



**MACKAY, 2023 North Queensland
Championship
Information Booklet**

Presidents Welcome

On behalf of Athletics North Queensland, I extend our warmest welcome to athletes, coaches, officials, and supporters to the 2023 North Queensland Championships.

For only the second time in recent history, the Championships are being held outside of Townsville. The Mackay Regional Council have continued their commitment to bringing visitors to the Mackay region through sports tourism with its support of the North Queensland Championships. From grassroots athletes to the elite, the Championships provides the opportunity for athletes of all abilities to perform at their best on the Mackay Aquatic Recreational Complex.

I commend Mackay Regional Council for their support of sports and community infrastructure and events and look forward to continuing our partnership to deliver high-level athletics events in Mackay.



As Athletics North Queensland explores new opportunities to promote and grow the sport, we are excited to add the Benita Willis 10,000m Shield to the program. Honouring one of Australia's all-time greatest distance athletes, the addition of the 10,000m to the North Queensland Championships will allow the north's established and emerging distance athletes to light up the track.

The Championships are also the qualifier for secondary school-aged students to make the North Queensland Team for the 2023 All School Championships in Perth and the Queensland Team for the 2024 Australian Track and Field Championships in Adelaide.

Sporting events like this do not simply materialise overnight, with months of work on logistics occurring within the ANQ office and within a core group of ANQ volunteers, particularly those from our local athletics clubs of Mackay Athletics, North Mackay Athletics and Sarina and District Athletics. I would like to extend our member's gratitude to our staff and volunteers who have made the 2023 North Queensland Championships a reality.

From the first firing of the starter's gun, we are in the hands of the many (though never enough) officials who selflessly volunteer their time over the three days to make these championships run smoothly and provide our athletes with the opportunity to shine. It has been pleasing to note the growth of officials in the last two years, particularly the increase in younger officials, as the new cohort of officials who will take the sport to the 2032 Olympics and beyond step up. It is never too late to join their ranks, and the camaraderie within the group will ensure all newcomers are welcomed and mentored through their officiating journey.

May your time here in Mackay at the North Queensland Track and Field Championships be enjoyable and exciting, whether competing, officiating, coaching or simply cheering on from the many spectator viewing areas. Thank you for your continued support of this great sport.

Shane Watson

President – Athletics North Queensland

A Big Thank You to Our Main Sponsor!



Mackay
REGIONAL COUNCIL

Your generous support has made this event possible.
We're grateful for your commitment to our community.
Let's make this event unforgettable together!

CLUBS IN ATTENDANCE

Act Masters	Mulgrave Athletics Club
Adamstown New Lambton Athletic	New Zealand
Ashgrove Rangers Athletic Club	Noosa Athletics Club
Aspley Athletics Club	North Mackay Athletics
Athletics North Qld	North Queensland Officials Club
Barcaldine Athletics Club	Normanton Athletics Club
Border Striders	Pace Running
Bowen Athletics Club	Peak Performance Track Club
Box Hill Athletic Club	Qeii Track Club
Cairns Athletics Club	Qld Athletics Base Membership
Cap Coast Runners	Qld Masters Athletics Association
Central Queensland Athletics Club Charters	Qld Race Walking Club
Towers Athletics Club	Ravenshoe Athletics Club
Darling Downs Athletics Club	Red Earth Running
Darwin Athletics Club	Redlands Athletics
Deception Bay Amateur Athletic	Richmond North West Athletics
Douglas Athletics Club	Rockhampton Road Runners
European Gold Athletics Emerald and Districts	Ross River Athletics Club
Athletic	Runaway Bay Athletics Club
Gladstone Athletics Club	Rural Athletics Centre
Gold Coast Victory Athletics Club	SA Masters Athletics
Ignition Athletics Club	Sheldon Academy of Sport Tablelands
Ipswich & District Athletics Club	Athletics Club
Keppel Coast Athletics	Tigers Athletics Club
Longreach Athletics Club	Townsville North Star Athletic
Mackay Athletics Club	Townsville Road Runners Inc
Maroochy Athletics Club	U.T.S. Northern Suburbs Athletics
Maryborough Amateur Athletic Club	University of Queensland Athletics
Mature Athletes Darwin	University of the Sunshine Coast
Mayne Harriers Amateur Athletics	Victoria Athletes
Moranbah Athletics Club	WA Athletics
Mount Isa & District Athletics	Whitsunday Athletics Club
	Whitsunday Running Club

FINAL TECHNICAL OFFICIALS' APPOINTMENTS 22-24 SEPTEMBER 2023 – Mackay

Competition Director
Meeting Manager
Announcer
Media

Barry Mullins (NQO)
Brian Smith (NQO)
Barry Mullins (NQO)
Brodie Cross (DAC), Casey Simms (TAC), Louie Hadfield (ANQ), Sara Pihylflyckt (ANQ)

ADMINISTRATION

Hytek Operators
Technical Information Centre (TIC)
Officials Welfare
Medical Personnel

Robyn Potts (NQO), Melissa Thomas (NQO)
Rebecca Austin (MUL), (Carmen Low (ANQ)

Alana Evans (NQO)
Liam Mumford (MKY)

TRACK

Track Referee
Track Call Room

Derrick Evans (NQO)
Lee-Anne Hinschen (NQO), Jennifer Lenoy (NQO)

Post Event
Track Starters and Assistants
Photo Finish
Track Umpires

Kirsty Hoani (SAR)
Jacobus Trusler (EML), Trudie Bradbury (MKY), Toni Petts (WA), David Hinschen (NQO)
Brad Taylor (QA), Luke Jorgensen (RSV)
Anthony Kruck (QA), Gerry Maguire (ANQ), Irene Davey (QMA), Judi Worrell (Fri/Sat) (WHT), Madeleine Simmons (MKY)

TECHNICAL

Technical Crew

Claire Lenton (Sat, Sun) (CNS), Shane Watson (NQO), James Grech (MKY), Madeleine Simmons (MKY)

FIELD

Manager
Fiel Referee Throws
Asst Field Throws
Throws Chiefs

Brian Smith (NQO)
Kym Galea (MKY)
Catherine Welsh (NQO)
Graham Muir (BOW), James Galea (MKY), Margaret Smith (NQO), Wayne Gakowski (EML)

Throws Judges

Alice Wessling (QA), Dan Edwards (MUL), Hannah Edwards (MUL), Izabela Marczyk (QA), Lisa Taylor (CHT), Maxwell Austin (MUL), Rene Otto (Fri, Sat) (CQA), Etienne Otto (Fri, Sat) (CQA), Scott Mackay (Sat) (QA), Xavier Rowe (NQO), Leanne Chin (NT), Troy Richardson (CNS), Melissa Percy (MUL), Jamie Percy (MUL)

EDM Operator

Nicholas Sainsbury (WHT)

Field Referee Jumps
Asst Field Referee

Hailey Muir (BOW)
Joanne Andison (NQO)

Jumps Chiefs

Caryn Jorgensen (RSV), Julie Muir (BOW),
Penny Goulter (TAB), Aidan Kruck (QA)

Jumps Judges

Anna Keehn (CQA), Chloe Thicker (BOW),
Gabriela Marczyk (QA), Jane Chester (TNS),
Janelle Gakowski (EML), Kayden Muir (BOW),
Kayden Muir (BOW), Keeleigh Muir (BOW),
Lincoln Thicker (BOW), Mark Chester (CNS),
Nigel Thicker (BOW), Ross Jorgensen (Sat,
Sun) (RSV), Sara Wessling (QA), Merrin Cox
(Sat, Sun) (RSV)

Walks Judges

Bernadette Hennigan (WA), Joanne Andison
(NQO), Melissa Ellwood (EML)

Multi Event Referee

Andrew Ford (TAB)

Volunteers/Roaming Officials

Kirsty Hoani (SAR),

Jenni Jackson (TNS), Bernadette Hennigan
(NMA), Kaycy Hoani (MKY), Dayne O-Hara
(ANQ), Carmen Low (ANQ), Aaron Halliwell (Sat,
Sun) (ANQ), Rob Bowden (TRR), Aiden Porter
(NMA), Noah Porter (NMA), Eugene Goddard
(NMA)

Parents, Athletes and Technical Officials are advised to read the following very carefully.

1. START OF EVENTS

Events will commence at 8:00am Friday 22nd September and will finish at approximately 3.00pm Sunday 24th September 2023. Changes may be required to the timetable pending athlete entries. It is recommended athletes arrive at the venue at least 45 minutes prior to their event, to collect bibs, familiarise themselves with the event area, and warm-up.

2. RULES

The Championship will be conducted according to the rules of World Athletics, World Para Athletics, Athletics Australia, and Athletics North Queensland

3. AGE RULING

Age is actual age in years as of 31st December 2023. Masters Athletes (athletes over the age of 30) will compete in their age based on the 1st day of competition.

4. COMPETITION BIBS

All athletes are required to wear their competition bib for the duration of the Championships. Each registered athlete will receive a set of bibs with their surname on it, that can be collected from the Technical Information Centre at the venue.

The competition bibs used by competitors for these Championships must be worn on the front and back of your competition uniform, except in the Jumping Events, where one bib may be worn on the front of the torso or back only, so the entire number and sponsorship information can be easily read. No part of the number shall be folded under the uniform.

Athletics North Queensland will enforce World Athletics rule 143.8, which renders an athlete liable to disqualification if s/he tampers in any way with the competition bib.



5. UNIFORMS

All club athletes must wear the Club uniform that they are competing under. School Base Members and athletes from outside of the ANQ region are permitted to wear a uniform that is approved/used at their equivalent State Championships.

No unauthorised advertising may be worn. Any athlete who wears non-permitted advertising (ie. other than clothing manufacturer's logo or approved club sponsor logos of the permitted. Please refer to World Athletics Ad regulations for further information.

6. TIMETABLE

A Draft timetable is available on the ANQ website. The timetable is subject to change when registrations are finalised in September. The Final timetable will be available on the ANQ website and will be sent out to all competitors 4 days out from the start of the competition. Timed finals may be held at the discretion of the Competition Director

7. MULTICLASS EVENTS

Para-Athlete that supply a classification, who are 10 years and above enter in own age division. MSD Charts will be used at these championships to determine the placings. All para-athletes will be competing with the U18 Female event slots.

The NQ Championships also include the T71/T72 classifications that can compete in 60m and 100m. Athletes in this classification, for medal purposes, will compete in their age with other para athletes.

8. SCRATCHING/CLASHING OF EVENTS

If an athlete fails to scratch (remove themselves) from an event after confirmation or does not compete in all rounds of an event for which s/he has nominated for, s/he may not be permitted to compete further as outlined in World Athletics Rule 142.4 . This ruling will be applied to all athletes above the age of 10. These forms can be collected at the TIC.

9. CALL ROOM PROCEDURES

Athletes must report to the Call Room no less than **15 minutes before the scheduled starting time of their TRACK event** to advise their intention to compete. The Call Room will be located in the Sheds, located on the back straight by the 200m start. Athletes can access the Call Room from the rear of the building.

Athletes must report to their field event not less than **15 minutes before the scheduled starting time for their FIELD event** to advise their intention to compete. **Athletes should be at the event site 30-60 minutes before the event start time for warm up.** Failure to comply with this Rule may result in the athlete being scratched from that event

10. PROGRESSIONS

AGE	INDIVIDUAL FIELD EVENTS	HIGH JUMP	TRACK
4 – 7 Years	3 trials each	N/A	Timed Finals
8 – 11 Years	3 trials each	Normal	Timed Finals
12–17 Years, Masters	3 trials each with top 8 going into 1 extra round (4 in total)	Normal	Heats will be run where there are more than 8 athletes entered in each age group/gender for events distances up to 200m.
18 – 19 Years, Open	3 trials each with top 8 going into 3 extra rounds (6 in total)		Heats will be run where there are more than 8 athletes entered in each age group/gender for events distances up to 200m.

Athletes, who will be using a heavier implement weight for 2024 National Championships are permitted to 2 extra throws of the heavier implements at the conclusion of their event. These extra trials will not go towards any medals, records or final placings, these trials will be classed as exhibition throws.

11. PRIVATE IMPLEMENTS

Athletes who wish to include their own throwing implements in the Championships equipment pool (private implements may be used by any athlete in the competition) must lodge them with the Technical Manager at the Technical Equipment Room, no later than three hours before the scheduled starting time of the particular event on the day of competition or on a previous day. The implements will be impounded until after the competition when athletes may collect them from the Technical Equipment Room. A list of implements offer at these Championships can be viewed below.

12. CROUCH STARTS AND BLOCKS

Athletes aged 14 to opens must crouch start in all events up to and including 400m. Starting blocks are optional and athletes use blocks provided by the competition. Athletes in the masters age categories have the choice of doing crouch starts, three-point starts and standing starts.

13. START RULE

World Athletics Rule TR16 will apply in full for all competitions conducted under the jurisdictions of ANQ, with the following dispensation: In the case of any competition (or part thereof) conducted exclusively for athletes competing in the under 14 age group and younger, Rules TR16, 16.6-7.2 and TR16, 16.8 shall be applied.

Athletes 14 to Open will compete under the No False Start rule.

14. RECREATIONAL RUNNING ATHLETES

Members of Recreational Running and QRun members are limited to track events of 800m or greater and are not eligible to enter any field events unless they have a base or track & field club membership.

15. MEDAL PRESENTATION

There are no placing medals awarded to Athletes 9 Years and under. Instead, these athletes will receive a participation medal and certificate during a special ceremony held at between **1:30pm – 2:30pm Saturday** on the home straight (50m mark on track)

Athletes 10 years and above will be handed a medal for podium finishers at their field events, while track athlete can collect theirs at Post Event. A Podium will be at post event for athletes to take photos on.

16. EXIT FROM THE FIELD OF PLAY

All track athletes must leave the Field of Play through allocated areas. Officials will direct athletes to this area. Field athletes can leave the event through the exits provided. Athletes will need to stay at the event until the official has deemed the event complete.

17. PROTESTS AND APPEALS TO THE JURY

Protests should be given verbally to the event referee, and within 30 minutes of the event being conducted, the appeals forms submitted to TIC. Forms can be collected from TIC. Appeals against the referee's decision should be lodged in writing, accompanied by the nominated sum of \$50. If the appeal is unsuccessful the money is forfeited

18. SPIKES AND SHOES

Spikes may be worn by athletes 10 and up. Athletes aged 10 to 11 can only wear spikes in laned events. Athletes 12 plus can wear spikes in any event other than discus, hammer and shot put. Please refer to the chart and image below for more information.

All Athletes must wear closed in shoes in all throwing events.

As the event is a national permit meet all U20 and Open athletes need to follow the World Athletics Shoe Regulations. If not followed athletes may be disqualified or removed from the event if the regulations aren't met. This is the responsibility of the athletes to ensure they meet the latest regulations. The current regulations can be found [here](#).

EVENTS	MAXIMUM SIZE	SPIKE TYPE
Track Events	7mm	Christmas tree, inverted Christmas tree, Short/long Pyramid
Long & Triple Jumps	7mm	Christmas tree, inverted Christmas tree, Short/long Pyramid, Jump
High Jump & Javelin	&9mm for heel	Christmas tree, inverted Christmas tree, Short/long Pyramid, jump



19. AGE LIMITATIONS AND IMPLEMENT SPECIFICATIONS

This Championships will follow the ANQ's Age limitations and Implement Specifications. A copy of this can be found [here](#)

Athletes aged 14 and over may compete in their own age group and the open category. Athletes, who are aiming to compete in a hurdle event for the 2024 National Championships, where their hurdle height/distance has increased, can apply to ANQ to compete up an age group. Automatic qualification can only occur if athletes compete in their age group as of 31 December 2023.

20. WARM UP – TRACK ACCESS

Athletes are permitted to warm up on the back straight before their track event. Athletes can only access this area by the Field Entry and Warm Up Gate, and at times are required to follow the directions of officials, especially when circular track events and Hammer are on. **Coaches and spectators are not permitted access to this area.**

21. QUALIFICATIONS- NATIONAL ALL SCHOOLS

The top two performances from North Queensland School based athletes, who compete in their age group as of the 31/12/2023 will qualify them for the 2023 Australian All Schools Championships - Perth, competing in their age group as of the 31 December 2023. This applies to ANQ registered athletes who compete between the ages of U14 years – U18 i.e. 12 to 17

Athletes who compete in the U14 and U18 will receive a qualification based on their age NOT their event division. E.g. four athletes will receive an qualification in the U18 age division (2 x 16 years of age, 2 x 17 years of age). More details about the team can be found by [clicking here](#)

22. **QUALIFICATIONS- 2024 NATIONAL CHAMPIONSHIPS**

The top 2 performances from ANQ registered athletes (Excluding ANQ Base Members), who compete in their age group as of the 31/12/2023 will **automatically qualify** them for the 2024 Australian Championships, competing in their age group as of the 31 December 2024. This applies to ANQ registered athletes who compete between the ages of 11 years – Open. This does not include Combined Events. Athletes' vertical jumps starting heights and triple jump take-off boards that Athletics Australia advise should be taken into account when athletes are considering using this method of entry qualification.

Athletes who compete in the U20, U18 and U16 will receive automatic qualification based on their age NOT their event division. E.g. Four athletes will receive an automatic qualification in the U18 age division (2 x 16 years of age, 2 x 17 years of age)

Non-ANQ registered athletes should contact their State Athletic Association for their qualification standards for the 2024 Australian Championships. Athletes who meet the entry standards for the 2024 National Championships at this event can also qualify.

23. **RELAYS**

4x100 and 4x400 and shuttle relays will be conducted at this year's Championships.

Relay Categories and Races:

- 4-9yrs – 60m Shuttle Relay
- 10-Masters – 4x100m Circular Relay
- Opens- 4x100m and 4x400m Relay

For the 4-9yrs and 10-Masters relays athletes can make teams of any gender or age.

For the Open 4x100 and 4x400 the event will be held as a Championship event. Teams can only be comprised of the same gender with the minimum age of 14yrs, following World Athletics Rules. Trophies will be awarded to the winning open men's and women's teams of the Open 4x100 and 4x400.

The relays will be held from 5:00pm on Saturday after the 100m finals have been conducted.

Nominations for Relays close at the conclusion of Day 1.

HISTORY OF MEMORIAL TROPHIES

HECTOR HOGAN

When balding Queenslander Hec Hogan almost won the 100 metres track sprint gold medal at the 1956 Olympic Games it seemed that his days of glory were about to commence. Hogan, the first Australian since John Treloar (Helsinki 1952) to reach the 100 metres final and the first Australian to win a medal in the short sprint, had proven his string of Australians titles and records were not flukes. Tragically, only 4 years later, he was dead from leukaemia, the effects of which had actually begun to show at the 1956 Melbourne Olympics.



Hogan, who had earned the nickname of “hustling Hec” because of his blistering starts and powerful style, first won the Australian 100 yards in 1952, the first of seven Championships wins over this distance. That success earned him selection in the team for the 1954 Vancouver Empire Games. Before the games he won the 100 yards and 220 yards championships, added the national Long Jump title and ran the last leg in the Queensland 4 x 110-yard relay team, which won the Australian Titles. Unfortunately, Hogan pulled a leg muscle while training in the United States before the games and at Vancouver struggled to 3rd in the 100 yards and 5th in the 220 yards, and helped Australia to bronze in the 4 x 110 yard relay.

In 1954 Hogan equalled both the World 100 yards record of 9.3 sec and the World 100 metres record of 10.2 giving him confidence going into the 1956 Melbourne Olympics. He almost stole the show in the 100 metres final, bursting from the blocks to lead Americans Bob Morrow and Thane Baker through 50 metres, only to surrender the lead to Morrow with 15 metres to run, and then be pipped by Baker for 2nd place as they lunged for the tape. Hogan also competed in the 200 metres, not his best distance, and was eliminated in the second round. He also ran in the 4 x 100 metres relay team which won its heat in a fast time but was run out in the semi final. Hogan never competed in another Olympic Games but represented Australia in the 1958 Commonwealth Games at Cardiff. It was evident Hogan was under strain though he never admitted to illness. Well below form, he failed to qualify for the final of the 100 yards but helped Australia win a bronze medal in the 4 x 110 yard relay. The following year Hogan visibly deteriorated but carried on as though he was suffering from a common cold, never disclosing what he already suspected. When he failed to qualify for the final in the 1959 Australian 100 yard championship, an event he had won for the past 7 years, he announced his retirement.

Hogan moved to Bowen in North Queensland where he became a publican. It was while living in Bowen that he was enticed out of retirement to run in a competition in Townsville. Hogan ran third over the 100 yards being beaten by local athletes Gerald Edgley and Ray Whyte. It was to be his last competition.

In early 1960 he was admitted to hospital suffering from leukaemia and died in September as the Olympic Games were being held in Rome. Athletics North Queensland recognises and honours Hec Hogan’s achievements each year by conducting the Men’s Hector Hogan Memorial 100-yard race.

JOHN CAMPBELL MILES

In 1923, a lone, quiet and unassuming prospector John Campbell Miles, while traveling with his horse "Hard Times" on a gold prospecting trip to the Northern Territory camped by the banks of the Leichhardt River.

Sampling a nearby rock outcrop, he realised that it was heavily mineralised. Campbell Miles had stumbled on to one of the world's richest copper, silver, lead and zinc ore bodies. He decided to call his discovery "Mount Isa" after the stories he had heard of the Mount Ida goldfield in Western Australia. Eighty-one years later, the Mount Isa Mine now owned by Xstrata is still one of Australia's largest producers of copper ore. Athletics North Queensland acknowledges John Campbell Miles and his place in North Queensland history with the Women's 100 Metre John Campbell Miles race.



JOHN GAVIGLIO

The athletics' community and indeed all of North Queensland lost a respected community worker and dear friend with the passing of Ayr solicitor, John Gaviglio, aged 53 in May 2000. John Gaviglio was born in Mackay in 1946, the son of Tekowai canefarmers Jim and Angela Gaviglio. After being articled to Mackay firm Barron and Allen, he joined Groves and Clark at Ayr, becoming a partner with the late Frank Clark and Ian Macdonald in 1972. In 1979 he received the award of Jaycee of the local chapter, Jaycee of Queensland and Jaycee of Australia.

In 1980 on behalf of the local chapter he received the international award for the Most Innovative Invention – a glass-crushing machine for recycling. He maintained a commitment to the Catholic faith contributing to Catholic education in the Lower Burdekin. Following the interest of his son Christopher in athletics, John became involved in the administration of the sport and officiated in hundreds of competitions. John officiated at numerous regional, State, Grand Prix, national and international events (Arafura, World Masters, World Juniors) - his particular interest area was in the throwing events. When John wasn't officiating, and often when he was, he always had time to assist an athlete with their technique and was a great motivator to many of our young northern athletes. John made an enormous contribution to the administration of athletics in North Queensland and was a Director on the Board until just one month prior to his death. Throughout John's commitment to the sport he had a strong connection with the Ross River Athletic Club where he was rewarded with Life Membership.

John was looking forward to attending the Sydney Olympics and the Paralympics as a Throws' Judge. John wasn't able to attend the Olympics, but each of us who were planning to attend the Games with John knew that he was our special light for those weeks in 2000. John's presence both on and off the field was sadly missed - he was a tireless worker for athletics and a special friend. Athletics North Queensland is proud to present in memory of John Gaviglio the Trophy to the Most Outstanding Achievement in a Throws Event conducted at the Athletics North Queensland Championships.

BENITA WILLIS 10.000m SHIELD

The Benita Willis Shield, named in honour of the esteemed Australian long-distance runner, from Mackay – North Queensland, Benita Willis, is a significant recognition of her remarkable achievements in the world of athletics. Renowned for her exceptional skills in the women's 5,000 meters and her three-time national championship titles in that event, Willis stands as a testament to unwavering dedication and excellence.

Notably, Willis secured a momentous gold medal in the long race at the 2004 IAAF World Cross Country Championships, underscoring her exceptional endurance and determination. Her contributions extended to team medals at the same prestigious event on two separate occasions, further solidifying her legacy on the international stage.



This newly introduced shield for the North Queensland Championships, while paying tribute to Benita Willis, serves an even broader purpose. It represents an esteemed award for both men and women competing in the 10,000 meters, reflecting Willis's dedication to long-distance running and her impact on the sport. By encompassing both genders, the trophy promotes equality and inclusivity in athletics, fostering a spirit of competition and camaraderie among athletes.

The Benita Willis Shield for the 10,000 meters stands as a testament to her enduring influence and the enduring legacy she has left on the world of sports. This shield is not only to honor her outstanding achievements but also serves as a source of inspiration for athletes, urging them to strive for greatness, surpass their limits, and add their own names in athletics history.

DONALD MCDOWELL

Don McDowell was a man who loved sport and was dedicated to sharing this love with young people. He was an outstanding athlete during his school years, representing his school in athletics and rugby league. Whilst he had a raw talent the level of coaching now available to young sportspeople was not commonplace in the Burdekin in his early years. In 1973 whilst on holidays in Tasmania Don discovered the world of professional running, and the value of athletics coaching. A few years later, after his marriage to Brenda, Don and Brenda packed up and moved to live near Davenport in north-west Tasmania, the heartland of the professional running circuit. Here he joined the 'stable' of Coach Ted Eagling. In the New Year Carnival in Burnie in 1979 he won the Maiden Handicap over a distance of 90 metres and was also a finalist in the Burnie Gift running off a handicap of 8 $\frac{3}{4}$ metres, placing 6th. Later in the year Don ran in the Tasmanian State

Championships and placed 3rd. He competed in competitions in St Helens, Ulverstone and Railton during the season. These races were over either 70 or 120 metres. In February of 1979 he won the prestigious Devonport Thousands (\$1,000 prize money not 1000 metres). He was off a handicap of 9 metres and won in 12.4 seconds.



Don went on to compete at Stawell, Victoria where he won his heat in the 70-metre event off 4 $\frac{3}{4}$ metres in a time of 7.7 seconds and was run out in the semi-final. The next season Don improved more and was making most finals including a win in the 200 metres at Burnie off 13 metres in 20.5 seconds. At the State Titles in January 1980 he improved on his earlier performance and placed second. Two weeks later Don made history by winning his second Tasmanian Thousand, the first time anyone has won from a 'second run off' - Don won in a time of 12.1 seconds.

In 1982, Don, Brenda and their two sons returned to North Queensland where Don set about sharing his experience with young athletes in the district. Don became involved in rugby league at junior, senior and international school level. Don's absolute passion was athletics and he set up camp at the Home Hill High School oval. Anyone from Ayr and Home Hill who wanted to train with him was welcome to join his after-school sessions. A number of his athletes went on to achieve recognition in various fields and represented Queensland and Australia in their chosen sports. He would regularly transport promising athletes to competitions and training in Townsville and in 1994 Don was recognised by the Burdekin Shire and awarded an Australia Day Award for his efforts in coaching and administration.

In 1990 Don started running as a veteran athlete at Ross River Athletic Club where some of his records still stand. Fondly nicknamed 'The Burdekin Duck Hunter' because if his starting gun he would officiate at club and interclub athletic meets. He had attained his Level One STFCA Certificate and had applied to commence his Level 2. Don was an asset not just to the Ross River Athletic Club but to athletics in North Queensland.

Sadly, whilst working on the family farm at Home Hill, Don was bitten by an Eastern Brown Snake. Due to complications Don passed away at the Townsville General Hospital the following day, 27th August 1995. Don will always be remembered for his services to sport, but in particular for the difference he made in so many young North Queensland lives. Athletics North Queensland acknowledges the enormous contribution that Don gave to athletics in this region and honours him with the Junior Boys and Girls Champion Athlete trophies.

JEFFERY BUCHANAN

Jeff Buchanan grew up in various country regions in Queensland and was involved with running in Charleville where he won his first races. He went to boarding school in Toowoomba where he participated in all sports. He joined the PMG (Australia Post) in Longreach before joining the Navy at 18 and being sent to Vietnam. After the Navy, Jeff began his career as a sales representative in Victoria before moving to Townsville in 1980. Jeff loved his golf, but when his children took an interest in Athletics, that was the end of Golf, he was in for the long haul with his children.

Jeff Buchanan got started, as many of us did, as a parent with the local club. Jeff first joined Wulguru in 1985 and did the usual helping with events. He started his 'officials' exams when he was involved with Ross River Athletic Amateurs around 1989. After a couple of years of dabbling in officiating, Jeff decided he wanted to join the boys in Red and took up starting. He learnt a lot from Denis Frilingos and Jim Minehane and had a great deal of admiration for Don McDowell, these were the people who inspired him to get involved with the Start Crew – he figured that with blokes like this it wouldn't be a bad idea to be involved!

He was proud to have officiated at the World Veteran Championships in Brisbane in 2001, Paralympics training, Oceania, National Primary Schools, National Secondary Schools and the Arafura Games. But above all, he was proud to have made so many friends through his involvement with athletics. He was awarded Life Membership to Wulguru in 1996.

In 2003 Jeff discovered he had cancer, he didn't tell a lot of people and continued to officiate at local events. In December 2003 Jeff was selected to officiate at the Australian All Schools

in Brisbane. It was evident at that time that Jeff was not well, but he chose not to burden others with his pain. Jeff continued on as if he would beat this terrible disease and when selections were made for the officials for the North Queensland Games at Easter in Cairns, Jeff, as usual, was available. Jeff made the trip to Cairns, with his new gun in hand determined to go on the start crew. He did get to fire the gun, but that was the last time we would see Jeff on the track. Jeff was overcome by cancer, and on the 14th of May Jeff succumbed to the disease that was to cut his life short. Jeff, alongside his wife Bev, were and are, great supporters of Athletics in North Queensland and their presence on the track was always welcome. Jeff had a strong personality, and those of us who knew him well, knew that he didn't make comments unless it was necessary. Jeff was a great mentor to those around him and he has left many friends in the sport. His great disappointment would be that he wasn't on the Start Line at the 2004 Oceania Championships, but he would have been proud that his good friend, Denis Brazil was there to carry on the spirit.

Jeff leaves behind his loving family, Bev, Alison, Kate and Charles and together they have, with the blessing of Athletics North Queensland, decided to sponsor the Men's 100 Metre Sprint event to be held at our North Queensland Championships. Jeff loved the track, but he especially loved the sprints – nothing better than the Men's 100 metres!

