

2024 NQ Championships - 27/09/2024 to 29/09/2024

Townsville Sports Precinct

TIMETABLE SUBJECT TO CHANGE ON CLOSE OF NOMINATIONS

Session: 1 DAY 1

Day 1 - Friday 27/09/2024 - Starts at 10:00 AM

Starts at	Event	Round	Field Area
10:00 AM	#1 Men Pole Vault 15yrs (U16)	Finals	
10:00 AM	#2 Women Pole Vault U18	Finals	
10:00 AM	#3 Women Pole Vault U20	Finals	
10:00 AM	#4 Women 30-49 Pole Vault 30-49yrs	Finals	
10:00 AM	#5 Men 30-49 Pole Vault 30-49yrs	Finals	
10:00 AM	#6 Men 50+ Pole Vault 50-109yrs	Finals	
10:00 AM	#7 Boys Hammer 3.0kg 12yrs (U13)	Finals	
10:00 AM	#8 Men Hammer 3.0kg 13yrs (U14)	Finals	
10:00 AM	#9 Men Hammer 4.0kg 14yrs (U15)	Finals	
10:00 AM	#10 Men Hammer 4.0kg 15yrs (U16)	Finals	
10:00 AM	#11 Throws Pentathlon: #1 Men Hammer U16	Finals	
10:00 AM	#12 Men Hammer 5.0kg U18	Finals	
10:00 AM	#13 Throws Pentathlon: #1 Men Hammer U18	Finals	
10:00 AM	#14 Men Hammer 6.0kg U20	Finals	
10:00 AM	#15 Throws Pentathlon: #1 Men Hammer U20	Finals	
11:00 AM	#16 Men 2000 m Steeplechase 76.2cm U16	Finals	
11:00 AM	#17 Women 30-49 2000 m Steeplechase	Finals	
11:00 AM	#18 Women 2000 m Steeplechase 76.2cm U18	Finals	
11:00 AM	#19 Women 2000 m Steeplechase 76.2cm U16	Finals	
11:00 AM	#20 Women 3000 m Steeplechase 76.2cm U20	Finals	
11:00 AM	#21 Women 3000 m Steeplechase 76.2cm Open	Finals	
11:00 AM	#22 Women 50-79 2000 m Steeplechase	Finals	
11:30 AM	#23 Men 2000 m Steeplechase 84.0cm U18	Finals	
11:30 AM	#24 Men 3000 m Steeplechase 91.4cm U20	Finals	
11:30 AM	#25 Men 3000 m Steeplechase 91.4cm Open	Finals	
11:30 AM	#26 Men 30-49 3000 m Steeplechase 84.0cm	Finals	
11:30 AM	#27 Men 50-59 3000 m Steeplechase 84.0cm	Finals	
11:30 AM	#28 Men 60-79 2000 m Steeplechase 76.2cm	Finals	
11:30 AM	#29 Throws Pentathlon: #1 Men Hammer Open	Finals	
11:30 AM	#30 Men Hammer 7.26kg Open	Finals	
11:30 AM	#31 Men 30-49 Hammer 7.26kg 30-49yrs	Finals	
11:30 AM	#32 Throws Pentathlon: #1 Men 30-49 Hammer	Finals	
11:30 AM	#33 Men 50+ Hammer 50-109yrs	Finals	
11:30 AM	#34 Throws Pentathlon: #1 Men 50+ Hammer	Finals	
11:30 AM	#35 Girls Hammer 3.0kg 12yrs (U13)	Finals	

2024 NQ Championships - 27/09/2024 to 29/09/2024
Townsville Sports Precinct
TIMETABLE SUBJECT TO CHANGE ON CLOSE OF NOMINATIONS

Session: 1 DAY 1
Day 1 - Friday 27/09/2024 - Starts at 10:00 AM

Starts at	Event	Round	Field Area
11:30 AM	#36 Women Hammer 3.0kg 13yrs (U14)	Finals	
11:30 AM	#37 Women Hammer 3.0kg 14yrs (U15)	Finals	
11:30 AM	#38 Throws Pentathlon: #1 Women Hammer	Finals	
11:30 AM	#39 Women Hammer 3.0kg 15yrs (U16)	Finals	
11:30 AM	#40 Women Hammer 3.0kg U18	Finals	
11:30 AM	#41 Throws Pentathlon: #1 Women Hammer	Finals	
11:30 AM	#42 Women Hammer 4.0kg U20	Finals	
11:30 AM	#43 Throws Pentathlon: #1 Women Hammer	Finals	

DRAFT ONLY

2024 NQ Championships - 27/09/2024 to 29/09/2024
Townsville Sports Precinct
TIMETABLE SUBJECT TO CHANGE ON CLOSE OF NOMINATIONS

Session: 2 DAY 1
Day 1 - Friday 27/09/2024 - Starts at 12:00 PM

Starts at	Event	Round	Field Area
12:00 PM	#43 Heptathlon: #1 Men 100 m Hurdles U16	Finals	
12:00 PM	#44 Heptathlon: #1 Women 100 m Hurdles U16	Finals	
12:00 PM	#45 Heptathlon: #1 Women 100 m Hurdles U18	Finals	
12:00 PM	#46 Heptathlon: #1 Women 100 m Hurdles U20	Finals	
12:00 PM	#47 Heptathlon: #1 Women 100 m Hurdles	Finals	
12:00 PM	#48 Heptathlon: #1 Women 50+ 80 m Hurdles	Finals	
12:30 PM	#49 Girls 200 m Hurdles 10 x 76.2cm 12yrs	Finals	
12:30 PM	#50 Women 200 m Hurdles 10 x 76.2cm 13yrs	Finals	
12:30 PM	#51 Women 200 m Hurdles 10 x 76.2cm 14yrs	Finals	
12:30 PM	#52 Women 200 m Hurdles 10 x 76.2cm 15yrs	Finals	
12:40 PM	#53 Boys 200 m Hurdles 10 x 76.2cm 12yrs	Finals	
12:40 PM	#54 Men 200 m Hurdles 10 x 76.2cm 13yrs	Finals	
12:00 PM	#55 Men 200 m Hurdles 10 x 76.2cm 14yrs	Finals	
12:40 PM	#56 Men 200 m Hurdles 10 x 76.2cm 15yrs	Finals	
1:00 PM	#57 Women Pole Vault 12yrs (U13)	Finals	
1:00 PM	#58 Men 92 m 100 Yds Hect Open	Prelims	
1:00 PM	#59 Women 92 m 100 yds Camp Open	Prelims	
1:00 PM	#60 Men Pole Vault 12yrs (U13)	Finals	
1:00 PM	#61 Women Pole Vault 13yrs (U14)	Finals	
1:00 PM	#62 Men Pole Vault 13yrs (U14)	Finals	
1:00 PM	#63 Men Pole Vault 14yrs (U15)	Finals	
1:00 PM	#64 Women Pole Vault 14yrs (U15)	Finals	
1:00 PM	#65 Women Pole Vault 15yrs (U16)	Finals	
1:00 PM	#66 Heptathlon: #2 Women High Jump U16	Finals	
1:00 PM	#67 Heptathlon: #2 Women High Jump U18	Finals	
1:00 PM	#68 Heptathlon: #2 Women High Jump U20	Finals	
1:00 PM	#69 Heptathlon: #2 Women High Jump Open	Finals	
1:00 PM	#70 Heptathlon: #2 Women 50+ High Jump	Finals	
1:00 PM	#71 Decathlon: #1 Women 100 m Open	Finals	
1:00 PM	#72 Decathlon: #1 Women 100 m 40-44yrs	Finals	
1:00 PM	#73 Decathlon: #1 Men 100 m U18	Finals	
1:00 PM	#74 Decathlon: #1 Men 100 m U20	Finals	
1:00 PM	#75 Decathlon: #1 Men 100 m Open	Finals	
1:00 PM	#76 Decathlon: #1 Men 30-49 100 m 30-49yrs	Finals	
1:00 PM	#77 Decathlon: #1 Men 50+ 100 m 50-109yrs	Finals	

