

2023 NQ Championships - MASTERS - 22/09/2023 to 24/09/2023

Mackay Aquatic & Recreation Complex

Results - Age Grading: 5 Yr Indiv & 5 yr Multi

Event 17 W35 Triple Jump 30-49yrs**Finals**

1	Dash Newington	W39	Central Quee	9.97m	+0.0
---	----------------	-----	--------------	-------	------

Event 17 W40 Triple Jump 30-49yrs**Finals**

1	Madeleine Simmons	W41	Mackay Athle	8.35m	+0.0
---	-------------------	-----	--------------	-------	------

Event 17 W45 Triple Jump 30-49yrs**Finals**

1	Kristy Peel	W48	Mount Isa &	6.23m	-0.1
---	-------------	-----	-------------	-------	------

Event 18 W50 Triple Jump 50-109yrs**Finals**

1	Joy Dale	W52	Qld Masters	6.77m	+0.0
2	Barbara Baker	W53	Mount Isa &	4.98m	-0.4

Event 21 M35 Hammer 7.26kg 30-49yrs**C2****Finals**

1	Justin Locher	M39	Mackay Athle	20.50m
2	Benjamin Ross	M37	Mackay Athle	16.90m

Event 21 M40 Hammer 7.26kg 30-49yrs**C2****Finals**

1	Raymond Abdy F37 F37;T00M43	Charters Tow	19.39m
---	-----------------------------	--------------	--------

Event 21 M45 Hammer 7.26kg 30-49yrs**C2****Finals**

1	Shaun Peel	M47	Mount Isa &	19.54m
---	------------	-----	-------------	--------

Event 22 M35 Hammer 30-49yrs Throws Pentathlon**Finals**

1	Justin Locher	M39	Mackay Athle	20.22m	220
2	Benjamin Ross	M37	Mackay Athle	16.90m	168

Event 22 M40 Hammer 30-49yrs Throws Pentathlon**Finals**

1	Raymond Abdy F37 F37;T00M43	Charters Tow	19.39m	222
---	-----------------------------	--------------	--------	-----

Event 22 M45 Hammer 30-49yrs Throws Pentathlon**Finals**

1	Shaun Peel	M47	Mount Isa &	19.54m	246
---	------------	-----	-------------	--------	-----

Event 23 M55 Hammer 50-109yrs**C2****Finals**

1	Tim Lowrey	M56	Central Quee	30.18m
2	Rene Otto	M56	Central Quee	23.00m

Event 23 M65 Hammer 50-109yrs**C2****Finals**

1	Wayne Fielder	M69	Mulgrave Ath	28.30m
---	---------------	-----	--------------	--------

Event 23 M70 Hammer 50-109yrs**C2****Finals**

1	Mills Lafferty	M74	Qld Masters	26.53m
---	----------------	-----	-------------	--------

Event 23 M75 Hammer 50-109yrs**C2****Finals**

1	Selwyn Hawken	M78	Whitsunday A	17.07m
---	---------------	-----	--------------	--------

Event 23 M80 Hammer 50-109yrs**C2****Finals**

1	Anthony Galea	M83	Mackay Athle	19.12m
---	---------------	-----	--------------	--------

Event 24 M55 Hammer 50-109yrs Throws Pentathlon**Finals**

1	Andrew Ford	M56	Tablelands A	29.63m	521
2	Rene Otto	M56	Central Quee	23.00m	380

Event 24 M60 Hammer 50-109yrs Throws Pentathlon**Finals**

1	Neil Gray	M64	Qld Masters	19.94m	313
---	-----------	-----	-------------	--------	-----

Event 24 M65 Hammer 50-109yrs Throws Pentathlon**Finals**

1	Wayne Fielder	M69	Mulgrave Ath	28.30m	563
---	---------------	-----	--------------	--------	-----

Event 24 M70 Hammer 50-109yrs Throws Pentathlon**Finals**

1	Mills Lafferty	M74	Qld Masters	26.53m	541
---	----------------	-----	-------------	--------	-----

Event 24 M75 Hammer 50-109yrs Throws Pentathlon**Finals**

1	Selwyn Hawken	M78	Whitsunday A	17.07m	367
---	---------------	-----	--------------	--------	-----

Event 24 M80 Hammer 50-109yrs Throws Pentathlon**Finals**

1	Anthony Galea	M83	Mackay Athle	19.12m	480
---	---------------	-----	--------------	--------	-----

Event 28 W40 2000 m Steeplechase 76.2cm 30-49yrs**Finals**

---	Mel Esau	W41	Mackay Athle	DQ
-----	----------	-----	--------------	----

Event 30 M45 3000 m Steeplechase 84.0cm 30-49yrs**Finals**

1	Justin Lane	M48	Rockhampton	13:15.23
---	-------------	-----	-------------	----------

Event 34 W35 Pole Vault 30-49yrs**Finals**

1	Dash Newington	W39	Central Quee	3.40m
---	----------------	-----	--------------	-------

Event 34 W40 Pole Vault 30-49yrs**Finals**

1	Madeleine Simmons	W41	Mackay Athle	2.40m
---	-------------------	-----	--------------	-------

Event 35 M30 Pole Vault 30-49yrs**Finals**

1	Luke Hallett	M33	Act Masters	3.80m
---	--------------	-----	-------------	-------

2023 NQ Championships - MASTERS - 22/09/2023 to 24/09/2023

Mackay Aquatic & Recreation Complex

Results - Age Grading: 5 Yr Indiv & 5 yr Multi

Event 35 M35 Pole Vault 30-49yrs**Finals**

1	Anthony Porter	M36	North Mackay	2.70m
2	Benjamin Ross	M37	Mackay Athle	2.30m

Event 36 M75 Pole Vault 50-109yrs**Finals**

1	Selwyn Hawken	M78	Whitsunday A	1.10m
---	---------------	-----	--------------	-------

Event 51 W60 80 Short Hurdles 50-109yrs Heptathlon**Finals**

1	Desley Varley	W63	Qld Masters	21.18	211
---	---------------	-----	-------------	-------	-----

Event 63 W60 High Jump 50-109yrs Heptathlon**HJ1****Finals**

1	Desley Varley	W63	Qld Masters	1.02m	439
---	---------------	-----	-------------	-------	-----

Event 66 M30 100 m 30-49yrs Decathlon**Finals**

1	Luke Hallett	M33	Act Masters	12.66	525
---	--------------	-----	-------------	-------	-----

Event 66 M45 100 m 30-49yrs Decathlon**Finals**

1	Trevor O'Friel	M45	Deception Ba	13.94	463
---	----------------	-----	--------------	-------	-----

Event 67 M60 100 m 50-109yrs Decathlon**Finals**

1	Andrew Millerd	M60	Tablelands A	13.28	817
2	David Varley	M61	Qld Masters	14.08	677
3	Neil Gray	M64	Qld Masters	15.70	428