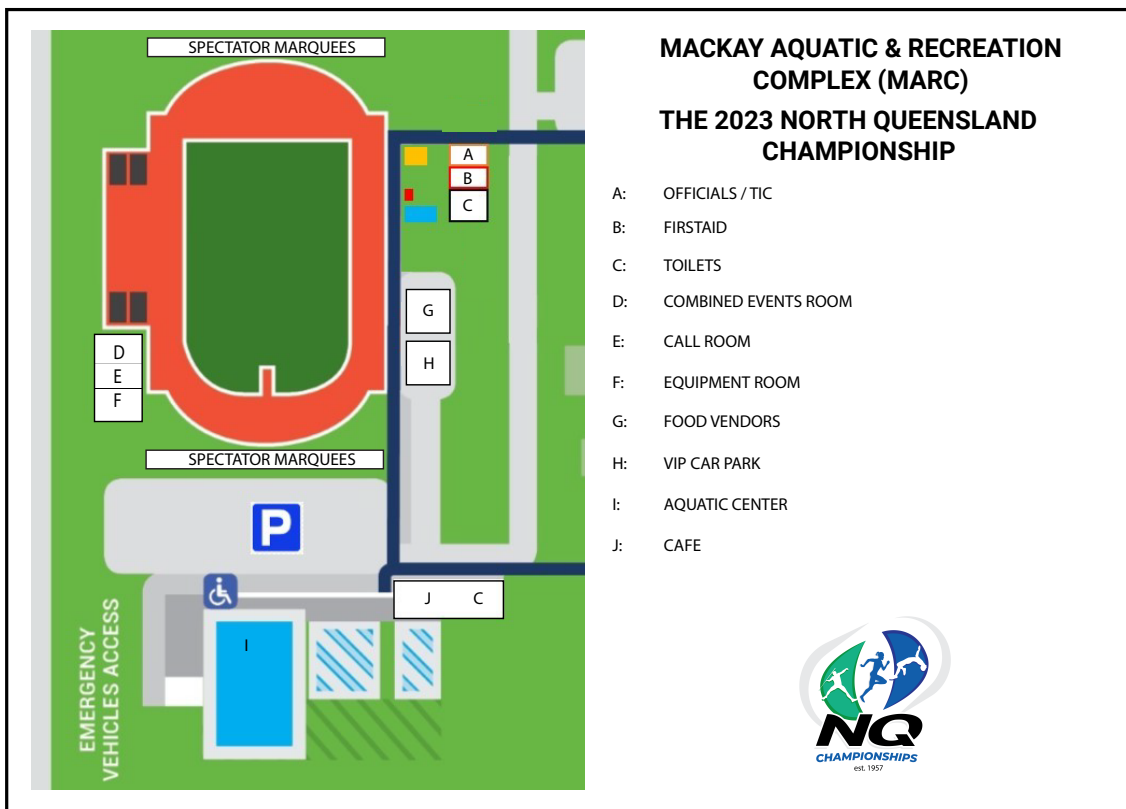
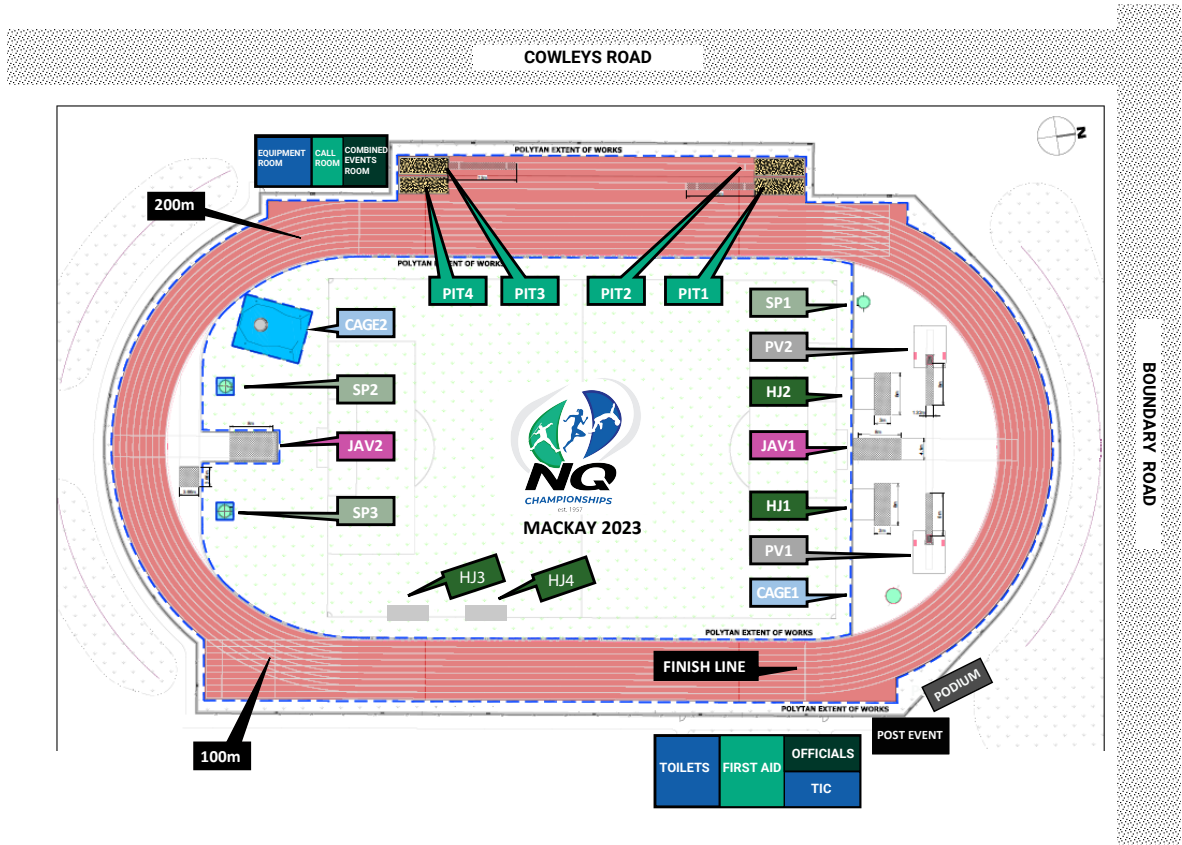
JARROD BANNISTER

The late Jarrod Bannister was a local Townsville boy, a member of North Star Athletic club, and was an outstanding talent in a number of sports in his youth. Ultimately, he was to dedicate his efforts to the Javelin where he competed at a World Class level for over ten years.

Jarrod's mark of 89.02m is the current Oceania record in javelin, set in Brisbane in 2008.

In 2010 he won gold for his performance at the Delhi Commonwealth Games. It was the highlight of the many occasions that Bannister represented Australia which also included the Melbourne Commonwealth Games in 2006 and Beijing Olympic Games in 2008, and the 2011 IAAF World Championships in Daegu, South Korea.

Like many of the javelin greats, Jarrod was very much his own man, he enjoyed life to the full, yet was ultimately focused on perfecting the skill of channelling his immense natural power into throwing the spear an unfathomable distance.



VENDORS



MAD COFFEE VAN

Friday, 8:30am- 1.30

Saturday, 10.30-1.30

Sunday, 7am – 1.00



DUMPLING HUT

Saturday & Sunday

"We advise pre-ordering at our van for your convenience. Athletes, and spectators can pre-order anytime at our van for both Saturday and Sunday."



SPICY 'N' SAUCY

Friday, Saturday & Sunday

"Spicy n Saucy is focusing on authentic Indian traditional and cultural values of real food."



5th YEAR CHIROPRACTIC INTERNS

Chiro service available for the athletes, Friday 8am – 1pm



The Mackay Isaac Region

Queensland Nature. Reserved.



WELCOME TO THE MACKAY ISAAC REGION

We hope you have a wonderful time in the Mackay Isaac Region!

Please find below available touring options and links to the Mackay Regional & Isaac Region Visitor Guides, plus Discover Mackay's Best Kept Secrets brochure.

[MACKAY REGION VISITOR GUIDE 2022](#)
[ISAAC REGION GUIDE](#)
[DISCOVER MACKAY'S BEST KEPT SECRETS](#)

For further tourist information or booking enquiries please contact us on

Phone: (07) 4837 1228 or 1300 130 001

Email: bookings@mackayregion.com

Website: www.mackayisaac.com

Locations

Sarina Field of Dreams, 1 Railway Sq, Sarina, QLD, 4737

or

Bluewater Lagoon Mackay, 2 Matsuura Drive, Mackay, QLD, 4740

Don't forget to check out our socials! #visitmackay #ourisaac



@visitmackayisaac



Visit Mackayisaac



@visitmackayisaacregion



In need of some accommodation whilst in the Mackay Isaac Region?

Check out the list below of accommodation options in the region. If you need some assistance with booking, please contact 07 4837 1228. You can also book online via clicking [HERE](#).

Accommodation Options in the Mackay Region			
Property	Star Rating	Street Address	Phone
Alara Motor Inn	4.5	52 Nebo Rd, Mackay	07 4951 2699
Aligned Corporate Residences Mackay	4.5	38 MacAlister St, Mackay	07 4829 3500
Bel Air Motel		10 Nebo Road, Mackay	07 4957 3658
Casa Nostra Motel Mackay	3	30 Nebo Rd, Mackay	07 4951 1288
Comfort Resort Blue Pacific	3	26 Bourke St, Mackay	07 4954 9090
Cool Palms Motel	3	4 Nebo Rd, Mackay	07 4957 5477
Coral Cay Resort	4	14 Nebo Road, Mackay	07 49577677
Coral Sands Motel	4	44 Macalister St, Mackay	07 4951 1244
Dolphin Heads	4	6 Beach Road, Mackay	07 4944 4777
EconoLodge Beachside Motel	3	2 Bridge Road, Mackay	07 4953 0011
Eungella Cabins		10 Chelmer Street, Eungella	0407 527 255
Eungella Chalet		2 Chelmer St, Eungella	07 4958 4509
Hay Point Country Bed & Breakfast		45 Droughtmaster Dr, Hay Point	0407 756 567
Ibis Mackay	4	Christensen Circuit, Mackay	07 4898 0015
Keswick Island Beach House		Keswick Island	02 9167 1642
Lanai Riverside Apartments	4	20 River St, Mackay	07 4957 4401
Mackay Adventure Lodge		2 Poco Place, Andergrove Lakes	1800 622 529
Mackay Resort Motel	4	154 Nebo Road, Mackay	07 4944 7944
Mantra Mackay	4	Mulherin Dr, Mackay	07 4955 9400
Ocean International	3	1 Bridge Rd, Mackay	07 4957 2044
Nebo Hotel		2 Reynolds St, Nebo	07 4950 5102
Quest on Gordon	4	27 Gordon Street, Mackay	07 48421800
Riviera Mackay Hotel Apartments	4	5-7 Nelson Street, Mackay	07 49142460
Rover Motel	3	174 Nebo Rd, Mackay	07 4951 3711
Rydges Mackay Suites	4	9 Gregory Street, Mackay	07 4969 1000
Sarina Beach Motel	3	44 Owen Jenkins Dr, Sarina Beach	07 4956 6266
Sarina Motor Inn	3	22 Broad St, Sarina	07 4943 1431
Sea Eagles Beach Resort	4	149 Rasmussen Ave, Salonika Beach, Hay Point	07 4956 3322
Shamrock Gardens Motel	3.5	48 Donaldson Street, Mackay	07 49632333
Sun Plaza Motel	3	35 Nebo Road, Mackay	07 4951 2688
Swag Motel		5 Leichhardt Drive, Middlemount	07 4985 9955
The Homestead Lotus Creek		12287 Marlborough-Sarina Road, Lotus Creek	0427 507 121
The Seabreeze Hotel	3.5	72 Pacific Esplanade, Mackay	07 4955 1644
The Shores Holiday Apartments	3.5	9 Pacific Drive, Mackay	07 4954 9444
Tropic Coast Motel	3	158 Nebo Rd, Mackay	07 4951 1888
Windmill Motel & Events Centre	4	5 Highway Plaza, Mackay	07 4944 3344



Caravan Parks & Camping			
Property	Accommodation types	Street Address	Phone
Andergrove Van Park	Sites & Cabins	40-68 Beaconsfield Road, Mackay	07 4942 4922
Armstrong Beach Caravan Park	Sites	60-66 Melba St, Armstrong Beach	07 4956 2425
BarraCrab Caravan Park	Sites & Cabins	1 Colonial Dr, Clairview	07 4956 0190
Big 4 Mackay Blacks Beach Holiday Park	Sites & Cabins	16 Bourke Street, Mackay	07 4954 9334
Bucasia Beachfront Caravan Park	Sites & Cabins	2 Bucasia Esplanade, Mackay	07 4954 6375
Cape Hillsborough Nature Tourist Park	Sites & Cabins	51 Risley Parade, Cape Hillsborough	07 49590152
Cape Palmerston Holiday Park	Sites & Cabins	989 Greenhill Rd, Ilbilbie	07 4950 3987
Central Tourist Park	Sites & Cabins	15 Malcomson Street, Mackay	07 4957 6141
Crediton Hall Recreation Club	Sites	671 Crediton Loop Road, Crediton	137468
Mirani Caravan Park	Sites	Caroline Street, Mirani	07 4959 1239
Mycow Accommodation	Sites & Cabins	106 Main St, Mackay	07 4952 2806
Oh Deere Farm Stay	Sites	71 Zamparuttis Road, Calen	0419 873 909
Seaforth Campground	Sites	8 Prince Charles Avenue, Seaforth	07 4966 4359
The Park Mackay	Sites & Cabins	284 Farrellys Road	07 4952 1211

Please note – As there are expected to be a large portion of out-of-town registrants, we recommend booking in advance to avoid any disappointment. If you have a group requiring accommodation, then please reach out to us to organise your group booking.

Looking for somewhere to eat?

Please click [HERE](#) for your guide on where to eat in the Mackay City Centre.

Have an adventurous side?

If you are looking for something adventurous to do in Mackay, then check out these action-packed activities.

Adventure Activities				
Company	Street Address	Suburb	Postcode	Phone
Escape Rooms Mackay	344 Alfred St	Mackay	4740	0484 372 273
Wake House Mackay	Poco Place	Andergrove QLD	4740	1300 500 261





Tour Option – Red Cat Adventures -Wild Cat Mackay

New to the region from December 2021 Wild Cat Mackay will depart the Mackay Marina each morning. Are you ready to get off the beaten track? Wildcat offers you a ride to remember! This tour will take you on a journey of discovery to some of the most picturesque and untouched locations on the Great Barrier Reef.

Tour: Mackay Islands Tour

Dates: Thursday's, Friday's, Saturday's, Sunday's & Monday's

Start Time: Departs - Mackay Marina Village at 9:30 am

End Time: Returns - Mackay Marina Village at 4:30 pm

Itinerary Highlights:

- Indulge in a tasty lunch and morning/afternoon snacks
 - Use of stinger/wetsuit, snorkeling equipment
 - Use of paddleboards
- Beach combing & snorkeling

Tour Option – Red Cat Adventures -Wild Cat Sunset Sail

Tour: Sunset Sail Package

Dates: Every Friday

Start Time: Departs - Mackay Marina Village at 5:00pm

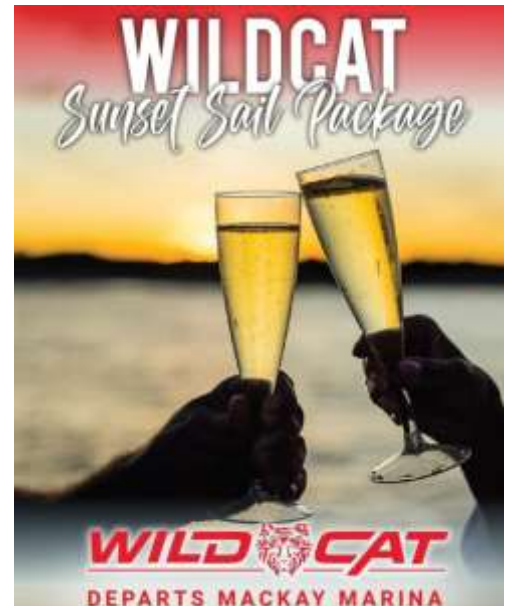
End Time: Returns - Mackay Marina Village at 7:00pm

Watch the sunset over the Mackay coastline while you enjoy a glass of champagne, some tasty nibbles and chilled-out tunes with our first-class crew.

Each sunset is unique and the vast array of stunning natural colours is the ideal backdrop for your evening onboard Wildcat.

The cruise lasts for approximately 2 hours which is the perfect time for you to take in the stunning harbour views, sunset and night lights.

Highlights include, Rooftop viewing platform to view the incredible sunset, On-board licensed bar, bathroom, and comfortable seats. Perfect for couples, families, groups, events, or any occasion. Experienced and knowledgeable crew members.



To book either experience, [CLICK HERE](#) or call 07 4837 1228 / 1300 130 001 or email bookings@mackayregion.com.





Tour Option - Sarina Sugar Shed

Sarina Sugar Shed is a multi-award-winning attraction that offers a genuine and authentic paddock-to-plate food tourism experience and showcases the rich heritage of the sugar cane industry in Queensland.

Through their daily guided tours, Sarina Sugar Shed celebrates the achievements of the sugar cane pioneers who brought great prosperity to the region through their back-breaking work and mechanical ingenuity, and then, via their miniature mill, they demonstrate the process of taking the raw sugar cane plant and turning it into both crystalized sugar ready for refining and ethanol for alcohol production.

The journey ends with tastings of the products that they produce which highlight the many delicious uses of sugar, including rum, rum liqueurs and fruit liqueurs made onsite in the boutique distillery, plus their range of Chefs' Gusto chutneys, relishes and sauces, and non-alcoholic ginger beer.

With offerings in the café, such as house-baked scones with homemade strawberry jam, cheese and tasting platters using their own chutneys and relishes, and 10 flavors of ice cream made in-house, Sarina Sugar Shed is true food tourism experience, satisfying the sweet tooth of all ages

Tours Daily: 9:30am, 11:00am, 12:30pm and 2:00pm

Price from: Adult \$27.50, Child (5-17) \$13.80, Children under 5 years – No charge, **Family Option 1:** 2 Adults and 2 Children \$75.00, **Family Option 2** - \$83.60(2 x A & 3 x C 0-17), **Family Option 3:** \$92.20 (2 x A & 4 x C 0-17) Concession \$23.50(ID required)

To book, please click [HERE](#) or call 07 4837 1228 / 1300 130 001 or email bookings@mackayregion.com

Tour Option – Red Dog Brewery

Available Dates: Thursday's, Friday's, Saturday's & Sunday's

Pricing: from \$25 per person

Time: 3pm on Thursday & 2pm on Friday -Sunday.

Join Head Brewer Jamie Woods as he takes you on a tour of Mackay's only craft brewery. Learn about the brewing process, ingredients, equipment, and the story of Red Dog Brewery. The Brewery tour will include a 4-beer tasting paddle and tasting notes. Guests are welcome to stay after to enjoy all that Red Dog Brewery has to offer including other Queensland produced wine, spirits & cocktails.

Inclusions:

- Brewery Tour
- 4 Beer Tasting Paddle



To book, please [CLICK HERE](#) or call 07 4837 1228 / 1300 130 001 or email bookings@mackayregion.com.



Tour Option – Mackay Adventure Tours - Beach Sunrise with the Wallabies

Available Dates: Friday's & Saturday's

Pricing: \$89 per person

Departs: SEP- MAR 4AM, APR- AUG: 5am from Mackay CBD Hotels

Returns: approx. 9am

Max Seats: 23

With Queensland's Cape Hillsborough as a stunning natural background, experience a once in a lifetime opportunity to capture a magical Australian sunrise on the beach with our iconic wallabies. Learn and reflect on our role in preserving and protecting Australia's natural beauty with your experienced guide.

Inclusions:

- Return transfers from Mackay CBD Hotels
- Meet Cape Hillsborough Wildlife Ranger
- Free time to explore various nature trails including the one to Andrews Points Lookout of the entire bay.
- Breakfast & juice included

To book, please [CLICK HERE](#) or call 07 4837 1228 / 1300 130 001 or email bookings@mackayregion.com.



Tour Option – Mackay Adventure Tours – Finchy's Gorgeous Gorge



Available Dates: *enquire for available dates*

Pricing: from \$129 per person

Departs: 10am from Mackay CBD Hotels

Returns: 3pm

Max Seats: 23 – Min 10 passengers

Travel with us west of Mackay through hectares of cane fields to the beautiful Finch Hatton Gorge, a part of Eungella National Park, Australia's longest continuous stretch of sub-tropical rainforest. Marvel at the lush flora and volcanic boulders on our hike to Araluen Falls (1.6km) where you can take a refreshing dip below the falls or relax in nature and take in the spectacular views. To top off the day we then make our way back down the gorge and stop in at Pinnacle Pub to treat you to the famous 'Pinnacle Pie' for lunch.

Inclusions:

- Return transfers from Mackay CBD Hotels
- Guided walk through the Eungella National Park to Finch Hatton Gorge
- Lunch at the famous Pinnacle Pub for a pie & beer! (Additional drinks at own expense)

To book, please [CLICK HERE](#) or call 07 4837 1228 / 1300 130 001 or email bookings@mackayregion.com.



Tour Option – Mackay Adventure Tours – Sugar Cane Tasting Tour



Available Dates: Enquire for available dates

Pricing: from \$119 per person – Available for group tours only

Departs: 10am from the Bluewater Lagoon Mackay

Returns: 2:30pm

Max Seats: 23

Visit the sweet coastal town of Sarina, for a tour that will tantalise your tastebuds! See a miniature sugar cane, mill in action, and learn how sugar cane is farmed and turned into Sarina's award-winning Rum and liqueurs. For those 18+ we end the tour with a tasting paddle and cheese board, for those under 18 there's fairy floss! Then we head to the picturesque Sarina Beach for a coastal lunch and some down time at the beach before we return to Mackay.

Inclusions:

- Return transfers from Bluewater Lagoon Mackay
- Guided tour of Sarina Sugar Shed
- Lunch at The Palms Sarina Beach with free time to explore the beach afterwards (drinks at own expense)

To book, please [CLICK HERE](#) or call 07 4837 1228 / 1300 130 001 or email bookings@mackayregion.com.

Tour Option – Oh Deere Farm Tour

A beautiful Farm Stay with an area to camp and learn more about Sugar cane with our Tours (subject to time of year and work on the property). We are on a working cane farm and have flat grassy areas suitable for all types of vehicles, tents, camper trailers. Caravans, mobile homes, buses, or swags. The camp site is a large area around the main homestead of the property with toilet and shower facilities available, including a washing machine and a dryer at a small extra cost for your convenience, also a BBQ that can be used with table and chairs. Come and have a drink or a chat in the afternoon/evenings, if weather permits and no fire bans or risk of fire in the cane, we also light the fire pot. With tours available at certain times for people to learn more about Sugar cane. Sugar Cane Tour shows from planting to harvesting, how it gets to the mills here in the Mackay Region, some juicing, morning tea and much more! It even includes a tour of our John Deere replica museum. You won't be disappointed!



Tours Daily: 9am (Mon – Sat) 10am (Sun)

Price from: Adult \$48, Child: \$9, Couple \$89, Family (2ad, 2 ch) \$100

To book, please [CLICK HERE](#) or call 07 4837 1228 / 1300 130 001 or email bookings@mackayregion.com.





Tour Option – Helicopter Tours Isaac Region

Bush Heli-Services offers unique helicopter tours around our vast, rich in history and most of all beautiful Isaac area.

Their scenic flights will take you to extraordinary destinations for example the Peak Range National Park, Clermont town, Clermont open pit coal mine, Blair Athol Coal mine and Theresa Creek Dam.

They also offer personalized charters and aerial work based in Clermont, Central Queensland.

Founded by Jamie & Mardi Bush, this family-owned and operated business provides innovative solutions to clients in the Isaac Region, leveraging over 50 years of combined flight expertise and unique capabilities.

Safety is of the highest priority. With a 100% safety record, Bush Heli-Services is committed to continuously improving safety protocols. Bush-Heli Services adheres to strict practices and procedures to maximise safety and minimise impact. Bush Heli-Services are passionate about community as an active member of local charities, public events sponsor and a network of regional business partners.

For more information, pricing and bookings, please [CLICK HERE](#) or call 07 4837 1228 / 1300 130 001 or email bookings@mackayregion.com.



2023 NQ Championships - 22/09/2023 to 24/09/2023

Mackay Aquatic & Recreation Complex
Performance List**Event 1 Women Pole Vault 12yrs (U13)**

Friday 22/09/2023 - 8:30 AM

Name	Age	Team	Seed Mark
1 Georgia Cameron	12	Normanton Athlet	
2 Lani Ellwood	12	Emerald and	
3 Teagan O'Friel	12	University o	

Event 2 Men Pole Vault 12yrs (U13)

Friday 22/09/2023 - 8:30 AM

Name	Age	Team	Seed Mark
1 Aiden Porter	12	North Mackay	
2 Noah Porter	12	North Mackay	

Event 3 Women Pole Vault 13yrs (U14)

Friday 22/09/2023 - 8:30 AM

Name	Age	Team	Seed Mark
1 Tahmia Bee	13	Normanton Athlet	
2 Liana Herrington	13	North Mackay	

Event 4 Men Pole Vault 13yrs (U14)

Friday 22/09/2023 - 8:30 AM

Name	Age	Team	Seed Mark
1 Jase Daniels	13	Normanton Athlet	
2 Ned Lyons	13	Anq Base	

Event 5 Women Pole Vault 14yrs (U15)

Friday 22/09/2023 - 8:30 AM

Name	Age	Team	Seed Mark
1 Caitlyn Butland	14	Douglas Athl	
2 Sienna Kruck	14	Tigers Athle	

Event 6 Women Pole Vault 15yrs (U16)

Friday 22/09/2023 - 8:30 AM

Name	Age	Team	Seed Mark
1 Isabella Loh	15	Tigers Athle	

Event 7 Boys Hammer 3.0kg 12yrs (U13)

Friday 22/09/2023 - 8:30 AM

Name	Age	Team	Seed Mark
1 Hunter Sibenaler	12	Qeii Track C	

Event 8 Men Hammer 3.0kg 13yrs (U14)

Friday 22/09/2023 - 8:30 AM

Name	Age	Team	Seed Mark
1 Jase Daniels	13	Normanton Athlet	
2 Thomas Rainbow	13	Normanton Athlet	
3 Declan Rich	13	Mulgrave Ath	

Event 9 Men Hammer 4.0kg 14yrs (U15)

Friday 22/09/2023 - 8:30 AM

Name	Age	Team	Seed Mark
1 Maxwell Austin	14	Mulgrave Ath	
2 Blake Gregory	14	Normanton Athlet	
3 Samuel Raciti	14	Mulgrave Ath	

Event 10 Men Hammer 4.0kg 15yrs (U16)

Friday 22/09/2023 - 8:30 AM

Name	Age	Team	Seed Mark
1 Mafi Aho	15	New Zealand	
2 Max Bruggemann	15	Longreach At	
3 Paul Busch	15	Normanton Athlet	
4 Tom Latcham	15	Central Quee	
5 Willem Sorensen	15	Gladstone At	

Event 11 Men Throws Pentathlon U16

Name	Age	Team	Points
1 Maxwell Austin	14	Mulgrave Ath	
2 Paul Busch	15	Normanton Athlet	
3 Tom Latcham	15	Central Quee	
4 Samuel Raciti	14	Mulgrave Ath	
5 Willem Sorensen	15	Gladstone At	

Event 12 Men Hammer 5.0kg Under 18

Friday 22/09/2023 - 8:30 AM

Name	Age	Team	Seed Mark
1 James Galea	17	Mackay Athle	
2 Matthew Greig	17	University o	
3 Andrew Ramm	17	Central Quee	
4 Aman Sandhar	17	Qeii Track C	
5 Braydon Wallis	16	Charters Tow	

Event 13 Men Throws Pentathlon Under 18

Name	Age	Team	Points
1 James Galea	17	Mackay Athle	
2 Matthew Greig	17	University o	
3 Andrew Ramm	17	Central Quee	
4 Aman Sandhar	17	Qeii Track C	
5 Braydon Wallis	16	Charters Tow	

Event 14 Men Hammer 6.0kg Under 20

Friday 22/09/2023 - 8:30 AM

Name	Age	Team	Seed Mark
1 Etienne Otto	19	Central Quee	
2 Ethan Sharpe	18	Central Quee	

Event 15 Men Throws Pentathlon Under 20

Name	Age	Team	Points
1 Etienne Otto	19	Central Quee	

Event 16 Women Triple Jump Open

Friday 22/09/2023 - 9:00 AM

Name	Age	Team	Seed Mark
1 Zoe Chester	17	Townsville N	
2 Paige Jones	16	Keppel Coast	
3 Alexandra Kanowski	29	Townsville N	
4 Dash Newington	39	Central Quee	

Event 17 Women 30-49 Triple Jump 30-49yrs

Friday 22/09/2023 - 9:00 AM

Name	Age	Team	Seed Mark
1 Dash Newington	39	Central Quee	

2023 NQ Championships - 22/09/2023 to 24/09/2023

Mackay Aquatic & Recreation Complex
Performance List**Event 17 ... (Women 30-49 Triple Jump 30-49yrs)**

Name	Age	Team	Seed Mark
2 Kristy Peel	48	Mount Isa &	
3 Madeleine Simmons	41	Mackay Athle	

Event 18 Women 50+ Triple Jump 50-109yrs

Friday 22/09/2023 - 9:00 AM

Name	Age	Team	Seed Mark
1 Barbara Baker	54	Mount Isa &	
2 Joy Dale	52	Qld Masters	

Event 19 Men Hammer 7.26kg Open

Friday 22/09/2023 - 10:00 AM

Name	Age	Team	Seed Mark
1 Raymond Abdy F37	43	Charters Tow	
2 Tim Lowrey	56	Central Quee	
3 Etienne Otto	19	Central Quee	
4 Benjamin Roberts	20	Gold Coast V	

Event 20 Men Throws Pentathlon Open

Name	Age	Team	Points
1 Etienne Otto	19	Central Quee	

Event 21 Men 30-49 Hammer 7.26kg 30-49yrs

Friday 22/09/2023 - 10:00 AM

Name	Age	Team	Seed Mark
1 Raymond Abdy F37	43	Charters Tow	
2 Justin Locher	39	Mackay Athle	
3 Shaun Peel	48	Mount Isa &	
4 Benjamin Ross	38	Mackay Athle	
5 Brent Whitehead	32	Mackay Athle	

Event 22 Men 30-49 Throws Pentathlon 30-49yrs

Name	Age	Team	Points
1 Raymond Abdy F37	43	Charters Tow	
2 Justin Locher	39	Mackay Athle	
3 Shaun Peel	48	Mount Isa &	
4 Benjamin Ross	38	Mackay Athle	
5 Brent Whitehead	32	Mackay Athle	

Event 23 Men 50+ Hammer 50-109yrs

Friday 22/09/2023 - 10:00 AM

Name	Age	Team	Seed Mark
1 Wayne Fielder	69	Mulgrave Ath	
2 Anthony Galea	83	Mackay Athle	
3 Selwyn Hawken	78	Whitsunday A	
4 Mills Lafferty	75	Qld Masters	
5 Tim Lowrey	56	Central Quee	
6 Rene Otto	57	Central Quee	

Event 24 Men 50+ Throws Pentathlon 50-109yrs

Name	Age	Team	Points
1 Wayne Fielder	69	Mulgrave Ath	
2 Andrew Ford	56	Tablelands A	
3 Anthony Galea	83	Mackay Athle	
4 Neil Gray	64	Qld Masters	
5 Selwyn Hawken	78	Whitsunday A	

6 Mills Lafferty	75	Qld Masters
7 Rene Otto	57	Central Quee

Event 25 Women 2000 m Steeplechase 76.2cm U16

Friday 22/09/2023 - 10:10 AM

Name	Age	Team	Seed Time
1 Katelyn McGee	15	Pace Running	
2 Siannah McGee	15	Pace Running	

Event 26 Men 2000 m Steeplechase 76.2cm U16

Friday 22/09/2023 - 10:10 AM

Name	Age	Team	Seed Time
1 Blake Gregory	14	Normanton Athlet	
2 Harvey Hermiston	15	Redlands Ath	
3 Harrison Roos	14	Pace Running	

Event 27 Women 2000 m Steeplechase 76.2cm Under 18

Friday 22/09/2023 - 10:10 AM

Name	Age	Team	Seed Time
1 Ginger Cox	17	Pace Running	
2 Emalina Fogale	17	Cairns Athle	
3 Bridie Maher	16	Pace Running	
4 Abigail Sweeney	17	Mackay Athle	
5 Jemma Wilson	16	Border Strid	

Event 28 Women 30-49 2000 m Steeplechase 76.2cm 30-49yrs

Friday 22/09/2023 - 10:10 AM

Name	Age	Team	Seed Time
1 Mel Esau	41	Mackay Athle	

Event 29 Men 2000 m Steeplechase 84.0cm Under 18

Friday 22/09/2023 - 10:30 AM

Name	Age	Team	Seed Time
1 Kaiyan Blue	16	Pace Running	
2 Brody Boerboom	17	Pace Running	
3 Robert Gould	17	Pace Running	
4 Micaiah Lane	17	Rockhampton	
5 Zayn Lawson	16	Pace Running	
6 Finn McDuff	17	Qld Athletic	
7 Toby Rule	16	Mackay Athle	
8 Cody Smith	17	Anq Base	

Event 30 Men 30-49 3000 m Steeplechase 84.0cm 30-49yrs

Friday 22/09/2023 - 10:30 AM

Name	Age	Team	Seed Time
1 Justin Lane	48	Rockhampton	

Event 31 Men Pole Vault 15yrs (U16)

Friday 22/09/2023 - 10:30 AM

Name	Age	Team	Seed Mark
1 Luke Jorgensen	15	Ross River A	
2 Brady Purcell	15	Anq Base	

2023 NQ Championships - 22/09/2023 to 24/09/2023

Mackay Aquatic & Recreation Complex

Performance List

Event 32 Women Pole Vault Under 18

Friday 22/09/2023 - 10:30 AM

Name	Age	Team	Seed Mark
1 Kayce Hoani-Vincent	16	Mackay Athle	

Event 33 Women Pole Vault Under 20

Friday 22/09/2023 - 10:30 AM

Name	Age	Team	Seed Mark
1 Holly Blunt	18	Keppel Coast	

Event 34 Women 30-49 Pole Vault 30-49yrs

Friday 22/09/2023 - 10:30 AM

Name	Age	Team	Seed Mark
1 Dash Newington	39	Central Quee	
2 Madeleine Simmons	41	Mackay Athle	