2024 NQ Championships - 27/09/2024 to 29/09/2024
Townsville Sports Precinct
TIMETABLE SUBJECT TO CHANGE ON CLOSE OF NOMINATIONS

Session: 2 DAY 1
Day 1 - Friday 27/09/2024 - Starts at 12:00 PM

Starts at	Event	Round	Field Area
1:00 PM	#78 Heptathlon: #2 Men Shot Put U16	Finals	
1:00 PM	#79 Men Shot Put 3.0kg 13yrs (U14)	Finals	
1:00 PM	#80 Women Hammer 4.0kg Open	Finals	
1:00 PM	#81 Throws Pentathlon: #1 Women Hammer	Finals	
1:00 PM	#82 Women 30-49 Hammer 4.0kg 30-49yrs	Finals	
1:00 PM	#83 Throws Pentathlon: #1 Women 30-49	Finals	
1:00 PM	#84 Women 50+ Hammer 50-109yrs	Finals	
1:00 PM	#85 Throws Pentathlon: #1 Women 50+	Finals	
1:30 PM	#86 Men 50+ Long Jump 50-109yrs	Finals	
1:30 PM	#87 Men 30-49 Long Jump 30-49yrs	Finals	
2:00 PM	#88 Decathlon: #2 Women Discus Open	Finals	
2:00 PM	#89 Decathlon: #2 Women Discus 40-44yrs	Finals	
2:00 PM	#90 Decathlon: #2 Men Long Jump U18	Finals	
2:00 PM	#91 Decathlon: #2 Men Long Jump U20	Finals	
2:00 PM	#92 Decathlon: #2 Men Long Jump Open	Finals	
2:00 PM	#93 Decathlon: #2 Men 30-49 Long Jump	Finals	
2:00 PM	#94 Decathlon: #2 Men 50+ Long Jump	Finals	
2:30 PM	#95 Girls 400 m 10yrs (U11)	Finals	
2:33 PM	#96 Girls 400 m 11yrs (U12)	Finals	
2:39 PM	#97 Girls 400 m 12yrs (U13)	Finals	
2:45 PM	#98 Women 400 m 13yrs (U14)	Finals	
2:51 PM	#99 Women 400 m 14yrs (U15)	Finals	
2:56 PM	#100 Women 400 m 15yrs (U16)	Finals	
3:25 PM	#101 Women 400 m PA Ambulant	Finals	
2:59 PM	#102 Women 400 m U18	Finals	
3:05 PM	#103 Women 400 m U20	Finals	
3:05 PM	#104 Women 400 m Open	Finals	
3:05 PM	#105 Women 30-49 400 m 30-49yrs	Finals	
3:05 PM	#106 Women 50+ 400 m 50-109yrs	Finals	
3:10 PM	#107 Boys 400 m 10yrs (U11)	Finals	
3:13 PM	#108 Boys 400 m 11yrs (U12)	Finals	
3:16 PM	#109 Boys 400 m 12yrs (U13)	Finals	
3:19 PM	#110 Men 400 m 13yrs (U14)	Finals	
3:22 PM	#111 Men 400 m 14yrs (U15)	Finals	
3:25 PM	#112 Men 400 m PA Ambulant	Finals	

2024 NQ Championships - 27/09/2024 to 29/09/2024
Townsville Sports Precinct
TIMETABLE SUBJECT TO CHANGE ON CLOSE OF NOMINATIONS

Session: 2 DAY 1
Day 1 - Friday 27/09/2024 - Starts at 12:00 PM

Starts at	Event	Round	Field Area
3:25 PM	#113 Men 400 m 15yrs (U16)	Finals	
3:28 PM	#114 Men 400 m U18	Finals	
3:25 PM	#115 Men 400 m U20	Finals	
3:31 PM	#116 Men 400 m Open	Finals	
3:34 PM	#117 Men 30-49 400 m 30-49yrs	Finals	
3:40 PM	#118 Men 50+ 400 m 50-109yrs	Finals	
3:00 PM	#119 Women High Jump 15yrs (U16)	Finals	
3:00 PM	#120 Women High Jump U18	Finals	
3:00 PM	#121 Women High Jump U20	Finals	
3:00 PM	#122 Heptathlon: #3 Men High Jump U16	Finals	
3:10 PM	#123 Girls Discus 750g 10yrs (U11)	Finals	
3:10 PM	#124 Girls Discus 750g 11yrs (U12)	Finals	
3:10 PM	#125 Heptathlon: #3 Women Shot Put U16	Finals	
3:10 PM	#126 Heptathlon: #3 Women Shot Put U20	Finals	
3:10 PM	#127 Heptathlon: #3 Women Shot Put U18	Finals	
3:10 PM	#128 Heptathlon: #3 Women Shot Put Open	Finals	
3:10 PM	#129 Heptathlon: #3 Women 50+ Shot Put	Finals	
3:30 PM	#130 Women Shot Put 4.0kg Open	Finals	
3:30 PM	#131 Throws Pentathlon: #2 Women Shot Put	Finals	
3:30 PM	#132 Decathlon: #3 Women Pole Vault Open	Finals	
3:30 PM	#133 Decathlon: #3 Women Pole Vault 40-44yrs	Finals	
3:30 PM	#134 Women Pole Vault Open	Finals	
4:00 PM	#135 Men Shot Put 7.26kg Open	Finals	
4:00 PM	#136 Throws Pentathlon: #2 Men Shot Put Open	Finals	
4:00 PM	#137 Decathlon: #3 Men Shot Put U18	Finals	
4:00 PM	#138 Decathlon: #3 Men Shot Put U20	Finals	
4:00 PM	#139 Decathlon: #3 Men Shot Put Open	Finals	
4:00 PM	#140 Decathlon: #3 Men 30-49 Shot Put	Finals	
4:00 PM	#141 Decathlon: #3 Men 50+ Shot Put	Finals	
4:00 PM	#142 Boys Long Jump 10yrs (U11)	Finals	
4:00 PM	#143 Boys Long Jump 11yrs (U12)	Finals	
4:30 PM	#144 Men Discus 1.0kg 14yrs (U15)	Finals	
4:30 PM	#145 Men Discus 1.0kg 15yrs (U16)	Finals	
4:30 PM	#146 Throws Pentathlon: #3 Men Discus U16	Finals	
4:30 PM	#147 Men Discus 1.5kg U18	Finals	

2024 NQ Championships - 27/09/2024 to 29/09/2024
Townsville Sports Precinct
TIMETABLE SUBJECT TO CHANGE ON CLOSE OF NOMINATIONS