Event 72 W35 Hammer 4.0kg 30-49yrs**CAGE 2****Finals**

1	Dash Newington	W39	Central Quee	29.30m
---	----------------	-----	--------------	--------

Event 72 W40 Hammer 4.0kg 30-49yrs**CAGE 2****Finals**

1	Cathryn Hoare	W42	Mackay Athle	21.83m
2	Melissa Percy	W42	Mulgrave Ath	20.17m

Event 72 W45 Hammer 4.0kg 30-49yrs**CAGE 2****Finals**

1	Tammy Meyer	W46	Mackay Athle	21.23m
2	Kristy Peel	W48	Mount Isa &	15.57m

Event 73 W35 Hammer 30-49yrs Throws Pentathlon**Finals**

1	Dash Newington	W39	Central Quee	27.80m	381
---	----------------	-----	--------------	--------	-----

Event 73 W40 Hammer 30-49yrs Throws Pentathlon**Finals**

1	Cathryn Hoare	W42	Mackay Athle	21.83m	315
2	Melissa Percy	W42	Mulgrave Ath	20.17m	283

Event 73 W45 Hammer 30-49yrs Throws Pentathlon**Finals**

1	Tammy Meyer	W46	Mackay Athle	21.23m	344
2	Kristy Peel	W48	Mount Isa &	15.57m	227

Event 74 W50 Hammer 50-109yrs**CAGE 2****Finals**

1	Althea Mackie	W53	Qld Masters	41.30m
2	Jodie Raciti	W51	Mulgrave Ath	22.77m
3	Barbara Baker	W53	Mount Isa &	17.91m

Event 74 W55 Hammer 50-109yrs**CAGE 2****Finals**

1	Andrea Manson	W55	Qld Masters	24.38m
2	Judy Lewis	W57	Central Quee	17.06m

Event 74 W60 Hammer 50-109yrs**CAGE 2****Finals**

1	Susan Tucker	W61	Central Quee	15.40m
---	--------------	-----	--------------	--------

Event 75 W50 Hammer 50-109yrs Throws Pentathlon**Finals**

1	Althea Mackie	W53	Qld Masters	41.30m	733
2	Jodie Raciti	W51	Mulgrave Ath	22.77m	355
3	Barbara Baker	W53	Mount Isa &	17.91m	259
4	Lisa Taylor	W54	Charters Tow	16.13m	224

Event 75 W55 Hammer 50-109yrs Throws Pentathlon**Finals**

1	Andrea Manson	W55	Qld Masters	24.38m	440
2	Judy Lewis	W57	Central Quee	17.06m	278

Event 75 W60 Hammer 50-109yrs Throws Pentathlon**Finals**

1	Susan Tucker	W61	Central Quee	15.40m	281
---	--------------	-----	--------------	--------	-----

Event 78 M55 Long Jump 50-109yrs**PIT 1****Finals**

1	Andre Soncin	M57	Tablelands A	4.09m	NWI
2	Rene Otto	M56	Central Quee	2.01m	NWI

Event 78 M65 Long Jump 50-109yrs**PIT 1****Finals**

1	Graham Paul Durant	M69	Keppel Coast	3.40m	NWI
2	Terry Ryan	M69	Mackay Athle	3.14m	NWI

Event 78 M70 Long Jump 50-109yrs**PIT 1****Finals**

1	Daniel Conroy	M74	Mackay Athle	2.96m	NWI
---	---------------	-----	--------------	-------	-----

2023 NQ Championships - MASTERS - 22/09/2023 to 24/09/2023

Mackay Aquatic & Recreation Complex

Results - Age Grading: 5 Yr Indiv & 5 yr Multi

Event 78 M75 Long Jump 50-109yrs**PIT 1****Finals**

1	Selwyn Hawken	M78	Whitsunday A	2.51m	NWI
---	---------------	-----	--------------	-------	-----

Event 79 M35 Long Jump 30-49yrs**PIT 1****Finals**

1	Benjamin Ross	M37	Mackay Athle	5.10m	NWI
---	---------------	-----	--------------	-------	-----

Event 79 M45 Long Jump 30-49yrs**PIT 1****Finals**

1	Shaun Peel	M47	Mount Isa &	4.87m	NWI
2	David Reed	M49	University o	4.78m	NWI
3	Chris Carney	M46	North Mackay	4.59m	NWI
4	Varian Platen	M45	Ipswich & Di	4.44m	NWI

Event 82 M30 Long Jump 30-49yrs Decathlon**PIT 2****Finals**

1	Luke Hallett	M33	Act Masters	5.83m	550
---	--------------	-----	-------------	-------	-----

Event 82 M45 Long Jump 30-49yrs Decathlon**PIT 2****Finals**

1	Trevor O'Friel	M45	Deception Ba	3.92m	299
---	----------------	-----	--------------	-------	-----

Event 83 M60 Long Jump 50-109yrs Decathlon**PIT 2****Finals**

1	Andrew Millerd	M60	Tablelands A	5.02m	804
2	David Varley	M61	Qld Masters	4.27m	569
3	Neil Gray	M64	Qld Masters	3.45m	341

Event 93 W30 400 m 30-49yrs**Finals**

1	Elaine Van den Worm	W33	Mount Isa &	1:12.70
---	---------------------	-----	-------------	---------

Event 93 W40 400 m 30-49yrs**Finals**

1	Alison Bennett	W41	Townsville N	1:07.42
---	----------------	-----	--------------	---------

Event 105 M35 400 m 30-49yrs**Finals**

1	Nick Ash	M37	New Zealand	51.94
2	Justin Locher	M39	Mackay Athle	1:09.28

Event 105 M40 400 m 30-49yrs**Finals**

1	Glen Bray	M42	Ross River A	59.73
2	Steven Hayles	M40	Mackay Athle	1:03.68

Event 105 M45 400 m 30-49yrs**Finals**

1	Sunia Raitava	M46	Mount Isa &	1:00.70
2	Chris Carney	M46	North Mackay	1:02.95

Event 106 M55 400 m 50-109yrs**Finals**

1	Andre Soncin	M57	Tablelands A	1:09.69
---	--------------	-----	--------------	---------

Event 106 M65 400 m 50-109yrs**Finals**

1	Graham Paul Durant	M69	Keppel Coast	1:10.34
2	Willem Van Den Worm	M66	Mount Isa &	1:14.05

Event 117 W60 Shot Put 50-109yrs Heptathlon**SP2****Finals**

1	Desley Varley	W63	Qld Masters	6.43m	445
---	---------------	-----	-------------	-------	-----

Event 124 M30 Shot Put 30-49yrs Decathlon**SP 2****Finals**

1	Luke Hallett	M33	Act Masters	8.94m	422
---	--------------	-----	-------------	-------	-----

Event 124 M45 Shot Put 30-49yrs Decathlon**SP 2****Finals**

1	Trevor O'Friel	M45	Deception Ba	7.62m	428
---	----------------	-----	--------------	-------	-----

Event 125 M60 Shot Put 50-109yrs Decathlon**SP 2****Finals**

1	Andrew Millerd	M60	Tablelands A	9.64m	595
2	Neil Gray	M64	Qld Masters	7.77m	456
3	David Varley	M61	Qld Masters	7.71m	452

Event 140 W60 200 m 50-109yrs Heptathlon**Finals**

1	Desley Varley	W63	Qld Masters	43.16	153
---	---------------	-----	-------------	-------	-----

Event 145 W30 Shot Put 4.0kg 30-49yrs**SP 3****Finals**

1	Emily Keehn	W31	Central Quee	10.79m
2	Anna Tempany	W32	Ravenshoe At	6.24m

Event 145 W35 Shot Put 4.0kg 30-49yrs**SP 3****Finals**

1	Dash Newington	W39	Central Quee	6.48m
2	Emily Hayles	W38	Mackay Athle	5.90m

Event 145 W40 Shot Put 4.0kg 30-49yrs**SP 3****Finals**

1	Sandra De Cat	W43	Ross River A	8.92m
2	Melissa Percy	W42	Mulgrave Ath	8.20m
3	Cathryn Hoare	W42	Mackay Athle	7.70m
4	Kristie Wieland	W44	Moranbah Ath	7.68m
5	Madeleine Simmons	W41	Mackay Athle	6.94m
6	Nina Curtis Gee	W42	Keppel Coast	6.65m