Event 35 Men 30-49 Pole Vault 30-49yrs

Friday 22/09/2023 - 10:30 AM

Name	Age	Team	Seed Mark
1 Luke Hallett	33	Act Masters	
2 Anthony Porter	36	North Mackay	
3 Benjamin Ross	38	Mackay Athle	

Event 36 Men 50+ Pole Vault 50-109yrs

Friday 22/09/2023 - 10:30 AM

Name	Age	Team	Seed Mark
1 Daniel Conroy	75	Mackay Athle	
2 Selwyn Hawken	78	Whitsunday A	

Event 37 Girls Hammer 3.0kg 12yrs (U13)

Friday 22/09/2023 - 11:30 AM

Name	Age	Team	Seed Mark
1 Rekia Beasley	12	Normanton Athlet	
2 Lani Ellwood	12	Emerald and	
3 Erika Holland	12	Longreach At	

Event 38 Women Hammer 3.0kg 13yrs (U14)

Friday 22/09/2023 - 11:30 AM

Name	Age	Team	Seed Mark
1 Tahmia Bee	13	Normanton Athlet	
2 Krishanty Bynoe	13	Normanton Athlet	
3 Jaylie Miller	13	Longreach At	
4 Jamie Percy	13	Mulgrave Ath	

Event 39 Women Hammer 3.0kg 14yrs (U15)

Friday 22/09/2023 - 11:30 AM

Name	Age	Team	Seed Mark
1 Tayah Ellwood	14	Emerald and	

Event 40 Women Throws Pentathlon U16

Name	Age	Team	Points
1 Mackenzie Crowley	15	Ipswich & Di	
2 Tayah Ellwood	14	Emerald and	
3 Sienna Kruck	14	Tigers Athle	
4 Keeleigh Muir	15	Bowen Athlet	

Event 41 Women Hammer 3.0kg 15yrs (U16)

Friday 22/09/2023 - 11:30 AM

Name	Age	Team	Seed Mark
1 Mackenzie Crowley	15	Ipswich & Di	

Event 42 Women Hammer 3.0kg Under 18

Friday 22/09/2023 - 11:30 AM

Name	Age	Team	Seed Mark
1 Emmerson Broomhall	16	Central Quee	
2 Jackarra Jones	17	Longreach At	
3 Jozette Jones	16	Longreach At	
4 Angeline Pascoe	16	Mulgrave Ath	
5 Emma Raciti	17	Mulgrave Ath	
6 Sharie Rainbow	16	Normanton Athlet	

Event 43 Women Throws Pentathlon Under 18

Name	Age	Team	Points
1 Emmerson Broomhall	16	Central Quee	
2 Emma Raciti	17	Mulgrave Ath	

Event 44 Women Hammer 4.0kg Under 20

Friday 22/09/2023 - 11:30 AM

Name	Age	Team	Seed Mark
1 Isobella Dalton	18	Central Quee	
2 Zara Dalton	18	Central Quee	
3 Hannah Edwards	18	Mulgrave Ath	
4 Lillian Fraser	19	Qeii Track C	

Event 45 Women Throws Pentathlon Under 20

Name	Age	Team	Points
1 Isobella Dalton	18	Central Quee	
2 Zara Dalton	18	Central Quee	
3 Kellie Davies	18	Maryborough	
4 Hannah Edwards	18	Mulgrave Ath	

Event 46 Men Heptathlon U16

Name	Age	Team	Points
1 Jackson Frost	14	Ignition Ath	

Event 47 Women Heptathlon U16

Name	Age	Team	Points
1 Gabriela Marczyk	15	Gold Coast V	

Event 48 Women Heptathlon Under 18

Name	Age	Team	Points
1 Mariam Hall	17	Townsville N	
2 Sharie Rainbow	16	Normanton Athlet	
3 Abbie Severinsen	16	Ipswich & Di	

Event 49 Women Heptathlon Under 20

Name	Age	Team	Points
1 Leila Croker	17	WA Athletics	
2 Kayla Newberry	18	Tigers Athle	
3 Amber Nyssen	19	Mayne Harrie	
4 Indiana Platen	15	Ipswich & Di	

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Performance List

Event 50 Women Heptathlon Open

Name	Age	Team	Points
1 Nyah Bollinger	20	Ignition Ath	
2 Bethany Jones	21	Maroochy Ath	
3 Rachel Limburg	26	Box Hill Ath	
4 Emma Stimpson	20	Ignition Ath	

Event 51 Women 50+ Heptathlon 50-109yrs

Name	Age	Team	Points
1 Desley Varley	63	Qld Masters	

Event 52 Girls 200 m Hurdles 10 x 76.2cm 12yrs (U13)

Friday 22/09/2023 - 12:30 PM

Name	Age	Team	Seed Time
1 Teagan O'Friel	12	University o	
2 Isabella Power	12	Ross River A	
3 Izabella Snyman	12	Ipswich & Di	

Event 53 Women 200 m Hurdles 10 x 76.2cm 13yrs (U14)

Friday 22/09/2023 - 12:30 PM

Name	Age	Team	Seed Time
1 Taya Clayton	13	Noosa Athlet	

Event 54 Women 200 m Hurdles 10 x 76.2cm 14yrs (U15)

Friday 22/09/2023 - 12:30 PM

Name	Age	Team	Seed Time
1 Caitlyn Butland	14	Douglas Athl	
2 Gabriella Cherry	14	Keppel Coast	
3 Hayley Colless	14	North Mackay	
4 Harley Davies	14	Noosa Athlet	
5 Addison Farinazzo	14	Ipswich & Di	

Event 55 Women 200 m Hurdles 10 x 76.2cm 15yrs (U16)

Friday 22/09/2023 - 12:30 PM

Name	Age	Team	Seed Time
1 Isabella Chester	15	Townsville N	
2 Adalena Condon	15	Qeii Track C	
3 Isabella Loh	15	Tigers Athle	

Event 56 Boys 200 m Hurdles 10 x 76.2cm 12yrs (U13)

Friday 22/09/2023 - 12:40 PM

Name	Age	Team	Seed Time
1 Harsith Rameshkumar	12	Ipswich & Di	
2 Declan Titlow	12	Tablelands A	
3 Finn Wyatt	12	Keppel Coast	

Event 57 Men 200 m Hurdles 10 x 76.2cm 13yrs (U14)

Friday 22/09/2023 - 12:40 PM

Name	Age	Team	Seed Time
1 Jackson Reid	13	Ross River A	

Event 58 Men 200 m Hurdles 10 x 76.2cm 15yrs (U16)

Friday 22/09/2023 - 12:40 PM

Name	Age	Team	Seed Time
1 Michael Menner	15	Mackay Athle	
2 Sean Putra Susilo	15	Mayne Harrie	

Event 64 Men Decathlon Under 18

Name	Age	Team	Points
1 Dylan Gardiner	15	Gladstone At	
2 Joel Jakimowicz	15	Ipswich & Di	

Event 65 Men Decathlon Open

Name	Age	Team	Points
1 Joseph Doran	24	Townsville N	
2 Liam Gilbert	21	Tigers Athle	
3 Dylan Kruck	20	Qld Athletic	

Event 66 Men 30-49 Decathlon 30-49yrs

Name	Age	Team	Points
1 Luke Hallett	33	Act Masters	
2 Trevor O'Friel	46	Deception Ba	

Event 67 Men 50+ Decathlon 50-109yrs

Name	Age	Team	Points
1 Neil Gray	64	Qld Masters	
2 Andrew Millerd	61	Tablelands A	
3 David Varley	61	Qld Masters	

Event 69 Men Shot Put 3.0kg 13yrs (U14)

Friday 22/09/2023 - 1:00 PM

Name	Age	Team	Seed Mark
1 Lucas Browne	13	Cairns Athle	
2 Kobe Cameron	13	Mackay Athle	
3 Archer Crowley	13	Ipswich & Di	
4 Thomas Martin Tf38	13	Mackay Athle	
5 Trae O'Brien	13	Mackay Athle	
6 Thomas Rainbow	13	Normanton Athlet	
7 Declan Rich	13	Mulgrave Ath	

Event 70 Women Hammer 4.0kg Open

Friday 22/09/2023 - 1:00 PM

Name	Age	Team	Seed Mark
1 Hannah Edwards	18	Mulgrave Ath	
2 Lillian Fraser	19	Qeii Track C	
3 Dash Newington	39	Central Quee	
4 Sahreya Pascoe	26	Normanton Athlet	
5 Sophie Raciti	21	Mulgrave Ath	
6 Sarah Thorpe	24	Qeii Track C	

Event 71 Women Throws Pentathlon Open

Name	Age	Team	Points
1 Hannah Edwards	18	Mulgrave Ath	
2 Dash Newington	39	Central Quee	
3 Sahreya Pascoe	26	Normanton Athlet	
4 Sophie Raciti	21	Mulgrave Ath	
5 Sarah Thorpe	24	Qeii Track C	

Event 72 Women 30-49 Hammer 4.0kg 30-49yrs

Friday 22/09/2023 - 1:00 PM

Name	Age	Team	Seed Mark
1 Cathryn Hoare	42	Mackay Athle	
2 Tammy Meyer	47	Mackay Athle	

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Performance List**Event 72 ... (Women 30-49 Hammer 4.0kg 30-49yrs)**

Name	Age	Team	Seed Mark
3 Dash Newington	39	Central Quee	
4 Kristy Peel	48	Mount Isa &	
5 Melissa Percy	42	Mulgrave Ath	

Event 73 Women 30-49 Throws Pentathlon 30-49yrs

Name	Age	Team	Points
1 Cathryn Hoare	42	Mackay Athle	
2 Tammy Meyer	47	Mackay Athle	
3 Dash Newington	39	Central Quee	
4 Kristy Peel	48	Mount Isa &	
5 Melissa Percy	42	Mulgrave Ath	

Event 74 Women 50+ Hammer 50-109yrs

Friday 22/09/2023 - 1:00 PM

Name	Age	Team	Seed Mark
1 Barbara Baker	54	Mount Isa &	
2 Judy Lewis	58	Central Quee	
3 Althea Mackie	53	Qld Masters	
4 Andrea Manson	56	Qld Masters	
5 Angeline Pascoe	54	Normanton Athlet	
6 Jodie Raciti	51	Mulgrave Ath	
7 Susan Tucker	61	Central Quee	

Event 75 Women 50+ Throws Pentathlon 50-109yrs

Name	Age	Team	Points
1 Barbara Baker	54	Mount Isa &	
2 Judy Lewis	58	Central Quee	
3 Althea Mackie	53	Qld Masters	
4 Andrea Manson	56	Qld Masters	
5 Angeline Pascoe	54	Normanton Athlet	
6 Jodie Raciti	51	Mulgrave Ath	
7 Lisa Taylor	54	Charters Tow	
8 Susan Tucker	61	Central Quee	

Event 78 Men 50+ Long Jump 50-109yrs

Friday 22/09/2023 - 1:30 PM

Name	Age	Team	Seed Mark
1 Daniel Conroy	75	Mackay Athle	
2 Graham Paul Durant	69	Keppel Coast	
3 Selwyn Hawken	78	Whitsunday A	
4 Rene Otto	57	Central Quee	
5 Terry Ryan	69	Mackay Athle	
6 Andre Soncin	57	Tablelands A	

Event 79 Men 30-49 Long Jump 30-49yrs

Friday 22/09/2023 - 1:30 PM

Name	Age	Team	Seed Mark
1 Chris Carney	47	North Mackay	
2 Shaun Peel	48	Mount Isa &	
3 Varian Platen	45	Ipswich & Di	
4 David Reed	49	University o	
5 Benjamin Ross	38	Mackay Athle	

Event 84 Girls 400 m 10yrs (U11)

Friday 22/09/2023 - 2:30 PM

Name	Age	Team	Seed Time
1 Sophie Balderson	10	Barcaldine A	
2 Ivy Carswell	10	Anq Base	
3 Ella Croatto	10	Peak Perform	
4 Vogue Miles	10	Mackay Athle	
5 Milana Parfenyuk	10	Townsville N	
6 Kari Purcell	10	Anq Base	
7 Mackenzie Rumpf	10	Mackay Athle	

Event 85 Girls 400 m 11yrs (U12)

Friday 22/09/2023 - 2:33 PM

Name	Age	Team	Seed Time
1 Myarah Ahoy	11	Ross River A	
2 Sophie Allen	11	Ipswich & Di	
3 Sophie Bennett	11	Townsville N	
4 Lily Driscoll	11	Keppel Coast	
5 Ayla Hardy	11	Keppel Coast	
6 Madison Malagueno	11	Anq Base	
7 Tahlia McGilvray	11	Mackay Athle	
8 Shailee Mewha	11	Anq Base	
9 Taya Miller	11	Longreach At	
10 Ayla Moon	11	Mackay Athle	
11 Shyla Morse	11	Townsville N	
12 Maddison Piccinelli	11	Townsville N	
13 Harpa Quigley	11	Keppel Coast	
14 Heidi Quinn	11	Normanton Athlet	
15 Maleya Raitava	11	Mount Isa &	
16 Bella Richmond	11	Keppel Coast	

Event 86 Girls 400 m 12yrs (U13)

Friday 22/09/2023 - 2:39 PM

Name	Age	Team	Seed Time
1 Rekia Beasley	12	Normanton Athlet	
2 Mia Clegg	12	Townsville N	
3 Lani Ellwood	12	Emerald and	
4 Amelia Gatt	12	Anq Base	
5 Claudette Hurley	12	Keppel Coast	
6 Elizabeth Leary	12	Anq Base	
7 Teagan O'Friel	12	University o	
8 Veronika Parfenyuk	12	Townsville N	
9 Kyra Payne	12	Townsville N	
10 Isabell Read	12	Peak Perform	
11 Billie-Ann Sievers	12	North Mackay	

Event 87 Women 400 m 13yrs (U14)

Friday 22/09/2023 - 2:45 PM

Name	Age	Team	Seed Time
1 Ruby Chester	13	Townsville N	
2 Demi de Tournouer	13	Athletics No	
3 Isabella Driscoll	13	Keppel Coast	
4 Grace Francis	13	Keppel Coast	
5 Skye Houston	13	Ipswich & Di	
6 Rubee Hughes	13	Townsville N	

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Performance List**Event 87 ... (Women 400 m 13yrs (U14))**

Name	Age	Team	Seed Time
7 Jaylie Miller	13	Longreach At	
8 Grace Murdoch	13	Ross River A	
9 Brigitte Rose	13	Townsville N	

Event 88 Women 400 m 14yrs (U15)

Friday 22/09/2023 - 2:51 PM

Name	Age	Team	Seed Time
1 Ella Bain	14	Keppel Coast	
2 Amelie Boyd	14	Qeii Track C	
3 Caitlyn Butland	14	Douglas Athl	
4 Addison Farinazzo	14	Ipswich & Di	
5 Lily Graves	14	Ipswich & Di	
6 Bronte Grose	14	Anq Base	
7 Kiara Johnson	14	Anq Base	
8 Layla Krause	14	Cairns Athle	
9 Gabriella Parenti	14	Townsville N	
10 Salvanna Ross	14	Anq Base	
11 Chloe Waples	14	Mackay Athle	
12 Mikayla Waters	14	Mayne Harrie	
13 Keonie Wieland	14	Moranbah Ath	
14 Anna Wilkinson	14	University o	

Event 89 Women 400 m 15yrs (U16)

Friday 22/09/2023 - 2:56 PM

Name	Age	Team	Seed Time
1 Nicola Balderson	15	Keppel Coast	
2 Indya Burford	15	Peak Perform	
3 Lacey Howarth	15	Mackay Athle	
4 Aria Lavis	15	Cairns Athle	
5 Lily Leven	15	Mackay Athle	
6 Katelyn McGee	15	Pace Running	

Event 90 Women 400 m Under 18

Friday 22/09/2023 - 2:59 PM

Name	Age	Team	Seed Time
1 Annabelle Binnekamp	16	Moranbah Ath	
2 Harriet Cox	16	Darwin Athle	
3 Piper Devine	16	Cairns Athle	
4 Maggie Gibson	17	Keppel Coast	
5 Sienna Hilton	16	Mount Isa &	
6 Lillian Hughes	16	Townsville N	
7 Kacee Kinbacher	17	Anq Base	
8 Natalie Millerd - T47/F46	17	Tablelands A	
9 Ella Nulley	16	Cairns Athle	
10 Sharnti Woodham	17	Keppel Coast	

Event 91 Women 400 m Under 20

Friday 22/09/2023 - 3:05 PM

Name	Age	Team	Seed Time
1 Megan Adamski	18	University o	

Event 92 Women 400 m Open

Friday 22/09/2023 - 3:05 PM

Name	Age	Team	Seed Time
1 Alexandra Kanowski	29	Townsville N	
2 Anna Prendeville	25	Peak Perform	
3 Anna Tempany	32	Ravenshoe At	
4 Sharna Wilson	27	Qld Athletic	

Event 93 Women 30-49 400 m 30-49yrs

Friday 22/09/2023 - 3:05 PM

Name	Age	Team	Seed Time
1 Alison Bennett	41	Townsville N	
2 Mel Esau	41	Mackay Athle	
3 Anna Tempany	32	Ravenshoe At	
4 Elaine Van den Worm	34	Mount Isa &	

Event 95 Boys 400 m 10yrs (U11)

Friday 22/09/2023 - 3:10 PM

Name	Age	Team	Seed Time
1 Isaac Cummins	10	Keppel Coast	
2 Darcy Fanti	10	Normanton Athlet	
3 Tommy Menner	10	University o	
4 Bronson Payne	10	Townsville N	
5 Mason Richards	10	North Mackay	
6 Luke Rose	10	Townsville N	
7 Patrick Taylor	10	Keppel Coast	

Event 96 Boys 400 m 11yrs (U12)

Friday 22/09/2023 - 3:13 PM

Name	Age	Team	Seed Time
1 Jacob Bradford	11	Barcaldine A	
2 Chase Gardiner	11	Darwin Athle	
3 Jarvis Locher	11	Mackay Athle	
4 Maksymilian Marczyk	11	U.T.S. North	
5 Zane Perfect	11	Moranbah Ath	

Event 97 Boys 400 m 12yrs (U13)

Friday 22/09/2023 - 3:16 PM

Name	Age	Team	Seed Time
1 Dante Brown	12	North Mackay	
2 Luca Burton	12	Emerald and	
3 Oliver Dibben	12	Whitsunday A	
4 Malakai George	12	Normanton Athlet	
5 Riley Simpson	12	Townsville N	
6 Stuart Taylor	12	Keppel Coast	
7 Declan Titlow	12	Tablelands A	

Event 98 Men 400 m 13yrs (U14)

Friday 22/09/2023 - 3:19 PM

Name	Age	Team	Seed Time
1 Archer Crowley	13	Ipswich & Di	
2 Finlay Fox	13	Pace Running	
3 Levi Maher	13	University o	
4 Thomas Rainbow	13	Normanton Athlet	
5 Jackson Reid	13	Ross River A	

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Performance List**Event 99 Men 400 m 14yrs (U15)**

Friday 22/09/2023 - 3:22 PM

Name	Age	Team	Seed Time
1 Darcy Cameron	14	Anq Base	
2 Jonty Coutts	14	Anq Base	
3 Gilbert Cox	14	Darwin Athle	
4 Tamiana Fatiaki	14	Anq Base	
5 Matthew Green	14	Ross River A	
6 Blake Gregory	14	Normanton Athlet	
7 Tanner Munro	14	Keppel Coast	

Event 100 Men 400 m 15yrs (U16)

Friday 22/09/2023 - 3:25 PM

Name	Age	Team	Seed Time
1 Haiden Boyd	15	Ashgrove Ran	
2 Max Bruggemann	15	Longreach At	
3 Rashad Smith-Wyles	15	Anq Base	

Event 101 Men 400 m PA Ambulant

Friday 22/09/2023 - 3:25 PM

Name	Age	Team	Seed Time
1 Blake McGuinness - T/F13	27	Keppel Coast	
2 Episio O'Cloudy Tf20	14	Anq Base	
3 Heath Otto-T/F37	14	Townsville N	

Event 102 Men 400 m Under 20

Friday 22/09/2023 - 3:25 PM

Name	Age	Team	Seed Time
1 Taj Townsend	18	Cairns Athle	
2 Brashar Coutts	18	Mulgrave Ath	

Event 103 Men 400 m Under 18

Friday 22/09/2023 - 3:28 PM

Name	Age	Team	Seed Time
1 Brody Boerboom	17	Pace Running	
2 Ethan Platen	17	Ipswich & Di	
3 Thomas Richmond	16	Townsville N	
4 Fletcher Scanlan	16	Keppel Coast	
5 Cayleb Ticehurst	16	Anq Base	
6 Ryan Waters	16	Mayne Harrie	
7 Roel Wheelley	16	Sheldon Acad	

Event 104 Men 400 m Open

Friday 22/09/2023 - 3:31 PM

Name	Age	Team	Seed Time
1 Nick Ash	37	New Zealand	
2 Jurgen Hak	22	Qeii Track C	
3 Ryan Hobbs	21	University o	
4 Taige Hooper	21	University o	
5 Oliver Maher	22	Ignition Ath	
6 Nathaniel Scott	23	Mayne Harrie	

Event 105 Men 30-49 400 m 30-49yrs

Friday 22/09/2023 - 3:34 PM

Name	Age	Team	Seed Time
1 Nick Ash	37	New Zealand	
2 Glen Bray	42	Ross River A	
3 Chris Carney	47	North Mackay	
4 Steven Hayles	40	Mackay Athle	
5 Justin Locher	39	Mackay Athle	
6 Sunia Raitava	47	Mount Isa &	

Event 106 Men 50+ 400 m 50-109yrs

Friday 22/09/2023 - 3:40 PM

Name	Age	Team	Seed Time
1 Graham Paul Durant	69	Keppel Coast	
2 Andre Soncin	57	Tablelands A	
3 Willem Van Den Worm	67	Mount Isa &	
4 Grant Vaughan	51	Keppel Coast	

Event 107 Women High Jump 15yrs (U16)

Friday 22/09/2023 - 3:00 PM

Name	Age	Team	Seed Mark
1 Adalena Condon	15	Qeii Track C	
2 Isabella Loh	15	Tigers Athle	
3 Madison Marshall	15	Tablelands A	
4 Zoe Miles	15	Cairns Athle	
5 Indiana Platen	15	Ipswich & Di	
6 Ella Shackleton	15	Keppel Coast	

Event 108 Women High Jump Under 18

Friday 22/09/2023 - 3:00 PM

Name	Age	Team	Seed Mark
1 Harriet Cox	16	Darwin Athle	
2 Maia Curtis Gee	17	Keppel Coast	
3 Sienna Hilton	16	Mount Isa &	
4 Sharie Rainbow	16	Normanton Athlet	
5 Asha Stewart	16	Keppel Coast	

Event 109 Women High Jump Under 20

Friday 22/09/2023 - 3:00 PM

Name	Age	Team	Seed Mark
1 Rylee O'Shaughnessy	18	Qeii Track C	

Event 111 Girls Discus 750g 10yrs (U11)

Friday 22/09/2023 - 3:10 PM

Name	Age	Team	Seed Mark
1 Sophie Balderson	10	Barcaldine A	
2 Aria Cameron	10	Mackay Athle	
3 Nina Dicker	10	North Mackay	
4 Ritasheia Harold	10	Normanton Athlet	
5 Vogue Miles	10	Mackay Athle	
6 Milana Parfenyuk	10	Townsville N	
7 Mackenzie Rumpf	10	Mackay Athle	

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Mackay Aquatic & Recreation Complex
Performance List**Event 112 Girls Discus 750g 11yrs (U12)**

Friday 22/09/2023 - 3:10 PM

Name	Age	Team	Seed Mark
1 Phoebe Brown	11	North Mackay	
2 Lilli Carus	11	Whitsunday A	
3 Ayla Hardy	11	Keppel Coast	
4 Lucy Harriott	11	Whitsunday A	
5 Ruby Jackson	11	Townsville N	
6 Laila Kingston	11	Anq Base	
7 Laura MacGregor	11	Ross River A	
8 Taya Miller	11	Longreach At	
9 Heidi Quinn	11	Normanton Athlet	
10 Maleya Raitava	11	Mount Isa &	

Event 118 Women Shot Put 4.0kg Open

Friday 22/09/2023 - 3:30 PM

Name	Age	Team	Seed Mark
1 Kellie Davies	18	Maryborough	
2 Jazlyn Johnson	17	Keppel Coast	
3 Emily Keehn	31	Central Quee	
4 Dash Newington	39	Central Quee	
5 Sahreya Pascoe	26	Normanton Athlet	
6 Sophie Raciti	21	Mulgrave Ath	
7 Sarah Thorpe	24	Qeii Track C	

Event 120 Men Shot Put 7.26kg Open

Friday 22/09/2023 - 3:30 PM

Name	Age	Team	Seed Mark
1 James Galea	17	Mackay Athle	
2 Daniel Kilpatrick	27	Adamstown Ne	
3 Tim Lowrey	56	Central Quee	
4 Etienne Otto	19	Central Quee	

Event 126 Boys Long Jump 10yrs (U11)

Friday 22/09/2023 - 4:00 PM

Name	Age	Team	Seed Mark
1 Alistair Barnes	10	Darwin Athle	
2 Elias Boatman	10	Mackay Athle	
3 Isaac Cummins	10	Keppel Coast	
4 Darcy Fanti	10	Normanton Athlet	
5 Quinn Lenton-Cater	10	Cairns Athle	
6 Ethan Nyssen	10	Qld Athletic	
7 Justin Pascoe	10	Normanton Athlet	
8 Mason Richards	10	North Mackay	
9 Jaxon Sheppard T01	10	Douglas Athl	
10 Patrick Taylor	10	Keppel Coast	

Event 127 Boys Long Jump 11yrs (U12)

Friday 22/09/2023 - 4:00 PM

Name	Age	Team	Seed Mark
1 Chase Gardiner	11	Darwin Athle	
2 Ailbe Hamilton	11	Douglas Athl	
3 Sonny Hancock	11	Longreach At	
4 Ryan Makowski	11	Townsville N	
5 Brooklyn Osborne	11	Keppel Coast	

6 Zane Perfect 11 Moranbah Ath

7 Riley Ware 11 Mackay Athle

Event 128 Men Discus 1.0kg 14yrs (U15)

Friday 22/09/2023 - 4:30 PM

Name	Age	Team	Seed Mark
1 Maxwell Austin	14	Mulgrave Ath	
2 Blake Gregory	14	Normanton Athlet	
3 Amosa Leaupepe	14	Cairns Athle	
4 Joshua Noronha	14	Qeii Track C	
5 Samuel Raciti	14	Mulgrave Ath	
6 Sebastien Sills	14	Ipswich & Di	

Event 129 Men Discus 1.0kg 15yrs (U16)

Friday 22/09/2023 - 4:30 PM

Name	Age	Team	Seed Mark
1 Mafi Aho	15	New Zealand	
2 Max Bruggemann	15	Longreach At	
3 Paul Busch	15	Normanton Athlet	
4 Bailey Gregson	15	Sheldon Acad	
5 Cooper Jones	15	Keppel Coast	
6 Tom Latcham	15	Central Quee	
7 Michael Menner	15	Mackay Athle	
8 Brady Purcell	15	Anq Base	
9 Willem Sorensen	15	Gladstone At	
10 Riley Townsend	15	Anq Base	

Event 131 Men Discus 1.5kg Under 18

Friday 22/09/2023 - 4:30 PM

Name	Age	Team	Seed Mark
1 Geordie Cowdroy	16	Darling Down	
2 James Galea	17	Mackay Athle	
3 Matthew Greig	17	University o	
4 Lee Martin	17	Ashgrove Ran	
5 Andrew Ramm	17	Central Quee	
6 Nicholas Reed	16	University o	
7 Jackson Schuh	16	Emerald and	
8 Cohen Simpson	16	Keppel Coast	
9 Lincoln Simpson	16	Keppel Coast	
10 Braydon Wallis	16	Charters Tow	

Event 133 Men Discus 1.75kg Under 20

Friday 22/09/2023 - 4:30 PM

Name	Age	Team	Seed Mark
1 Etienne Otto	19	Central Quee	
2 Ashley Thomas	19	Townsville N	

Event 141 Women High Jump 13yrs (U14)

Friday 22/09/2023 - 5:00 PM

Name	Age	Team	Seed Mark
1 Krishanty Bynoe	13	Normanton Athlet	
2 Ruby Chester	13	Townsville N	
3 Tayla Dan	13	Townsville N	
4 Demi de Tourmouer	13	Athletics No	
5 Ameila Denman	13	Anq Base	
6 Skye Houston	13	Ipswich & Di	

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Performance List**Event 141 ... (Women High Jump 13yrs (U14))**

Name	Age	Team	Seed Mark
7 Jaylie Miller	13	Longreach At	
8 Grace Murdoch	13	Ross River A	

Event 142 Women High Jump 14yrs (U15)

Friday 22/09/2023 - 5:00 PM

Name	Age	Team	Seed Mark
1 Caitlyn Butland	14	Douglas Athl	
2 Chloe Waples	14	Mackay Athle	

Event 143 Women 1 Mile Open

Friday 22/09/2023 - 5:00 PM

Name	Age	Team	Seed Time
1 Audrey Hall	27	Townsville R	

Event 144 Men 1 Mile Open

Friday 22/09/2023 - 5:00 PM

Name	Age	Team	Seed Time
1 Nicholas Fogale	19	Cairns Athle	
2 Liam Mumford	27	Mackay Athle	
3 Toby Rule	16	Mackay Athle	

Event 145 Women 30-49 Shot Put 4.0kg 30-49yrs

Friday 22/09/2023 - 5:00 PM

Name	Age	Team	Seed Mark
1 Nina Curtis Gee	42	Keppel Coast	
2 Sandra De Cat	44	Ross River A	
3 Emily Hayles	38	Mackay Athle	
4 Cathryn Hoare	42	Mackay Athle	
5 Emily Keehn	31	Central Quee	
6 Tammy Meyer	47	Mackay Athle	
7 Dash Newington	39	Central Quee	
8 Kristy Peel	48	Mount Isa &	
9 Melissa Percy	42	Mulgrave Ath	
10 Madeleine Simmons	41	Mackay Athle	
11 Anna Tempany	32	Ravenshoe At	
12 Kristie Wieland	44	Moranbah Ath	

Event 147 Women 50+ Shot Put 50-109yrs

Friday 22/09/2023 - 5:00 PM

Name	Age	Team	Seed Mark
1 Barbara Baker	54	Mount Isa &	
2 Joy Dale	52	Qld Masters	
3 Judy Lewis	58	Central Quee	
4 Althea Mackie	53	Qld Masters	
5 Andrea Manson	56	Qld Masters	
6 Angeline Pascoe	54	Normanton Athlet	
7 Jodie Raciti	51	Mulgrave Ath	
8 Susan Tucker	61	Central Quee	
9 Desley Varley	63	Qld Masters	

Event 149 Boys Long Jump 12yrs (U13)

Friday 22/09/2023 - 5:00 PM

Name	Age	Team	Seed Mark
1 Mitchell Adams	12	Mackay Athle	

2 Dante Brown	12	North Mackay
3 Luca Burton	12	Emerald and
4 Logan Camp	12	Keppel Coast
5 Malakai George	12	Normanton Athlet
6 Jaydon Green	12	Ross River A
7 Aiden Porter	12	North Mackay
8 Harsith Rameshkumar	12	Ipswich & Di
9 Owen Reid	12	Ross River A
10 Justice Simpson	12	North Mackay
11 Stuart Taylor	12	Keppel Coast
12 Declan Titlow	12	Tablelands A
13 Finn Wyatt	12	Keppel Coast

Event 150 Girls Long Jump 12yrs (U13)