Session: 2 DAY 1
Day 1 - Friday 27/09/2024 - Starts at 12:00 PM

Starts at	Event	Round	Field Area
4:30 PM	#148 Throws Pentathlon: #3 Men Discus U18	Finals	
4:30 PM	#149 Men Discus 1.75kg U20	Finals	
4:30 PM	#150 Throws Pentathlon: #3 Men Discus U20	Finals	
4:30 PM	#151 Heptathlon: #4 Men 200 m U16	Finals	
4:30 PM	#152 Heptathlon: #4 Women 200 m U16	Finals	
4:30 PM	#153 Heptathlon: #4 Women 200 m U18	Finals	
4:30 PM	#154 Heptathlon: #4 Women 200 m U20	Finals	
4:30 PM	#155 Heptathlon: #4 Women 200 m Open	Finals	
4:30 PM	#156 Heptathlon: #4 Women 50+ 200 m	Finals	
4:30 PM	#157 Women Triple Jump U20	Finals	
4:30 PM	#158 Women 30-49 Triple Jump 30-49yrs	Finals	
4:30 PM	#159 Women 50+ Triple Jump 50-109yrs	Finals	
5:00 PM	#160 Women 1 Mile Open NQ & QLD 1 Mile	Finals	
5:00 PM	#161 Men 1 Mile Open NQ & QLD 1 Mile	Finals	
5:00 PM	#162 Women Javelin 600g Open	Finals	
5:00 PM	#163 Decathlon: #4 Women Javelin Open	Finals	
5:00 PM	#164 Decathlon: #4 Women Javelin 40-44yrs	Finals	
5:00 PM	#165 Women 30-49 Shot Put 4.0kg 30-49yrs	Finals	
5:00 PM	#166 Throws Pentathlon: #2 Women 30-49 Shot	Finals	
5:00 PM	#167 Women 50+ Shot Put 50-109yrs	Finals	
5:00 PM	#168 Throws Pentathlon: #2 Women 50+ Shot	Finals	
5:00 PM	#169 Boys Long Jump 12yrs (U13)	Finals	
5:00 PM	#170 Girls Long Jump 12yrs (U13)	Finals	
5:15 PM	#171 Women 92 m 100 yds Camp Open	Finals	
5:20 PM	#172 Men 92 m 100 Yds Hect Open	Finals	
5:30 PM	#173 Girls 800 m Race Walk 10yrs (U11)	Finals	
5:30 PM	#174 Boys 800 m Race Walk 10yrs (U11)	Finals	
5:30 PM	#175 Girls 1500 m Race Walk 11yrs (U12)	Finals	
5:30 PM	#176 Girls 1500 m Race Walk 12yrs (U13)	Finals	
5:30 PM	#177 Boys 1500 m Race Walk 12yrs (U13)	Finals	
5:30 PM	#178 Women 30-49 1500 m Race Walk 30-49yrs	Finals	
5:30 PM	#179 Women 50+ 1500 m Race Walk 50-109yrs	Finals	
5:45 PM	#180 Women 3000 m Race Walk 14yrs (U15)	Finals	
5:45 PM	#181 Men 3000 m Race Walk 14yrs (U15)	Finals	
5:45 PM	#182 Women 3000 m Race Walk 15yrs (U16)	Finals	

2024 NQ Championships - 27/09/2024 to 29/09/2024
Townsville Sports Precinct
TIMETABLE SUBJECT TO CHANGE ON CLOSE OF NOMINATIONS

Session: 2 DAY 1
Day 1 - Friday 27/09/2024 - Starts at 12:00 PM

Starts at	Event	Round	Field Area
5:45 PM	#183 Men 3000 m Race Walk 15yrs (U16)	Finals	
5:45 PM	#184 Men 5000 m Race Walk U18	Finals	
5:45 PM	#185 Women 5000 m Race Walk Open	Finals	
5:45 PM	#186 Men Triple Jump 13yrs (U14)	Finals	
5:45 PM	#187 Men Triple Jump 14yrs (U15)	Finals	
5:45 PM	#188 Men Triple Jump 15yrs (U16)	Finals	
5:45 PM	#189 Decathlon: #4 Men High Jump U18	Finals	
5:45 PM	#190 Decathlon: #4 Men High Jump U20	Finals	
5:45 PM	#191 Decathlon: #4 Men High Jump Open	Finals	
5:45 PM	#192 Decathlon: #4 Men 30-49 High Jump	Finals	
5:45 PM	#193 Decathlon: #4 Men 50+ High Jump	Finals	
6:00 PM	#194 Women 10000 m Open Benita Willis Classic	Finals	
6:00 PM	#195 Men 10000 m Open Benita Willis Classics	Finals	
7:00 PM	#196 Decathlon: #5 Women 400 m Open	Finals	
7:00 PM	#197 Decathlon: #5 Women 400 m 40-44yrs	Finals	
7:15 PM	#198 Decathlon: #5 Men 400 m U18	Finals	
7:15 PM	#199 Decathlon: #5 Men 400 m U20	Finals	
7:15 PM	#200 Decathlon: #5 Men 400 m Open	Finals	
7:15 PM	#201 Decathlon: #5 Men 30-49 400 m 30-49yrs	Finals	
7:15 PM	#202 Decathlon: #5 Men 50+ 400 m 50-109yrs	Finals	

2024 NQ Championships - 27/09/2024 to 29/09/2024
Townsville Sports Precinct
TIMETABLE SUBJECT TO CHANGE ON CLOSE OF NOMINATIONS

Session: 3 DAY 2
Day 2 - Saturday 28/09/2024 - Starts at 07:00 AM

Starts at	Event	Round	Field Area
7:00 AM	#203 Women 5000 m Open	Finals	
7:00 AM	#204 Men 5000 m U20	Finals	
7:00 AM	#205 Men 5000 m Open	Finals	
7:00 AM	#206 Men 30-49 5000 m 30-49yrs	Finals	
7:00 AM	#207 Men 50+ 5000 m 50-109yrs	Finals	
8:00 AM	#208 Women Long Jump 13yrs (U14)	Finals	
8:00 AM	#209 Women Shot Put 3.0kg 14yrs (U15)	Finals	
8:00 AM	#210 Women Shot Put 3.0kg 15yrs (U16)	Finals	
8:00 AM	#211 Throws Pentathlon: #2 Women Shot Put	Finals	
8:00 AM	#212 Girls 100 m 4yrs (U5)	Finals	
8:00 AM	#213 Girls 100 m 5yrs (U6)	Finals	
8:02 AM	#214 Girls 100 m 6yrs (U7)	Finals	
8:03 AM	#215 Girls 100 m 7yrs (U8)	Finals	
8:04 AM	#216 Girls 100 m 8yrs (U9)	Finals	
8:06 AM	#217 Girls 100 m 9yrs (U10)	Finals	
8:08 AM	#218 Boys 100 m 4yrs (U5)	Finals	
8:08 AM	#219 Boys 100 m 5yrs (U6)	Finals	
8:09 AM	#220 Boys 100 m 6yrs (U7)	Finals	
8:10 AM	#221 Boys 100 m 7yrs (U8)	Finals	
8:12 AM	#222 Boys 100 m 8yrs (U9)	Finals	
8:14 AM	#223 Boys 100 m 9yrs (U10)	Finals	
8:20 AM	#224 Men 60 m PA Frame Running	Finals	
8:20 AM	#225 Women 60 m PA Frame Running	Finals	
9:00 AM	#226 Boys Long Jump 4yrs (U5)	Finals	
9:00 AM	#227 Girls Long Jump 4yrs (U5)	Finals	
9:00 AM	#228 Girls Long Jump 5yrs (U6)	Finals	
9:00 AM	#229 Girls Long Jump 6yrs (U7)	Finals	
9:00 AM	#230 Boys Long Jump 5yrs (U6)	Finals	
9:00 AM	#231 Boys Long Jump 6yrs (U7)	Finals	
9:00 AM	#232 Girls High Jump 8yrs (U9)	Finals	
9:00 AM	#233 Boys High Jump 8yrs (U9)	Finals	
9:00 AM	#234 Girls Discus 500g 9yrs (U10)	Finals	
9:00 AM	#235 Boys Discus 500g 9yrs (U10)	Finals	
9:00 AM	#236 Girls High Jump 11yrs (U12)	Finals	
9:00 AM	#237 Boys High Jump 11yrs (U12)	Finals	

