes in laned events. Athletes 12 plus can wear spikes in any event other than discus, hammer and shot put. Please refer to the chart and image below for more information.

EVENTS	MAXIMUM SPIKE SIZE	TYPE
Track Events	7mm	Christmas tree, inverted Christmas tree, Short/long Pyramid
Long & Triple Jumps	7mm	Christmas tree, inverted Christmas tree, Short/long Pyramid, Jump
High Jump & Javelin	9mm for heel	Christmas tree, inverted Christmas tree, Short/long Pyramid, jump

13. PROTESTS AND APPEALS TO THE JURY

Protests should be given verbally to the event referee within 30 minutes of the event being conducted. Appeals against the referee's decision should be lodged in writing, accompanied by the nominated sum of \$50, within 30 minutes of the decision being announced. Necessary paperwork may be obtained from the Technical Information Centre. If the appeal is unsuccessful the money is forfeited.

14. APPROVED SHOE LIST

Please [CLICK HERE](#) for the current list* of shoes deemed approved by World Athletics (listed under Manuals & Guidelines)

*Please note that World Athletics continually amend the Approved Shoe List as they complete their testing of shoes, therefore athletes should ensure they check this list on a regular basis.

15. HEAT ALLOCATION / LANE DRAW

Thirty (30) minutes before the scheduled starting time for an event, heat allocation and lane draws will be conducted for track events.

16. WARM UP

Athletes are permitted to warm up on field two. There is no access to the field of play by spectators and coaches.

17. START RULE

World Athletics Rule TR16 will apply in full for all competitions conducted under the jurisdictions of ANQ, with the following dispensation: In the case of any competition (or part thereof) conducted exclusively for athletes competing in the under 14 age group and younger, Rules TR16, 16.6-7.2 and TR16, 16.8 shall be applied.

Athletes 14 to Open will compete under the No False Start rule.

18. QUALIFICATIONS- 2023 NATIONAL COMBINED EVENT CHAMPIONSHIPS

The top two performances from ANQ registered athletes, who compete in their age group as of the 31/12/2022 will automatically qualify them for the 2023 Australian Championships, competing in their age group as of the 31 December 2023. This applies to ANQ registered athletes who compete between the ages of 11 years - Open.

Non-ANQ registered athletes should contact their State Athletic Association for their qualification standards for the 2021 Australian Championships.

Athletes who compete in the U20, U18 and U16 will receive automatic qualification based on their age NOT their event division. E.g. Four athletes will receive an automatic qualification in the U18 age division (2 x 16 years of age, 2 x 17 years of age)