Friday 22/09/2023 - 5:00 PM

Name	Age	Team	Seed Mark
1 Rekia Beasley	12	Normanton Athlet	
2 Elodie Boyd	12	Qeii Track C	
3 Keira Caban Tf37	12	Mackay Athle	
4 Georgia Cameron	12	Normanton Athlet	
5 Siena Carney	12	North Mackay	
6 Mia Clegg	12	Townsville N	
7 Matilda Doyle	12	Qld Athletic	
8 Lani Ellwood	12	Emerald and	
9 Milly Fegan	12	Townsville N	
10 Amelia Gatt	12	Anq Base	
11 Kaylee Hayward-McNall	12	Longreach At	
12 Erika Holland	12	Longreach At	
13 Lilah Hooper	12	Ipswich & Di	
14 Mila Mabb	12	Sheldon Acad	
15 Sophie McGeehan	12	Ipswich & Di	
16 Teagan O'Friel	12	University o	
17 Isabella Power	12	Ross River A	
18 Learnie Scott	12	Mackay Athle	
19 Izabella Snyman	12	Ipswich & Di	

Event 151 Women 92 m 100 yds Camp Open

Friday 22/09/2023 - 5:15 PM

Name	Age	Team	Seed Time
1 Kaitlin Bitossi	15	Ross River A	
2 Julie Brims	57	Qld Masters	
3 Lillian Hughes	16	Townsville N	
4 Lillianne Lenoy	16	Townsville N	
5 Keira McGregor	17	Gold Coast V	
6 Mikayla Webb	16	Mackay Athle	

Event 152 Men 92 m 100 Yds Hect Open

Friday 22/09/2023 - 5:20 PM

Name	Age	Team	Seed Time
1 Jacob Adams	16	Mackay Athle	
2 Damon Brown	21	Mackay Athle	
3 Sam McArthur	22	Tigers Athle	
4 Abeli Mukamba	20	Townsville N	
5 Ross Taylor	40	Keppel Coast	
6 Ngakau Ufton	19	Mackay Athle	
7 Brashar Coutts	18	Mulgrave Ath	

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Mackay Aquatic & Recreation Complex
Performance List**Event 153 Girls 800 m Race Walk 10yrs (U11)**

Friday 22/09/2023 - 5:30 PM

Name	Age	Team	Seed Time
1 Milana Parfenyuk	10	Townsville N	

Event 154 Boys 800 m Race Walk 10yrs (U11)

Friday 22/09/2023 - 5:30 PM

Name	Age	Team	Seed Time
1 Tommy Menner	10	University o	

Event 155 Girls 1500 m Race Walk 11yrs (U12)

Friday 22/09/2023 - 5:30 PM

Name	Age	Team	Seed Time
1 Lilli Carus	11	Whitsunday A	
2 Ayla Hardy	11	Keppel Coast	
3 Alayna Paulke	11	Anq Base	

Event 156 Girls 1500 m Race Walk 12yrs (U13)

Friday 22/09/2023 - 5:30 PM

Name	Age	Team	Seed Time
1 Lani Ellwood	12	Emerald and	

Event 157 Boys 1500 m Race Walk 12yrs (U13)

Friday 22/09/2023 - 5:30 PM

Name	Age	Team	Seed Time
1 Dante Brown	12	North Mackay	
2 Hunter Sibenaler	12	Qeii Track C	

Event 158 Women 30-49 1500 m Race Walk 30-49yrs

Friday 22/09/2023 - 5:30 PM

Name	Age	Team	Seed Time
1 Dash Newington	39	Central Quee	

Event 159 Women 50+ 1500 m Race Walk 50-109yrs

Friday 22/09/2023 - 5:30 PM

Name	Age	Team	Seed Time
1 Barbara Baker	54	Mount Isa &	
2 Joy Dale	52	Qld Masters	

Event 160 Women 3000 m Race Walk 14yrs (U15)

Friday 22/09/2023 - 5:45 PM

Name	Age	Team	Seed Time
1 Addison Paulke	14	Townsville N	

Event 161 Men 3000 m Race Walk 14yrs (U15)

Friday 22/09/2023 - 5:45 PM

Name	Age	Team	Seed Time
1 Noah Wheeley	14	Redlands Ath	

Event 162 Women 3000 m Race Walk 15yrs (U16)

Friday 22/09/2023 - 5:45 PM

Name	Age	Team	Seed Time
1 Milly Sharpe	15	Anq Base	

Event 163 Men 3000 m Race Walk 15yrs (U16)

Friday 22/09/2023 - 5:45 PM

Name	Age	Team	Seed Time
1 Kai Dale	15	Qld Race Wal	

Event 164 Men 5000 m Race Walk Under 18

Friday 22/09/2023 - 5:45 PM

Name	Age	Team	Seed Time
1 Roel Wheeley	16	Sheldon Acad	

Event 165 Women 5000 m Race Walk Open

Friday 22/09/2023 - 5:45 PM

Name	Age	Team	Seed Time
1 Katya Martin	26	Qld Race Wal	
2 Dash Newington	39	Central Quee	

Event 166 Men Triple Jump 13yrs (U14)

Friday 22/09/2023 - 5:45 PM

Name	Age	Team	Seed Mark
1 Ned Lyons	13	Anq Base	
2 Thomas Rainbow	13	Normanton Athlet	
3 Jackson Reid	13	Ross River A	

Event 167 Men Triple Jump 14yrs (U15)

Friday 22/09/2023 - 5:45 PM

Name	Age	Team	Seed Mark
1 Darcy Archer	14	Townsville N	
2 Oren Byrd	14	Mackay Athle	
3 Matthew Green	14	Ross River A	
4 Blake Gregory	14	Normanton Athlet	
5 Connor Lawn	14	Mackay Athle	

Event 168 Men Triple Jump 15yrs (U16)

Friday 22/09/2023 - 5:45 PM

Name	Age	Team	Seed Mark
1 Max Bruggemann	15	Longreach At	
2 Luke Jorgensen	15	Ross River A	
3 Tom Latcham	15	Central Quee	
4 Jacob Logan	15	Anq Base	
5 Brady Purcell	15	Anq Base	
6 Sean Putra Susilo	15	Mayne Harrie	

Event 174 Men 10000 m Open

Friday 22/09/2023 - 6:00 PM

Name	Age	Team	Seed Time
1 Jared Mackie	17	Anq Base	
2 Oliver Rule	18	Mackay Athle	
3 Jose Short	23	Athletics No	
4 Kelly Chappell	23	Athletics No	
5 Derek Woods	23	Athletics No	
6 Murray Wonnocott	46	Athletics No	
7 John Schoneveld	46	Athletics No	

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Mackay Aquatic & Recreation Complex
Performance List**Event 179 Women 5000 m Open**

Saturday 23/09/2023 - 7:00 AM

Name	Age	Team	Seed Time
1 Audrey Hall	27	Townsville R	

Event 180 Men 5000 m Under 20

Saturday 23/09/2023 - 7:00 AM

Name	Age	Team	Seed Time
1 Liam Madin	19	Red Earth Ru	
2 Oliver Rule	18	Mackay Athle	

Event 181 Men 5000 m Open

Saturday 23/09/2023 - 7:00 AM

Name	Age	Team	Seed Time
1 Noah Wheeley	14	Redlands Ath	
2 Roel Wheeley	16	Sheldon Acad	

Event 182 Men 30-49 5000 m 30-49yrs

Saturday 23/09/2023 - 7:00 AM

Name	Age	Team	Seed Time
1 Justin Lane	48	Rockhampton	

Event 183 Men 50+ 5000 m 50-109yrs

Saturday 23/09/2023 - 7:00 AM

Name	Age	Team	Seed Time
1 Russell Johnson	71	SA Masters A	
2 Tony Litfin	60	Red Earth Ru	
3 Bruce Madin	64	Athletics No	

Event 184 Women Long Jump 13yrs (U14)

Saturday 23/09/2023 - 8:00 AM

Name	Age	Team	Seed Mark
1 Ruby Chester	13	Townsville N	
2 Taya Clayton	13	Noosa Athlet	
3 Charli Cox	13	Ross River A	
4 Tayla Dan	13	Townsville N	
5 Isabella Driscoll	13	Keppel Coast	
6 Marli Eden	13	Mackay Athle	
7 Liana Herrington	13	North Mackay	
8 Skye Houston	13	Ipswich & Di	
9 Jaylie Miller	13	Longreach At	
10 Jamie Percy	13	Mulgrave Ath	
11 Holly Sutton	13	Anq Base	
12 Lily Woods	13	Keppel Coast	

Event 185 Women Shot Put 3.0kg 14yrs (U15)

Saturday 23/09/2023 - 8:00 AM

Name	Age	Team	Seed Mark
1 Tayah Ellwood	14	Emerald and	
2 Sienna Kruck	14	Tigers Athle	
3 Phoenix Mackay	14	Qeii Track C	
4 Addison Paulke	14	Townsville N	

Event 186 Women Shot Put 3.0kg 15yrs (U16)

Saturday 23/09/2023 - 8:00 AM

Name	Age	Team	Seed Mark
1 Mackenzie Crowley	15	Ipswich & Di	
2 Madison Marshall	15	Tablelands A	
3 Georgina McCabe	15	University o	
4 Ella Shackleton	15	Keppel Coast	

Event 188 Girls 100 m 4yrs (U5)

Saturday 23/09/2023 - 8:00 AM

Name	Age	Team	Seed Time
1 Sophie Kerr	4	Moranbah Ath	
2 Hazel MacGregor	4	Ross River A	

Event 189 Girls 100 m 5yrs (U6)

Saturday 23/09/2023 - 8:00 AM

Name	Age	Team	Seed Time
1 Athena Gibbons	5	North Mackay	
2 Leshai Swan	5	Normanton Athlet	

Event 190 Girls 100 m 6yrs (U7)

Saturday 23/09/2023 - 8:02 AM

Name	Age	Team	Seed Time
1 Madison Daniels	6	Normanton Athlet	
2 Sage Garcia	6	Mount Isa &	
3 Mary Haslett	6	Ross River A	
4 Elodie Johnson	6	Townsville N	
5 Lila Pascoe	6	Normanton Athlet	
6 Aurora Thompson	6	North Mackay	
7 Scarlett Tonga	6	North Mackay	
8 Shakira Wason	6	Normanton Athlet	

Event 191 Girls 100 m 7yrs (U8)

Saturday 23/09/2023 - 8:03 AM

Name	Age	Team	Seed Time
1 Kehra Heap	6	North Mackay	
2 Nahla Heap	7	North Mackay	
3 Hannah Hollett	7	Ross River A	
4 Lucy Jackson	7	Townsville N	
5 Indie Kingston	7	Anq Base	
6 Isabelle Linke	7	North Mackay	
7 Stella Sayer	7	Mackay Athle	
8 Leylani Swan	7	Normanton Athlet	

Event 192 Girls 100 m 8yrs (U9)

Saturday 23/09/2023 - 8:04 AM

Name	Age	Team	Seed Time
1 Abbie Atherton-andrews	8	North Mackay	
2 Sarah-Maree Green	8	Ross River A	
3 Charli Hancock	8	Longreach At	
4 Sarah Kelly	8	Mackay Athle	
5 Lanah Kerr	8	Moranbah Ath	
6 Athena MacGregor	8	Ross River A	
7 Kendall Malone	8	Bowen Athlet	
8 Harper Miles	8	Mackay Athle	

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Performance List**Event 192 ... (Girls 100 m 8yrs (U9))**

Name	Age	Team	Seed Time
9 Alanna Oliver	8	Mackay Athle	
10 Amarlee Rainbow	8	Normanton Athlet	
11 Nova Sheppard	8	Douglas Athl	
12 Lana Thurley	8	Ross River A	

Event 193 Girls 100 m 9yrs (U10)

Saturday 23/09/2023 - 8:06 AM

Name	Age	Team	Seed Time
1 Elena Ash	9	New Zealand	
2 Abigail Bennett	9	Townsville N	
3 Tahleah Caban	9	Mackay Athle	
4 Rylee Fraser	9	Townsville N	
5 Isabelle Hayles	9	Mackay Athle	
6 Connie Jackson	9	Townsville N	
7 Charli Johnson	9	Anq Base	
8 Willow Kenny	9	Whitsunday A	
9 Heidi Kingston	9	Anq Base	
10 Layla McGeehan	9	Ipswich & Di	
11 Ally Mizzi	9	North Mackay	
12 Lofia Raitava	9	Mount Isa &	
13 Charlotte Roche	9	Ipswich & Di	
14 Zuma Simmons-McMullan	9	Townsville N	
15 Mikaela Thompson	9	North Mackay	

Event 195 Boys 100 m 5yrs (U6)

Saturday 23/09/2023 - 8:08 AM

Name	Age	Team	Seed Time
1 Isaac Land	5	Ross River A	
2 Jack Poole	5	Ross River A	
3 Ryan Rainbow	5	Normanton Athlet	
4 Boston Roche	5	Ipswich & Di	

Event 196 Boys 100 m 6yrs (U7)

Saturday 23/09/2023 - 8:09 AM

Name	Age	Team	Seed Time
1 Lorenzo Fanti	6	Normanton Athlet	
2 Oscar Hayles	6	Mackay Athle	
3 Slade Kenny	6	Whitsunday A	
4 Kallum MacGregor	6	Ross River A	
5 Jaxon Malone	6	Bowen Athlet	
6 Braysen Miller	6	Longreach At	
7 Sean MotiShaw	6	North Mackay	
8 Leo Roulston	6	North Mackay	

Event 197 Boys 100 m 7yrs (U8)

Saturday 23/09/2023 - 8:10 AM

Name	Age	Team	Seed Time
1 Raegan Barnes	7	Darwin Athle	
2 Eli Cameron	7	Mackay Athle	
3 Didier Jackson	7	Cairns Athle	
4 Declan Linke-Donnellan	7	Cairns Athle	
5 Leo McGrath	7	Central Quee	
6 Jasper Parfenyuk	7	Townsville N	
7 Max Radovic	7	Mackay Athle	

8 Kian Roche	7	Ipswich & Di
9 Spencer Ryan	7	Central Quee
10 Ronald Taylor	7	Keppel Coast
11 River Shields	7	Whitsunday A

Event 198 Boys 100 m 8yrs (U9)

Saturday 23/09/2023 - 8:12 AM

Name	Age	Team	Seed Time
1 Braxten Boulton	8	North Mackay	
2 Seth Carus	8	Whitsunday A	
3 Ethan Ford	8	North Mackay	
4 Forrest Gleadhill	8	North Mackay	
5 Jack Howie	8	North Mackay	
6 Jacob Jackson-Ward	8	North Mackay	
7 Jayden Otto	8	Townsville N	
8 Dharman Singh	8	North Mackay	
9 Jack Jay Smith	8	Keppel Coast	
10 Edward Taylor	8	Keppel Coast	

Event 199 Boys 100 m 9yrs (U10)

Saturday 23/09/2023 - 8:14 AM

Name	Age	Team	Seed Time
1 Harry Bovis	9	Keppel Coast	
2 Olivah Brown	9	North Mackay	
3 Kobe Dixon	9	Keppel Coast	
4 Patrick Driscoll	9	Keppel Coast	
5 Christopher Makowski	9	Townsville N	
6 Emmett Munro	9	Keppel Coast	
7 Perry Ryan	9	Central Quee	
8 Joseph Swales	9	Mackay Athle	
9 Cody Titlow	9	Tablelands A	
10 Marcus Trusler	9	Emerald and	
11 Orlando Wyatt	9	Keppel Coast	

Event 200 Men 60 m PA Frame Running

Saturday 23/09/2023 - 8:20 AM

Name	Age	Team	Seed Time
1 Aston Capper T71	10	Qld Athletic	
2 Jackson Kirkham - T71	13	Gold Coast V	

Event 201 Women 60 m PA Frame Running

Saturday 23/09/2023 - 8:20 AM

Name	Age	Team	Seed Time
1 Amy Tobin - T71	29	Qld Masters	

Event 202 Girls Long Jump 4yrs (U5)

Saturday 23/09/2023 - 9:00 AM

Name	Age	Team	Seed Mark
1 Sophie Kerr	4	Moranbah Ath	
2 Hazel MacGregor	4	Ross River A	

Event 203 Girls Long Jump 5yrs (U6)

Saturday 23/09/2023 - 9:00 AM

Name	Age	Team	Seed Mark
1 Athena Gibbons	5	North Mackay	
2 Leshai Swan	5	Normanton Athlet	

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Event 204 Girls Long Jump 6yrs (U7)**Saturday 23/09/2023 - 9:00 AM**

Name	Age	Team	Seed Mark
1 Madison Daniels	6	Normanton Athlet	
2 Sage Garcia	6	Mount Isa &	
3 Mary Haslett	6	Ross River A	
4 Elodie Johnson	6	Townsville N	
5 Lila Pascoe	6	Normanton Athlet	
6 Aurora Thompson	6	North Mackay	
7 Scarlett Tonga	6	North Mackay	
8 Shakira Wason	6	Normanton Athlet	

Event 205 Boys Long Jump 5yrs (U6)**Saturday 23/09/2023 - 9:00 AM**

Name	Age	Team	Seed Mark
1 Isaac Land	5	Ross River A	
2 Jack Poole	5	Ross River A	
3 Ryan Rainbow	5	Normanton Athlet	
4 Boston Roche	5	Ipswich & Di	

Event 206 Boys Long Jump 6yrs (U7)**Saturday 23/09/2023 - 9:00 AM**

Name	Age	Team	Seed Mark
1 Lorenzo Fanti	6	Normanton Athlet	
2 Oscar Hayles	6	Mackay Athle	
3 Slade Kenny	6	Whitsunday A	
4 Kallum MacGregor	6	Ross River A	
5 Jaxon Malone	6	Bowen Athlet	
6 Braysen Miller	6	Longreach At	
7 Sean MotiShaw	6	North Mackay	
8 Leo Roulston	6	North Mackay	

Event 207 Girls High Jump 8yrs (U9)**Saturday 23/09/2023 - 9:00 AM**

Name	Age	Team	Seed Mark
1 Abbie Atherton-andrews	8	North Mackay	
2 Lanah Kerr	8	Moranbah Ath	
3 Athena MacGregor	8	Ross River A	
4 Alanna Oliver	8	Mackay Athle	
5 Amarlee Rainbow	8	Normanton Athlet	
6 Nova Sheppard	8	Douglas Athl	
7 Lana Thurley	8	Ross River A	

Event 208 Boys High Jump 8yrs (U9)**Saturday 23/09/2023 - 9:00 AM**

Name	Age	Team	Seed Mark
1 Braxten Boulton	8	North Mackay	
2 Seth Carus	8	Whitsunday A	
3 Ethan Ford	8	North Mackay	
4 Jack Howie	8	North Mackay	
5 Jacob Jackson-Ward	8	North Mackay	
6 Jayden Otto	8	Townsville N	
7 Dharman Singh	8	North Mackay	
8 Edward Taylor	8	Keppel Coast	

Event 209 Girls Discus 500g 9yrs (U10)**Saturday 23/09/2023 - 9:00 AM**

Name	Age	Team	Seed Mark
1 Abigail Bennett	9	Townsville N	
2 Tahleah Caban	9	Mackay Athle	
3 Rylee Fraser	9	Townsville N	
4 Isabelle Hayles	9	Mackay Athle	
5 Connie Jackson	9	Townsville N	
6 Willow Kenny	9	Whitsunday A	
7 Harmony Murdoch	9	Ross River A	
8 Lofia Raitava	9	Mount Isa &	
9 Mikaela Thompson	9	North Mackay	
10 Penelope Shields	9	Whitsunday A	

Event 210 Boys Discus 500g 9yrs (U10)**Saturday 23/09/2023 - 9:00 AM**

Name	Age	Team	Seed Mark
1 Hayden Bradford	9	Barcaldine A	
2 Olivah Brown	9	North Mackay	
3 Patrick Driscoll	9	Keppel Coast	
4 Hunter Hollett	9	Ross River A	
5 Perry Ryan	9	Central Quee	
6 Joseph Swales	9	Mackay Athle	
7 Cody Titlow	9	Tablelands A	
8 Marcus Trusler	9	Emerald and	
9 Orlando Wyatt	9	Keppel Coast	

Event 211 Girls High Jump 11yrs (U12)**Saturday 23/09/2023 - 9:00 AM**

Name	Age	Team	Seed Mark
1 Sophie Bennett	11	Townsville N	
2 Sierra Dixon	11	Keppel Coast	
3 Laila Kingston	11	Anq Base	
4 Ayla Moon	11	Mackay Athle	
5 Shyla Morse	11	Townsville N	
6 Lara Palmer	11	Longreach At	
7 Maddison Piccinelli	11	Townsville N	
8 Heidi Quinn	11	Normanton Athlet	

Event 212 Boys High Jump 11yrs (U12)**Saturday 23/09/2023 - 9:00 AM**

Name	Age	Team	Seed Mark
1 Chase Gardiner	11	Darwin Athle	
2 Sonny Hancock	11	Longreach At	
3 Jarvis Locher	11	Mackay Athle	
4 Ryan Makowski	11	Townsville N	
5 Brooklyn Osborne	11	Keppel Coast	
6 Darius Pascoe	11	Normanton Athlet	
7 Zane Perfect	11	Moranbah Ath	

Event 213 Women 400 m Hurdles 10 x 76.2cm Under 18**Saturday 23/09/2023 - 9:00 AM**

Name	Age	Team	Seed Time
1 Elizabeth Lee	16	Mackay Athle	

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Performance List**Event 214 Women 400 m Hurdles 10 x 76.2cm Under 20**

Saturday 23/09/2023 - 9:00 AM

Name	Age	Team	Seed Time
1 Megan Adamski	18	University o	
2 Holly Blunt	18	Keppel Coast	

Event 215 Men 400 m Hurdles 10 x 84.0cm Under 18

Saturday 23/09/2023 - 9:00 AM

Name	Age	Team	Seed Time
1 Jace Brammer	17	Gladstone At	

Event 216 Men 400 m Hurdles 10 x 91.4cm Open

Saturday 23/09/2023 - 9:00 AM

Name	Age	Team	Seed Time
1 Jascha Coetser	24	Townsville N	
2 Blake Dobay	24	Townsville N	

Event 217 Girls Shot Put 1.5kg 7yrs (U8)

Saturday 23/09/2023 - 10:00 AM

Name	Age	Team	Seed Mark
1 Kehra Heap	6	North Mackay	
2 Nahla Heap	7	North Mackay	
3 Hannah Hollett	7	Ross River A	
4 Lucy Jackson	7	Townsville N	
5 Indie Kingston	7	Anq Base	
6 Isabelle Linke	7	North Mackay	
7 Stella Sayer	7	Mackay Athle	
8 Leylani Swan	7	Normanton Athlet	

Event 218 Boys Shot Put 1.5kg 7yrs (U8)

Saturday 23/09/2023 - 10:00 AM

Name	Age	Team	Seed Mark
1 Eli Cameron	7	Mackay Athle	
2 Didier Jackson	7	Cairns Athle	
3 Declan Linke-Donnellan	7	Cairns Athle	
4 Leo McGrath	7	Central Quee	
5 Jasper Parfenyuk	7	Townsville N	
6 Max Radovic	7	Mackay Athle	
7 Kian Roche	7	Ipswich & Di	
8 Spencer Ryan	7	Central Quee	
9 Ronald Taylor	7	Keppel Coast	
10 River Shields	7	Whitsunday A	

Event 219 Girls Discus 500g 8yrs (U9)

Saturday 23/09/2023 - 10:00 AM

Name	Age	Team	Seed Mark
1 Abbie Atherton-andrews	8	North Mackay	
2 Sarah-Maree Green	8	Ross River A	
3 Charli Hancock	8	Longreach At	
4 Sarah Kelly	8	Mackay Athle	
5 Athena MacGregor	8	Ross River A	
6 Kendall Malone	8	Bowen Athlet	
7 Harper Miles	8	Mackay Athle	
8 Alanna Oliver	8	Mackay Athle	
9 Amarlee Rainbow	8	Normanton Athlet	

10 Lana Thurley 8 Ross River A

Event 220 Boys Discus 500g 8yrs (U9)

Saturday 23/09/2023 - 10:00 AM

Name	Age	Team	Seed Mark
1 Braxten Boulton	8	North Mackay	
2 Seth Carus	8	Whitsunday A	
3 Ethan Ford	8	North Mackay	
4 Forrest Gleadhill	8	North Mackay	
5 Jack Howie	8	North Mackay	
6 Jacob Jackson-Ward	8	North Mackay	
7 Jayden Otto	8	Townsville N	
8 Edward Taylor	8	Keppel Coast	

Event 221 Girls Shot Put 3.0kg 12yrs (U13)

Saturday 23/09/2023 - 10:00 AM

Name	Age	Team	Seed Mark
1 Rekia Beasley	12	Normanton Athlet	
2 Keira Caban Tf37	12	Mackay Athle	
3 Georgia Cameron	12	Normanton Athlet	
4 Amelia Chapman	12	Emerald and	
5 Lani Ellwood	12	Emerald and	
6 Erika Holland	12	Longreach At	
7 Kyra Payne	12	Townsville N	

Event 222 Women Shot Put 3.0kg 13yrs (U14)

Saturday 23/09/2023 - 10:00 AM

Name	Age	Team	Seed Mark
1 Ruby Chester	13	Townsville N	
2 Florence Harriott	13	Whitsunday A	
3 Savana Johnson	13	Townsville N	
4 Jaylie Miller	13	Longreach At	
5 Jamie Percy	13	Mulgrave Ath	

Event 223 Men Long Jump Open

Saturday 23/09/2023 - 11:00 AM

Name	Age	Team	Seed Mark
1 Damon Brown	21	Mackay Athle	
2 Abeli Mukamba	20	Townsville N	

Event 234 Women Long Jump Open

Saturday 23/09/2023 - 11:00 AM

Name	Age	Team	Seed Mark
1 Zoe Chester	17	Townsville N	
2 Rebekah Gleeson-Cherry	23	Barcaldine A	
3 Paige Jones	16	Keppel Coast	
4 Dash Newington	39	Central Quee	
5 Sharna Wilson	27	Qld Athletic	

Event 235 Women Long Jump Under 20

Saturday 23/09/2023 - 11:00 AM

Name	Age	Team	Seed Mark
1 Milla Armitage	18	Townsville N	
2 Sasha White - T/F01	18	Townsville N	

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Performance List**Event 237 Men Long Jump PA Ambulant**

Saturday 23/09/2023 - 11:00 AM

Name	Age	Team	Seed Mark
1 Taj Appleby Tf35	12	Athletics No	
2 Kayne Kellett - T/F37	14	Townsville N	
3 Samuel Le Feuvre - T/F21	17	Townsville N	
4 Romone Lewin Tf38	23	Mature Athle	
5 Blake McGuinness - T/F13	27	Keppel Coast	

Event 238 Girls Shot Put 1.0kg 4yrs (U5)

Saturday 23/09/2023 - 11:00 AM

Name	Age	Team	Seed Mark
1 Sophie Kerr	4	Moranbah Ath	
2 Hazel MacGregor	4	Ross River A	

Event 239 Girls Shot Put 1.0kg 5yrs (U6)

Saturday 23/09/2023 - 11:00 AM

Name	Age	Team	Seed Mark
1 Athena Gibbons	5	North Mackay	
2 Leshai Swan	5	Normanton Athlet	

Event 240 Girls Shot Put 1.0kg 6yrs (U7)

Saturday 23/09/2023 - 11:00 AM

Name	Age	Team	Seed Mark
1 Madison Daniels	6	Normanton Athlet	
2 Mary Haslett	6	Ross River A	
3 Elodie Johnson	6	Townsville N	
4 Lila Pascoe	6	Normanton Athlet	
5 Aurora Thompson	6	North Mackay	
6 Scarlett Tonga	6	North Mackay	
7 Shakira Wason	6	Normanton Athlet	

Event 241 Boys Shot Put 1.0kg 5yrs (U6)

Saturday 23/09/2023 - 11:00 AM

Name	Age	Team	Seed Mark
1 Isaac Land	5	Ross River A	
2 Jack Poole	5	Ross River A	
3 Ryan Rainbow	5	Normanton Athlet	
4 Boston Roche	5	Ipswich & Di	

Event 242 Boys Shot Put 1.0kg 6yrs (U7)

Saturday 23/09/2023 - 11:00 AM

Name	Age	Team	Seed Mark
1 Lorenzo Fanti	6	Normanton Athlet	
2 Oscar Hayles	6	Mackay Athle	
3 Slade Kenny	6	Whitsunday A	
4 Kallum MacGregor	6	Ross River A	
5 Braysen Miller	6	Longreach At	
6 Sean MotiShaw	6	North Mackay	
7 Leo Roulston	6	North Mackay	

Event 243 Men High Jump 15yrs (U16)

Saturday 23/09/2023 - 11:00 AM

Name	Age	Team	Seed Mark
1 Tom Latcham	15	Central Quee	

2 Michael Menner 15 Mackay Athle

3 Brady Purcell 15 Anq Base

Event 244 Men High Jump Under 18

Saturday 23/09/2023 - 11:00 AM

Name	Age	Team	Seed Mark
1 Jace Brammer	17	Gladstone At	
2 Adison Byrd	16	Mackay Athle	
3 Geordie Cowdroy	16	Darling Down	

Event 245 Men High Jump Under 20

Saturday 23/09/2023 - 11:00 AM

Name	Age	Team	Seed Mark
1 Kayden Muir	19	Bowen Athlet	

Event 246 Women Javelin 600g Open

Saturday 23/09/2023 - 11:00 AM

Name	Age	Team	Seed Mark
1 Rebekah Gleeson-Cherry	23	Barcaldine A	
2 Charlize Goody	17	Ipswich & Di	
3 Dash Newington	39	Central Quee	
4 Rylee O'Shaughnessy	18	Qeii Track C	
5 Sahreya Pascoe	26	Normanton Athlet	
6 Sharna Wilson	27	Qld Athletic	

Event 248 Boys 60 m Hurdles 6 x 45cm 7yrs (U8)

Saturday 23/09/2023 - 11:00 AM

Name	Age	Team	Seed Time
1 Didier Jackson	7	Cairns Athle	
2 Declan Linke-Donnellan	7	Cairns Athle	
3 Leo McGrath	7	Central Quee	
4 Jasper Parfenyuk	7	Townsville N	
5 Max Radovic	7	Mackay Athle	
6 Kian Roche	7	Ipswich & Di	
7 Spencer Ryan	7	Central Quee	
8 Ronald Taylor	7	Keppel Coast	

Event 249 Girls 60 m Hurdles 6 x 45cm 7yrs (U8)

Saturday 23/09/2023 - 11:02 AM

Name	Age	Team	Seed Time
1 Kehra Heap	6	North Mackay	
2 Nahla Heap	7	North Mackay	
3 Hannah Hollett	7	Ross River A	
4 Lucy Jackson	7	Townsville N	
5 Isabelle Linke	7	North Mackay	
6 Stella Sayer	7	Mackay Athle	
7 Leylani Swan	7	Normanton Athlet	

Event 250 Boys 60 m Hurdles 6 x 45cm 8yrs (U9)

Saturday 23/09/2023 - 11:04 AM

Name	Age	Team	Seed Time
1 Braxten Boulton	8	North Mackay	
2 Ethan Ford	8	North Mackay	
3 Forrest Gleadhill	8	North Mackay	
4 Jack Howie	8	North Mackay	
5 Jacob Jackson-Ward	8	North Mackay	

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Performance List**Event 250 ... (Boys 60 m Hurdles 6 x 45cm 8yrs (U9))**

Name	Age	Team	Seed Time
6 Jayden Otto	8	Townsville N	
7 Dharman Singh	8	North Mackay	
8 Edward Taylor	8	Keppel Coast	

Event 251 Girls 60 m Hurdles 6 x 45cm 8yrs (U9)

Saturday 23/09/2023 - 11:06 AM			
Name	Age	Team	Seed Time
1 Abbie Atherton-andrews	8	North Mackay	
2 Sarah-Maree Green	8	Ross River A	
3 Sarah Kelly	8	Mackay Athle	
4 Athena MacGregor	8	Ross River A	
5 Harper Miles	8	Mackay Athle	
6 Alanna Oliver	8	Mackay Athle	
7 Amarlee Rainbow	8	Normanton Athlet	
8 Lana Thurley	8	Ross River A	

Event 252 Boys 60 m Hurdles 6 x 60cm 9yrs (U10)

Saturday 23/09/2023 - 11:08 AM			
Name	Age	Team	Seed Time
1 Hayden Bradford	9	Barcaldine A	
2 Olivah Brown	9	North Mackay	
3 Hunter Hollett	9	Ross River A	
4 Emmett Munro	9	Keppel Coast	
5 Perry Ryan	9	Central Quee	
6 Cody Titlow	9	Tablelands A	
7 Marcus Trusler	9	Emerald and	

Event 253 Girls 60 m Hurdles 6 x 60cm 9yrs (U10)