2024 NQ Championships - 27/09/2024 to 29/09/2024
Townsville Sports Precinct
TIMETABLE SUBJECT TO CHANGE ON CLOSE OF NOMINATIONS

Session: 3 DAY 2
Day 2 - Saturday 28/09/2024 - Starts at 07:00 AM

Starts at	Event	Round	Field Area
9:00 AM	#238 Women 400 m Hurdles 10 x 76.2cm U18	Finals	
9:00 AM	#239 Women 400 m Hurdles 10 x 76.2cm U20	Finals	
9:00 AM	#240 Men 400 m Hurdles 10 x 84.0cm U18	Finals	
9:00 AM	#241 Men 400 m Hurdles 10 x 91.4cm Open	Finals	
10:00 AM	#242 Girls Shot Put 1.5kg 7yrs (U8)	Finals	
10:00 AM	#243 Boys Shot Put 1.5kg 7yrs (U8)	Finals	
10:00 AM	#244 Girls Discus 500g 8yrs (U9)	Finals	
10:00 AM	#245 Boys Discus 500g 8yrs (U9)	Finals	
10:00 AM	#246 Girls Shot Put 3.0kg 12yrs (U13)	Finals	
10:00 AM	#247 Women Shot Put 3.0kg 13yrs (U14)	Finals	
10:45 AM	#248 Decathlon: #6 Women 80 m Hurdles	Finals	
10:45 AM	#249 Decathlon: #6 Women 100 m Hurdles	Finals	
10:45 AM	#250 Decathlon: #6 Men 110 m Hurdles U18	Finals	
10:45 AM	#251 Decathlon: #6 Men 110 m Hurdles U20	Finals	
10:45 AM	#252 Decathlon: #6 Men 110 m Hurdles Open	Finals	
10:45 AM	#253 Decathlon: #6 Men 30-49 110 m Hurdles	Finals	
10:45 AM	#254 Decathlon: #6 Men 50+ 100 m Hurdles	Finals	
11:00 AM	#255 Heptathlon: #5 Men Long Jump U16	Finals	
11:00 AM	#256 Heptathlon: #5 Women Long Jump U16	Finals	
11:00 AM	#257 Heptathlon: #5 Women Long Jump U18	Finals	
11:00 AM	#258 Heptathlon: #5 Women Long Jump U20	Finals	
11:00 AM	#259 Heptathlon: #5 Women Long Jump Open	Finals	
11:00 AM	#260 Heptathlon: #5 Women 50+ Long Jump	Finals	
11:00 AM	#261 Decathlon: #7 Women Long Jump Open	Finals	
11:00 AM	#262 Decathlon: #7 Women Long Jump	Finals	
11:30 AM	#263 Men Long Jump Open	Finals	
11:30 AM	#264 Women Long Jump Open	Finals	
11:30 AM	#265 Women Long Jump PA Ambulant	Finals	
11:30 AM	#266 Men Long Jump PA Ambulant	Finals	
11:00 AM	#267 Girls Shot Put 1.0kg 4yrs (U5)	Finals	
11:00 AM	#268 Girls Shot Put 1.0kg 5yrs (U6)	Finals	
11:00 AM	#269 Girls Shot Put 1.0kg 6yrs (U7)	Finals	
11:00 AM	#270 Boys Shot Put 1.0kg 4yrs (U5)	Finals	
11:00 AM	#271 Boys Shot Put 1.0kg 5yrs (U6)	Finals	
11:00 AM	#272 Boys Shot Put 1.0kg 6yrs (U7)	Finals	

2024 NQ Championships - 27/09/2024 to 29/09/2024
Townsville Sports Precinct
TIMETABLE SUBJECT TO CHANGE ON CLOSE OF NOMINATIONS

Session: 3 DAY 2
Day 2 - Saturday 28/09/2024 - Starts at 07:00 AM

Starts at	Event	Round	Field Area
11:00 AM	#273 Men High Jump 15yrs (U16)	Finals	
11:00 AM	#274 Men High Jump U18	Finals	
11:00 AM	#275 Men High Jump U20	Finals	
11:00 AM	#276 Boys 60 m Hurdles 6 x 45cm 7yrs (U8)	Finals	
11:02 AM	#277 Girls 60 m Hurdles 6 x 45cm 7yrs (U8)	Finals	
11:04 AM	#278 Boys 60 m Hurdles 6 x 45cm 8yrs (U9)	Finals	
11:06 AM	#279 Girls 60 m Hurdles 6 x 45cm 8yrs (U9)	Finals	
11:08 AM	#280 Boys 60 m Hurdles 6 x 60cm 9yrs (U10)	Finals	
11:10 AM	#281 Girls 60 m Hurdles 6 x 60cm 9yrs (U10)	Finals	
11:12 AM	#282 Boys 60 m Hurdles 6 x 60cm 10yrs (U11)	Finals	
11:15 AM	#283 Girls 60 m Hurdles 6 x 60cm 10yrs (U11)	Finals	
11:19 AM	#284 Boys 60 m Hurdles 6 x 68cm 11yrs (U12)	Finals	
11:20 AM	#285 Girls 60 m Hurdles 6 x 68cm 11yrs (U12)	Finals	
11:30 AM	#286 Girls Discus 500g 7yrs (U8)	Finals	
11:30 AM	#287 Boys Discus 500g 7yrs (U8)	Finals	
11:45 AM	#288 Men Shot Put 5.0kg U18	Finals	
11:45 AM	#289 Throws Pentathlon: #2 Men Shot Put U18	Finals	
11:45 AM	#290 Men Shot Put 6.0kg U20	Finals	
11:45 AM	#291 Throws Pentathlon: #2 Men Shot Put U20	Finals	
11:45 AM	#292 Women Javelin 400g 13yrs (U14)	Finals	
11:45 AM	#293 Women Javelin 500g 14yrs (U15)	Finals	
11:45 AM	#294 Women Javelin 500g 15yrs (U16)	Finals	
11:45 AM	#295 Throws Pentathlon: #4 Women Javelin U16	Finals	
11:45 AM	#296 Women 100 m PA Frame Running	Finals	
11:45 AM	#297 Men 100 m PA Frame Running	Finals	
11:47 AM	#298 Women 100 m PA Ambulant	Finals	
11:47 AM	#299 Men 100 m PA Ambulant	Finals	
11:50 AM	#300 Girls 100 m 12yrs (U13)	ALL Prelims depends on final nominations	
11:53 AM	#301 Boys 100 m 12yrs (U13)	Prelims	
11:55 AM	#302 Women 100 m 13yrs (U14)	Prelims	
11:58 AM	#303 Men 100 m 13yrs (U14)	Prelims	
12:00 PM	#304 Women 100 m 14yrs (U15)	Prelims	
12:02 PM	#305 Men 100 m 14yrs (U15)	Prelims	
12:04 PM	#306 Women 100 m 15yrs (U16)	Prelims	
12:07 PM	#307 Women 100 m U18	Prelims	