2023 NQ Championships - MASTERS - 22/09/2023 to 24/09/2023

Mackay Aquatic & Recreation Complex

Results - Age Grading: 5 Yr Indiv & 5 yr Multi

Event 145 W45 Shot Put 4.0kg 30-49yrs**SP 3****Finals**

1	Tammy Meyer	W46	Mackay Athle	7.26m
2	Kristy Peel	W48	Mount Isa &	5.37m

Event 146 W35 Shot Put 30-49yrs Throws Pentathlon**Finals**

1	Dash Newington	W39	Central Quee	6.48m	316
---	----------------	-----	--------------	-------	-----

Event 146 W40 Shot Put 30-49yrs Throws Pentathlon**Finals**

1	Melissa Percy	W42	Mulgrave Ath	8.20m	474
2	Cathryn Hoare	W42	Mackay Athle	7.70m	438

Event 146 W45 Shot Put 30-49yrs Throws Pentathlon**Finals**

1	Tammy Meyer	W46	Mackay Athle	6.95m	424
2	Kristy Peel	W48	Mount Isa &	5.37m	301

Event 147 W50 Shot Put 50-109yrs**SP 2****Finals**

1	Althea Mackie	W53	Qld Masters	9.13m
2	Jodie Raciti	W51	Mulgrave Ath	7.06m
3	Joy Dale	W52	Qld Masters	6.75m
4	Barbara Baker	W53	Mount Isa &	6.69m

Event 147 W55 Shot Put 50-109yrs**SP 2****Finals**

1	Andrea Manson	W55	Qld Masters	5.59m
2	Judy Lewis	W57	Central Quee	5.35m

Event 147 W60 Shot Put 50-109yrs**SP 2****Finals**

1	Susan Tucker	W61	Central Quee	4.80m
---	--------------	-----	--------------	-------

Event 148 W50 Shot Put 50-109yrs Throws Pentathlon**Finals**

1	Althea Mackie	W53	Qld Masters	9.13m	552
2	Jodie Raciti	W51	Mulgrave Ath	7.06m	399
3	Barbara Baker	W53	Mount Isa &	6.69m	372
4	Lisa Taylor	W54	Charters Tow	5.19m	264

Event 148 W55 Shot Put 50-109yrs Throws Pentathlon**Finals**

1	Andrea Manson	W55	Qld Masters	5.59m	329
2	Judy Lewis	W57	Central Quee	5.35m	309

Event 148 W60 Shot Put 50-109yrs Throws Pentathlon**Finals**

1	Susan Tucker	W61	Central Quee	4.80m	302
---	--------------	-----	--------------	-------	-----

Event 158 W35 1500 m Race Walk 30-49yrs**Finals**

1	Dash Newington	W39	Central Quee	9:24.66
---	----------------	-----	--------------	---------

Event 171 M30 High Jump 30-49yrs Decathlon**Finals**

1	Luke Hallett	M33	Act Masters	1.66m	512
---	--------------	-----	-------------	-------	-----

Event 171 M45 High Jump 30-49yrs Decathlon**Finals**

1	Trevor O'Friel	M45	Deception Ba	1.51m	528
---	----------------	-----	--------------	-------	-----

Event 172 M60 High Jump 50-109yrs Decathlon**Finals**

1	Andrew Millerd	M60	Tablelands A	1.48m	731
2	David Varley	M61	Qld Masters	1.27m	496
3	Neil Gray	M64	Qld Masters	1.21m	441

Event 177 M30 400 m 30-49yrs Decathlon**Finals**

1	Luke Hallett	M33	Act Masters	1:00.12	409
---	--------------	-----	-------------	---------	-----

Event 177 M45 400 m 30-49yrs Decathlon**Finals**

1	Trevor O'Friel	M45	Deception Ba	1:05.90	390
---	----------------	-----	--------------	---------	-----

Event 178 M60 400 m 50-109yrs Decathlon**Finals**

1	Andrew Millerd	M60	Tablelands A	1:01.36	764
2	David Varley	M61	Qld Masters	1:05.57	614
3	Neil Gray	M64	Qld Masters	1:31.13	40

Event 182 M45 5000 m 30-49yrs**Finals**

1	Justin Lane	M48	Rockhampton	19:51.07
---	-------------	-----	-------------	----------

Event 183 M60 5000 m 50-109yrs**Finals**

1	Tony Litfin	M60	Red Earth Ru	19:27.25
2	Bruce Madin	M63	Athletics No	21:29.51

Event 225 M30 110 Short Hurdles 30-49yrs Decathlon**Finals**

1	Luke Hallett	M33	Act Masters	18.66	462
---	--------------	-----	-------------	-------	-----

Event 225 M45 110 Short Hurdles 30-49yrs Decathlon**Finals**

1	Trevor O'Friel	M45	Deception Ba	25.23	146
---	----------------	-----	--------------	-------	-----

Event 226 M60 100 Short Hurdles 50-109yrs Decathlon**Finals**

1	David Varley	M61	Qld Masters	18.16	508
2	Andrew Millerd	M60	Tablelands A	18.58	469
3	Neil Gray	M64	Qld Masters	23.10	145

Event 232 W60 Long Jump 50-109yrs Heptathlon**Finals**

1	Desley Varley	W63	Qld Masters	2.69m	279
---	---------------	-----	-------------	-------	-----

2023 NQ Championships - MASTERS - 22/09/2023 to 24/09/2023

Mackay Aquatic & Recreation Complex

Results - Age Grading: 5 Yr Indiv & 5 yr Multi

Event 283 M30 Discus 30-49yrs Decathlon**CAGE 2****Finals**

1	Luke Hallett	M33	Act Masters	28.87m	442
---	--------------	-----	-------------	--------	-----

Event 283 M45 Discus 30-49yrs Decathlon**CAGE 2****Finals**

1	Trevor O'Friel	M45	Deception Ba	17.54m	293
---	----------------	-----	--------------	--------	-----

Event 284 M60 Discus 50-109yrs Decathlon**CAGE 2****Finals**

1	Andrew Millerd	M60	Tablelands A	31.32m	529
2	David Varley	M61	Qld Masters	29.69m	495
3	Neil Gray	M64	Qld Masters	24.49m	387

Event 298 W35 1500 m 30-49yrs**Finals**

1	Emily Hayles	W38	Mackay Athle	7:19.79
---	--------------	-----	--------------	---------

Event 298 W40 1500 m 30-49yrs**Finals**

1	Mel Esau	W41	Mackay Athle	6:18.58
---	----------	-----	--------------	---------

Event 309 M40 1500 m 30-49yrs**Finals**

1	Glen Bray	M42	Ross River A	5:25.31
---	-----------	-----	--------------	---------

Event 309 M45 1500 m 30-49yrs**Finals**

1	Justin Lane	M48	Rockhampton	5:22.58
---	-------------	-----	-------------	---------

Event 323 W60 Javelin 50-109yrs Heptathlon**Finals**

1	Desley Varley	W63	Qld Masters	12.30m	286
---	---------------	-----	-------------	--------	-----

Event 337 M35 Discus 2.0kg 30-49yrs**CAGE 2****Finals**

1	Scott Piccinelli	M37	Townsville N	24.99m
2	Benjamin Ross	M37	Mackay Athle	24.64m
3	Justin Locher	M39	Mackay Athle	24.53m