Saturday 23/09/2023 - 11:10 AM			
Name	Age	Team	Seed Time
1 Abigail Bennett	9	Townsville N	
2 Tahleah Caban	9	Mackay Athle	
3 Charli Johnson	9	Anq Base	
4 Willow Kenny	9	Whitsunday A	
5 Layla McGeehan	9	Ipswich & Di	
6 Ally Mizzi	9	North Mackay	
7 Harmony Murdoch	9	Ross River A	
8 Lofia Raitava	9	Mount Isa &	
9 Charlotte Roche	9	Ipswich & Di	
10 Zuma Simmons-McMullan	9	Townsville N	
11 Mikaela Thompson	9	North Mackay	

Event 254 Boys 60 m Hurdles 6 x 60cm 10yrs (U11)

Saturday 23/09/2023 - 11:12 AM			
Name	Age	Team	Seed Time
1 Elias Boatman	10	Mackay Athle	
2 Darcy Fanti	10	Normanton Athlet	
3 Tommy Menner	10	University o	
4 Ethan Nyssen	10	Qld Athletic	
5 Mason Richards	10	North Mackay	

Event 255 Girls 60 m Hurdles 6 x 60cm 10yrs (U11)

Saturday 23/09/2023 - 11:15 AM			
Name	Age	Team	Seed Time
1 Sophie Balderson	10	Barcaldine A	
2 Aria Cameron	10	Mackay Athle	
3 Annabelle Chapman	10	Emerald and	
4 Charlee Crethar	10	Keppel Coast	
5 Ella Croatto	10	Peak Perform	
6 Nina Dicker	10	North Mackay	
7 Ally Miles	10	Cairns Athle	
8 Vogue Miles	10	Mackay Athle	
9 Milana Parfenyuk	10	Townsville N	
10 Nadia Purcell	10	Anq Base	

Event 256 Boys 60 m Hurdles 6 x 68cm 11yrs (U12)

Saturday 23/09/2023 - 11:19 AM			
Name	Age	Team	Seed Time
1 Korbin Dibben	11	Whitsunday A	
2 Chase Gardiner	11	Darwin Athle	
3 Jarvis Locher	11	Mackay Athle	
4 Zane Perfect	11	Moranbah Ath	
5 Riley Ware	11	Mackay Athle	

Event 257 Girls 60 m Hurdles 6 x 68cm 11yrs (U12)

Saturday 23/09/2023 - 11:20 AM			
Name	Age	Team	Seed Time
1 Sophie Allen	11	Ipswich & Di	
2 Shyla Morse	11	Townsville N	
3 Heidi Quinn	11	Normanton Athlet	
4 Molly Tanner	11	Townsville N	

Event 258 Girls Discus 500g 7yrs (U8)

Saturday 23/09/2023 - 11:30 AM			
Name	Age	Team	Seed Mark
1 Kehra Heap	6	North Mackay	
2 Nahla Heap	7	North Mackay	
3 Hannah Hollett	7	Ross River A	
4 Lucy Jackson	7	Townsville N	
5 Isabelle Linke	7	North Mackay	
6 Stella Sayer	7	Mackay Athle	
7 Leylani Swan	7	Normanton Athlet	

Event 259 Boys Discus 500g 7yrs (U8)

Saturday 23/09/2023 - 11:30 AM			
Name	Age	Team	Seed Mark
1 Eli Cameron	7	Mackay Athle	
2 Didier Jackson	7	Cairns Athle	
3 Declan Linke-Donnellan	7	Cairns Athle	
4 Leo McGrath	7	Central Quee	
5 Jasper Parfenyuk	7	Townsville N	
6 Max Radovic	7	Mackay Athle	
7 Kian Roche	7	Ipswich & Di	
8 Spencer Ryan	7	Central Quee	
9 Ronald Taylor	7	Keppel Coast	
10 River Shields	7	Whitsunday A	

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Event 260 Men Shot Put 5.0kg Under 18**Saturday 23/09/2023 - 11:45 AM**

Name	Age	Team	Seed Mark
1 Cameron Evetts	17	Qeii Track C	
2 James Galea	17	Mackay Athle	
3 Matthew Greig	17	University o	
4 Lee Martin	17	Ashgrove Ran	
5 Andrew Ramm	17	Central Quee	
6 Aman Sandhar	17	Qeii Track C	
7 Jackson Schuh	16	Emerald and	
8 Cohen Simpson	16	Keppel Coast	
9 Lincoln Simpson	16	Keppel Coast	

Event 262 Men Shot Put 6.0kg Under 20**Saturday 23/09/2023 - 11:45 AM**

Name	Age	Team	Seed Mark
1 Etienne Otto	19	Central Quee	

Event 264 Women Javelin 400g 13yrs (U14)**Saturday 23/09/2023 - 11:45 AM**

Name	Age	Team	Seed Mark
1 Tahmia Bee	13	Normanton Athlet	
2 Ruby Chester	13	Townsville N	
3 Florence Harriott	13	Whitsunday A	
4 Savana Johnson	13	Townsville N	
5 Jaylie Miller	13	Longreach At	
6 Jamie Percy	13	Mulgrave Ath	

Event 265 Women Javelin 500g 14yrs (U15)**Saturday 23/09/2023 - 11:45 AM**

Name	Age	Team	Seed Mark
1 Tayah Ellwood	14	Emerald and	
2 Sienna Kruck	14	Tigers Athle	
3 Phoenix Mackay	14	Qeii Track C	
4 Addison Paulke	14	Townsville N	

Event 266 Women Javelin 500g 15yrs (U16)**Saturday 23/09/2023 - 11:45 AM**

Name	Age	Team	Seed Mark
1 Gabriela Marczyk	15	Gold Coast V	
2 Georgina McCabe	15	University o	

Event 268 Women 100 m PA Frame Running**Saturday 23/09/2023 - 11:45 AM**

Name	Age	Team	Seed Time
1 Amy Tobin - T71	29	Qld Masters	

Event 269 Men 100 m PA Frame Running**Saturday 23/09/2023 - 11:45 AM**

Name	Age	Team	Seed Time
1 Aston Capper T71	10	Qld Athletic	
2 Jackson Kirkham - T71	13	Gold Coast V	

Event 270 Men 100 m PA Ambulant**Saturday 23/09/2023 - 11:47 AM**

Name	Age	Team	Seed Time
1 Taj Appleby Tf35	12	Athletics No	
2 Kayne Kellett - T/F37	14	Townsville N	
3 Samuel Le Feuvre - T/F21	17	Townsville N	
4 Romone Lewin Tf38	23	Mature Athle	
5 Blake McGuinness - T/F13	27	Keppel Coast	
6 Heath Otto-T/F37	14	Townsville N	

Event 271 Girls 100 m 12yrs (U13) Prelims**Saturday 23/09/2023 - 11:50 AM**

Name	Age	Team	Seed Time
1 Rekia Beasley	12	Normanton Athlet	
2 Elodie Boyd	12	Qeii Track C	
3 Keira Caban Tf37	12	Mackay Athle	
4 Siena Carney	12	North Mackay	
5 Amelia Chapman	12	Emerald and	
6 Mia Clegg	12	Townsville N	
7 Lani Ellwood	12	Emerald and	
8 Milly Fegan	12	Townsville N	
9 Kaylee Hayward-McNall	12	Longreach At	
10 Erika Holland	12	Longreach At	
11 Lilah Hooper	12	Ipswich & Di	
12 Malama Hudson	12	Ravenshoe At	
13 Claudette Hurley	12	Keppel Coast	
14 Mila Mabb	12	Sheldon Acad	
15 Sophie McGeehan	12	Ipswich & Di	
16 Kyra Payne	12	Townsville N	
17 Isabell Read	12	Peak Perform	
18 Learnie Scott	12	Mackay Athle	
19 Izabella Snyman	12	Ipswich & Di	
20 Katrina Terieta	12	Anq Base	

Event 272 Boys 100 m 12yrs (U13) Prelims**Saturday 23/09/2023 - 11:53 AM**

Name	Age	Team	Seed Time
1 Mitchell Adams	12	Mackay Athle	
2 Logan Camp	12	Keppel Coast	
3 Malakai George	12	Normanton Athlet	
4 Aiden Porter	12	North Mackay	
5 Noah Porter	12	North Mackay	
6 Harsith Rameshkumar	12	Ipswich & Di	
7 Owen Reid	12	Ross River A	
8 Justice Simpson	12	North Mackay	
9 Stuart Taylor	12	Keppel Coast	
10 Finn Wyatt	12	Keppel Coast	
11 Nathan Ziyambe	12	Ipswich & Di	
12 Ben Lucke	12	Anq Base	

Event 273 Women 100 m 13yrs (U14) Prelims**Saturday 23/09/2023 - 11:55 AM**

Name	Age	Team	Seed Time
1 Tahmia Bee	13	Normanton Athlet	
2 Krishanty Bynoe	13	Normanton Athlet	

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Performance List**Event 273 ... (Women 100 m 13yrs (U14) Prelims)**

Name	Age	Team	Seed Time
3 Taya Clayton	13	Noosa Athlet	
4 Charli Cox	13	Ross River A	
5 Tayla Dan	13	Townsville N	
6 Demi de Tournouer	13	Athletics No	
7 Isabella Driscoll	13	Keppel Coast	
8 Marli Eden	13	Mackay Athle	
9 Skye Houston	13	Ipswich & Di	
10 Rubee Hughes	13	Townsville N	
11 Savana Johnson	13	Townsville N	
12 Jaylie Miller	13	Longreach At	
13 Grace Murdoch	13	Ross River A	
14 Holly Sutton	13	Anq Base	
15 Lily Woods	13	Keppel Coast	

Event 274 Men 100 m 13yrs (U14) Prelims

Saturday 23/09/2023 - 11:58 AM

Name	Age	Team	Seed Time
1 Jack Campbell	13	Athletics No	
2 August Cole	13	Mackay Athle	
3 Archer Crowley	13	Ipswich & Di	
4 Zane Hall	13	Keppel Coast	
5 Ethan Hill	13	Mackay Athle	
6 Noah Jonker	13	Ipswich & Di	
7 Ned Lyons	13	Anq Base	
8 Thomas Martin Tf38	13	Mackay Athle	
9 Trae O'Brien	13	Mackay Athle	
10 Thomas Rainbow	13	Normanton Athlet	
11 Jackson Reid	13	Ross River A	
12 Rodney Terieta	13	Anq Base	

Event 275 Women 100 m 14yrs (U15) Prelims

Saturday 23/09/2023 - 12:00 AM

Name	Age	Team	Seed Time
1 Mia Bourke	14	Keppel Coast	
2 Amelie Boyd	14	Qeii Track C	
3 Aurelia Boyd	14	Qeii Track C	
4 Hayley Colless	14	North Mackay	
5 Harley Davies	14	Noosa Athlet	
6 Lily Graves	14	Ipswich & Di	
7 Mia McKenzie	14	Peak Perform	
8 Zara Nicolosi	14	Ross River A	
9 Gabriella Parenti	14	Townsville N	
10 Mikayla Waters	14	Mayne Harrie	
11 Isabella Webb	14	Mackay Athle	
12 Keonie Wieland	14	Moranbah Ath	
13 Anna Wilkinson	14	University o	

Event 276 Men 100 m 14yrs (U15) Prelims

Saturday 23/09/2023 - 12:02 AM

Name	Age	Team	Seed Time
1 Darcy Archer	14	Townsville N	
2 Oren Byrd	14	Mackay Athle	
3 Darcy Cameron	14	Anq Base	
4 Jonty Coutts	14	Anq Base	

5 Tamiana Fatiaki	14	Anq Base	
6 Mason Green	14	Keppel Coast	
7 Matthew Green	14	Ross River A	
8 Blake Gregory	14	Normanton Athlet	
9 Connor Lawn	14	Mackay Athle	
10 Dylan Ticehurst	14	Anq Base	
11 Uwezo Lubenda	14	Townsville N	

Event 277 Women 100 m 15yrs (U16) Prelims

Saturday 23/09/2023 - 12:04 AM

Name	Age	Team	Seed Time
1 Kaitlin Bitossi	15	Ross River A	
2 Indya Burford	15	Peak Perform	
3 Isabella Chester	15	Townsville N	
4 Willow Dean	15	Townsville N	
5 Bethany Evetts	15	Qeii Track C	
6 Aria Lavis	15	Cairns Athle	
7 Ava Lenton-Cater	15	Cairns Athle	
8 Madison Marshall	15	Tablelands A	
9 Zoe Miles	15	Cairns Athle	
10 Indiana Thomas	15	Townsville N	
11 Chelsea Whiting	15	Ross River A	

Event 278 Women 100 m Under 18 Prelims

Saturday 23/09/2023 - 12:07 AM

Name	Age	Team	Seed Time
1 Lucie Basset-Rouge	17	University o	
2 Annabelle Binnekamp	16	Moranbah Ath	
3 Emmerson Broomhall	16	Central Quee	
4 Zoe Chester	17	Townsville N	
5 Maggie Gibson	17	Keppel Coast	
6 Emily Grace	17	Qld Athletic	
7 Sienna Hilton	16	Mount Isa &	
8 Lillian Hughes	16	Townsville N	
9 Dianne Ladewig	17	Noosa Athlet	
10 Lillianne Lenoy	16	Townsville N	
11 Keira McGregor	17	Gold Coast V	
12 Natalie Millerd - T47/F46	17	Tablelands A	
13 Maddie Newham	16	Ipswich & Di	
14 Sharie Rainbow	16	Normanton Athlet	
15 Madeline Rossiter	17	Keppel Coast	
16 Mailee Scott-Jones	17	Noosa Athlet	
17 Carlee Smith	16	Gold Coast V	
18 Amber sweeney	17	Anq Base	
19 Ainslie Tonks	16	Anq Base	
20 Mikayla Webb	16	Mackay Athle	

Event 279 Men 100 m Under 18 Prelims

Saturday 23/09/2023 - 12:08 AM

Name	Age	Team	Seed Time
1 Jacob Adams	16	Mackay Athle	
2 Liam Atkinson	16	Peak Perform	
3 Adison Byrd	16	Mackay Athle	
4 Cameron Evetts	17	Qeii Track C	
5 Ethan Platen	17	Ipswich & Di	
6 Nicholas Reed	16	University o	

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Mackay Aquatic & Recreation Complex
Performance List**Event 279 ... (Men 100 m Under 18 Prelims)**

Name	Age	Team	Seed Time
7 Jaxon Retchless	17	Noosa Athlet	
8 Thomas Richmond	16	Townsville N	
9 Fletcher Scanlan	16	Keppel Coast	
10 Xavier Simms	17	Cairns Athle	
11 Ryan Waters	16	Mayne Harrie	
12 Mark Naudi	16	Anq Base	

Event 280 Men 100 m Open Prelims

Saturday 23/09/2023 - 12:09 AM

Name	Age	Team	Seed Time
1 Jackson Bennett	30	Victoria Athlete	
2 Damon Brown	21	Mackay Athle	
3 Jack Grant	21	Peak Perform	
4 Jurgen Hak	22	Qeii Track C	
5 Ryan Hobbs	21	University o	
6 Taige Hooper	21	University o	
7 Brendan Leung	22	Peak Perform	
8 Sam McArthur	22	Tigers Athle	
9 Abeli Mukamba	20	Townsville N	
10 Shanil Nand	23	Anq Base	
11 Nathaniel Scott	23	Mayne Harrie	
12 Steven Mtombo	25	Anq Base	

Event 283 Men 50+ 10000 m 50-109yrs

Sunday 24/09/2023 - 11:30 PM

Name	Age	Team	Seed Time
1 Russell Johnson	71	SA Masters A	

Event 285 Boys High Jump 12yrs (U13)

Saturday 23/09/2023 - 12:00 PM

Name	Age	Team	Seed Mark
1 Dante Brown	12	North Mackay	
2 Luca Burton	12	Emerald and	
3 Logan Camp	12	Keppel Coast	
4 Seth Lewis	12	Mackay Athle	
5 Aiden Porter	12	North Mackay	
6 Noah Porter	12	North Mackay	
7 Justice Simpson	12	North Mackay	
8 Stuart Taylor	12	Keppel Coast	

Event 286 Men High Jump 13yrs (U14)

Saturday 23/09/2023 - 12:00 PM

Name	Age	Team	Seed Mark
1 Archer Crowley	13	Ipswich & Di	
2 Thomas Rainbow	13	Normanton Athlet	

Event 287 Men High Jump 14yrs (U15)

Saturday 23/09/2023 - 12:00 PM

Name	Age	Team	Seed Mark
1 Josiah Burstow	14	Qld Athletic	
2 Oren Byrd	14	Mackay Athle	
3 Blake Gregory	14	Normanton Athlet	
4 Connor Lawn	14	Mackay Athle	

Event 288 Girls High Jump 9yrs (U10)

Saturday 23/09/2023 - 12:30 PM

Name	Age	Team	Seed Mark
1 Abigail Bennett	9	Townsville N	
2 Tahleah Caban	9	Mackay Athle	
3 Rylee Fraser	9	Townsville N	
4 Isabelle Hayles	9	Mackay Athle	
5 Connie Jackson	9	Townsville N	
6 Charli Johnson	9	Anq Base	
7 Willow Kenny	9	Whitsunday A	
8 Layla McGeehan	9	Ipswich & Di	
9 Ally Mizzi	9	North Mackay	
10 Harmony Murdoch	9	Ross River A	
11 Lofia Raitava	9	Mount Isa &	
12 Charlotte Roche	9	Ipswich & Di	
13 Zuma Simmons-McMullan	9	Townsville N	

Event 289 Boys High Jump 9yrs (U10)

Saturday 23/09/2023 - 12:30 PM

Name	Age	Team	Seed Mark
1 Harry Bovis	9	Keppel Coast	
2 Hayden Bradford	9	Barcaldine A	
3 Olivah Brown	9	North Mackay	
4 Patrick Driscoll	9	Keppel Coast	
5 Emmett Munro	9	Keppel Coast	
6 Perry Ryan	9	Central Quee	
7 Joseph Swales	9	Mackay Athle	
8 Cody Titlow	9	Tablelands A	
9 Orlando Wyatt	9	Keppel Coast	

Event 290 Girls 1500 m 10yrs (U11)

Saturday 23/09/2023 - 12:30 PM

Name	Age	Team	Seed Time
1 Ivy Carswell	10	Anq Base	
2 Maddison Ford	10	North Mackay	
3 Daisy Scott	10	Anq Base	

Event 291 Girls 1500 m 11yrs (U12)

Saturday 23/09/2023 - 12:30 PM

Name	Age	Team	Seed Time
1 Phoebe Brown	11	North Mackay	
2 Ayla Hardy	11	Keppel Coast	
3 Madison Malagueno	11	Anq Base	
4 Shailee Mewha	11	Anq Base	
5 Taya Miller	11	Longreach At	
6 Ayla Moon	11	Mackay Athle	
7 Alayna Paulke	11	Anq Base	
8 Harpa Quigley	11	Keppel Coast	
9 Heidi Quinn	11	Normanton Athlet	
10 Mila Rice	11	Emerald and	

Event 292 Girls 1500 m 12yrs (U13)

Saturday 23/09/2023 - 12:30 PM

Name	Age	Team	Seed Time
1 Rekia Beasley	12	Normanton Athlet	

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Performance List**Event 292 ... (Girls 1500 m 12yrs (U13))**

Name	Age	Team	Seed Time
2 Georgia Cameron	12	Normanton Athlet	
3 Alleah Fallon	12	Mackay Athle	
4 Elizabeth Leary	12	Anq Base	
5 Teagan O'Friel	12	University o	
6 Veronika Parfenyuk	12	Townsville N	

Event 293 Women 1500 m 13yrs (U14)

Saturday 23/09/2023 - 12:35 PM			
Name	Age	Team	Seed Time
1 Grace Francis	13	Keppel Coast	
2 Peppa Geisel	13	Anq Base	
3 Skye Howarth	13	Mackay Athle	
4 Jaylie Miller	13	Longreach At	
5 Brigitte Rose	13	Townsville N	

Event 294 Women 1500 m 14yrs (U15)

Saturday 23/09/2023 - 12:35 PM			
Name	Age	Team	Seed Time
1 Ella Bain	14	Keppel Coast	
2 Majella Jerome	14	Anq Base	
3 Kiara Johnson	14	Anq Base	
4 Layla Krause	14	Cairns Athle	
5 Salvanna Ross	14	Anq Base	

Event 295 Women 1500 m 15yrs (U16)

Saturday 23/09/2023 - 12:35 PM			
Name	Age	Team	Seed Time
1 Nicola Balderson	15	Keppel Coast	
2 Lacey Howarth	15	Mackay Athle	
3 Lily Leven	15	Mackay Athle	
4 Katelyn McGee	15	Pace Running	
5 Siannah McGee	15	Pace Running	

Event 296 Women 1500 m Under 18

Saturday 23/09/2023 - 12:40 PM			
Name	Age	Team	Seed Time
1 Ginger Cox	17	Pace Running	
2 Morgan Faulkner	16	Anq Base	
3 Emalina Fogale	17	Cairns Athle	
4 Paige Grose	17	Anq Base	
5 Erika Koelman	16	Red Earth Ru	
6 Bridie Maher	16	Pace Running	
7 Abigail Sweeney	17	Mackay Athle	
8 Jemma Wilson	16	Border Strid	
9 Sharnti Woodham	17	Keppel Coast	

Event 297 Women 1500 m Open

Saturday 23/09/2023 - 12:40 PM			
Name	Age	Team	Seed Time
1 Audrey Hall	27	Townsville R	

Event 298 Women 30-49 1500 m 30-49yrs

Saturday 23/09/2023 - 12:40 PM			
Name	Age	Team	Seed Time
1 Mel Esau	41	Mackay Athle	
2 Emily Hayles	38	Mackay Athle	

Event 299 Boys 1500 m 10yrs (U11)

Saturday 23/09/2023 - 12:45 PM			
Name	Age	Team	Seed Time
1 Isaac Cummins	10	Keppel Coast	
2 Charlie Mabb	10	Mackay Athle	
3 Justin Pascoe	10	Normanton Athlet	
4 Bronson Payne	10	Townsville N	
5 Luke Rose	10	Townsville N	
6 Patrick Taylor	10	Keppel Coast	

Event 300 Boys 1500 m 11yrs (U12)

Saturday 23/09/2023 - 12:45 PM			
Name	Age	Team	Seed Time
1 Jacob Bradford	11	Barcaldine A	
2 Chase Gardiner	11	Darwin Athle	
3 Joash Lane	11	Rockhampton	
4 Jarvis Locher	11	Mackay Athle	
5 Jack Oberg	11	Anq Base	
6 Zane Perfect	11	Moranbah Ath	

Event 301 Boys 1500 m 12yrs (U13)

Saturday 23/09/2023 - 12:50 PM			
Name	Age	Team	Seed Time
1 Luca Burton	12	Emerald and	
2 Oliver Dibben	12	Whitsunday A	
3 Nathaniel Espartinez	12	Anq Base	
4 Lachlan Johnson	12	Anq Base	
5 Sonny Morse	12	Pace Running	
6 Parker Scott	12	Pace Running	
7 Riley Simpson	12	Townsville N	

Event 302 Men 1500 m 13yrs (U14)

Saturday 23/09/2023 - 12:50 PM			
Name	Age	Team	Seed Time
1 Issac Blue	13	Pace Running	
2 August Cole	13	Mackay Athle	
3 Jase Daniels	13	Normanton Athlet	
4 Finlay Fox	13	Pace Running	
5 Levi Maher	13	University o	
6 Thomas Rainbow	13	Normanton Athlet	
7 Addison Scott	13	Pace Running	

Event 303 Men 1500 m 14yrs (U15)

Saturday 23/09/2023 - 12:55 PM			
Name	Age	Team	Seed Time
1 Gilbert Cox	14	Darwin Athle	
2 Blake Gregory	14	Normanton Athlet	
3 Tanner Munro	14	Keppel Coast	
4 Archie Reid	14	Pace Running	

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Event 303 ...(Men 1500 m 14yrs (U15))

Name	Age	Team	Seed Time
5 Harrison Roos	14	Pace Running	
6 Khobi Scanlan	14	Keppel Coast	
7 Luke Swindale	14	Pace Running	

Event 304 Men 1500 m 15yrs (U16)

Saturday 23/09/2023 - 12:55 PM

Name	Age	Team	Seed Time
1 Harvey Hermiston	15	Redlands Ath	
2 Ben Latcham	15	Central Quee	
3 Koby Kylie Little	15	Anq Base	

Event 305 Men 1500 m Under 18

Saturday 23/09/2023 - 1:00 PM

Name	Age	Team	Seed Time
1 Joseph Bebedorf	17	Rockhampton	
2 Kaiyan Blue	16	Pace Running	
3 Robert Gould	17	Pace Running	
4 Micaiah Lane	17	Rockhampton	
5 Zayn Lawson	16	Pace Running	
6 Jared Mackie	17	Anq Base	
7 Finn McDuff	17	Qld Athletic	
8 Connor Munro	16	Keppel Coast	
9 Andrew Ramm	17	Central Quee	
10 Angus Richardson	17	Pace Running	
11 Sam Riggs	17	Mackay Athle	
12 Toby Rule	16	Mackay Athle	
13 Cody Smith	17	Anq Base	
14 Flynn Steindl	16	Anq Base	
15 Jake Swindale	16	Pace Running	
16 Jake Turner	17	Pace Running	

Event 306 Men 1500 m PA Ambulant

Saturday 23/09/2023 - 1:05 PM

Name	Age	Team	Seed Time
1 Heath Otto-T/F37	14	Townsville N	

Event 307 Men 1500 m Under 20

Saturday 23/09/2023 - 1:05 PM

Name	Age	Team	Seed Time
1 Nicholas Fogale	19	Cairns Athle	
2 David Windybank	19	U.T.S. North	
3 Cameron Wonnocott	18	Anq Base	

Event 308 Men 1500 m Open

Saturday 23/09/2023 - 1:05 PM

Name	Age	Team	Seed Time
1 Denis Couture	62	Bowen Athlet	
2 William Grogan	23	Whitsunday R	
3 Liam Mumford	27	Mackay Athle	

Event 309 Men 30-49 1500 m 30-49yrs

Saturday 23/09/2023 - 1:05 PM

Name	Age	Team	Seed Time
1 Glen Bray	42	Ross River A	

2 Justin Lane 48 Rockhampton

Event 310 Men 50+ 1500 m 50-109yrs

Saturday 23/09/2023 - 1:05 PM

Name	Age	Team	Seed Time
1 Graham Paul Durant	69	Keppel Coast	
2 Russell Johnson	71	SA Masters A	
3 Jason Smith	52	Tablelands A	
4 Willem Van Den Worm	67	Mount Isa &	
5 Grant Vaughan	51	Keppel Coast	

Event 311 Girls Long Jump 10yrs (U11)

Saturday 23/09/2023 - 1:00 PM

Name	Age	Team	Seed Mark
1 Sophie Balderson	10	Barcaldine A	
2 Chloe Beimans	10	Townsville N	
3 Aria Cameron	10	Mackay Athle	
4 Annabelle Chapman	10	Emerald and	
5 Charlee Crethar	10	Keppel Coast	
6 Nina Dicker	10	North Mackay	
7 Maddison Ford	10	North Mackay	
8 Ritasheia Harold	10	Normanton Athlet	
9 Ally Miles	10	Cairns Athle	
10 Willow Osborne	10	Keppel Coast	
11 Kari Purcell	10	Anq Base	
12 Nadia Purcell	10	Anq Base	
13 Mackenzie Rumpf	10	Mackay Athle	
14 Karter Tulloch	10	Egac (Europe)	

Event 312 Boys Discus 750g 10yrs (U11)

Saturday 23/09/2023 - 1:00 PM

Name	Age	Team	Seed Mark
1 Alistair Barnes	10	Darwin Athle	
2 Darcy Fanti	10	Normanton Athlet	
3 Tommy Menner	10	University o	
4 Justin Pascoe	10	Normanton Athlet	
5 Bronson Payne	10	Townsville N	
6 Mason Richards	10	North Mackay	

Event 313 Boys Discus 750g 11yrs (U12)

Saturday 23/09/2023 - 1:00 PM

Name	Age	Team	Seed Mark
1 Jacob Bradford	11	Barcaldine A	
2 Korbin Dibben	11	Whitsunday A	
3 Chase Frumento	11	Anq Base	
4 Chase Gardiner	11	Darwin Athle	
5 Ailbe Hamilton	11	Douglas Athl	
6 Sonny Hancock	11	Longreach At	
7 Joash Lane	11	Rockhampton	
8 Maksymilian Marczyk	11	U.T.S. North	
9 Darius Pascoe	11	Normanton Athlet	
10 Zane Perfect	11	Moranbah Ath	
11 Hudson Severinsen	11	Ipswich & Di	
12 Benjamin Toby	11	Normanton Athlet	
13 Riley Ware	11	Mackay Athle	

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Performance List**Event 314 Girls High Jump 12yrs (U13)**

Saturday 23/09/2023 - 1:00 PM

Name	Age	Team	Seed Mark
1 Rekia Beasley	12	Normanton Athlet	
2 Elodie Boyd	12	Qeii Track C	
3 Matilda Doyle	12	Qld Athletic	
4 Amelia Gatt	12	Anq Base	
5 Kaylee Hayward-McNall	12	Longreach At	
6 Lilah Hooper	12	Ipswich & Di	
7 Mila Mabb	12	Sheldon Acad	
8 Sophie McGeehan	12	Ipswich & Di	
9 Kyra Payne	12	Townsville N	
10 Isabella Power	12	Ross River A	
11 Izabella Snyman	12	Ipswich & Di	
12 Katrina Terieta	12	Anq Base	

Event 315 Men Shot Put 4.0kg 14yrs (U15)

Saturday 23/09/2023 - 1:00 PM

Name	Age	Team	Seed Mark
1 Maxwell Austin	14	Mulgrave Ath	
2 Blake Gregory	14	Normanton Athlet	
3 Amosa Leaupepe	14	Cairns Athle	
4 Joshua Noronha	14	Qeii Track C	
5 Samuel Raciti	14	Mulgrave Ath	
6 Sebastien Sills	14	Ipswich & Di	

Event 316 Men Shot Put 4.0kg 15yrs (U16)

Saturday 23/09/2023 - 1:00 PM

Name	Age	Team	Seed Mark
1 Paul Busch	15	Normanton Athlet	
2 Bailey Gregson	15	Sheldon Acad	
3 Cooper Jones	15	Keppel Coast	
4 Tom Latcham	15	Central Quee	
5 Willem Sorensen	15	Gladstone At	

Event 324 Mixed 4-9 Other ceremonial kids athletics

Saturday 23/09/2023 - 1:30 PM

Name	Age	Team	Seed Mark
1 Abbie Atherton-andrews	W8	North Mackay	
2 Raegan Barnes	M7	Darwin Athle	
3 Madison Daniels	W6	Normanton Athlet	
4 Kobe Dixon	M9	Keppel Coast	
5 Lorenzo Fanti	M6	Normanton Athlet	
6 Sage Garcia	W6	Mount Isa &	
7 Mary Haslett	W6	Ross River A	
8 Oscar Hayles	M6	Mackay Athle	
9 Kehra Heap	W6	North Mackay	
10 Elodie Johnson	W6	Townsville N	
11 Sophie Kerr	W4	Moranbah Ath	
12 Braysen Miller	M6	Longreach At	
13 Sean MotiShaw	M6	North Mackay	
14 Lila Pascoe	W6	Normanton Athlet	
15 Ryan Rainbow	M5	Normanton Athlet	
16 Leo Roulston	M6	North Mackay	
17 Aurora Thompson	W6	North Mackay	

18 Scarlett Tonga W6 North Mackay

Event 325 Men Discus 1.0kg 13yrs (U14)

Saturday 23/09/2023 - 2:00 PM

Name	Age	Team	Seed Mark
1 Lucas Browne	13	Cairns Athle	
2 Kobe Cameron	13	Mackay Athle	
3 Archer Crowley	13	Ipswich & Di	
4 Thomas Martin Tf38	13	Mackay Athle	
5 Trae O'Brien	13	Mackay Athle	
6 Thomas Rainbow	13	Normanton Athlet	
7 Jackson Reid	13	Ross River A	
8 Declan Rich	13	Mulgrave Ath	