2024 NQ Championships - 27/09/2024 to 29/09/2024
Townsville Sports Precinct
TIMETABLE SUBJECT TO CHANGE ON CLOSE OF NOMINATIONS

Session: 3 DAY 2
Day 2 - Saturday 28/09/2024 - Starts at 07:00 AM

Starts at	Event	Round	Field Area
12:08 PM	#308 Men 100 m U18	Prelims	
12:09 PM	#309 Men 100 m Open	Prelims	

DRAFT ONLY

2024 NQ Championships - 27/09/2024 to 29/09/2024
Townsville Sports Precinct
TIMETABLE SUBJECT TO CHANGE ON CLOSE OF NOMINATIONS

Session: 4 DAY 2
Day 2 - Saturday 28/09/2024 - Starts at 12:00 PM

Starts at	Event	Round	Field Area
12:00 PM	#309 Decathlon: #7 Men Discus U18	Finals	
12:00 PM	#310 Decathlon: #7 Men Discus U20	Finals	
12:00 PM	#311 Decathlon: #7 Men Discus Open	Finals	
12:00 PM	#312 Decathlon: #7 Men 30-49 Discus 30-49yrs	Finals	
12:00 PM	#313 Decathlon: #7 Men 50+ Discus 50-109yrs	Finals	
12:00 PM	#314 Boys High Jump 12yrs (U13)	Finals	
12:00 PM	#315 Men High Jump 13yrs (U14)	Finals	
12:00 PM	#316 Men High Jump 14yrs (U15)	Finals	
12:30 PM	#317 Girls High Jump 9yrs (U10)	Finals	
12:30 PM	#318 Boys High Jump 9yrs (U10)	Finals	
12:30 PM	#319 Girls 1500 m 10yrs (U11)	Finals	
12:30 PM	#320 Girls 1500 m 11yrs (U12)	Finals	
12:30 PM	#321 Girls 1500 m 12yrs (U13)	Finals	
12:35 PM	#322 Women 1500 m 13yrs (U14)	Finals	
12:35 PM	#323 Women 1500 m 14yrs (U15)	Finals	
12:35 PM	#324 Women 1500 m 15yrs (U16)	Finals	
12:40 PM	#325 Women 1500 m U18	Finals	
12:40 PM	#326 Women 1500 m Open	Finals	
12:40 PM	#327 Women 30-49 1500 m 30-49yrs	Finals	
12:45 PM	#328 Boys 1500 m 10yrs (U11)	Finals	
12:45 PM	#329 Boys 1500 m 11yrs (U12)	Finals	
12:50 PM	#330 Boys 1500 m 12yrs (U13)	Finals	
12:50 PM	#331 Men 1500 m 13yrs (U14)	Finals	
12:55 PM	#332 Men 1500 m 14yrs (U15)	Finals	
12:55 PM	#333 Men 1500 m 15yrs (U16)	Finals	
1:00 PM	#334 Men 1500 m U18	Finals	
1:05 PM	#335 Men 1500 m PA Ambulant	Finals	
1:05 PM	#336 Men 1500 m U20	Finals	
1:05 PM	#337 Men 1500 m Open	Finals	
1:05 PM	#338 Men 30-49 1500 m 30-49yrs	Finals	
1:05 PM	#339 Men 50+ 1500 m 50-109yrs	Finals	
1:00 PM	#340 Girls Long Jump 10yrs (U11)	Finals	
1:00 PM	#341 Boys Discus 750g 10yrs (U11)	Finals	
1:00 PM	#342 Boys Discus 750g 11yrs (U12)	Finals	
1:00 PM	#343 Girls High Jump 12yrs (U13)	Finals	

2024 NQ Championships - 27/09/2024 to 29/09/2024
Townsville Sports Precinct
TIMETABLE SUBJECT TO CHANGE ON CLOSE OF NOMINATIONS

Session: 4 DAY 2
Day 2 - Saturday 28/09/2024 - Starts at 12:00 PM

Starts at	Event	Round	Field Area
1:00 PM	#344 Women High Jump 13yrs (U14)	Finals	
1:00 PM	#345 Women High Jump 14yrs (U15)	Finals	
1:00 PM	#346 Decathlon: #8 Women Shot Put Open	Finals	
1:00 PM	#347 Decathlon: #8 Women Shot Put 40-44yrs	Finals	
1:00 PM	#348 Men Shot Put 4.0kg 14yrs (U15)	Finals	
1:00 PM	#349 Men Shot Put 4.0kg 15yrs (U16)	Finals	
1:00 PM	#350 Throws Pentathlon: #2 Men Shot Put U16	Finals	
1:00 PM	#351 Heptathlon: #6 Men Javelin U16	Finals	
1:00 PM	#352 Heptathlon: #6 Women Javelin U16	Finals	
1:00 PM	#353 Heptathlon: #6 Women Javelin U18	Finals	
1:00 PM	#354 Heptathlon: #6 Women Javelin U20	Finals	
1:00 PM	#355 Heptathlon: #6 Women Javelin Open	Finals	
1:00 PM	#356 Heptathlon: #6 Women 50+ Javelin	Finals	
1:30 PM	#357 Mixed 4-9 Other ceremonial kids athletics	Finals	
2:00 PM	#358 Men Discus 1.0kg 13yrs (U14)	Finals	
2:00 PM	#359 Women Javelin PA Ambulant	Finals	
2:00 PM	#360 Men Javelin PA Ambulant	Finals	
2:00 PM	#361 Women Javelin 500g U18	Finals	
2:00 PM	#362 Throws Pentathlon: #4 Women Javelin U18	Finals	
2:00 PM	#363 Women Javelin 600g U20	Finals	
2:00 PM	#364 Throws Pentathlon: #4 Women Javelin U20	Finals	
2:15 PM	#365 Women Long Jump 14yrs (U15)	Finals	
2:15 PM	#366 Women Long Jump 15yrs (U16)	Finals	
2:15 PM	#367 Women Long Jump U18	Finals	
2:15 PM	#368 Women Long Jump U20	Finals	
2:20 PM	#369 Boys Shot Put 3.0kg 12yrs (U13)	Finals	
2:20 PM	#370 Men Discus 2.0kg Open	Finals	
2:20 PM	#371 Throws Pentathlon: #3 Men Discus Open	Finals	
2:20 PM	#372 Men 30-49 Discus 2.0kg 30-49yrs	Finals	
2:20 PM	#373 Throws Pentathlon: #3 Men 30-49 Discus	Finals	
2:20 PM	#374 Men 50+ Discus 50-109yrs	Finals	
2:20 PM	#375 Throws Pentathlon: #3 Men 50+ Discus	Finals	
2:30 PM	#376 Men Pole Vault Open	Finals	
2:30 PM	#377 Decathlon: #8 Men Pole Vault U18	Finals	
2:30 PM	#378 Decathlon: #8 Men Pole Vault U20	Finals	