Event 337 M40 Discus 2.0kg 30-49yrs**CAGE 2****Finals**

1	Niroshan Tharanga Di SubawM41	Emerald and	25.71m
2	Raymond Abdy F37 F37;T00M43	Charters Tow	16.56m

Event 337 M45 Discus 2.0kg 30-49yrs**CAGE 2****Finals**

1	Shaun Peel	M47	Mount Isa &	27.03m
2	Sunia Raitava	M46	Mount Isa &	26.18m

Event 338 M35 Discus 30-49yrs Throws Pentathlon**CAGE 2****Finals**

1	Benjamin Ross	M37	Mackay Athle	24.64m	360
2	Justin Locher	M39	Mackay Athle	24.53m	358

Event 338 M40 Discus 30-49yrs Throws Pentathlon**CAGE 2****Finals**

1	Raymond Abdy F37 F37;T00M43	Charters Tow	16.56m	214
---	-----------------------------	--------------	--------	-----

Event 338 M45 Discus 30-49yrs Throws Pentathlon**CAGE 2****Finals**

1	Shaun Peel	M47	Mount Isa &	27.03m	451
2	Sunia Raitava	M46	Mount Isa &	21.84m	342

Event 339 M55 Discus 50-109yrs**CAGE 2****Finals**

1	Rene Otto	M56	Central Quee	24.73m
---	-----------	-----	--------------	--------

Event 339 M65 Discus 50-109yrs**CAGE 2****Finals**

1	Wayne Fielder	M69	Mulgrave Ath	32.59m
2	Terry Ryan	M69	Mackay Athle	19.19m

Event 339 M70 Discus 50-109yrs**CAGE 2****Finals**

1	Mills Lafferty	M74	Qld Masters	21.12m
---	----------------	-----	-------------	--------

Event 339 M80 Discus 50-109yrs**CAGE 2****Finals**

1	Anthony Galea	M83	Mackay Athle	12.54m
---	---------------	-----	--------------	--------

Event 340 M55 Discus 50-109yrs Throws Pentathlon**CAGE 2****Finals**

1	Andrew Ford	M56	Tablelands A	29.31m	501
2	Rene Otto	M56	Central Quee	24.66m	402

Event 340 M60 Discus 50-109yrs Throws Pentathlon**CAGE 2****Finals**

1	Neil Gray	M64	Qld Masters	29.04m	426
---	-----------	-----	-------------	--------	-----

Event 340 M65 Discus 50-109yrs Throws Pentathlon**CAGE 2****Finals**

1	Wayne Fielder	M69	Mulgrave Ath	27.28m	442
---	---------------	-----	--------------	--------	-----

Event 340 M70 Discus 50-109yrs Throws Pentathlon**CAGE 2****Finals**

1	Mills Lafferty	M74	Qld Masters	20.96m	360
---	----------------	-----	-------------	--------	-----

2023 NQ Championships - MASTERS - 22/09/2023 to 24/09/2023

Mackay Aquatic & Recreation Complex

Results - Age Grading: 5 Yr Indiv & 5 yr Multi

Event 340 M75 Discus 50-109yrs Throws Pentathlon**CAGE 2****Finals**

1	Selwyn Hawken	M78	Whitsunday A	16.57m	307
---	---------------	-----	--------------	--------	-----

Event 340 M80 Discus 50-109yrs Throws Pentathlon**CAGE 2****Finals**

1	Anthony Galea	M83	Mackay Athle	12.54m	252
---	---------------	-----	--------------	--------	-----

Event 345 M30 Pole Vault 30-49yrs Decathlon**Finals**

1	Luke Hallett	M33	Act Masters	3.70m	535
---	--------------	-----	-------------	-------	-----

Event 345 M45 Pole Vault 30-49yrs Decathlon**Finals**

1	Trevor O'Friel	M45	Deception Ba	2.20m	246
---	----------------	-----	--------------	-------	-----

Event 346 M60 Pole Vault 50-109yrs Decathlon**Finals**

1	Andrew Millerd	M60	Tablelands A	2.80m	612
2	David Varley	M61	Qld Masters	2.60m	535
3	Neil Gray	M64	Qld Masters	2.00m	319

Event 349 W35 Javelin 600g 30-49yrs**JAV 2****Finals**

1	Dash Newington	W39	Central Quee	15.60m	
---	----------------	-----	--------------	--------	--

Event 349 W40 Javelin 600g 30-49yrs**JAV 2****Finals**

1	Cathryn Hoare	W42	Mackay Athle	22.05m	
2	Sandra De Cat	W43	Ross River A	22.02m	
3	Kristie Wieland	W44	Moranbah Ath	19.17m	
4	Melissa Percy	W42	Mulgrave Ath	18.50m	
5	Madeleine Simmons	W41	Mackay Athle	17.83m	
6	Nina Curtis Gee	W42	Keppel Coast	17.81m	

Event 349 W45 Javelin 600g 30-49yrs**JAV 2****Finals**

1	Janet Webber	W49	Ipswich & Di	29.69m	
2	Tammy Meyer	W46	Mackay Athle	13.12m	
3	Kristy Peel	W48	Mount Isa &	11.05m	

Event 350 W35 Javelin 30-49yrs Throws Pentathlon**Finals**

1	Dash Newington	W39	Central Quee	15.60m	225
---	----------------	-----	--------------	--------	-----

Event 350 W40 Javelin 30-49yrs Throws Pentathlon**Finals**

1	Cathryn Hoare	W42	Mackay Athle	22.05m	388
2	Melissa Percy	W42	Mulgrave Ath	18.50m	312

Event 350 W45 Javelin 30-49yrs Throws Pentathlon**Finals**

1	Tammy Meyer	W46	Mackay Athle	12.00m	196
---	-------------	-----	--------------	--------	-----

2	Kristy Peel	W48	Mount Isa &	11.05m	174
---	-------------	-----	-------------	--------	-----

Event 351 W50 Javelin 50-109yrs**JAV 2****Finals**

1	Althea Mackie	W53	Qld Masters	18.99m	
2	Joy Dale	W52	Qld Masters	17.49m	
3	Jodie Raciti	W51	Mulgrave Ath	13.37m	
4	Barbara Baker	W53	Mount Isa &	9.21m	

Event 351 W55 Javelin 50-109yrs**JAV 2****Finals**

1	Andrea Manson	W55	Qld Masters	12.89m	
2	Judy Lewis	W57	Central Quee	9.22m	

Event 351 W60 Javelin 50-109yrs**JAV 2****Finals**

1	Susan Tucker	W61	Central Quee	11.62m	
---	--------------	-----	--------------	--------	--

Event 352 W50 Javelin 50-109yrs Throws Pentathlon**Finals**

1	Althea Mackie	W53	Qld Masters	18.99m	382
2	Jodie Raciti	W51	Mulgrave Ath	13.37m	244
3	Lisa Taylor	W54	Charters Tow	11.81m	206
4	Barbara Baker	W53	Mount Isa &	8.76m	133

Event 352 W55 Javelin 50-109yrs Throws Pentathlon**Finals**

1	Andrea Manson	W55	Qld Masters	12.89m	264
2	Judy Lewis	W57	Central Quee	8.86m	157

Event 352 W60 Javelin 50-109yrs Throws Pentathlon**Finals**

1	Susan Tucker	W61	Central Quee	11.62m	265
---	--------------	-----	--------------	--------	-----

Event 358 W60 800 m 50-109yrs Heptathlon**Finals**

1	Desley Varley	W63	Qld Masters	4:09.20	234
---	---------------	-----	-------------	---------	-----

Event 359 W35 Long Jump 30-49yrs**PIT 1****Finals**

1	Dash Newington	W39	Central Quee	4.31m	NWI
---	----------------	-----	--------------	-------	-----

Event 359 W40 Long Jump 30-49yrs**PIT 1****Finals**

1	Madeleine Simmons	W41	Mackay Athle	3.81m	NWI
2	Melissa Percy	W42	Mulgrave Ath	3.68m	NWI
3	Nina Curtis Gee	W42	Keppel Coast	3.16m	NWI
4	Kristie Wieland	W44	Moranbah Ath	3.13m	NWI