Event 326 Men Javelin PA Ambulant

Saturday 23/09/2023 - 2:00 PM

Name	Age	Team	Seed Mark
1 Raymond Abdy F37	43	Charters Tow	
2 Romone Lewin Tf38	23	Mature Athle	
3 Heath Otto-T/F37	14	Townsville N	
4 Andre Rivett - F21	26	Gold Coast V	
5 Matt Sheppard F56	35	Douglas Athl	

Event 327 Women Javelin 500g Under 18

Saturday 23/09/2023 - 2:00 PM

Name	Age	Team	Seed Mark
1 Lucie Basset-Rouge	17	University o	
2 Emmerson Broomhall	16	Central Quee	
3 Maia Curtis Gee	17	Keppel Coast	
4 Charlize Goody	17	Ipswich & Di	
5 Emily Grace	17	Qld Athletic	
6 Isabella Grace	16	Qld Athletic	
7 Jazlyn Johnson	17	Keppel Coast	
8 Jackarra Jones	17	Longreach At	
9 Jozette Jones	16	Longreach At	

Event 329 Women Javelin 600g Under 20

Saturday 23/09/2023 - 2:00 PM

Name	Age	Team	Seed Mark
1 Milla Armitage	18	Townsville N	
2 Isobella Dalton	18	Central Quee	
3 Zara Dalton	18	Central Quee	
4 Kellie Davies	18	Maryborough	
5 Savarnah Kruck	19	Qld Athletic	
6 Rylee O'Shaughnessy	18	Qeii Track C	

Event 331 Women Long Jump 14yrs (U15)

Saturday 23/09/2023 - 2:15 PM

Name	Age	Team	Seed Mark
1 Caitlyn Butland	14	Douglas Athl	
2 Gabriella Cherry	14	Keppel Coast	
3 Hayley Colless	14	North Mackay	
4 Addison Farinazzo	14	Ipswich & Di	
5 Bronte Grose	14	Anq Base	
6 Gabriella Parenti	14	Townsville N	
7 Addison Paulke	14	Townsville N	

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Performance List**Event 331 ... (Women Long Jump 14yrs (U15))**

Name	Age	Team	Seed Mark
8 Lily Spencer	14	Anq Base	
9 Keonie Wieland	14	Moranbah Ath	
10 Anna Wilkinson	14	University o	

Event 332 Women Long Jump 15yrs (U16)

Saturday 23/09/2023 - 2:15 PM

Name	Age	Team	Seed Mark
1 Bethany Evetts	15	Qeii Track C	
2 Madison Marshall	15	Tablelands A	
3 Zoe Miles	15	Cairns Athle	
4 Indiana Platen	15	Ipswich & Di	
5 Ella Shackleton	15	Keppel Coast	
6 Chelsea Whiting	15	Ross River A	

Event 333 Women Long Jump Under 18

Saturday 23/09/2023 - 2:15 PM

Name	Age	Team	Seed Mark
1 Lucie Basset-Rouge	17	University o	
2 Annabelle Binnekamp	16	Moranbah Ath	
3 Emmerson Broomhall	16	Central Quee	
4 Zoe Chester	17	Townsville N	
5 Harriet Cox	16	Darwin Athle	
6 Maia Curtis Gee	17	Keppel Coast	
7 Lily Hicks	16	Tigers Athle	
8 Sienna Hilton	16	Mount Isa &	
9 Paige Jones	16	Keppel Coast	
10 Dianne Ladewig	17	Noosa Athlet	
11 Elizabeth Lee	16	Mackay Athle	
12 Natalie Millerd - T47/F46	17	Tablelands A	
13 Maddie Newham	16	Ipswich & Di	
14 Ella Nulley	16	Cairns Athle	
15 Sharie Rainbow	16	Normanton Athlet	
16 Madeline Rossiter	17	Keppel Coast	
17 Mailee Scott-Jones	17	Noosa Athlet	
18 Carlee Smith	16	Gold Coast V	
19 Ainslie Tonks	16	Anq Base	

Event 334 Boys Shot Put 3.0kg 12yrs (U13)

Saturday 23/09/2023 - 2:20 PM

Name	Age	Team	Seed Mark
1 Logan Camp	12	Keppel Coast	
2 Jaydon Green	12	Ross River A	
3 Seth Lewis	12	Mackay Athle	
4 Talon O'Donnell	12	Mackay Athle	
5 Harsith Rameshkumar	12	Ipswich & Di	
6 Owen Reid	12	Ross River A	
7 Hunter Sibenaler	12	Qeii Track C	

Event 335 Men Discus 2.0kg Open

Saturday 23/09/2023 - 2:20 PM

Name	Age	Team	Seed Mark
1 James Galea	17	Mackay Athle	
2 Hamish Middleton	20	Ashgrove Ran	
3 Etienne Otto	19	Central Quee	

4 Ashley Thomas 19 Townsville N

Event 337 Men 30-49 Discus 2.0kg 30-49yrs

Saturday 23/09/2023 - 2:20 PM

Name	Age	Team	Seed Mark
1 Justin Locher	39	Mackay Athle	
2 Shaun Peel	48	Mount Isa &	
3 Scott Piccinelli	37	Townsville N	
4 Sunia Raitava	47	Mount Isa &	
5 Benjamin Ross	38	Mackay Athle	
6 Niroshan Tharanga Di Subaw	41	Emerald and	
7 Brent Whitehead	32	Mackay Athle	

Event 339 Men 50+ Discus 50-109yrs

Saturday 23/09/2023 - 2:20 PM

Name	Age	Team	Seed Mark
1 Wayne Fielder	69	Mulgrave Ath	
2 Anthony Galea	83	Mackay Athle	
3 Justin Holzer	53	Qld Athletic	
4 Mills Lafferty	75	Qld Masters	
5 Rene Otto	57	Central Quee	
6 Terry Ryan	69	Mackay Athle	
7 David Varley	61	Qld Masters	

Event 341 Women Pole Vault Open

Saturday 23/09/2023 - 2:30 PM

Name	Age	Team	Seed Mark
1 Kayce Hoani-Vincent	16	Mackay Athle	
2 Kasey McCahon	20	Mackay Athle	
3 Dash Newington	39	Central Quee	

Event 347 Girls Shot Put 2.0kg 11yrs (U12)

Saturday 23/09/2023 - 3:00 PM

Name	Age	Team	Seed Mark
1 Lilli Carus	11	Whitsunday A	
2 Lily Driscoll	11	Keppel Coast	
3 Ayla Hardy	11	Keppel Coast	
4 Lucy Harriott	11	Whitsunday A	
5 Ruby Jackson	11	Townsville N	
6 Laura MacGregor	11	Ross River A	
7 Marlie-Mae Mckessar	11	Keppel Coast	
8 Taya Miller	11	Longreach At	
9 Lara Palmer	11	Longreach At	
10 Alayna Paulke	11	Anq Base	
11 Heidi Quinn	11	Normanton Athlet	
12 Maleya Raitava	11	Mount Isa &	
13 Mila Rice	11	Emerald and	

Event 348 Boys Shot Put 3.0kg 11yrs (U12)

Saturday 23/09/2023 - 3:00 PM

Name	Age	Team	Seed Mark
1 Jacob Bradford	11	Barcaldine A	
2 Chase Frumento	11	Anq Base	
3 Chase Gardiner	11	Darwin Athle	
4 Ailbe Hamilton	11	Douglas Athl	
5 Sonny Hancock	11	Longreach At	

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Performance List**Event 348 ... (Boys Shot Put 3.0kg 11yrs (U12))**

Name	Age	Team	Seed Mark
6 Darius Pascoe	11	Normanton Athlet	
7 Zane Perfect	11	Moranbah Ath	
8 Hudson Severinsen	11	Ipswich & Di	
9 Benjamin Toby	11	Normanton Athlet	

Event 349 Women 30-49 Javelin 600g 30-49yrs

Saturday 23/09/2023 - 2:00 PM

Name	Age	Team	Seed Mark
1 Nina Curtis Gee	42	Keppel Coast	
2 Sandra De Cat	44	Ross River A	
3 Cathryn Hoare	42	Mackay Athle	
4 Tammy Meyer	47	Mackay Athle	
5 Dash Newington	39	Central Quee	
6 Kristy Peel	48	Mount Isa &	
7 Melissa Percy	42	Mulgrave Ath	
8 Madeleine Simmons	41	Mackay Athle	
9 Janet Webber	49	Ipswich & Di	
10 Kristie Wieland	44	Moranbah Ath	

Event 351 Women 50+ Javelin 50-109yrs

Saturday 23/09/2023 - 3:00 PM

Name	Age	Team	Seed Mark
1 Barbara Baker	54	Mount Isa &	
2 Joy Dale	52	Qld Masters	
3 Judy Lewis	58	Central Quee	
4 Althea Mackie	53	Qld Masters	
5 Andrea Manson	56	Qld Masters	
6 Angeline Pascoe	54	Normanton Athlet	
7 Jodie Raciti	51	Mulgrave Ath	
8 Susan Tucker	61	Central Quee	
9 Desley Varley	63	Qld Masters	

Event 359 Women 30-49 Long Jump 30-49yrs

Saturday 23/09/2023 - 3:45 PM

Name	Age	Team	Seed Mark
1 Nina Curtis Gee	42	Keppel Coast	
2 Mel Esau	41	Mackay Athle	
3 Dash Newington	39	Central Quee	
4 Kristy Peel	48	Mount Isa &	
5 Melissa Percy	42	Mulgrave Ath	
6 Madeleine Simmons	41	Mackay Athle	
7 Anna Tempany	32	Ravenshoe At	
8 Janet Webber	49	Ipswich & Di	
9 Kristie Wieland	44	Moranbah Ath	

Event 360 Women 50+ Long Jump 50-109yrs

Saturday 23/09/2023 - 3:45 PM

Name	Age	Team	Seed Mark
1 Barbara Baker	54	Mount Isa &	
2 Joy Dale	52	Qld Masters	

Event 362 Men 30-49 Triple Jump 30-49yrs

Saturday 23/09/2023 - 4:00 PM

Name	Age	Team	Seed Mark
1 Luke Hallett	33	Act Masters	
2 Shaun Peel	48	Mount Isa &	
3 Benjamin Ross	38	Mackay Athle	

Event 363 Men 50+ Triple Jump 50-109yrs

Saturday 23/09/2023 - 4:00 PM

Name	Age	Team	Seed Mark
1 Daniel Conroy	75	Mackay Athle	
2 Rene Otto	57	Central Quee	
3 Andre Soncin	57	Tablelands A	

Event 364 Women Discus 1.0kg Open

Saturday 23/09/2023 - 4:00 PM

Name	Age	Team	Seed Mark
1 Kerrin Brennan	21	Douglas Athl	
2 Kellie Davies	18	Maryborough	
3 Sandra De Cat	44	Ross River A	
4 Hannah Edwards	18	Mulgrave Ath	
5 Rebekah Gleeson-Cherry	23	Barcaldine A	
6 Charlize Goody	17	Ipswich & Di	
7 Jenna Heath	26	Adamstown Ne	
8 Jazlyn Johnson	17	Keppel Coast	
9 Emily Keehn	31	Central Quee	
10 Dash Newington	39	Central Quee	
11 Sahreya Pascoe	26	Normanton Athlet	
12 Sophie Raciti	21	Mulgrave Ath	
13 Sharna Wilson	27	Qld Athletic	

Event 367A Men Triple Jump Under 18

Saturday 23/09/2023 - 4:00 PM

Name	Age	Team	Seed Mark
1 Jace Brammer	17	Gladstone At	
2 Adison Byrd	16	Mackay Athle	
3 Geordie Cowdroy	16	Darling Down	
4 Ashton Motto	17	Anq Base	
5 Thomas Richmond	16	Townsville N	
6 Fletcher Scanlan	16	Keppel Coast	

Event 367B Men Triple Jump Under 20

Saturday 23/09/2023 - 4:00 PM

Name	Age	Team	Seed Mark
1 Josh Johnstone	18	Keppel Coast	
2 Kayden Muir	19	Bowen Athlet	
3 Ethan Sharpe	18	Central Quee	

Event 368 Girls 100 m 10yrs (U11)

Saturday 23/09/2023 - 4:00 PM

Name	Age	Team	Seed Time
1 Sophie Balderson	10	Barcaldine A	
2 Chloe Beimans	10	Townsville N	
3 Aria Cameron	10	Mackay Athle	
4 Annabelle Chapman	10	Emerald and	

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Event 368 ... (Girls 100 m 10yrs (U11))

Name	Age	Team	Seed Time
5 Charlee Crethar	10	Keppel Coast	
6 Ella Croatto	10	Peak Perform	
7 Nina Dicker	10	North Mackay	
8 Maddison Ford	10	North Mackay	
9 Ritasheia Harold	10	Normanton Athlet	
10 Vogue Miles	10	Mackay Athle	
11 Willow Osborne	10	Keppel Coast	
12 Kari Purcell	10	Anq Base	
13 Nadia Purcell	10	Anq Base	
14 Mackenzie Rumpf	10	Mackay Athle	
15 Karter Tulloch	10	Egac (Europe)	

Event 369 Boys 100 m 10yrs (U11)

Saturday 23/09/2023 - 4:02 PM			
Name	Age	Team	Seed Time
1 Alistair Barnes	10	Darwin Athle	
2 Elias Boatman	10	Mackay Athle	
3 Isaac Cummins	10	Keppel Coast	
4 Darcy Fanti	10	Normanton Athlet	
5 Quinn Lenton-Cater	10	Cairns Athle	
6 Mason Richards	10	North Mackay	
7 Jaxon Sheppard T01	10	Douglas Athl	
8 Patrick Taylor	10	Keppel Coast	

Event 370 Girls 100 m 11yrs (U12)

Saturday 23/09/2023 - 4:04 PM			
Name	Age	Team	Seed Time
1 Myarah Ahoy	11	Ross River A	
2 Sophie Allen	11	Ipswich & Di	
3 Sophie Bennett	11	Townsville N	
4 Phoebe Brown	11	North Mackay	
5 Lilli Carus	11	Whitsunday A	
6 Sierra Dixon	11	Keppel Coast	
7 Lily Driscoll	11	Keppel Coast	
8 Lucy Harriott	11	Whitsunday A	
9 Ruby Jackson	11	Townsville N	
10 Laila Kingston	11	Anq Base	
11 Madison Malagueno	11	Anq Base	
12 Tahlia McGilvray	11	Mackay Athle	
13 Marlie-Mae Mckessar	11	Keppel Coast	
14 Shailee Mewha	11	Anq Base	
15 Taya Miller	11	Longreach At	
16 Sally Mincher	11	Peak Perform	
17 Shyla Morse	11	Townsville N	
18 Lara Palmer	11	Longreach At	
19 Maddison Piccinelli	11	Townsville N	
20 Heidi Quinn	11	Normanton Athlet	
21 Mila Rice	11	Emerald and	
22 Bella Richmond	11	Keppel Coast	
23 Molly Tanner	11	Townsville N	

Event 371 Boys 100 m 11yrs (U12)

Saturday 23/09/2023 - 4:06 PM			
Name	Age	Team	Seed Time
1 Chase Gardiner	11	Darwin Athle	
2 Ailbe Hamilton	11	Douglas Athl	
3 Sonny Hancock	11	Longreach At	
4 Ryan Makowski	11	Townsville N	
5 Jack Oberg	11	Anq Base	
6 Brooklyn Osborne	11	Keppel Coast	
7 Zane Perfect	11	Moranbah Ath	

Event 379 Men 100 m 15yrs (U16)

Saturday 23/09/2023 - 4:22 PM			
Name	Age	Team	Seed Time
1 Haiden Boyd	15	Ashgrove Ran	
2 Max Bruggemann	15	Longreach At	
3 Kaelan Callaghan	15	Cairns Athle	
4 Keanu Hewitt-Watson	15	Anq Base	
5 Brady Purcell	15	Anq Base	
6 Sean Putra Susilo	15	Mayne Harrie	
7 Oliver Seng	15	Runaway Bay	
8 Rashad Smith-Wyles	15	Anq Base	

Event 382 Women 30-49 100 m 30-49yrs

Saturday 23/09/2023 - 4:28 PM			
Name	Age	Team	Seed Time
1 Madeleine Simmons	41	Mackay Athle	
2 Anna Tempany	32	Ravenshoe At	
3 Elaine Van den Worm	34	Mount Isa &	
4 Janet Webber	49	Ipswich & Di	
5 Kristie Wieland	44	Moranbah Ath	

Event 383 Women 50+ 100 m 50-109yrs

Saturday 23/09/2023 - 4:30 PM			
Name	Age	Team	Seed Time
1 Barbara Baker	54	Mount Isa &	
2 Julie Brims	57	Qld Masters	
3 Joy Dale	52	Qld Masters	

Event 384 Men 30-49 100 m 30-49yrs

Saturday 23/09/2023 - 4:32 PM			
Name	Age	Team	Seed Time
1 Nick Ash	37	New Zealand	
2 Chris Carney	47	North Mackay	
3 Steven Hayles	40	Mackay Athle	
4 Miles Kerr	32	Moranbah Ath	
5 Shaun Peel	48	Mount Isa &	
6 Varian Platen	45	Ipswich & Di	
7 Anthony Porter	36	North Mackay	
8 Sunia Raitava	47	Mount Isa &	
9 David Reed	49	University o	
10 Benjamin Ross	38	Mackay Athle	
11 Ross Taylor	40	Keppel Coast	

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Performance List**Event 385 Men 50+ 100 m 50-109yrs**

Saturday 23/09/2023 - 4:34 PM

Name	Age	Team	Seed Time
1 Graham Paul Durant	69	Keppel Coast	
2 Terry Ryan	69	Mackay Athle	
3 Andre Soncin	57	Tablelands A	
4 Grant Vaughan	51	Keppel Coast	

Event 386 Men 100 m Under 20

Saturday 23/09/2023 - 4:36 PM

Name	Age	Team	Seed Time
1 Jamie Jacobson	18	Anq Base	
2 Josh Johnstone	18	Keppel Coast	
3 Kayden Muir	19	Bowen Athlet	
4 Ethan Sharpe	18	Central Quee	
5 Harry Shelton	19	Darling Down	
6 Ngakau Ufton	19	Mackay Athle	
7 Brashar Coutts	18	Mulgrave Ath	

Event 387 Women 100 m Under 20

Saturday 23/09/2023 - 4:38 PM

Name	Age	Team	Seed Time
1 Holly Blunt	18	Keppel Coast	
2 Sasha White - T/F01	18	Townsville N	

Event 388 Women 100 m Open

Saturday 23/09/2023 - 4:40 PM

Name	Age	Team	Seed Time
1 Amelie Boyd	14	Qeii Track C	
2 Aurelia Boyd	14	Qeii Track C	
3 Julie Brims	57	Qld Masters	
4 Larissa Chambers	28	Ipswich & Di	
5 Aviva Damjanovic	20	Rural Athlet	
6 Alexandra Kanowski	29	Townsville N	

Event 394 Women Shot Put 3.0kg Under 18

Saturday 23/09/2023 - 5:15 PM

Name	Age	Team	Seed Mark
1 Emmerson Broomhall	16	Central Quee	
2 Maia Curtis Gee	17	Keppel Coast	
3 Charlize Goody	17	Ipswich & Di	
4 Sienna Hilton	16	Mount Isa &	
5 Jazlyn Johnson	17	Keppel Coast	
6 Jackarra Jones	17	Longreach At	
7 Jozette Jones	16	Longreach At	
8 Maddy Lynch	17	Keppel Coast	
9 Natalie Millerd - T47/F46	17	Tablelands A	
10 Maddie Newham	16	Ipswich & Di	
11 Angeline Pascoe	16	Mulgrave Ath	
12 Emma Raciti	17	Mulgrave Ath	
13 Asha Stewart	16	Keppel Coast	

Event 396 Women Shot Put 4.0kg Under 20

Saturday 23/09/2023 - 5:15 PM

Name	Age	Team	Seed Mark
1 Isobella Dalton	18	Central Quee	
2 Zara Dalton	18	Central Quee	
3 Kellie Davies	18	Maryborough	
4 Savarnah Kruck	19	Qld Athletic	

Event 398 Men 30-49 Shot Put 7.26kg 30-49yrs

Saturday 23/09/2023 - 5:15 PM

Name	Age	Team	Seed Mark
1 Justin Locher	39	Mackay Athle	
2 Shaun Peel	48	Mount Isa &	
3 Sunia Raitava	47	Mount Isa &	
4 David Reed	49	University o	
5 Benjamin Ross	38	Mackay Athle	
6 Niroshan Tharanga Di Subaw	41	Emerald and	
7 Brent Whitehead	32	Mackay Athle	

Event 399 Men Shot Put PA Ambulant

Saturday 23/09/2023 - 5:15 PM

Name	Age	Team	Seed Mark
1 Raymond Abdy F37	43	Charters Tow	
2 Taj Appleby Tf35	12	Athletics No	
3 Samuel Le Feuvre - T/F21	17	Townsville N	
4 Romone Lewin Tf38	23	Mature Athle	
5 Heath Otto-T/F37	14	Townsville N	
6 Andre Rivett - F21	26	Gold Coast V	
7 Matt Sheppard F56	35	Douglas Athl	

Event 402 Men 50+ Shot Put 50-109yrs

Saturday 23/09/2023 - 5:15 PM

Name	Age	Team	Seed Mark
1 Wayne Fielder	69	Mulgrave Ath	
2 Anthony Galea	83	Mackay Athle	
3 Mills Lafferty	75	Qld Masters	
4 Rene Otto	57	Central Quee	

Event 404 Mixed 4x60 m Relay Jnr Shuttle relays

Saturday 23/09/2023 - 5:10 PM

Team	Relay	Seed Time
1 Bowen Athlet	A	
2 Cairns Athle	A	

Event 405 Mixed 4x100 m Relay Open (12-15) relays

Saturday 23/09/2023 - 5:15 PM

Team	Relay	Seed Time
1 Keppel Coast	A	
2 North Mackay	A	

Event 406 Mixed 4x100 m Relay Open relays

Saturday 23/09/2023 - 5:40 PM

Team	Relay	Seed Time
1 Ross River A	A	
2 Townsville N	A	

2023 NQ Championships - 22/09/2023 to 24/09/2023
Mackay Aquatic & Recreation Complex
Performance List

Event 412 Men Long Jump 13yrs (U14)**Sunday 24/09/2023 - 7:00 AM**

	Name	Age	Team	Seed Mark
1	Archer Crowley	13	Ipswich & Di	
2	Noah Jonker	13	Ipswich & Di	
3	Thomas Martin TF38	13	Mackay Athle	
4	Trae O'Brien	13	Mackay Athle	
5	Thomas Rainbow	13	Normanton Athlet	
6	Jackson Reid	13	Ross River A	

Event 413 Men Long Jump 14yrs (U15)**Sunday 24/09/2023 - 7:00 AM**

	Name	Age	Team	Seed Mark
1	Darcy Archer	14	Townsville N	
2	Oren Byrd	14	Mackay Athle	
3	Darcy Cameron	14	Anq Base	
4	Jonty Coutts	14	Anq Base	
5	Matthew Green	14	Ross River A	
6	Blake Gregory	14	Normanton Athlet	
7	Connor Lawn	14	Mackay Athle	
8	Uwezo Lubenda	14	Townsville N	

Event 414 Men Long Jump Under 18**Sunday 24/09/2023 - 7:00 AM**

	Name	Age	Team	Seed Mark
1	Adison Byrd	16	Mackay Athle	
2	Geordie Cowdroy	16	Darling Down	
3	Cameron Evetts	17	Qeii Track C	
4	Nicholas Reed	16	University o	
5	Thomas Richmond	16	Townsville N	

Event 415 Men Long Jump Under 20**Sunday 24/09/2023 - 7:00 AM**

	Name	Age	Team	Seed Mark
1	Josh Johnstone	18	Keppel Coast	
2	Kayden Muir	19	Bowen Athlet	
3	Ethan Sharpe	18	Central Quee	
4	Harry Shelton	19	Darling Down	

Event 416 Girls 3000 m 12yrs (U13)**Sunday 24/09/2023 - 7:00 AM**

	Name	Age	Team	Seed Time
1	Alleah Fallon	12	Mackay Athle	

Event 417 Women 3000 m 13yrs (U14)**Sunday 24/09/2023 - 7:00 AM**

	Name	Age	Team	Seed Time
1	Brigitte Rose	13	Townsville N	

Event 418 Women 3000 m 14yrs (U15)**Sunday 24/09/2023 - 7:00 AM**

	Name	Age	Team	Seed Time
1	Ella Bain	14	Keppel Coast	
2	Salvanna Ross	14	Anq Base	

Event 419 Women 3000 m 15yrs (U16)**Sunday 24/09/2023 - 7:00 AM**

	Name	Age	Team	Seed Time
1	Nicola Balderson	15	Keppel Coast	
2	Lily Leven	15	Mackay Athle	
3	Siannah McGee	15	Pace Running	

Event 420 Women 3000 m Under 18**Sunday 24/09/2023 - 7:00 AM**

	Name	Age	Team	Seed Time
1	Ginger Cox	17	Pace Running	
2	Emalina Fogale	17	Cairns Athle	
3	Paige Grose	17	Anq Base	
4	Jordan Hackett	17	Cairns Athle	
5	Erika Koelman	16	Red Earth Ru	
6	Ava Krause	16	Cairns Athle	
7	Bridie Maher	16	Pace Running	
8	Abigail Sweeney	17	Mackay Athle	
9	Jemma Wilson	16	Border Strid	

Event 421 Women 3000 m Open**Sunday 24/09/2023 - 7:00 AM**

	Name	Age	Team	Seed Time
1	Audrey Hall	27	Townsville R	

Event 422 Boys 3000 m 12yrs (U13)**Sunday 24/09/2023 - 7:20 AM**

	Name	Age	Team	Seed Time
1	Luca Burton	12	Emerald and	
2	Oliver Dibben	12	Whitsunday A	
3	Nathaniel Espartinez	12	Anq Base	
4	Parker Scott	12	Pace Running	
5	Riley Simpson	12	Townsville N	

Event 423 Men 3000 m 13yrs (U14)**Sunday 24/09/2023 - 7:20 AM**

	Name	Age	Team	Seed Time
1	Issac Blue	13	Pace Running	
2	Jase Daniels	13	Normanton Athlet	
3	Addison Scott	13	Pace Running	

Event 424 Men 3000 m 14yrs (U15)**Sunday 24/09/2023 - 7:20 AM**

	Name	Age	Team	Seed Time
1	Gilbert Cox	14	Darwin Athle	
2	Tanner Munro	14	Keppel Coast	
3	Archie Reid	14	Pace Running	
4	Harrison Roos	14	Pace Running	
5	Khobi Scanlan	14	Keppel Coast	
6	Luke Swindale	14	Pace Running	
7	Noah Wheelley	14	Redlands Ath	

2023 NQ Championships - 22/09/2023 to 24/09/2023

Mackay Aquatic & Recreation Complex
Performance List**Event 425 Men 3000 m 15yrs (U16)**

Sunday 24/09/2023 - 7:20 AM

Name	Age	Team	Seed Time
1 Harvey Hermiston	15	Redlands Ath	
2 Ben Latcham	15	Central Quee	
3 Koby Kylie Little	15	Anq Base	

Event 426 Men 3000 m Under 18

Sunday 24/09/2023 - 7:40 AM

Name	Age	Team	Seed Time
1 Joseph Bebendorf	17	Rockhampton	
2 Kaiyan Blue	16	Pace Running	
3 Robert Gould	17	Pace Running	
4 Micaiah Lane	17	Rockhampton	
5 Zayn Lawson	16	Pace Running	
6 Finn McDuff	17	Qld Athletic	
7 Angus Richardson	17	Pace Running	
8 Toby Rule	16	Mackay Athle	
9 Cody Smith	17	Anq Base	
10 Flynn Steindl	16	Anq Base	
11 Jake Swindale	16	Pace Running	

Event 427 Men 3000 m Under 20

Sunday 24/09/2023 - 7:40 AM

Name	Age	Team	Seed Time
1 Liam Madin	19	Red Earth Ru	
2 Oliver Rule	18	Mackay Athle	

Event 428 Men 30-49 3000 m 30-49yrs

Sunday 24/09/2023 - 7:40 AM

Name	Age	Team	Seed Time
1 Justin Lane	48	Rockhampton	

Event 429 Men 50+ 3000 m 50-109yrs

Sunday 24/09/2023 - 7:40 AM

Name	Age	Team	Seed Time
1 Russell Johnson	71	SA Masters A	

Event 430 Girls Discus 350g 4yrs (U5)

Sunday 24/09/2023 - 8:00 AM

Name	Age	Team	Seed Mark
1 Hazel MacGregor	4	Ross River A	

Event 431 Girls Discus 350g 5yrs (U6)

Sunday 24/09/2023 - 8:00 AM

Name	Age	Team	Seed Mark
1 Athena Gibbons	5	North Mackay	
2 Leshai Swan	5	Normanton Athlet	

Event 432 Girls Discus 350g 6yrs (U7)

Sunday 24/09/2023 - 8:00 AM

Name	Age	Team	Seed Mark
1 Madison Daniels	6	Normanton Athlet	
2 Sage Garcia	6	Mount Isa &	
3 Mary Haslett	6	Ross River A	

4 Elodie Johnson	6	Townsville N
5 Lila Pascoe	6	Normanton Athlet
6 Aurora Thompson	6	North Mackay
7 Scarlett Tonga	6	North Mackay
8 Shakira Wason	6	Normanton Athlet

Event 433 Boys Discus 350g 5yrs (U6)

Sunday 24/09/2023 - 8:00 AM

Name	Age	Team	Seed Mark
1 Isaac Land	5	Ross River A	
2 Jack Poole	5	Ross River A	
3 Ryan Rainbow	5	Normanton Athlet	
4 Boston Roche	5	Ipswich & Di	

Event 434 Boys Discus 350g 6yrs (U7)

Sunday 24/09/2023 - 8:00 AM

Name	Age	Team	Seed Mark
1 Lorenzo Fanti	6	Normanton Athlet	
2 Oscar Hayles	6	Mackay Athle	
3 Slade Kenny	6	Whitsunday A	
4 Kallum MacGregor	6	Ross River A	
5 Jaxon Malone	6	Bowen Athlet	
6 Braysen Miller	6	Longreach At	
7 Sean MotiShaw	6	North Mackay	
8 Leo Roulston	6	North Mackay	

Event 435 Girls Long Jump 7yrs (U8)

Sunday 24/09/2023 - 8:00 AM

Name	Age	Team	Seed Mark
1 Kehra Heap	6	North Mackay	
2 Nahla Heap	7	North Mackay	
3 Hannah Hollett	7	Ross River A	
4 Lucy Jackson	7	Townsville N	
5 Indie Kingston	7	Anq Base	
6 Isabelle Linke	7	North Mackay	
7 Stella Sayer	7	Mackay Athle	
8 Leylani Swan	7	Normanton Athlet	

Event 436 Boys Long Jump 7yrs (U8)

Sunday 24/09/2023 - 8:00 AM

Name	Age	Team	Seed Mark
1 Eli Cameron	7	Mackay Athle	
2 Didier Jackson	7	Cairns Athle	
3 Declan Linke-Donnellan	7	Cairns Athle	
4 Leo McGrath	7	Central Quee	
5 Jasper Parfenyuk	7	Townsville N	
6 Max Radovic	7	Mackay Athle	
7 Kian Roche	7	Ipswich & Di	
8 Spencer Ryan	7	Central Quee	
9 Ronald Taylor	7	Keppel Coast	
10 River Shields	7	Whitsunday A	

Event 437 Girls Triple Jump 12yrs (U13)

Sunday 24/09/2023 - 8:00 AM

Name	Age	Team	Seed Mark
1 Elodie Boyd	12	Qeii Track C	

2023 NQ Championships - 22/09/2023 to 24/09/2023

Mackay Aquatic & Recreation Complex
Performance List**Event 437 ... (Girls Triple Jump 12yrs (U13))**

Name	Age	Team	Seed Mark
2 Mia Clegg	12	Townsville N	
3 Milly Fegan	12	Townsville N	
4 Amelia Gatt	12	Anq Base	
5 Kaylee Hayward-McNall	12	Longreach At	
6 Erika Holland	12	Longreach At	
7 Mila Mabb	12	Sheldon Acad	
8 Sophie McGeehan	12	Ipswich & Di	
9 Teagan O'Friel	12	University o	
10 Isabella Power	12	Ross River A	
11 Learnie Scott	12	Mackay Athle	