2024 NQ Championships - 27/09/2024 to 29/09/2024
Townsville Sports Precinct
TIMETABLE SUBJECT TO CHANGE ON CLOSE OF NOMINATIONS

Session: 4 DAY 2
Day 2 - Saturday 28/09/2024 - Starts at 12:00 PM

Starts at	Event	Round	Field Area
2:30 PM	#379 Decathlon: #8 Men Pole Vault Open	Finals	
2:30 PM	#380 Decathlon: #8 Men 30-49 Pole Vault	Finals	
2:30 PM	#381 Decathlon: #8 Men 50+ Pole Vault	Finals	
3:00 PM	#382 Girls Shot Put 2.0kg 11yrs (U12)	Finals	
3:00 PM	#383 Boys Shot Put 3.0kg 11yrs (U12)	Finals	
3:00 PM	#384 Women 30-49 Javelin 600g 30-49yrs	Finals	
3:00 PM	#385 Throws Pentathlon: #4 Women 30-49	Finals	
3:00 PM	#386 Women 50+ Javelin 50-109yrs	Finals	
3:00 PM	#387 Throws Pentathlon: #4 Women 50+ Javelin	Finals	
3:00 PM	#388 Heptathlon: #7 Men 1500 m U16	Finals	
3:00 PM	#389 Heptathlon: #7 Women 800 m U16	Finals	
3:00 PM	#390 Heptathlon: #7 Women 800 m U18	Finals	
3:00 PM	#391 Heptathlon: #7 Women 800 m U20	Finals	
3:00 PM	#392 Heptathlon: #7 Women 800 m Open	Finals	
3:00 PM	#393 Heptathlon: #7 Women 50+ 800 m	Finals	
3:45 PM	#394 Women 30-49 Long Jump 30-49yrs	Finals	
3:45 PM	#395 Women 50+ Long Jump 50-109yrs	Finals	
4:00 PM	#396 Men 30-49 Triple Jump 30-49yrs	Finals	
4:00 PM	#397 Men 50+ Triple Jump 50-109yrs	Finals	
4:00 PM	#398A Men Triple Jump U18	Finals	
4:00 PM	#399B Men Triple Jump U20	Finals	
4:00 PM	#400 Decathlon: #9 Women High Jump Open	Finals	
4:00 PM	#401 Decathlon: #9 Women High Jump 40-44yrs	Finals	
4:00 PM	#402 Women Discus 1.0kg Open	Finals	
4:00 PM	#403 Throws Pentathlon: #3 Women Discus	Finals	
4:00 PM	#404 Girls 100 m 10yrs (U11)	Finals	
4:02 PM	#405 Boys 100 m 10yrs (U11)	Finals	
4:04 PM	#406 Girls 100 m 11yrs (U12)	Finals	
4:06 PM	#407 Boys 100 m 11yrs (U12)	Finals	
4:08 PM	#408 Girls 100 m 12yrs (U13)	Finals	
4:10 PM	#409 Boys 100 m 12yrs (U13)	Finals	
4:12 PM	#410 Women 100 m 13yrs (U14)	Finals	
4:14 PM	#411 Men 100 m 13yrs (U14)	Finals	
4:16 PM	#412 Women 100 m 14yrs (U15)	Finals	
4:18 PM	#413 Men 100 m 14yrs (U15)	Finals	

2024 NQ Championships - 27/09/2024 to 29/09/2024
Townsville Sports Precinct
TIMETABLE SUBJECT TO CHANGE ON CLOSE OF NOMINATIONS

Session: 4 DAY 2
Day 2 - Saturday 28/09/2024 - Starts at 12:00 PM

Starts at	Event	Round	Field Area
4:20 PM	#414 Women 100 m 15yrs (U16)	Finals	
4:22 PM	#415 Men 100 m 15yrs (U16)	Finals	
4:24 PM	#416 Women 100 m U18	Finals	
4:26 PM	#417 Men 100 m U18	Finals	
4:28 PM	#418 Women 30-49 100 m 30-49yrs	Finals	
4:30 PM	#419 Women 50+ 100 m 50-109yrs	Finals	
4:32 PM	#420 Men 30-49 100 m 30-49yrs	Finals	
4:34 PM	#421 Men 50+ 100 m 50-109yrs	Finals	
4:36 PM	#422 Men 100 m U20	Finals	
4:38 PM	#423 Women 100 m U20	Finals	
4:40 PM	#424 Women 100 m Open	Finals	
4:42 PM	#425 Men 100 m Open	Finals	
5:00 PM	#426 Decathlon: #9 Men Javelin U18	Finals	
5:00 PM	#427 Decathlon: #9 Men Javelin U20	Finals	
5:00 PM	#428 Decathlon: #9 Men Javelin Open	Finals	
5:00 PM	#429 Decathlon: #9 Men 30-49 Javelin 30-49yrs	Finals	
5:00 PM	#430 Decathlon: #9 Men 50+ Javelin 50-109yrs	Finals	
5:15 PM	#431 Women Shot Put 3.0kg U18	Finals	
5:15 PM	#432 Throws Pentathlon: #2 Women Shot Put	Finals	
5:15 PM	#433 Women Shot Put 4.0kg U20	Finals	
5:15 PM	#434 Throws Pentathlon: #2 Women Shot Put	Finals	
5:15 PM	#435 Men 30-49 Shot Put 7.26kg 30-49yrs	Finals	
5:15 PM	#436 Men Shot Put PA Ambulant	Finals	
5:15 PM	#437 Women Shot Put PA Ambulant	Finals	
5:15 PM	#438 Throws Pentathlon: #2 Men 30-49 Shot Put	Finals	
5:15 PM	#439 Men 50+ Shot Put 50-109yrs	Finals	
5:15 PM	#440 Throws Pentathlon: #2 Men 50+ Shot Put	Finals	
5:30 PM	#441 Women 4x60 m Relay Jnr Shuttle relays	Finals	
5:30 PM	#442 Men 4x60 m Relay Jnr Shuttle relays	Finals	
5:30 PM	#443 Mixed 4x100 m Relay Open (12-15) relays	Finals	
5:30 PM	#444 Mixed 4x100 m Relay Open relays	Finals	
5:30 PM	#445 Mixed 4x400 m Relay 4 x 400m relays	Finals	
5:30 PM	#446 Women 4x100 m Relay Open relays	Finals	
5:30 PM	#447 Women 4x400 m Relay Open relays	Finals	
5:30 PM	#448 Men 4x100 m Relay Open relays	Finals	

2024 NQ Championships - 27/09/2024 to 29/09/2024
Townsville Sports Precinct
TIMETABLE SUBJECT TO CHANGE ON CLOSE OF NOMINATIONS

Session: 4 DAY 2
 Day 2 - Saturday 28/09/2024 - Starts at 12:00 PM

Starts at	Event	Round	Field Area
5:30 PM	#449 Men 4x400 m Relay Open relays	Finals	
6:00 PM	#450 Decathlon: #10 Women 1500 m Open	Finals	
6:00 PM	#451 Decathlon: #10 Women 1500 m 40-44yrs	Finals	
6:00 PM	#452 Decathlon: #10 Men 1500 m U18	Finals	
6:00 PM	#453 Decathlon: #10 Men 1500 m U20	Finals	
6:00 PM	#454 Decathlon: #10 Men 1500 m Open	Finals	
6:00 PM	#455 Decathlon: #10 Men 30-49 1500 m	Finals	
6:00 PM	#456 Decathlon: #10 Men 50+ 1500 m	Finals	