Event 359 W45 Long Jump 30-49yrs**PIT 1****Finals**

1	Janet Webber	W49	Ipswich & Di	4.18m	NWI
2	Kristy Peel	W48	Mount Isa &	2.65m	NWI

2023 NQ Championships - MASTERS - 22/09/2023 to 24/09/2023

Mackay Aquatic & Recreation Complex

Results - Age Grading: 5 Yr Indiv & 5 yr Multi

Event 360 W50 Long Jump 50-109yrs

PIT 1

Finals

1	Joy Dale	W52	Qld Masters	2.98m	NWI
2	Barbara Baker	W53	Mount Isa &	2.35m	NWI

Event 362 M35 Triple Jump 30-49yrs

PIT 4

Finals

1	Benjamin Ross	M37	Mackay Athle	9.54m	NWI
---	---------------	-----	--------------	-------	-----

Event 362 M45 Triple Jump 30-49yrs

PIT 4

Finals

1	Shaun Peel	M47	Mount Isa &	9.62m	NWI
---	------------	-----	-------------	-------	-----

Event 363 M55 Triple Jump 50-109yrs

PIT 4

Finals

1	Andre Soncin	M57	Tablelands A	8.53m	NWI
2	Rene Otto	M56	Central Quee	3.16m	NWI

Event 363 M70 Triple Jump 50-109yrs

PIT 4

Finals

1	Daniel Conroy	M74	Mackay Athle	6.36m	NWI
---	---------------	-----	--------------	-------	-----

Event 382 W30 100 m 30-49yrs

Finals

1	Elaine Van den Worm	W33	Mount Isa &	15.51	NWI
---	---------------------	-----	-------------	-------	-----

Event 382 W40 100 m 30-49yrs

Finals

1	Madeleine Simmons	W41	Mackay Athle	14.39	NWI
---	-------------------	-----	--------------	-------	-----

Event 382 W45 100 m 30-49yrs

Finals

1	Janet Webber	W49	Ipswich & Di	15.05	NWI
---	--------------	-----	--------------	-------	-----

Event 384 M30 100 m 30-49yrs

Finals

1	Miles Kerr	M31	Moranbah Ath	12.62	NWI
---	------------	-----	--------------	-------	-----

Event 384 M35 100 m 30-49yrs

Finals

1	Anthony Porter	M36	North Mackay	12.56	NWI
2	Benjamin Ross	M37	Mackay Athle	12.85	NWI

Event 384 M40 100 m 30-49yrs

Finals

1	Ross Taylor	M40	Keppel Coast	12.44	NWI
2	Steven Hayles	M40	Mackay Athle	13.54	NWI

Event 384 M45 100 m 30-49yrs

Finals

1	Chris Carney	M46	North Mackay	13.09	NWI
2	Sunia Raitava	M46	Mount Isa &	13.10	NWI
3	Varian Platen	M45	Ipswich & Di	13.19	NWI

4	David Reed	M49	University o	13.37	NWI
5	Shaun Peel	M47	Mount Isa &	13.68	NWI

Event 385 M55 100 m 50-109yrs

Finals

1	Andre Soncin	M57	Tablelands A	14.34	NWI
---	--------------	-----	--------------	-------	-----

Event 385 M65 100 m 50-109yrs

Finals

1	Terry Ryan	M69	Mackay Athle	14.90	NWI
2	Graham Paul Durant	M69	Keppel Coast	15.53	NWI

Event 392 M30 Javelin 30-49yrs Decathlon

JAV 2

Finals

1	Luke Hallett	M33	Act Masters	30.44m	305
---	--------------	-----	-------------	--------	-----

Event 392 M45 Javelin 30-49yrs Decathlon

JAV 2

Finals

1	Trevor O'Friel	M45	Deception Ba	17.67m	171
---	----------------	-----	--------------	--------	-----

Event 393 M60 Javelin 50-109yrs Decathlon

JAV 2

Finals

1	David Varley	M61	Qld Masters	36.01m	602
2	Neil Gray	M64	Qld Masters	30.04m	478
3	Andrew Millerd	M60	Tablelands A	27.80m	432

Event 398 M35 Shot Put 7.26kg 30-49yrs

SP 3

Finals

1	Justin Locher	M39	Mackay Athle	9.68m
2	Benjamin Ross	M37	Mackay Athle	7.88m

Event 398 M40 Shot Put 7.26kg 30-49yrs

SP 3

Finals

1	Niroshan Tharanga Di SubawM41	Emerald and	11.79m
2	Raymond Abdy F37 F37;T00M43	Charters Tow	8.33m

Event 398 M45 Shot Put 7.26kg 30-49yrs

SP 3

Finals

1	Shaun Peel	M47	Mount Isa &	9.78m
2	David Reed	M49	University o	9.30m
3	Sunia Raitava	M46	Mount Isa &	8.88m

Event 401 M35 Shot Put 30-49yrs Throws Pentathlon

Finals

1	Justin Locher	M39	Mackay Athle	9.68m	488
2	Benjamin Ross	M37	Mackay Athle	7.88m	381

Event 401 M40 Shot Put 30-49yrs Throws Pentathlon

Finals

1	Raymond Abdy F37 F37;T00M43	Charters Tow	8.33m	442
---	-----------------------------	--------------	-------	-----

2023 NQ Championships - MASTERS - 22/09/2023 to 24/09/2023

Mackay Aquatic & Recreation Complex

Results - Age Grading: 5 Yr Indiv & 5 yr Multi

Event 401 M45 Shot Put 30-49yrs Throws Pentathlon**Finals**

1	Shaun Peel	M47	Mount Isa &	9.78m	591
2	Sunia Raitava	M46	Mount Isa &	8.88m	526

Event 402 M55 Shot Put 50-109yrs**SP 3****Finals**

1	Rene Otto	M56	Central Quee	6.99m	
---	-----------	-----	--------------	-------	--

Event 402 M65 Shot Put 50-109yrs**SP 3****Finals**

1	Wayne Fielder	M69	Mulgrave Ath	8.68m	
---	---------------	-----	--------------	-------	--

Event 402 M70 Shot Put 50-109yrs**SP 3****Finals**

1	Mills Lafferty	M74	Qld Masters	7.89m	
---	----------------	-----	-------------	-------	--

Event 402 M80 Shot Put 50-109yrs**SP 3****Finals**

1	Anthony Galea	M83	Mackay Athle	5.93m	
---	---------------	-----	--------------	-------	--

Event 403 M55 Shot Put 50-109yrs Throws Pentathlon**Finals**

1	Andrew Ford	M56	Tablelands A	9.17m	585
2	Rene Otto	M56	Central Quee	6.99m	419

Event 403 M60 Shot Put 50-109yrs Throws Pentathlon**Finals**

1	Neil Gray	M64	Qld Masters	5.93m	331
---	-----------	-----	-------------	-------	-----

Event 403 M65 Shot Put 50-109yrs Throws Pentathlon**Finals**

1	Wayne Fielder	M69	Mulgrave Ath	8.68m	595
---	---------------	-----	--------------	-------	-----

Event 403 M70 Shot Put 50-109yrs Throws Pentathlon**Finals**

1	Mills Lafferty	M74	Qld Masters	7.89m	523
---	----------------	-----	-------------	-------	-----

Event 403 M75 Shot Put 50-109yrs Throws Pentathlon**Finals**

1	Selwyn Hawken	M78	Whitsunday A	6.03m	420
---	---------------	-----	--------------	-------	-----

Event 403 M80 Shot Put 50-109yrs Throws Pentathlon**Finals**

1	Anthony Galea	M83	Mackay Athle	5.93m	454
---	---------------	-----	--------------	-------	-----

Event 410 M30 1500 m 30-49yrs Decathlon**Finals**

1	Luke Hallett	M33	Act Masters	5:37.94	361
---	--------------	-----	-------------	---------	-----

Event 410 M45 1500 m 30-49yrs Decathlon**Finals**

1	Trevor O'Friel	M45	Deception Ba	5:52.47	442
---	----------------	-----	--------------	---------	-----

Event 411 M60 1500 m 50-109yrs Decathlon**Finals**

1	Andrew Millerd	M60	Tablelands A	6:03.58	627
2	David Varley	M61	Qld Masters	6:57.79	391
3	Neil Gray	M64	Qld Masters	8:06.85	166