Event 438 Boys Triple Jump 12yrs (U13)

Sunday 24/09/2023 - 8:00 AM			
Name	Age	Team	Seed Mark
1 Dante Brown	12	North Mackay	
2 Malakai George	12	Normanton Athlet	
3 Jaydon Green	12	Ross River A	
4 Harsith Rameshkumar	12	Ipswich & Di	
5 Owen Reid	12	Ross River A	
6 Declan Titlow	12	Tablelands A	
7 Finn Wyatt	12	Keppel Coast	

Event 439 Women Discus 1.0kg Under 18

Sunday 24/09/2023 - 8:00 AM			
Name	Age	Team	Seed Mark
1 Annabelle Binnekamp	16	Moranbah Ath	
2 Emmerson Broomhall	16	Central Quee	
3 Maia Curtis Gee	17	Keppel Coast	
4 Charelize Goody	17	Ipswich & Di	
5 Emily Grace	17	Qld Athletic	
6 Sienna Hilton	16	Mount Isa &	
7 Jazlyn Johnson	17	Keppel Coast	
8 Jackarra Jones	17	Longreach At	
9 Jozette Jones	16	Longreach At	
10 Natalie Millerd - T47/F46	17	Tablelands A	
11 Angeline Pascoe	16	Mulgrave Ath	
12 Emma Raciti	17	Mulgrave Ath	
13 Sharie Rainbow	16	Normanton Athlet	
14 Asha Stewart	16	Keppel Coast	

Event 441 Women Discus 1.0kg Under 20

Sunday 24/09/2023 - 8:00 AM			
Name	Age	Team	Seed Mark
1 Isobella Dalton	18	Central Quee	
2 Zara Dalton	18	Central Quee	
3 Kellie Davies	18	Maryborough	
4 Hannah Edwards	18	Mulgrave Ath	
5 Savarnah Kruck	19	Qld Athletic	

Event 443 Women 50+ Discus 50-109yrs

Sunday 24/09/2023 - 8:00 AM			
Name	Age	Team	Seed Mark
1 Barbara Baker	54	Mount Isa &	
2 Joy Dale	52	Qld Masters	

3 Judy Lewis	58	Central Quee	
4 Althea Mackie	53	Qld Masters	
5 Andrea Manson	56	Qld Masters	
6 Angeline Pascoe	54	Normanton Athlet	
7 Jodie Raciti	51	Mulgrave Ath	
8 Susan Tucker	61	Central Quee	
9 Desley Varley	63	Qld Masters	

Event 445 Men Discus PA Ambulant

Sunday 24/09/2023 - 8:00 AM			
Name	Age	Team	Seed Mark
1 Raymond Abdy F37	43	Charters Tow	
2 Taj Appleby Tf35	12	Athletics No	
3 Samuel Le Feuvre - T/F21	17	Townsville N	
4 Andre Rivett - F21	26	Gold Coast V	
5 Matt Sheppard F56	35	Douglas Athl	

Event 446 Girls High Jump 10yrs (U11)

Sunday 24/09/2023 - 8:30 AM			
Name	Age	Team	Seed Mark
1 Sophie Balderson	10	Barcaldine A	
2 Chloe Beimans	10	Townsville N	
3 Charlee Crethar	10	Keppel Coast	
4 Ella Croatto	10	Peak Perform	
5 Maddison Ford	10	North Mackay	
6 Ritasheia Harold	10	Normanton Athlet	
7 Ally Miles	10	Cairns Athle	
8 Willow Osborne	10	Keppel Coast	
9 Milana Parfenyuk	10	Townsville N	
10 Kari Purcell	10	Anq Base	
11 Nadia Purcell	10	Anq Base	
12 Mackenzie Rumpf	10	Mackay Athle	

Event 447 Boys High Jump 10yrs (U11)

Sunday 24/09/2023 - 8:30 AM			
Name	Age	Team	Seed Mark
1 Elias Boatman	10	Mackay Athle	
2 Quinn Lenton-Cater	10	Cairns Athle	
3 Justin Pascoe	10	Normanton Athlet	
4 Bronson Payne	10	Townsville N	
5 Mason Richards	10	North Mackay	
6 Jaxon Sheppard T01	10	Douglas Athl	

Event 448 Girls 60 m 4yrs (U5)

Sunday 24/09/2023 - 8:30 AM			
Name	Age	Team	Seed Time
1 Sophie Kerr	4	Moranbah Ath	
2 Hazel MacGregor	4	Ross River A	

Event 449 Girls 60 m 5yrs (U6)

Sunday 24/09/2023 - 8:30 AM			
Name	Age	Team	Seed Time
1 Athena Gibbons	5	North Mackay	
2 Leshai Swan	5	Normanton Athlet	

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Mackay Aquatic & Recreation Complex
Performance List**Event 450 Boys 60 m 5yrs (U6)**

Sunday 24/09/2023 - 8:30 AM

Name	Age	Team	Seed Time
1 Isaac Land	5	Ross River A	
2 Jack Poole	5	Ross River A	
3 Ryan Rainbow	5	Normanton Athlet	
4 Boston Roche	5	Ipswich & Di	

Event 451 Girls 60 m 6yrs (U7)

Sunday 24/09/2023 - 8:32 AM

Name	Age	Team	Seed Time
1 Madison Daniels	6	Normanton Athlet	
2 Sage Garcia	6	Mount Isa &	
3 Mary Haslett	6	Ross River A	
4 Elodie Johnson	6	Townsville N	
5 Lila Pascoe	6	Normanton Athlet	
6 Aurora Thompson	6	North Mackay	
7 Scarlett Tonga	6	North Mackay	
8 Shakira Wason	6	Normanton Athlet	

Event 452 Boys 60 m 6yrs (U7)

Sunday 24/09/2023 - 8:33 AM

Name	Age	Team	Seed Time
1 Lorenzo Fanti	6	Normanton Athlet	
2 Oscar Hayles	6	Mackay Athle	
3 Slade Kenny	6	Whitsunday A	
4 Kallum MacGregor	6	Ross River A	
5 Jaxon Malone	6	Bowen Athlet	
6 Braysen Miller	6	Longreach At	
7 Sean MotiShaw	6	North Mackay	
8 Leo Roulston	6	North Mackay	

Event 453 Girls 60 m 7yrs (U8)

Sunday 24/09/2023 - 8:34 AM

Name	Age	Team	Seed Time
1 Kehra Heap	6	North Mackay	
2 Nahla Heap	7	North Mackay	
3 Hannah Hollett	7	Ross River A	
4 Lucy Jackson	7	Townsville N	
5 Indie Kingston	7	Anq Base	
6 Isabelle Linke	7	North Mackay	
7 Stella Sayer	7	Mackay Athle	
8 Leylani Swan	7	Normanton Athlet	

Event 454 Boys 60 m 7yrs (U8)

Sunday 24/09/2023 - 8:35 AM

Name	Age	Team	Seed Time
1 Raegan Barnes	7	Darwin Athle	
2 Roman Cahill	7	Mackay Athle	
3 Eli Cameron	7	Mackay Athle	
4 Didier Jackson	7	Cairns Athle	
5 Declan Linke-Donnellan	7	Cairns Athle	
6 Leo McGrath	7	Central Quee	
7 Jasper Parfenyuk	7	Townsville N	
8 Max Radovic	7	Mackay Athle	

9 Kian Roche	7 Ipswich & Di
10 Spencer Ryan	7 Central Quee
11 Ronald Taylor	7 Keppel Coast

Event 455 Women 30-49 60 m 30-49yrs

Sunday 24/09/2023 - 8:37 AM

Name	Age	Team	Seed Time
1 Dash Newington	39	Central Quee	
2 Madeleine Simmons	41	Mackay Athle	
3 Anna Tempany	32	Ravenshoe At	
4 Kristie Wieland	44	Moranbah Ath	

Event 456 Women 50+ 60 m 50-109yrs

Sunday 24/09/2023 - 8:37 AM

Name	Age	Team	Seed Time
1 Barbara Baker	54	Mount Isa &	
2 Julie Brims	57	Qld Masters	
3 Joy Dale	52	Qld Masters	

Event 457 Men 30-49 60 m 30-49yrs

Sunday 24/09/2023 - 8:38 AM

Name	Age	Team	Seed Time
1 Chris Carney	47	North Mackay	
2 Steven Hayles	40	Mackay Athle	
3 Miles Kerr	32	Moranbah Ath	
4 Shaun Peel	48	Mount Isa &	
5 Scott Piccinelli	37	Townsville N	
6 Varian Platen	45	Ipswich & Di	
7 Anthony Porter	36	North Mackay	
8 David Reed	49	University o	
9 Benjamin Ross	38	Mackay Athle	
10 Ross Taylor	40	Keppel Coast	

Event 458 Men 50+ 60 m 50-109yrs

Sunday 24/09/2023 - 8:38 AM

Name	Age	Team	Seed Time
1 Daniel Conroy	75	Mackay Athle	
2 Graham Paul Durant	69	Keppel Coast	
3 Neil Gray	64	Qld Masters	
4 Selwyn Hawken	78	Whitsunday A	
5 Rene Otto	57	Central Quee	
6 Terry Ryan	69	Mackay Athle	
7 Andre Soncin	57	Tablelands A	

Event 459 Women 60 m Open

Sunday 24/09/2023 - 8:40 AM

Name	Age	Team	Seed Time
1 Holly Blunt	18	Keppel Coast	
2 Julie Brims	57	Qld Masters	
3 Aviva Damjanovic	20	Rural Athlet	
4 Rebekah Gleeson-Cherry	23	Barcaldine A	

Event 460 Men 60 m Open

Sunday 24/09/2023 - 8:40 AM

Name	Age	Team	Seed Time
1 Jackson Bennett	30	Victoria Athlete	

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Mackay Aquatic & Recreation Complex
Performance List**Event 460 ... (Men 60 m Open)**

Name	Age	Team	Seed Time
2 Jack Grant	21	Peak Perform	
3 Brendan Leung	22	Peak Perform	
4 Abeli Mukamba	20	Townsville N	
5 Steven Mtombo	25	Anq Base	

Event 461 Girls Shot Put 2.0kg 9yrs (U10)

Sunday 24/09/2023 - 8:45 AM			
Name	Age	Team	Seed Mark
1 Tahleah Caban	9	Mackay Athle	
2 Rylee Fraser	9	Townsville N	
3 Isabelle Hayles	9	Mackay Athle	
4 Connie Jackson	9	Townsville N	
5 Willow Kenny	9	Whitsunday A	
6 Lofia Raitava	9	Mount Isa &	
7 Mikaela Thompson	9	North Mackay	
8 Penelope Shields	9	Whitsunday A	

Event 462 Boys Shot Put 2.0kg 9yrs (U10)

Sunday 24/09/2023 - 8:45 AM			
Name	Age	Team	Seed Mark
1 Harry Bovis	9	Keppel Coast	
2 Hayden Bradford	9	Barcardine A	
3 Olivah Brown	9	North Mackay	
4 Patrick Driscoll	9	Keppel Coast	
5 Hunter Hollett	9	Ross River A	
6 Perry Ryan	9	Central Quee	
7 Cody Titlow	9	Tablelands A	
8 Marcus Trusler	9	Emerald and	
9 Orlando Wyatt	9	Keppel Coast	

Event 463 Boys Long Jump 8yrs (U9)

Sunday 24/09/2023 - 8:45 AM			
Name	Age	Team	Seed Mark
1 Braxten Boulton	8	North Mackay	
2 Seth Carus	8	Whitsunday A	
3 Ethan Ford	8	North Mackay	
4 Forrest Gleadhill	8	North Mackay	
5 Jack Howie	8	North Mackay	
6 Jacob Jackson-Ward	8	North Mackay	
7 Jayden Otto	8	Townsville N	
8 Jack Jay Smith	8	Keppel Coast	
9 Edward Taylor	8	Keppel Coast	

Event 464 Girls Long Jump 8yrs (U9)

Sunday 24/09/2023 - 8:45 AM			
Name	Age	Team	Seed Mark
1 Abbie Atherton-andrews	8	North Mackay	
2 Sarah-Maree Green	8	Ross River A	
3 Charli Hancock	8	Longreach At	
4 Sarah Kelly	8	Mackay Athle	
5 Lanah Kerr	8	Moranbah Ath	
6 Athena MacGregor	8	Ross River A	
7 Harper Miles	8	Mackay Athle	
8 Alanna Oliver	8	Mackay Athle	

9 Amarlee Rainbow	8	Normanton Athlet
10 Nova Sheppard	8	Douglas Athl
11 Lana Thurley	8	Ross River A

Event 465 Girls 200 m 12yrs (U13) Prelims

Sunday 24/09/2023 - 9:00 AM			
Name	Age	Team	Seed Time
1 Rekia Beasley	12	Normanton Athlet	
2 Elodie Boyd	12	Qeii Track C	
3 Keira Caban TF37	12	Mackay Athle	
4 Mia Clegg	12	Townsville N	
5 Lani Ellwood	12	Emerald and	
6 Milly Fegan	12	Townsville N	
7 Erika Holland	12	Longreach At	
8 Lilah Hooper	12	Ipswich & Di	
9 Malama Hudson	12	Ravenshoe At	
10 Claudette Hurley	12	Keppel Coast	
11 Kyra Payne	12	Townsville N	
12 Isabell Read	12	Peak Perform	
13 Billie-Ann Sievers	12	North Mackay	
14 Izabella Snyman	12	Ipswich & Di	
15 Katrina Terieta	12	Anq Base	

Event 466 Boys 200 m 12yrs (U13) Prelims

Sunday 24/09/2023 - 9:04 AM			
Name	Age	Team	Seed Time
1 Mitchell Adams	12	Mackay Athle	
2 Logan Camp	12	Keppel Coast	
3 Malakai George	12	Normanton Athlet	
4 Harsith Rameshkumar	12	Ipswich & Di	
5 Justice Simpson	12	North Mackay	
6 Stuart Taylor	12	Keppel Coast	
7 Finn Wyatt	12	Keppel Coast	
8 Nathan Ziyambe	12	Ipswich & Di	

Event 467 Women 200 m 13yrs (U14) Prelims

Sunday 24/09/2023 - 9:06 AM			
Name	Age	Team	Seed Time
1 Tahmia Bee	13	Normanton Athlet	
2 Krishanty Bynoe	13	Normanton Athlet	
3 Taya Clayton	13	Noosa Athlet	
4 Charli Cox	13	Ross River A	
5 Demi de Tournouer	13	Athletics No	
6 Isabella Driscoll	13	Keppel Coast	
7 Marli Eden	13	Mackay Athle	
8 Grace Francis	13	Keppel Coast	
9 Skye Houston	13	Ipswich & Di	
10 Rubee Hughes	13	Townsville N	
11 Jaylie Miller	13	Longreach At	
12 Grace Murdoch	13	Ross River A	
13 Brigitte Rose	13	Townsville N	
14 Holly Sutton	13	Anq Base	
15 Lily Woods	13	Keppel Coast	

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Mackay Aquatic & Recreation Complex
Performance List**Event 468 Men 200 m 13yrs (U14) Prelims**

Sunday 24/09/2023 - 9:10 AM

Name	Age	Team	Seed Time
1 August Cole	13	Mackay Athle	
2 Zane Hall	13	Keppel Coast	
3 Ethan Hill	13	Mackay Athle	
4 Noah Jonker	13	Ipswich & Di	
5 Levi Maher	13	University o	
6 Trae O'Brien	13	Mackay Athle	
7 Thomas Rainbow	13	Normanton Athlet	
8 Jackson Reid	13	Ross River A	
9 Rodney Terieta	13	Anq Base	

Event 469 Women 200 m 14yrs (U15) Prelims

Sunday 24/09/2023 - 9:12 AM

Name	Age	Team	Seed Time
1 Mia Bourke	14	Keppel Coast	
2 Amelie Boyd	14	Qeii Track C	
3 Aurelia Boyd	14	Qeii Track C	
4 Gabriella Cherry	14	Keppel Coast	
5 Hayley Colless	14	North Mackay	
6 Harley Davies	14	Noosa Athlet	
7 Addison Farinazzo	14	Ipswich & Di	
8 Lily Graves	14	Ipswich & Di	
9 Bronte Grose	14	Anq Base	
10 Mia McKenzie	14	Peak Perform	
11 Zara Nicolosi	14	Ross River A	
12 Gabriella Parenti	14	Townsville N	
13 Chloe Waples	14	Mackay Athle	
14 Isabella Webb	14	Mackay Athle	
15 Anna Wilkinson	14	University o	

Event 470 Women 200 m 15yrs (U16) Prelims

Sunday 24/09/2023 - 9:16 AM

Name	Age	Team	Seed Time
1 Kaitlin Bitossi	15	Ross River A	
2 Indya Burford	15	Peak Perform	
3 Isabella Chester	15	Townsville N	
4 Adalena Condon	15	Qeii Track C	
5 Willow Dean	15	Townsville N	
6 Bethany Evetts	15	Qeii Track C	
7 Aria Lavis	15	Cairns Athle	
8 Ava Lenton-Cater	15	Cairns Athle	
9 Madison Marshall	15	Tablelands A	
10 Indiana Thomas	15	Townsville N	
11 Chelsea Whiting	15	Ross River A	

Event 471 Women 200 m Under 18 Prelims

Sunday 24/09/2023 - 9:20 AM

Name	Age	Team	Seed Time
1 Annabelle Binnekamp	16	Moranbah Ath	
2 Emmerson Broomhall	16	Central Quee	
3 Harriet Cox	16	Darwin Athle	
4 Maggie Gibson	17	Keppel Coast	
5 Sienna Hilton	16	Mount Isa &	

6 Lillian Hughes	16	Townsville N	
7 Kacee Kinbacher	17	Anq Base	
8 Dianne Ladewig	17	Noosa Athlet	
9 Lillianne Lenoy	16	Townsville N	
10 Keira McGregor	17	Gold Coast V	
11 Natalie Millerd - T47/F46	17	Tablelands A	
12 Maddie Newham	16	Ipswich & Di	
13 Mailee Scott-Jones	17	Noosa Athlet	
14 Carlee Smith	16	Gold Coast V	
15 Amber sweeney	17	Anq Base	
16 Ainslie Tonks	16	Anq Base	
17 Mikayla Webb	16	Mackay Athle	

Event 472 Men 200 m Open Prelims

Sunday 24/09/2023 - 9:24 AM

Name	Age	Team	Seed Time
1 Damon Brown	21	Mackay Athle	
2 Jye Gillard	22	Ignition Ath	
3 Jurgen Hak	22	Qeii Track C	
4 Ryan Hobbs	21	University o	
5 Taige Hooper	21	University o	
6 Oliver Maher	22	Ignition Ath	
7 Sam McArthur	22	Tigers Athle	
8 Shanil Nand	23	Anq Base	
9 Nathaniel Scott	23	Mayne Harrie	
10 Steven Mtombo	25	Anq Base	

Event 473 Girls 200 m 7yrs (U8)

Sunday 24/09/2023 - 9:40 AM

Name	Age	Team	Seed Time
1 Kehra Heap	6	North Mackay	
2 Nahla Heap	7	North Mackay	
3 Hannah Hollett	7	Ross River A	
4 Lucy Jackson	7	Townsville N	
5 Indie Kingston	7	Anq Base	
6 Isabelle Linke	7	North Mackay	
7 Stella Sayer	7	Mackay Athle	
8 Leylani Swan	7	Normanton Athlet	

Event 474 Boys 200 m 7yrs (U8)

Sunday 24/09/2023 - 9:42 AM

Name	Age	Team	Seed Time
1 Raegan Barnes	7	Darwin Athle	
2 Eli Cameron	7	Mackay Athle	
3 Didier Jackson	7	Cairns Athle	
4 Declan Linke-Donnellan	7	Cairns Athle	
5 Leo McGrath	7	Central Quee	
6 Jasper Parfenyuk	7	Townsville N	
7 Max Radovic	7	Mackay Athle	
8 Kian Roche	7	Ipswich & Di	
9 Spencer Ryan	7	Central Quee	
10 Ronald Taylor	7	Keppel Coast	
11 River Shields	7	Whitsunday A	

2023 NQ Championships - 22/09/2023 to 24/09/2023

Mackay Aquatic & Recreation Complex
Performance List**Event 475 Girls 200 m 8yrs (U9)**

Sunday 24/09/2023 - 9:46 AM

Name	Age	Team	Seed Time
1 Abbie Atherton-andrews	8	North Mackay	
2 Charli Hancock	8	Longreach At	
3 Sarah Kelly	8	Mackay Athle	
4 Lanah Kerr	8	Moranbah Ath	
5 Athena MacGregor	8	Ross River A	
6 Harper Miles	8	Mackay Athle	
7 Alanna Oliver	8	Mackay Athle	
8 Amarlee Rainbow	8	Normanton Athlet	
9 Nova Sheppard	8	Douglas Athl	

Event 476 Boys 200 m 8yrs (U9)

Sunday 24/09/2023 - 9:48 AM

Name	Age	Team	Seed Time
1 Braxten Boulton	8	North Mackay	
2 Seth Carus	8	Whitsunday A	
3 Ethan Ford	8	North Mackay	
4 Forrest Gleadhill	8	North Mackay	
5 Jack Howie	8	North Mackay	
6 Jacob Jackson-Ward	8	North Mackay	
7 Jayden Otto	8	Townsville N	
8 Dharman Singh	8	North Mackay	
9 Jack Jay Smith	8	Keppel Coast	
10 Edward Taylor	8	Keppel Coast	

Event 477 Girls 200 m 9yrs (U10)

Sunday 24/09/2023 - 9:52 AM

Name	Age	Team	Seed Time
1 Elena Ash	9	New Zealand	
2 Abigail Bennett	9	Townsville N	
3 Tahleah Caban	9	Mackay Athle	
4 Rylee Fraser	9	Townsville N	
5 Isabelle Hayles	9	Mackay Athle	
6 Connie Jackson	9	Townsville N	
7 Charli Johnson	9	Anq Base	
8 Willow Kenny	9	Whitsunday A	
9 Heidi Kingston	9	Anq Base	
10 Layla McGeehan	9	Ipswich & Di	
11 Ally Mizzi	9	North Mackay	
12 Lofia Raitava	9	Mount Isa &	
13 Charlotte Roche	9	Ipswich & Di	
14 Zuma Simmons-McMullan	9	Townsville N	
15 Mikaela Thompson	9	North Mackay	
16 Penelope Shields	9	Whitsunday A	

Event 478 Boys 200 m 9yrs (U10)

Sunday 24/09/2023 - 9:56 AM

Name	Age	Team	Seed Time
1 Harry Bovis	9	Keppel Coast	
2 Hayden Bradford	9	Barcaldine A	
3 Olivah Brown	9	North Mackay	
4 Patrick Driscoll	9	Keppel Coast	
5 Hunter Hollett	9	Ross River A	

6 Christopher Makowski	9	Townsville N	
7 Emmett Munro	9	Keppel Coast	
8 Perry Ryan	9	Central Quee	
9 Joseph Swales	9	Mackay Athle	
10 Cody Titlow	9	Tablelands A	

Event 479 Girls Long Jump 11yrs (U12)

Sunday 24/09/2023 - 9:30 AM

Name	Age	Team	Seed Mark
1 Myarah Ahoy	11	Ross River A	
2 Sophie Allen	11	Ipswich & Di	
3 Sophie Bennett	11	Townsville N	
4 Phoebe Brown	11	North Mackay	
5 Lilli Carus	11	Whitsunday A	
6 Lily Driscoll	11	Keppel Coast	
7 Ayla Hardy	11	Keppel Coast	
8 Lucy Harriott	11	Whitsunday A	
9 Ruby Jackson	11	Townsville N	
10 Laila Kingston	11	Anq Base	
11 Laura MacGregor	11	Ross River A	
12 Tahlia McGilvray	11	Mackay Athle	
13 Marlie-Mae Mckessar	11	Keppel Coast	
14 Taya Miller	11	Longreach At	
15 Sally Mincher	11	Peak Perform	
16 Shyla Morse	11	Townsville N	
17 Lara Palmer	11	Longreach At	
18 Alayna Paulke	11	Anq Base	
19 Maddison Piccinelli	11	Townsville N	
20 Heidi Quinn	11	Normanton Athlet	
21 Mila Rice	11	Emerald and	
22 Bella Richmond	11	Keppel Coast	

Event 480 Women 30-49 Discus 1.0kg 30-49yrs

Sunday 24/09/2023 - 9:30 AM

Name	Age	Team	Seed Mark
1 Nina Curtis Gee	42	Keppel Coast	
2 Sandra De Cat	44	Ross River A	
3 Cathryn Hoare	42	Mackay Athle	
4 Emily Keehn	31	Central Quee	
5 Tammy Meyer	47	Mackay Athle	
6 Dash Newington	39	Central Quee	
7 Kristy Peel	48	Mount Isa &	
8 Melissa Percy	42	Mulgrave Ath	
9 Kayla Porter	36	North Mackay	
10 Madeleine Simmons	41	Mackay Athle	
11 Sara Wessling - F44	38	Qld Athletic	
12 Kristie Wieland	44	Moranbah Ath	

Event 482 Girls Javelin 400g 12yrs (U13)

Sunday 24/09/2023 - 9:30 AM

Name	Age	Team	Seed Mark
1 Rekia Beasley	12	Normanton Athlet	
2 Lani Ellwood	12	Emerald and	
3 Kaylee Hayward-McNall	12	Longreach At	
4 Erika Holland	12	Longreach At	
5 Billie-Ann Sievers	12	North Mackay	

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Mackay Aquatic & Recreation Complex
Performance List**Event 483 Boys Javelin 600g 12yrs (U13)**

Sunday 24/09/2023 - 9:30 AM

Name	Age	Team	Seed Mark
1 Dante Brown	12	North Mackay	
2 Jaydon Green	12	Ross River A	
3 Seth Lowis	12	Mackay Athle	
4 Talon O'Donnell	12	Mackay Athle	
5 Hunter Sibenaler	12	Qeii Track C	
6 Declan Titlow	12	Tablelands A	

Event 484 Women Discus 1.0kg 13yrs (U14)

Sunday 24/09/2023 - 9:30 AM

Name	Age	Team	Seed Mark
1 Tahmia Bee	13	Normanton Athlet	
2 Krishanty Bynoe	13	Normanton Athlet	
3 Florence Harriott	13	Whitsunday A	
4 Savana Johnson	13	Townsville N	
5 Jaylie Miller	13	Longreach At	
6 Jamie Percy	13	Mulgrave Ath	

Event 485 Women Discus 1.0kg 14yrs (U15)

Sunday 24/09/2023 - 9:30 AM

Name	Age	Team	Seed Mark
1 Tayah Ellwood	14	Emerald and	
2 Sienna Kruck	14	Tigers Athle	
3 Addison Paulke	14	Townsville N	

Event 486 Women Discus 1.0kg 15yrs (U16)

Sunday 24/09/2023 - 9:30 AM

Name	Age	Team	Seed Mark
1 Madison Marshall	15	Tablelands A	
2 Georgina McCabe	15	University o	
3 Ella Shackleton	15	Keppel Coast	

Event 488 Girls Shot Put 2.0kg 8yrs (U9)

Sunday 24/09/2023 - 10:00 AM

Name	Age	Team	Seed Mark
1 Abbie Atherton-andrews	8	North Mackay	
2 Sarah-Maree Green	8	Ross River A	
3 Charli Hancock	8	Longreach At	
4 Sarah Kelly	8	Mackay Athle	
5 Athena MacGregor	8	Ross River A	
6 Kendall Malone	8	Bowen Athlet	
7 Harper Miles	8	Mackay Athle	
8 Alanna Oliver	8	Mackay Athle	
9 Amarlee Rainbow	8	Normanton Athlet	
10 Nova Sheppard	8	Douglas Athl	
11 Lana Thurley	8	Ross River A	

Event 489 Boys Shot Put 2.0kg 8yrs (U9)

Sunday 24/09/2023 - 10:00 AM

Name	Age	Team	Seed Mark
1 Braxten Boulton	8	North Mackay	
2 Seth Carus	8	Whitsunday A	
3 Ethan Ford	8	North Mackay	

4 Forrest Gleadhill	8	North Mackay
5 Jack Howie	8	North Mackay
6 Jacob Jackson-Ward	8	North Mackay
7 Jayden Otto	8	Townsville N
8 Edward Taylor	8	Keppel Coast

Event 490 Girls Long Jump 9yrs (U10)

Sunday 24/09/2023 - 10:00 AM

Name	Age	Team	Seed Mark
1 Elena Ash	9	New Zealand	
2 Abigail Bennett	9	Townsville N	
3 Tahleah Caban	9	Mackay Athle	
4 Rylee Fraser	9	Townsville N	
5 Isabelle Hayles	9	Mackay Athle	
6 Connie Jackson	9	Townsville N	
7 Willow Kenny	9	Whitsunday A	
8 Heidi Kingston	9	Anq Base	
9 Layla McGeehan	9	Ipswich & Di	
10 Ally Mizzi	9	North Mackay	
11 Harmony Murdoch	9	Ross River A	
12 Charlotte Roche	9	Ipswich & Di	
13 Zuma Simmons-McMullan	9	Townsville N	
14 Mikaela Thompson	9	North Mackay	
15 Penelope Shields	9	Whitsunday A	

Event 491 Boys Long Jump 9yrs (U10)

Sunday 24/09/2023 - 10:00 AM

Name	Age	Team	Seed Mark
1 Harry Bovis	9	Keppel Coast	
2 Hayden Bradford	9	Barcaldine A	
3 Olivah Brown	9	North Mackay	
4 Patrick Driscoll	9	Keppel Coast	
5 Hunter Hollett	9	Ross River A	
6 Christopher Makowski	9	Townsville N	
7 Emmett Munro	9	Keppel Coast	
8 Perry Ryan	9	Central Quee	
9 Joseph Swales	9	Mackay Athle	
10 Cody Titlow	9	Tablelands A	
11 Marcus Trusler	9	Emerald and	
12 Orlando Wyatt	9	Keppel Coast	

Event 492 Girls 800 m 10yrs (U11)

Sunday 24/09/2023 - 10:15 AM

Name	Age	Team	Seed Time
1 Sophie Balderson	10	Barcaldine A	
2 Ivy Carswell	10	Anq Base	
3 Annabelle Chapman	10	Emerald and	
4 Maddison Ford	10	North Mackay	
5 Milana Parfenyuk	10	Townsville N	
6 Kari Purcell	10	Anq Base	
7 Daisy Scott	10	Anq Base	

Event 493 Girls 800 m 11yrs (U12)

Sunday 24/09/2023 - 10:19 AM

Name	Age	Team	Seed Time
1 Phoebe Brown	11	North Mackay	

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Mackay Aquatic & Recreation Complex
Performance List**Event 493 ... (Girls 800 m 11yrs (U12))**

Name	Age	Team	Seed Time
2 Lily Driscoll	11	Keppel Coast	
3 Ayla Hardy	11	Keppel Coast	
4 Ruby Jackson	11	Townsville N	
5 Madison Malagueno	11	Anq Base	
6 Tahlia McGilvray	11	Mackay Athle	
7 Shailee Mewha	11	Anq Base	
8 Taya Miller	11	Longreach At	
9 Ayla Moon	11	Mackay Athle	
10 Alayna Paulke	11	Anq Base	
11 Harpa Quigley	11	Keppel Coast	
12 Heidi Quinn	11	Normanton Athlet	
13 Mila Rice	11	Emerald and	

Event 494 Girls 800 m 12yrs (U13)

Sunday 24/09/2023 - 10:23 AM

Name	Age	Team	Seed Time
1 Rekia Beasley	12	Normanton Athlet	
2 Elodie Boyd	12	Qeii Track C	
3 Georgia Cameron	12	Normanton Athlet	
4 Amelia Chapman	12	Emerald and	
5 Lani Ellwood	12	Emerald and	
6 Alleah Fallon	12	Mackay Athle	
7 Claudette Hurley	12	Keppel Coast	
8 Elizabeth Leary	12	Anq Base	
9 Teagan O'Friel	12	University o	
10 Veronika Parfenyuk	12	Townsville N	
11 Isabell Read	12	Peak Perform	

Event 495 Women 800 m 13yrs (U14)

Sunday 24/09/2023 - 10:27 AM

Name	Age	Team	Seed Time
1 Krishanty Bynoe	13	Normanton Athlet	
2 Grace Francis	13	Keppel Coast	
3 Peppa Geisel	13	Anq Base	
4 Skye Howarth	13	Mackay Athle	
5 Jaylie Miller	13	Longreach At	
6 Brigitte Rose	13	Townsville N	