DRAFT ONLY

2024 NQ Championships - 27/09/2024 to 29/09/2024
Townsville Sports Precinct
TIMETABLE SUBJECT TO CHANGE ON CLOSE OF NOMINATIONS

Session: 5 DAY 3
Day 3 - Sunday 29/09/2024 - Starts at 07:00 AM

Starts at	Event	Round	Field Area
7:00 AM	#460 Girls 3000 m 12yrs (U13)	Finals	
7:00 AM	#461 Women 3000 m 13yrs (U14)	Finals	
7:00 AM	#462 Women 3000 m 14yrs (U15)	Finals	
7:00 AM	#463 Women 3000 m 15yrs (U16)	Finals	
7:00 AM	#464 Women 3000 m U18	Finals	
7:00 AM	#465 Women 3000 m Open	Finals	
7:20 AM	#466 Boys 3000 m 12yrs (U13)	Finals	
7:20 AM	#467 Men 3000 m 13yrs (U14)	Finals	
7:20 AM	#468 Men 3000 m 14yrs (U15)	Finals	
7:20 AM	#469 Men 3000 m 15yrs (U16)	Finals	
7:40 AM	#470 Men 3000 m U18	Finals	
7:40 AM	#471 Men 3000 m U20	Finals	
7:40 AM	#472 Men 30-49 3000 m 30-49yrs	Finals	
7:40 AM	#473 Men 50+ 3000 m 50-109yrs	Finals	
8:00 AM	#474 Girls Discus 350g 4yrs (U5)	Finals	
8:00 AM	#475 Girls Discus 350g 5yrs (U6)	Finals	
8:00 AM	#476 Girls Discus 350g 6yrs (U7)	Finals	
8:00 AM	#477 Boys Discus 350g 4yrs (U5)	Finals	
8:00 AM	#478 Boys Discus 350g 5yrs (U6)	Finals	
8:00 AM	#479 Boys Discus 350g 6yrs (U7)	Finals	
8:00 AM	#480 Girls Long Jump 7yrs (U8)	Finals	
8:00 AM	#481 Boys Long Jump 7yrs (U8)	Finals	
8:00 AM	#482 Women Triple Jump Open	Finals	
8:00 AM	#483 Girls Triple Jump 12yrs (U13)	Finals	
8:00 AM	#484 Boys Triple Jump 12yrs (U13)	Finals	
8:00 AM	#485 Men Triple Jump Open	Finals	
8:00 AM	#486 Women Discus 1.0kg U18	Finals	
8:00 AM	#487 Throws Pentathlon: #3 Women Discus U18	Finals	
8:00 AM	#488 Women Discus 1.0kg U20	Finals	
8:00 AM	#489 Throws Pentathlon: #3 Women Discus U20	Finals	
8:00 AM	#490 Women 50+ Discus 50-109yrs	Finals	
8:00 AM	#491 Throws Pentathlon: #3 Women 50+ Discus	Finals	
8:00 AM	#492 Women Discus PA Ambulant	Finals	
8:00 AM	#493 Men Discus PA Ambulant	Finals	
8:30 AM	#494 Girls High Jump 10yrs (U11)	Finals	

2024 NQ Championships - 27/09/2024 to 29/09/2024
Townsville Sports Precinct
TIMETABLE SUBJECT TO CHANGE ON CLOSE OF NOMINATIONS

Session: 5 DAY 3
Day 3 - Sunday 29/09/2024 - Starts at 07:00 AM

Starts at	Event	Round	Field Area
8:30 AM	#495 Boys High Jump 10yrs (U11)	Finals	
8:30 AM	#456 Men Long Jump 13yrs (U14)	Finals	
8:30 AM	#457 Men Long Jump 14yrs (U15)	Finals	
8:30 AM	#458 Men Long Jump U18	Finals	
8:30 AM	#459 Men Long Jump U20	Finals	
8:30 AM	#497 Girls 60 m 4yrs (U5)	Finals	
8:30 AM	#496 Boys 60 m 4yrs (U5)	Finals	
8:30 AM	#498 Girls 60 m 5yrs (U6)	Finals	
8:30 AM	#499 Boys 60 m 5yrs (U6)	Finals	
8:32 AM	#500 Girls 60 m 6yrs (U7)	Finals	
8:33 AM	#501 Boys 60 m 6yrs (U7)	Finals	
8:34 AM	#502 Girls 60 m 7yrs (U8)	Finals	
8:35 AM	#503 Boys 60 m 7yrs (U8)	Finals	
8:37 AM	#504 Women 30-49 60 m 30-49yrs	Finals	
8:37 AM	#505 Women 50+ 60 m 50-109yrs	Finals	
8:38 AM	#506 Men 30-49 60 m 30-49yrs	Finals	
8:38 AM	#507 Men 50+ 60 m 50-109yrs	Finals	
8:40 AM	#508 Women 60 m Open	Finals	
8:40 AM	#509 Men 60 m Open	Finals	
8:45 AM	#510 Girls Shot Put 2.0kg 9yrs (U10)	Finals	
8:45 AM	#511 Boys Shot Put 2.0kg 9yrs (U10)	Finals	
8:45 AM	#512 Boys Long Jump 8yrs (U9)	Finals	
8:45 AM	#513 Girls Long Jump 8yrs (U9)	Finals	
9:00 AM	#514 Girls 200 m 12yrs (U13)	ALL Prelims dependent of final nominations	
9:06 AM	#515 Women 200 m 13yrs (U14)	Prelims	
9:12 AM	#516 Women 200 m 14yrs (U15)	Prelims	
9:14 AM	#517 Women 200 m 15yrs (U16)	Prelims	
9:20 AM	#518 Women 200 m U18	Prelims	
9:40 AM	#519 Girls 200 m 7yrs (U8)	Finals	
9:42 AM	#520 Boys 200 m 7yrs (U8)	Finals	
9:46 AM	#521 Girls 200 m 8yrs (U9)	Finals	
9:48 AM	#522 Boys 200 m 8yrs (U9)	Finals	
9:52 AM	#523 Girls 200 m 9yrs (U10)	Finals	
9:56 AM	#524 Boys 200 m 9yrs (U10)	Finals	
9:30 AM	#526 Women 30-49 Discus 1.0kg 30-49yrs	Finals	

2024 NQ Championships - 27/09/2024 to 29/09/2024
Townsville Sports Precinct
TIMETABLE SUBJECT TO CHANGE ON CLOSE OF NOMINATIONS