Event 428 M45 3000 m 30-49yrs**Finals**

1	Justin Lane	M48	Rockhampton	11:33.21	
---	-------------	-----	-------------	----------	--

Event 443 W50 Discus 50-109yrs**CAGE 2****Finals**

1	Althea Mackie	W53	Qld Masters	23.22m	
2	Jodie Raciti	W51	Mulgrave Ath	15.33m	
3	Barbara Baker	W53	Mount Isa &	13.82m	
4	Joy Dale	W52	Qld Masters	13.10m	

Event 443 W55 Discus 50-109yrs**CAGE 2****Finals**

1	Andrea Manson	W55	Qld Masters	18.91m	
2	Judy Lewis	W57	Central Quee	11.89m	

Event 443 W60 Discus 50-109yrs**CAGE 2****Finals**

1	Desley Varley	W63	Qld Masters	13.66m	
2	Susan Tucker	W61	Central Quee	11.12m	

Event 444 W50 Discus 50-109yrs Throws Pentathlon**Finals**

1	Althea Mackie	W53	Qld Masters	23.22m	471
2	Jodie Raciti	W51	Mulgrave Ath	15.33m	280
3	Barbara Baker	W53	Mount Isa &	13.82m	244
4	Lisa Taylor	W54	Charters Tow	13.18m	230

Event 444 W55 Discus 50-109yrs Throws Pentathlon**Finals**

1	Andrea Manson	W55	Qld Masters	18.06m	388
2	Judy Lewis	W57	Central Quee	11.89m	226

Event 444 W60 Discus 50-109yrs Throws Pentathlon**Finals**

1	Susan Tucker	W61	Central Quee	11.12m	237
---	--------------	-----	--------------	--------	-----

Event 455 W35 60 m 30-49yrs**Finals**

1	Dash Newington	W39	Central Quee	9.63	NWI
---	----------------	-----	--------------	------	-----

Event 455 W40 60 m 30-49yrs**Finals**

1	Madeleine Simmons	W41	Mackay Athle	9.05	NWI
2	Kristie Wieland	W44	Moranbah Ath	10.63	NWI

Event 456 W50 60 m 50-109yrs**Finals**

1	Joy Dale	W52	Qld Masters	11.56	NWI
---	----------	-----	-------------	-------	-----

2023 NQ Championships - MASTERS - 22/09/2023 to 24/09/2023

Mackay Aquatic & Recreation Complex

Results - Age Grading: 5 Yr Indiv & 5 yr Multi

Finals ... (Event 456 W50 60 m 50-109yrs)					
2	Barbara Baker	W53	Mount Isa &	12.55	NWI
Event 456 W55 60 m 50-109yrs					
Finals					
1	Julie Brims	W57	Qld Masters	8.16	NWI
Event 457 M30 60 m 30-49yrs					
Finals					
1	Miles Kerr	M31	Moranbah Ath	7.87	NWI
Event 457 M35 60 m 30-49yrs					
Finals					
1	Anthony Porter	M36	North Mackay	7.93	NWI
2	Benjamin Ross	M37	Mackay Athle	7.97	NWI
3	Scott Piccinelli	M37	Townsville N	8.84	NWI
Event 457 M40 60 m 30-49yrs					
Finals					
1	Steven Hayles	M40	Mackay Athle	8.52	NWI
Event 457 M45 60 m 30-49yrs					
Finals					
1	Chris Carney	M46	North Mackay	8.22	NWI
2	David Reed	M49	University o	8.28	NWI
3	Varian Platen	M45	Ipswich & Di	8.32	NWI
4	Shaun Peel	M47	Mount Isa &	8.46	NWI
Event 458 M55 60 m 50-109yrs					
Finals					
1	Andre Soncin	M57	Tablelands A	8.77	NWI
2	Rene Otto	M56	Central Quee	11.86	NWI
Event 458 M60 60 m 50-109yrs					
Finals					
1	Neil Gray	M64	Qld Masters	9.66	NWI
Event 458 M65 60 m 50-109yrs					
Finals					
1	Terry Ryan	M69	Mackay Athle	9.22	NWI
2	Graham Paul Durant	M69	Keppel Coast	9.68	NWI
Event 458 M70 60 m 50-109yrs					
Finals					
1	Daniel Conroy	M74	Mackay Athle	11.10	NWI
Event 458 M75 60 m 50-109yrs					
Finals					
1	Selwyn Hawken	M78	Whitsunday A	11.57	NWI
Event 480 W30 Discus 1.0kg 30-49yrs					
CAGE 2					
Finals					
1	Emily Keehn	W31	Central Quee	38.06m	
Event 480 W35 Discus 1.0kg 30-49yrs					
CAGE 2					
Finals					
1	Dash Newington	W39	Central Quee	25.95m	
2	Kayla Porter	W35	North Mackay	25.58m	
3	Sara Wessling - F44 F44;T00W38		Qld Athletic	16.71m	
Event 480 W40 Discus 1.0kg 30-49yrs					
CAGE 2					
Finals					
1	Sandra De Cat	W43	Ross River A	27.26m	
2	Melissa Percy	W42	Mulgrave Ath	24.42m	
3	Cathryn Hoare	W42	Mackay Athle	21.14m	
4	Nina Curtis Gee	W42	Keppel Coast	19.57m	
5	Kristie Wieland	W44	Moranbah Ath	18.67m	
6	Madeleine Simmons	W41	Mackay Athle	17.91m	
Event 480 W45 Discus 1.0kg 30-49yrs					
CAGE 2					
Finals					
1	Tammy Meyer	W46	Mackay Athle	20.24m	
2	Kristy Peel	W48	Mount Isa &	17.34m	
Event 481 W35 Discus 30-49yrs Throws Pentathlon					
Finals					
1	Dash Newington	W39	Central Quee	25.95m	387
Event 481 W40 Discus 30-49yrs Throws Pentathlon					
Finals					
1	Melissa Percy	W42	Mulgrave Ath	24.42m	410
2	Cathryn Hoare	W42	Mackay Athle	21.14m	326
Event 481 W45 Discus 30-49yrs Throws Pentathlon					
Finals					
1	Tammy Meyer	W46	Mackay Athle	20.24m	358
2	Kristy Peel	W48	Mount Isa &	17.34m	285
Event 500 W35 800 m 30-49yrs					
Finals					
1	Emily Hayles	W38	Mackay Athle	3:29.78	
Event 500 W40 800 m 30-49yrs					
Finals					
1	Mel Esau	W41	Mackay Athle	2:48.80	
2	Alison Bennett	W41	Townsville N	2:54.15	
Event 505E M35 Javelin 800g 30-49yrs					
JAV 2					
Finals					
1	Justin Locher	M39	Mackay Athle	38.00m	
2	Benjamin Ross	M37	Mackay Athle	31.88m	
3	Scott Piccinelli	M37	Townsville N	26.46m	
Event 505E M40 Javelin 800g 30-49yrs					
JAV 2					
Finals					
1	Niroshan Tharanga Di SubawM41		Emerald and	38.30m	
2	Raymond Abdy F37 F37;T00M43		Charters Tow	12.55m	