Event 496 Women 800 m 14yrs (U15)

Sunday 24/09/2023 - 10:27 AM

Name	Age	Team	Seed Time
1 Ella Bain	14	Keppel Coast	
2 Kiara Johnson	14	Anq Base	
3 Layla Krause	14	Cairns Athle	
4 Salvanna Ross	14	Anq Base	
5 Chloe Waples	14	Mackay Athle	
6 Mikayla Waters	14	Mayne Harrie	

Event 497 Women 800 m 15yrs (U16)

Sunday 24/09/2023 - 10:31 AM

Name	Age	Team	Seed Time
1 Nicola Balderson	15	Keppel Coast	
2 Lacey Howarth	15	Mackay Athle	
3 Lily Leven	15	Mackay Athle	

4 Katelyn McGee 15 Pace Running

5 Siannah McGee 15 Pace Running

Event 498 Women 800 m Under 18

Sunday 24/09/2023 - 10:31 AM

Name	Age	Team	Seed Time
1 Harriet Cox	16	Darwin Athle	
2 Piper Devine	16	Cairns Athle	
3 Morgan Faulkner	16	Anq Base	
4 Bridie Maher	16	Pace Running	
5 Jemma Wilson	16	Border Strid	
6 Sharnti Woodham	17	Keppel Coast	

Event 499 Women 800 m Open

Sunday 24/09/2023 - 10:35 AM

Name	Age	Team	Seed Time
1 Audrey Hall	27	Townsville R	
2 Jenna Heath	26	Adamstown Ne	

Event 500 Women 30-49 800 m 30-49yrs

Sunday 24/09/2023 - 10:35 AM

Name	Age	Team	Seed Time
1 Alison Bennett	41	Townsville N	
2 Mel Esau	41	Mackay Athle	
3 Emily Hayles	38	Mackay Athle	

Event 504 Girls Discus 1.0kg 12yrs (U13)

Sunday 24/09/2023 - 10:30 AM

Name	Age	Team	Seed Mark
1 Rekia Beasley	12	Normanton Athlet	
2 Keira Caban TF37	12	Mackay Athle	
3 Amelia Chapman	12	Emerald and	
4 Lani Ellwood	12	Emerald and	
5 Erika Holland	12	Longreach At	
6 Teagan O'Friel	12	University o	
7 Veronika Parfenyuk	12	Townsville N	
8 Kyra Payne	12	Townsville N	

Event 505 Boys Discus 1.0kg 12yrs (U13)

Sunday 24/09/2023 - 10:30 AM

Name	Age	Team	Seed Mark
1 Logan Camp	12	Keppel Coast	
2 Seth Lewis	12	Mackay Athle	
3 Talon O'Donnell	12	Mackay Athle	
4 Aiden Porter	12	North Mackay	
5 Noah Porter	12	North Mackay	
6 Owen Reid	12	Ross River A	
7 Hunter Sibenaler	12	Qeii Track C	
8 Declan Titlow	12	Tablelands A	

Event 506 Boys 800 m 10yrs (U11)

Sunday 24/09/2023 - 10:30 AM

Name	Age	Team	Seed Time
1 Isaac Cummins	10	Keppel Coast	
2 Quinn Lenton-Cater	10	Cairns Athle	
3 Charlie Mabb	10	Mackay Athle	

2023 NQ Championships - 22/09/2023 to 24/09/2023

Mackay Aquatic & Recreation Complex
Performance List**Event 506 ... (Boys 800 m 10yrs (U11))**

Name	Age	Team	Seed Time
4 Tommy Menner	10	University o	
5 Bronson Payne	10	Townsville N	
6 Luke Rose	10	Townsville N	
7 Patrick Taylor	10	Keppel Coast	

Event 507 Boys 800 m 11yrs (U12)

Sunday 24/09/2023 - 10:34 AM

Name	Age	Team	Seed Time
1 Jacob Bradford	11	Barcaldine A	
2 William Breach	11	Keppel Coast	
3 Korbin Dibben	11	Whitsunday A	
4 Chase Gardiner	11	Darwin Athle	
5 Ailbe Hamilton	11	Douglas Athl	
6 Joash Lane	11	Rockhampton	
7 Jarvis Locher	11	Mackay Athle	
8 Jack Oberg	11	Anq Base	
9 Zane Perfect	11	Moranbah Ath	

Event 508 Boys 800 m 12yrs (U13)

Sunday 24/09/2023 - 10:38 AM

Name	Age	Team	Seed Time
1 Dante Brown	12	North Mackay	
2 Logan Camp	12	Keppel Coast	
3 Oliver Dibben	12	Whitsunday A	
4 Nathaniel Espartinez	12	Anq Base	
5 Malakai George	12	Normanton Athlet	
6 Jaydon Green	12	Ross River A	
7 Lachlan Johnson	12	Anq Base	
8 Sonny Morse	12	Pace Running	
9 Riley Simpson	12	Townsville N	

Event 509 Men 800 m 13yrs (U14)

Sunday 24/09/2023 - 10:42 AM

Name	Age	Team	Seed Time
1 Issac Blue	13	Pace Running	
2 August Cole	13	Mackay Athle	
3 Jase Daniels	13	Normanton Athlet	
4 Finlay Fox	13	Pace Running	
5 Levi Maher	13	University o	
6 Thomas Rainbow	13	Normanton Athlet	

Event 510 Men 800 m 14yrs (U15)

Sunday 24/09/2023 - 10:42 AM

Name	Age	Team	Seed Time
1 Jonty Coutts	14	Anq Base	
2 Gilbert Cox	14	Darwin Athle	
3 Blake Gregory	14	Normanton Athlet	
4 Tanner Munro	14	Keppel Coast	
5 Archie Reid	14	Pace Running	
6 Harrison Roos	14	Pace Running	
7 Khobi Scanlan	14	Keppel Coast	

Event 511 Men 800 m 15yrs (U16)

Sunday 24/09/2023 - 10:46 AM

Name	Age	Team	Seed Time
1 Harvey Hermiston	15	Redlands Ath	
2 Ben Latcham	15	Central Quee	
3 Rashad Smith-Wyles	15	Anq Base	

Event 512 Men 800 m PA Ambulant

Sunday 24/09/2023 - 10:46 AM

Name	Age	Team	Seed Time
1 Episio O'Cloudy Tf20	14	Anq Base	
2 Heath Otto-T/F37	14	Townsville N	

Event 513 Men 800 m Under 20

Sunday 24/09/2023 - 10:46 AM

Name	Age	Team	Seed Time
1 Nicholas Fogale	19	Cairns Athle	
2 Taj Townsend	18	Cairns Athle	
3 David Windybank	19	U.T.S. North	
4 Cameron Wonnocott	18	Anq Base	

Event 514 Men 800 m Open

Sunday 24/09/2023 - 10:46 AM

Name	Age	Team	Seed Time
1 Denis Couture	62	Bowen Athlet	
2 Jye Gillard	22	Ignition Ath	
3 Jurgen Hak	22	Qeii Track C	
4 Liam Mumford	27	Mackay Athle	

Event 515 Men 800 m Under 18

Sunday 24/09/2023 - 10:50 AM

Name	Age	Team	Seed Time
1 Kaiyan Blue	16	Pace Running	
2 Brody Boerboom	17	Pace Running	
3 Micaiah Lane	17	Rockhampton	
4 Zayn Lawson	16	Pace Running	
5 Finn McDuff	17	Qld Athletic	
6 Connor Munro	16	Keppel Coast	
7 Sam Riggs	17	Mackay Athle	
8 Toby Rule	16	Mackay Athle	
9 Cody Smith	17	Anq Base	
10 Flynn Steindl	16	Anq Base	
11 Jake Swindale	16	Pace Running	
12 Cayleb Ticehurst	16	Anq Base	
13 Jake Turner	17	Pace Running	
14 Ryan Waters	16	Mayne Harrie	
15 Roel Wheeley	16	Sheldon Acad	

Event 516 Men 30-49 800 m 30-49yrs

Sunday 24/09/2023 - 10:54 AM

Name	Age	Team	Seed Time
1 Glen Bray	42	Ross River A	

2023 NQ Championships - 22/09/2023 to 24/09/2023

Mackay Aquatic & Recreation Complex
Performance List**Event 517 Men 50+ 800 m 50-109yrs**

Sunday 24/09/2023 - 10:54 AM

Name	Age	Team	Seed Time
1 Graham Paul Durant	69	Keppel Coast	
2 Jason Smith	52	Tablelands A	
3 Willem Van Den Worm	67	Mount Isa &	
4 Grant Vaughan	51	Keppel Coast	

Event 518 Girls 800 m 8yrs (U9)

Sunday 24/09/2023 - 11:00 AM

Name	Age	Team	Seed Time
1 Abbie Atherton-andrews	8	North Mackay	
2 Sarah Kelly	8	Mackay Athle	
3 Lanah Kerr	8	Moranbah Ath	
4 Harper Miles	8	Mackay Athle	
5 Alanna Oliver	8	Mackay Athle	
6 Amarlee Rainbow	8	Normanton Athlet	
7 Nova Sheppard	8	Douglas Athl	

Event 519 Girls 800 m 9yrs (U10)

Sunday 24/09/2023 - 11:04 AM

Name	Age	Team	Seed Time
1 Abigail Bennett	9	Townsville N	
2 Tahleah Caban	9	Mackay Athle	
3 Isabelle Hayles	9	Mackay Athle	
4 Charli Johnson	9	Anq Base	
5 Willow Kenny	9	Whitsunday A	
6 Harmony Murdoch	9	Ross River A	
7 Charlotte Roche	9	Ipswich & Di	
8 Mikaela Thompson	9	North Mackay	
9 Penelope Shields	9	Whitsunday A	

Event 520 Boys 800 m 8yrs (U9)

Sunday 24/09/2023 - 11:08 AM

Name	Age	Team	Seed Time
1 Braxten Boulton	8	North Mackay	
2 Ethan Ford	8	North Mackay	
3 Jack Howie	8	North Mackay	
4 Jacob Jackson-Ward	8	North Mackay	
5 Jayden Otto	8	Townsville N	
6 Dharman Singh	8	North Mackay	
7 Edward Taylor	8	Keppel Coast	

Event 521 Boys 800 m 9yrs (U10)

Sunday 24/09/2023 - 11:12 AM

Name	Age	Team	Seed Time
1 Hayden Bradford	9	Barcaldine A	
2 Olivah Brown	9	North Mackay	
3 Patrick Driscoll	9	Keppel Coast	
4 Hunter Hollett	9	Ross River A	
5 Emmett Munro	9	Keppel Coast	
6 Perry Ryan	9	Central Quee	
7 Joseph Swales	9	Mackay Athle	
8 Cody Titlow	9	Tablelands A	
9 Orlando Wyatt	9	Keppel Coast	

Event 522 Women Triple Jump 13yrs (U14)

Sunday 24/09/2023 - 11:00 AM

Name	Age	Team	Seed Mark
1 Ruby Chester	13	Townsville N	
2 Taya Clayton	13	Noosa Athlet	
3 Tayla Dan	13	Townsville N	
4 Isabella Driscoll	13	Keppel Coast	
5 Liana Herrington	13	North Mackay	
6 Rubee Hughes	13	Townsville N	
7 Jaylie Miller	13	Longreach At	
8 Jamie Percy	13	Mulgrave Ath	
9 Lily Woods	13	Keppel Coast	

Event 523 Women Triple Jump 14yrs (U15)

Sunday 24/09/2023 - 11:00 AM

Name	Age	Team	Seed Mark
1 Caitlyn Butland	14	Douglas Athl	
2 Gabriella Cherry	14	Keppel Coast	
3 Addison Paulke	14	Townsville N	
4 Lily Spencer	14	Anq Base	
5 Anna Wilkinson	14	University o	

Event 524 Women Triple Jump 15yrs (U16)

Sunday 24/09/2023 - 11:00 AM

Name	Age	Team	Seed Mark
1 Indya Burford	15	Peak Perform	
2 Adalena Condon	15	Qeii Track C	
3 Willow Dean	15	Townsville N	
4 Bethany Evetts	15	Qeii Track C	
5 Isabella Loh	15	Tigers Athle	
6 Madison Marshall	15	Tablelands A	
7 Zoe Miles	15	Cairns Athle	
8 Ella Shackleton	15	Keppel Coast	
9 Indiana Thomas	15	Townsville N	

Event 525 Women High Jump Open

Sunday 24/09/2023 - 11:00 AM

Name	Age	Team	Seed Mark
1 Dash Newington	39	Central Quee	

Event 526 Men High Jump Open

Sunday 24/09/2023 - 11:00 AM

Name	Age	Team	Seed Mark
1 Daniel Garton	21	Darling Down	

Event 527 Men 30-49 High Jump 30-49yrs

Sunday 24/09/2023 - 11:00 AM

Name	Age	Team	Seed Mark
1 Anthony Porter	36	North Mackay	

Event 528 Women 30-49 High Jump 30-49yrs

Sunday 24/09/2023 - 11:00 AM

Name	Age	Team	Seed Mark
1 Dash Newington	39	Central Quee	
2 Janet Webber	49	Ipswich & Di	

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Performance List**Event 529 Women 50+ High Jump 50-109yrs**

Sunday 24/09/2023 - 11:00 AM

Name	Age	Team	Seed Mark
1 Joy Dale	52	Qld Masters	

Event 530 Men 50+ High Jump 50-109yrs

Sunday 24/09/2023 - 11:00 AM

Name	Age	Team	Seed Mark
1 Daniel Conroy	75	Mackay Athle	
2 Selwyn Hawken	78	Whitsunday A	
3 Andrew Millerd	61	Tablelands A	
4 Terry Ryan	69	Mackay Athle	

Event 530A Men Javelin 800g Open

Sunday 24/09/2023 - 11:30 AM

Name	Age	Team	Seed Mark
1 Joshua Jack	27	Gladstone At	
2 Daniel Kilpatrick	27	Adamstown Ne	
3 Liam O'Brien	27	Aspley Athle	
4 Etienne Otto	19	Central Quee	
5 Nicholas Sainsbury	22	Whitsunday A	
6 Niroshan Tharanga Di Subaw	41	Emerald and	

Event 534 Men Javelin 600g 13yrs (U14)

Sunday 24/09/2023 - 11:30 AM

Name	Age	Team	Seed Mark
1 Lucas Browne	13	Cairns Athle	
2 Kobe Cameron	13	Mackay Athle	
3 Archer Crowley	13	Ipswich & Di	
4 Trae O'Brien	13	Mackay Athle	
5 Thomas Rainbow	13	Normanton Athlet	
6 Declan Rich	13	Mulgrave Ath	

Event 535 Men Javelin 700g 14yrs (U15)

Sunday 24/09/2023 - 11:30 AM

Name	Age	Team	Seed Mark
1 Darcy Archer	14	Townsville N	
2 Maxwell Austin	14	Mulgrave Ath	
3 Blake Gregory	14	Normanton Athlet	
4 Joshua Noronha	14	Qeii Track C	
5 Samuel Raciti	14	Mulgrave Ath	

Event 536 Men Javelin 700g 15yrs (U16)

Sunday 24/09/2023 - 11:30 AM

Name	Age	Team	Seed Mark
1 Ethan Bates	15	Anq Base	
2 Paul Busch	15	Normanton Athlet	
3 Bailey Gregson	15	Sheldon Acad	
4 Cooper Jones	15	Keppel Coast	
5 Tom Latham	15	Central Quee	
6 Willem Sorensen	15	Gladstone At	

Event 538 Men Javelin 700g Under 18

Sunday 24/09/2023 - 11:30 AM

Name	Age	Team	Seed Mark
1 Lachlan Buckman	17	Townsville N	
2 James Galea	17	Mackay Athle	
3 Matthew Greig	17	University o	
4 Lee Martin	17	Ashgrove Ran	
5 Ashton Motto	17	Anq Base	
6 Andrew Ramm	17	Central Quee	
7 Jackson Schuh	16	Emerald and	
8 Cohen Simpson	16	Keppel Coast	
9 Lincoln Simpson	16	Keppel Coast	

Event 540 Men Javelin 800g Under 20

Sunday 24/09/2023 - 11:30 AM

Name	Age	Team	Seed Mark
1 Etienne Otto	19	Central Quee	
2 Ethan Sharpe	18	Central Quee	

Event 542 Men 30-49 Javelin 800g 30-49yrs

Sunday 24/09/2023 - 11:30 AM

Name	Age	Team	Seed Mark
1 Justin Locher	39	Mackay Athle	
2 Shaun Peel	48	Mount Isa &	
3 Scott Piccinelli	37	Townsville N	
4 Sunia Raitava	47	Mount Isa &	
5 Benjamin Ross	38	Mackay Athle	
6 Niroshan Tharanga Di Subaw	41	Emerald and	
7 Brent Whitehead	32	Mackay Athle	

Event 544 Men 50+ Javelin 50-109yrs

Sunday 24/09/2023 - 11:30 AM

Name	Age	Team	Seed Mark
1 Wayne Fielder	69	Mulgrave Ath	
2 Anthony Galea	83	Mackay Athle	
3 Selwyn Hawken	78	Whitsunday A	
4 Mills Lafferty	75	Qld Masters	
5 Rene Otto	57	Central Quee	
6 David Varley	61	Qld Masters	

Event 546 Girls Shot Put 2.0kg 10yrs (U11)

Sunday 24/09/2023 - 11:50 AM

Name	Age	Team	Seed Mark
1 Sophie Balderson	10	Barcaldine A	
2 Aria Cameron	10	Mackay Athle	
3 Annabelle Chapman	10	Emerald and	
4 Charlee Crethar	10	Keppel Coast	
5 Ritasheia Harold	10	Normanton Athlet	
6 Vogue Miles	10	Mackay Athle	
7 Milana Parfenyuk	10	Townsville N	
8 Kari Purcell	10	Anq Base	

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Event 546A Women Triple Jump Under 18**Sunday 24/09/2023 - 11:50 AM**

Name	Age	Team	Seed Mark
1 Lucie Basset-Rouge	17	University o	
2 Annabelle Binnekamp	16	Moranbah Ath	
3 Zoe Chester	17	Townsville N	
4 Maia Curtis Gee	17	Keppel Coast	
5 Mariam Hall	17	Townsville N	
6 Lily Hicks	16	Tigers Athle	
7 Sienna Hilton	16	Mount Isa &	
8 Paige Jones	16	Keppel Coast	
9 Elizabeth Lee	16	Mackay Athle	
10 Maddie Newham	16	Ipswich & Di	
11 Sharie Rainbow	16	Normanton Athlet	
12 Carlee Smith	16	Gold Coast V	

Event 547 Girls 80 m Hurdles 9 x 76.2cm 12yrs (U13)**Sunday 24/09/2023 - 11:50 AM**

Name	Age	Team	Seed Time
1 Rekia Beasley	12	Normanton Athlet	
2 Amelia Chapman	12	Emerald and	
3 Sophie McGeehan	12	Ipswich & Di	
4 Isabella Power	12	Ross River A	
5 Isabell Read	12	Peak Perform	
6 Izabella Snyman	12	Ipswich & Di	

Event 548 Women 80 m Hurdles 9 x 76.2cm 13yrs (U14)**Sunday 24/09/2023 - 11:50 AM**

Name	Age	Team	Seed Time
1 Taya Clayton	13	Noosa Athlet	
2 Charli Cox	13	Ross River A	
3 Grace Murdoch	13	Ross River A	

Event 549 Women 40-49 80 m Hurdles 8 x 76.2cm 30-49yrs**Sunday 24/09/2023 - 11:50 AM**

Name	Age	Team	Seed Time
1 Madeleine Simmons	41	Mackay Athle	

Event 550 Boys 90 m Hurdles 9 x 76.2cm 12yrs (U13)**Sunday 24/09/2023 - 12:00 AM**

Name	Age	Team	Seed Time
1 Dante Brown	12	North Mackay	
2 Noah Porter	12	North Mackay	
3 Finn Wyatt	12	Keppel Coast	

Event 551 Men 90 m Hurdles 9 x 76.2cm 13yrs (U14)**Sunday 24/09/2023 - 12:00 AM**

Name	Age	Team	Seed Time
1 Archer Crowley	13	Ipswich & Di	
2 Jackson Reid	13	Ross River A	

Event 552 Women 90 m Hurdles 9 x 76.2cm 14yrs (U15)**Sunday 24/09/2023 - 12:03 AM**

Name	Age	Team	Seed Time
1 Caitlyn Butland	14	Douglas Athl	

2 Gabriella Cherry	14	Keppel Coast	
3 Hayley Colless	14	North Mackay	
4 Harley Davies	14	Noosa Athlet	
5 Tayah Ellwood	14	Emerald and	
6 Addison Farinazzo	14	Ipswich & Di	

Event 553 Women 90 m Hurdles 9 x 76.2cm 15yrs (U16)**Sunday 24/09/2023 - 12:06 AM**

Name	Age	Team	Seed Time
1 Isabella Chester	15	Townsville N	
2 Adalena Condon	15	Qeii Track C	
3 Bethany Evetts	15	Qeii Track C	
4 Gabriela Marczyk	15	Gold Coast V	
5 Keeleigh Muir	15	Bowen Athlet	
6 Indiana Platen	15	Ipswich & Di	

Event 554 Women 100 m Hurdles 10 x 76.2cm Under 18**Sunday 24/09/2023 - 12:15 AM**

Name	Age	Team	Seed Time
1 Emmerson Broomhall	16	Central Quee	
2 Elizabeth Lee	16	Mackay Athle	
3 Abbie Severinsen	16	Ipswich & Di	

Event 555 Women 100 m Hurdles 10 x 84.0cm Open**Sunday 24/09/2023 - 12:20 AM**

Name	Age	Team	Seed Time
1 Aviva Damjanovic	20	Rural Athlet	
2 Dash Newington	39	Central Quee	

Event 556 Women 100 m Hurdles 10 x 84.0cm Under 20**Sunday 24/09/2023 - 12:20 AM**

Name	Age	Team	Seed Time
1 Holly Blunt	18	Keppel Coast	
2 Dianne Ladewig	17	Noosa Athlet	
3 Amber Nyssen	19	Mayne Harrie	

Event 557 Women 30-39 100 m Hurdles 10 x 84.0cm 30-49yrs**Sunday 24/09/2023 - 12:20 AM**

Name	Age	Team	Seed Time
1 Dash Newington	39	Central Quee	

Event 558 Men 100 m Hurdles 10 x 84.0cm 14yrs (U15)**Sunday 24/09/2023 - 12:25 AM**

Name	Age	Team	Seed Time
1 Blake Gregory	14	Normanton Athlet	

Event 559 Men 100 m Hurdles 10 x 84.0cm 15yrs (U16)**Sunday 24/09/2023 - 12:25 AM**

Name	Age	Team	Seed Time
1 Sean Putra Susilo	15	Mayne Harrie	

Event 560 Men 110 m Hurdles 10 x 91.4cm Under 18**Sunday 24/09/2023 - 12:30 AM**

Name	Age	Team	Seed Time
1 Jace Brammer	17	Gladstone At	
2 Cameron Evetts	17	Qeii Track C	

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Performance List**Event 560 ... (Men 110 m Hurdles 10 x 91.4cm Under 18)**

Name	Age	Team	Seed Time
3 Nicholas Reed	16	University o	

Event 561 Men 110 m Hurdles 10 x 99.1cm Under 20

Sunday 24/09/2023 - 12:30 AM

Name	Age	Team	Seed Time
1 Kayden Muir	19	Bowen Athlet	
2 Harry Shelton	19	Darling Down	

Event 562 Men 110 m Hurdles 10 x 106.7cm Open

Sunday 24/09/2023 - 12:30 AM

Name	Age	Team	Seed Time
1 Antonio Bonomo	24	Tigers Athle	
2 Jascha Coetser	24	Townsville N	

Event 565 Boys Shot Put 2.0kg 10yrs (U11)

Sunday 24/09/2023 - 12:20 AM

Name	Age	Team	Seed Mark
1 Alistair Barnes	10	Darwin Athle	
2 Isaac Cummins	10	Keppel Coast	
3 Darcy Fanti	10	Normanton Athlet	
4 Quinn Lenton-Cater	10	Cairns Athle	
5 Bronson Payne	10	Townsville N	
6 Mason Richards	10	North Mackay	
7 Jaxon Sheppard T01	10	Douglas Athl	

Event 566 Men Long Jump 15yrs (U16)

Sunday 24/09/2023 - 1:00 PM

Name	Age	Team	Seed Mark
1 Haiden Boyd	15	Ashgrove Ran	
2 Max Bruggemann	15	Longreach At	
3 Tom Latcham	15	Central Quee	
4 Jacob Logan	15	Anq Base	
5 Brady Purcell	15	Anq Base	
6 Sean Putra Susilo	15	Mayne Harrie	

Event 574 Women 200 m Under 20

Sunday 24/09/2023 - 1:52 PM

Name	Age	Team	Seed Time
1 Megan Adamski	18	University o	
2 Holly Blunt	18	Keppel Coast	
3 Talarah Henseleit	18	Cairns Athle	
4 Sasha White - T/F01	18	Townsville N	

Event 575 Women 200 m Open

Sunday 24/09/2023 - 1:54 PM

Name	Age	Team	Seed Time
1 Julie Brims	57	Qld Masters	
2 Larissa Chambers	28	Ipswich & Di	
3 Aviva Damjanovic	20	Rural Athlet	
4 Anna Prendeville	25	Peak Perform	
5 Sharna Wilson	27	Qld Athletic	

Event 576 Women 30-49 200 m 30-49yrs

Sunday 24/09/2023 - 1:56 PM

Name	Age	Team	Seed Time
1 Alison Bennett	41	Townsville N	
2 Mel Esau	41	Mackay Athle	
3 Madeleine Simmons	41	Mackay Athle	
4 Anna Tempany	32	Ravenshoe At	
5 Elaine Van den Worm	34	Mount Isa &	

Event 577 Women 50+ 200 m 50-109yrs

Sunday 24/09/2023 - 1:56 PM

Name	Age	Team	Seed Time
1 Barbara Baker	54	Mount Isa &	
2 Julie Brims	57	Qld Masters	

Event 578 Men 200 m Under 18

Sunday 24/09/2023 - 2:00 PM

Name	Age	Team	Seed Time
1 Jacob Adams	16	Mackay Athle	
2 Liam Atkinson	16	Peak Perform	
3 Ethan Platen	17	Ipswich & Di	
4 Nicholas Reed	16	University o	
5 Jaxon Retchless	17	Noosa Athlet	
6 Thomas Richmond	16	Townsville N	
7 Fletcher Scanlan	16	Keppel Coast	
8 Xavier Simms	17	Cairns Athle	

Event 579 Men 200 m Under 20

Sunday 24/09/2023 - 2:02 PM

Name	Age	Team	Seed Time
1 Josh Johnstone	18	Keppel Coast	
2 Kayden Muir	19	Bowen Athlet	
3 Ngakau Ufton	19	Mackay Athle	
4 Brashar Coutts	18	Mulgrave Ath	

Event 581 Men 30-49 200 m 30-49yrs

Sunday 24/09/2023 - 2:06 PM

Name	Age	Team	Seed Time
1 Nick Ash	37	New Zealand	
2 Glen Bray	42	Ross River A	
3 Chris Carney	47	North Mackay	
4 Steven Hayles	40	Mackay Athle	
5 Miles Kerr	32	Moranbah Ath	
6 Justin Locher	39	Mackay Athle	
7 Varian Platen	45	Ipswich & Di	
8 Benjamin Ross	38	Mackay Athle	
9 Ross Taylor	40	Keppel Coast	

Event 582 Men 50+ 200 m 50-109yrs

Sunday 24/09/2023 - 2:08 PM

Name	Age	Team	Seed Time
1 Graham Paul Durant	69	Keppel Coast	
2 Andre Soncin	57	Tablelands A	
3 David Varley	61	Qld Masters	
4 Grant Vaughan	51	Keppel Coast	

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Performance List**Event 583 Men 200 m PA Ambulant**

Sunday 24/09/2023 - 2:10 PM

	Name	Age	Team	Seed Time
1	Taj Appleby Tf35	12	Athletics No	
2	Kayne Kellett - T/F37	14	Townsville N	
3	Samuel Le Feuvre - T/F21	17	Townsville N	
4	Romone Lewin Tf38	23	Mature Athle	

Event 584 Girls 200 m 10yrs (U11)

Sunday 24/09/2023 - 2:15 PM

	Name	Age	Team	Seed Time
1	Sophie Balderson	10	Barcaldine A	
2	Chloe Beimans	10	Townsville N	
3	Aria Cameron	10	Mackay Athle	
4	Charlee Crethar	10	Keppel Coast	
5	Ella Croatto	10	Peak Perform	
6	Maddison Ford	10	North Mackay	
7	Ritasheia Harold	10	Normanton Athlet	
8	Vogue Miles	10	Mackay Athle	
9	Mackenzie Rumpf	10	Mackay Athle	

Event 585 Boys 200 m 10yrs (U11)

Sunday 24/09/2023 - 2:17 PM

	Name	Age	Team	Seed Time
1	Elias Boatman	10	Mackay Athle	
2	Isaac Cummins	10	Keppel Coast	
3	Darcy Fanti	10	Normanton Athlet	
4	Quinn Lenton-Cater	10	Cairns Athle	
5	Mason Richards	10	North Mackay	
6	Luke Rose	10	Townsville N	
7	Jaxon Sheppard T01	10	Douglas Athl	
8	Patrick Taylor	10	Keppel Coast	

Event 586 Girls 200 m 11yrs (U12)

Sunday 24/09/2023 - 2:19 PM

	Name	Age	Team	Seed Time
1	Myarah Ahoy	11	Ross River A	
2	Sophie Allen	11	Ipswich & Di	
3	Sophie Bennett	11	Townsville N	
4	Laila Kingston	11	Anq Base	
5	Madison Malagueno	11	Anq Base	
6	Tahlia McGilvray	11	Mackay Athle	
7	Marlie-Mae Mckessar	11	Keppel Coast	
8	Shailee Mewha	11	Anq Base	
9	Taya Miller	11	Longreach At	
10	Sally Mincher	11	Peak Perform	
11	Ayla Moon	11	Mackay Athle	
12	Shyla Morse	11	Townsville N	
13	Lara Palmer	11	Longreach At	
14	Maddison Piccinelli	11	Townsville N	
15	Harpa Quigley	11	Keppel Coast	
16	Heidi Quinn	11	Normanton Athlet	
17	Bella Richmond	11	Keppel Coast	
18	Molly Tanner	11	Townsville N	

Event 587 Boys 200 m 11yrs (U12)

Sunday 24/09/2023 - 2:23 PM

	Name	Age	Team	Seed Time
1	Jacob Bradford	11	Barcaldine A	
2	William Breach	11	Keppel Coast	
3	Chase Gardiner	11	Darwin Athle	
4	Sonny Hancock	11	Longreach At	
5	Ryan Makowski	11	Townsville N	
6	Maksymilian Marczyk	11	U.T.S. North	
7	Brooklyn Osborne	11	Keppel Coast	
8	Zane Perfect	11	Moranbah Ath	

Event 593 Men 200 m 14yrs (U15)

Sunday 24/09/2023 - 2:35 PM

	Name	Age	Team	Seed Time
1	Darcy Archer	14	Townsville N	
2	Darcy Cameron	14	Anq Base	
3	Jonty Coutts	14	Anq Base	
4	Tamiana Fatiaki	14	Anq Base	
5	Mason Green	14	Keppel Coast	
6	Matthew Green	14	Ross River A	
7	Blake Gregory	14	Normanton Athlet	
8	Dylan Ticehurst	14	Anq Base	
9	Uwezo Lubenda	14	Townsville N	

Event 595 Men 200 m 15yrs (U16)

Sunday 24/09/2023 - 2:39 PM

	Name	Age	Team	Seed Time
1	Haiden Boyd	15	Ashgrove Ran	
2	Max Bruggemann	15	Longreach At	
3	Kaelan Callaghan	15	Cairns Athle	
4	Keanu Hewitt-Watson	15	Anq Base	
5	Brady Purcell	15	Anq Base	
6	Sean Putra Susilo	15	Mayne Harrie	
7	Oliver Seng	15	Runaway Bay	
8	Rashad Smith-Wyles	15	Anq Base	