2023 NQ Championships - MASTERS - 22/09/2023 to 24/09/2023

Mackay Aquatic & Recreation Complex

Results - Age Grading: 5 Yr Indiv & 5 yr Multi

Event 505E M45 Javelin 800g 30-49yrs**JAV 2****Finals**

1	Sunia Raitava	M46	Mount Isa &	31.92m
2	Shaun Peel	M47	Mount Isa &	31.54m

Event 505F M35 Javelin 30-49yrs Throws Pentathlon**Finals**

1	Justin Locher	M39	Mackay Athle	38.00m	437
2	Benjamin Ross	M37	Mackay Athle	31.88m	345

Event 505F M40 Javelin 30-49yrs Throws Pentathlon**Finals**

1	Raymond Abdy F37 F37;T00M43	Charters Tow	12.55m	83
---	-----------------------------	--------------	--------	----

Event 505F M45 Javelin 30-49yrs Throws Pentathlon**Finals**

1	Shaun Peel	M47	Mount Isa &	31.54m	416
2	Sunia Raitava	M46	Mount Isa &	27.14m	340

Event 505G M55 Javelin 50-109yrs**JAV 2****Finals**

1	Rene Otto	M56	Central Quee	17.59m
---	-----------	-----	--------------	--------

Event 505G M60 Javelin 50-109yrs**JAV 2****Finals**

1	David Varley	M61	Qld Masters	33.84m
---	--------------	-----	-------------	--------

Event 505G M65 Javelin 50-109yrs**JAV 2****Finals**

1	Wayne Fielder	M69	Mulgrave Ath	24.53m
---	---------------	-----	--------------	--------

Event 505G M70 Javelin 50-109yrs**JAV 2****Finals**

1	Mills Lafferty	M74	Qld Masters	19.79m
---	----------------	-----	-------------	--------

Event 505G M75 Javelin 50-109yrs**JAV 2****Finals**

1	Selwyn Hawken	M78	Whitsunday A	15.61m
---	---------------	-----	--------------	--------

Event 505G M80 Javelin 50-109yrs**JAV 2****Finals**

1	Anthony Galea	M83	Mackay Athle	9.30m
---	---------------	-----	--------------	-------

Event 505H M55 Javelin 50-109yrs Throws Pentathlon**Finals**

1	Andrew Ford	M56	Tablelands A	23.69m	325
2	Rene Otto	M56	Central Quee	17.59m	210

Event 505H M60 Javelin 50-109yrs Throws Pentathlon**Finals**

1	Neil Gray	M64	Qld Masters	24.14m	342
---	-----------	-----	-------------	--------	-----

Event 505H M65 Javelin 50-109yrs Throws Pentathlon**Finals**

1	Wayne Fielder	M69	Mulgrave Ath	24.53m	402
---	---------------	-----	--------------	--------	-----

Event 505H M70 Javelin 50-109yrs Throws Pentathlon**Finals**

1	Mills Lafferty	M74	Qld Masters	19.79m	310
---	----------------	-----	-------------	--------	-----

Event 505H M75 Javelin 50-109yrs Throws Pentathlon**Finals**

1	Selwyn Hawken	M78	Whitsunday A	15.61m	267
---	---------------	-----	--------------	--------	-----

Event 505H M80 Javelin 50-109yrs Throws Pentathlon**Finals**

1	Anthony Galea	M83	Mackay Athle	9.30m	123
---	---------------	-----	--------------	-------	-----

Event 516 M40 800 m 30-49yrs**Finals**

1	Glen Bray	M42	Ross River A	2:25.36
---	-----------	-----	--------------	---------

Event 517 M50 800 m 50-109yrs**Finals**

1	Jason Smith	M52	Tablelands A	2:27.15
2	Grant Vaughan	M50	Keppel Coast	2:54.20

Event 517 M65 800 m 50-109yrs**Finals**

1	Graham Paul Durant	M69	Keppel Coast	2:45.33
2	Willem Van Den Worm	M66	Mount Isa &	3:04.81

Event 527 M35 High Jump 30-49yrs**Finals**

1	Anthony Porter	M36	North Mackay	1.45m
---	----------------	-----	--------------	-------

Event 528 W35 High Jump 30-49yrs**Finals**

1	Dash Newington	W39	Central Quee	1.40m
---	----------------	-----	--------------	-------

Event 528 W45 High Jump 30-49yrs**Finals**

1	Janet Webber	W49	Ipswich & Di	1.45m
---	--------------	-----	--------------	-------

Event 529 W50 High Jump 50-109yrs**Finals**

1	Joy Dale	W52	Qld Masters	1.13m
---	----------	-----	-------------	-------

Event 530 M65 High Jump 50-109yrs**Finals**

1	Terry Ryan	M69	Mackay Athle	1.26m
---	------------	-----	--------------	-------

Event 530 M70 High Jump 50-109yrs**Finals**

1	Daniel Conroy	M74	Mackay Athle	1.05m
---	---------------	-----	--------------	-------

Event 530 M75 High Jump 50-109yrs**Finals**

1	Selwyn Hawken	M78	Whitsunday A	0.95m
---	---------------	-----	--------------	-------

2023 NQ Championships - MASTERS - 22/09/2023 to 24/09/2023

Mackay Aquatic & Recreation Complex

Results - Age Grading: 5 Yr Indiv & 5 yr Multi

**Event 532 W35 Weight 30-49yrs Throws Pentathlon
CAGE1****Finals**

1	Dash Newington	W39	Central Quee	10.53m	465
---	----------------	-----	--------------	--------	-----

**Event 532 W40 Weight 30-49yrs Throws Pentathlon
CAGE1****Finals**

1	Melissa Percy	W42	Mulgrave Ath	7.92m	359
1	Cathryn Hoare	W42	Mackay Athle	7.92m	359

**Event 532 W45 Weight 30-49yrs Throws Pentathlon
CAGE1****Finals**

1	Kristy Peel	W48	Mount Isa &	7.32m	360
2	Tammy Meyer	W46	Mackay Athle	7.22m	354

**Event 533 W50 Weight 50-109yrs Throws Pentathlon
CAGE 1****Finals**

1	Althea Mackie	W53	Qld Masters	12.26m	635
2	Jodie Raciti	W51	Mulgrave Ath	8.05m	382
3	Barbara Baker	W53	Mount Isa &	5.65m	240
4	Lisa Taylor	W54	Charters Tow	5.28m	219

**Event 533 W55 Weight 50-109yrs Throws Pentathlon
CAGE 1****Finals**

1	Andrea Manson	W55	Qld Masters	6.49m	325
2	Judy Lewis	W57	Central Quee	6.15m	303

**Event 533 W60 Weight 50-109yrs Throws Pentathlon
CAGE 1****Finals**

1	Susan Tucker	W61	Central Quee	6.59m	301
---	--------------	-----	--------------	-------	-----

Event 549 W40 80 Short Hurdles 8 x 76.2cm 30-49yrs**Finals**

1	Madeleine Simmons	W41	Mackay Athle	14.64	NWI
---	-------------------	-----	--------------	-------	-----

**Event 571 M35 Weight 30-49yrs Throws Pentathlon
CAGE 1****Finals**

1	Justin Locher	M39	Mackay Athle	9.82m	453
2	Benjamin Ross	M37	Mackay Athle	6.11m	244

**Event 571 M40 Weight 30-49yrs Throws Pentathlon
CAGE 1****Finals**

1	Raymond Abdy	F37 F37;T00M43	Charters Tow	5.10m	207
---	--------------	----------------	--------------	-------	-----

**Event 571 M45 Weight 30-49yrs Throws Pentathlon
CAGE 1****Finals**

1	Shaun Peel	M47	Mount Isa &	7.60m	390
2	Sunia Raitava	M46	Mount Isa &	7.31m	371

**Event 572 M55 Weight 50-109yrs Throws Pentathlon
CAGE 1****Finals**

1	Andrew Ford	M56	Tablelands A	11.14m	593
2	Rene Otto	M56	Central Quee	7.48m	362

**Event 572 M60 Weight 50-109yrs Throws Pentathlon
CAGE 1****Finals**

1	Neil Gray	M64	Qld Masters	8.50m	389
---	-----------	-----	-------------	-------	-----

**Event 572 M65 Weight 50-109yrs Throws Pentathlon
CAGE 1****Finals**

1	Wayne Fielder	M69	Mulgrave Ath	10.26m	533
---	---------------	-----	--------------	--------	-----

**Event 572 M70 Weight 50-109yrs Throws Pentathlon
CAGE 1****Finals**

1	Mills Lafferty	M74	Qld Masters	8.68m	446
---	----------------	-----	-------------	-------	-----

**Event 572 M75 Weight 50-109yrs Throws Pentathlon
CAGE 1****Finals**

1	Selwyn Hawken	M78	Whitsunday A	7.70m	422
---	---------------	-----	--------------	-------	-----

**Event 572 M80 Weight 50-109yrs Throws Pentathlon
CAGE 1****Finals**

1	Anthony Galea	M83	Mackay Athle	8.71m	528
---	---------------	-----	--------------	-------	-----

Event 576 W30 200 m 30-49yrs**Finals**

1	Elaine Van den Worm	W33	Mount Isa &	34.39	NWI
---	---------------------	-----	-------------	-------	-----

Event 576 W40 200 m 30-49yrs**Finals**

1	Mel Esau	W41	Mackay Athle	30.92	NWI
2	Madeleine Simmons	W41	Mackay Athle	32.86	NWI

Event 577 W50 200 m 50-109yrs**Finals**

1	Barbara Baker	W53	Mount Isa &	46.50	NWI
---	---------------	-----	-------------	-------	-----

Event 581 M35 200 m 30-49yrs**Finals**

1	Nick Ash	M37	New Zealand	24.54	NWI
1	Justin Locher	M39	Mackay Athle	24.54	NWI

Event 581 M40 200 m 30-49yrs**Finals**

1	Glen Bray	M42	Ross River A	27.73	NWI
2	Steven Hayles	M40	Mackay Athle	28.57	NWI

Event 581 M45 200 m 30-49yrs**Finals**

1	Chris Carney	M46	North Mackay	27.55	NWI
2	Varian Platen	M45	Ipswich & Di	27.56	NWI

2023 NQ Championships - MASTERS - 22/09/2023 to 24/09/2023

Mackay Aquatic & Recreation Complex

Results - Age Grading: 5 Yr Indiv & 5 yr Multi

Event 582 M55 200 m 50-109yrs**Finals**

1	Andre Soncin	M57	Tablelands A	29.38	NWI
---	--------------	-----	--------------	-------	-----

Event 582 M65 200 m 50-109yrs**Finals**

1	Graham Paul Durant	M69	Keppel Coast	31.38	NWI
---	--------------------	-----	--------------	-------	-----

Event 808 W35 Throws Pentathlon 30-49yrs**Finals**

1	Dash Newington	W39	Central Quee	1822	
---	----------------	-----	--------------	------	--

Event 808 W40 Throws Pentathlon 30-49yrs**Finals**

1	Cathryn Hoare	W42	Mackay Athle	1870	
2	Melissa Percy	W42	Mulgrave Ath	1865	

Event 808 W45 Throws Pentathlon 30-49yrs**Finals**

1	Tammy Meyer	W46	Mackay Athle	1707	
2	Kristy Peel	W48	Mount Isa &	1387	

Event 809 M35 Throws Pentathlon 30-49yrs**Finals**

1	Justin Locher	M39	Mackay Athle	1956	
2	Benjamin Ross	M37	Mackay Athle	1498	

Event 809 M40 Throws Pentathlon 30-49yrs**Finals**

1	Raymond Abdy F37	M43	Charters Tow	1168	
---	------------------	-----	--------------	------	--

Event 809 M45 Throws Pentathlon 30-49yrs**Finals**

1	Shaun Peel	M47	Mount Isa &	2094	
---	------------	-----	-------------	------	--

Event 810 W50 Throws Pentathlon 50-109yrs**Finals**

1	Althea Mackie	W53	Qld Masters	2773	
2	Jodie Raciti	W51	Mulgrave Ath	1660	
3	Barbara Baker	W53	Mount Isa &	1248	
4	Lisa Taylor	W54	Charters Tow	1143	

Event 810 W55 Throws Pentathlon 50-109yrs**Finals**

1	Andrea Manson	W55	Qld Masters	1746	
2	Judy Lewis	W57	Central Quee	1273	

Event 810 W60 Throws Pentathlon 50-109yrs**Finals**

1	Susan Tucker	W61	Central Quee	1386	
---	--------------	-----	--------------	------	--

Event 811 M55 Throws Pentathlon 50-109yrs**Finals**

1	Andrew Ford	M56	Tablelands A	2525	
2	Rene Otto	M56	Central Quee	1773	

Event 811 M60 Throws Pentathlon 50-109yrs**Finals**

1	Neil Gray	M64	Qld Masters	1801	
---	-----------	-----	-------------	------	--

Event 811 M65 Throws Pentathlon 50-109yrs**Finals**

1	Wayne Fielder	M69	Mulgrave Ath	2535	
---	---------------	-----	--------------	------	--

Event 811 M70 Throws Pentathlon 50-109yrs**Finals**

1	Mills Lafferty	M74	Qld Masters	2180	
---	----------------	-----	-------------	------	--

Event 811 M75 Throws Pentathlon 50-109yrs**Finals**

1	Selwyn Hawken	M78	Whitsunday A	1783	
---	---------------	-----	--------------	------	--

Event 811 M80 Throws Pentathlon 50-109yrs**Finals**

1	Anthony Galea	M83	Mackay Athle	1837	
---	---------------	-----	--------------	------	--

Event 836 W60 Heptathlon 50-109yrs**Finals**

1	Desley Varley	W63	Qld Masters	2047	
---	---------------	-----	-------------	------	--

Event 849 M30 Decathlon 30-49yrs**Finals**

1	Luke Hallett	M33	Act Masters	4523	
---	--------------	-----	-------------	------	--

Event 849 M45 Decathlon 30-49yrs**Finals**

1	Trevor O'Friel	M45	Deception Ba	3406	
---	----------------	-----	--------------	------	--

Event 850 M60 Decathlon 50-109yrs**Finals**

1	Andrew Millerd	M60	Tablelands A	6380	
2	David Varley	M61	Qld Masters	5339	
3	Neil Gray	M64	Qld Masters	3201	