Session: 5 DAY 3
Day 3 - Sunday 29/09/2024 - Starts at 07:00 AM

Starts at	Event	Round	Field Area
9:30 AM	#527 Throws Pentathlon: #3 Women 30-49	Finals	
9:30 AM	#528 Girls Javelin 400g 12yrs (U13)	Finals	
9:30 AM	#525 Girls Long Jump 11yrs (U12)	Finals	
9:30 AM	#529 Boys Javelin 600g 12yrs (U13)	Finals	
9:30 AM	#530 Women Discus 1.0kg 13yrs (U14)	Finals	
9:30 AM	#531 Women Discus 1.0kg 14yrs (U15)	Finals	
9:30 AM	#532 Women Discus 1.0kg 15yrs (U16)	Finals	
9:30 AM	#533 Throws Pentathlon: #3 Women Discus U16	Finals	
10:00 AM	#534 Girls Shot Put 2.0kg 8yrs (U9)	Finals	
10:00 AM	#535 Boys Shot Put 2.0kg 8yrs (U9)	Finals	
10:00 AM	#536 Girls Long Jump 9yrs (U10)	Finals	
10:00 AM	#537 Boys Long Jump 9yrs (U10)	Finals	
10:15 AM	#538 Girls 800 m 10yrs (U11)	Finals	
10:19 AM	#539 Girls 800 m 11yrs (U12)	Finals	
10:23 AM	#540 Girls 800 m 12yrs (U13)	Finals	
10:27 AM	#541 Women 800 m 13yrs (U14)	Finals	
10:27 AM	#542 Women 800 m 14yrs (U15)	Finals	
10:31 AM	#543 Women 800 m 15yrs (U16)	Finals	
10:31 AM	#544 Women 800 m U18	Finals	
10:35 AM	#545 Women 800 m Open	Finals	
10:35 AM	#546 Women 30-49 800 m 30-49yrs	Finals	
10:30 AM	#547 Throws Pentathlon: #5 Women Weight	Finals	
10:30 AM	#548 Throws Pentathlon: #5 Women Weight	Finals	
10:30 AM	#549 Throws Pentathlon: #5 Women Weight	Finals	
11:00 AM	#550 Women 30-49 High Jump 30-49yrs	Finals	
10:30 AM	#553A Men Javelin 600g 13yrs (U14)	Finals	
10:30 AM	#554B Men Javelin 700g 14yrs (U15)	Finals	
10:30 AM	#555C Men Javelin 700g 15yrs (U16)	Finals	
10:30 AM	#556D Throws Pentathlon: #4 Men Javelin U16	Finals	
10:30 AM	#557E Men 30-49 Javelin 800g 30-49yrs	Finals	
10:30 AM	#558F Throws Pentathlon: #4 Men 30-49 Javelin	Finals	
10:30 AM	#559G Men 50+ Javelin 50-109yrs	Finals	
10:30 AM	#560H Throws Pentathlon: #4 Men 50+ Javelin	Finals	
10:30 AM	#561 Boys 800 m 10yrs (U11)	Finals	
10:34 AM	#562 Boys 800 m 11yrs (U12)	Finals	

2024 NQ Championships - 27/09/2024 to 29/09/2024
Townsville Sports Precinct
TIMETABLE SUBJECT TO CHANGE ON CLOSE OF NOMINATIONS

Session: 5 DAY 3
 Day 3 - Sunday 29/09/2024 - Starts at 07:00 AM

Starts at	Event	Round	Field Area
10:38 AM	#563 Boys 800 m 12yrs (U13)	Finals	
10:42 AM	#564 Men 800 m 13yrs (U14)	Finals	
10:42 AM	#565 Men 800 m 14yrs (U15)	Finals	
10:46 AM	#566 Men 800 m 15yrs (U16)	Finals	
10:46 AM	#567 Men 800 m PA Ambulant	Finals	
10:46 AM	#568 Men 800 m U20	Finals	
10:46 AM	#569 Men 800 m Open	Finals	
10:50 AM	#570 Men 800 m U18	Finals	
10:54 AM	#571 Men 30-49 800 m 30-49yrs	Finals	
10:54 AM	#572 Men 50+ 800 m 50-109yrs	Finals	
11:00 AM	#551 Girls Discus 1.0kg 12yrs (U13)	Finals	
11:00 AM	#552 Boys Discus 1.0kg 12yrs (U13)	Finals	
11:04 AM	#574 Girls 800 m 9yrs (U10)	Finals	
11:00 AM	#573 Girls 800 m 8yrs (U9)	Finals	
11:08 AM	#575 Boys 800 m 8yrs (U9)	Finals	
11:12 AM	#576 Boys 800 m 9yrs (U10)	Finals	
11:00 AM	#577 Women Triple Jump 13yrs (U14)	Finals	
11:00 AM	#578 Women Triple Jump 14yrs (U15)	Finals	
11:00 AM	#579 Women Triple Jump 15yrs (U16)	Finals	
11:00 AM	#580A Women Triple Jump U18	Finals	
11:00 AM	#581 Women High Jump Open	Finals	
11:00 AM	#582 Men High Jump Open	Finals	
11:00 AM	#583 Men 30-49 High Jump 30-49yrs	Finals	
11:00 AM	#584 Women 50+ High Jump 50-109yrs	Finals	
11:00 AM	#585 Men 50+ High Jump 50-109yrs	Finals	
11:30 AM	#586 Throws Pentathlon: #5 Women Weight	Finals	
11:30 AM	#587 Throws Pentathlon: #5 Women 30-49	Finals	
11:30 AM	#588 Throws Pentathlon: #5 Women 50+	Finals	
11:30 AM	#589 Men Javelin 700g U18	Finals	
11:30 AM	#590 Throws Pentathlon: #4 Men Javelin U18	Finals	
11:30 AM	#591 Men Javelin 800g U20	Finals	
11:30 AM	#592 Throws Pentathlon: #4 Men Javelin U20	Finals	
11:30 AM	#593A Men Javelin 800g Open	Finals	
11:30 AM	#594B Throws Pentathlon: #4 Men Javelin Open	Finals	
11:50 AM	#595 Girls Shot Put 2.0kg 10yrs (U11)	Finals	

2024 NQ Championships - 27/09/2024 to 29/09/2024
Townsville Sports Precinct
TIMETABLE SUBJECT TO CHANGE ON CLOSE OF NOMINATIONS

Session: 5 DAY 3
Day 3 - Sunday 29/09/2024 - Starts at 07:00 AM

Starts at	Event	Round	Field Area
11:50 AM	#596 Girls 80 m Hurdles 9 x 76.2cm 12yrs (U13)	Finals	
11:50 AM	#597 Women 80 m Hurdles 9 x 76.2cm 13yrs	Finals	
11:50 AM	#598 Women 40-49 80 m Hurdles 8 x 76.2cm	Finals	
12:00 PM	#599 Boys 90 m Hurdles 9 x 76.2cm 12yrs (U13)	Finals	
12:00 PM	#600 Men 90 m Hurdles 9 x 76.2cm 13yrs (U14)	Finals	
12:03 PM	#601 Women 90 m Hurdles 9 x 76.2cm 14yrs	Finals	
12:06 PM	#602 Women 90 m Hurdles 9 x 76.2cm 15yrs	Finals	
12:15 PM	#603 Women 100 m Hurdles 10 x 76.2cm U18	Finals	
12:20 PM	#604 Women 100 m Hurdles 10 x 84.0cm Open	Finals	
12:20 PM	#605 Women 100 m Hurdles 10 x 84.0cm U20	Finals	
12:20 PM	#606 Women 30-39 100 m Hurdles 10 x 84.0cm	Finals	
12:25 PM	#607 Men 100 m Hurdles 10 x 84.0cm 14yrs	Finals	
12:25 PM	#608 Men 100 m Hurdles 10 x 84.0cm 15yrs	Finals	
12:30 PM	#609 Men 110 m Hurdles 10 x 91.4cm U18	Finals	
12:30 PM	#610 Men 110 m Hurdles 10 x 99.1cm U20	Finals	
12:30 PM	#611 Men 110 m Hurdles 10 x 106.7cm Open	Finals	
12:20 PM	#612 Boys Shot Put 2.0kg 10yrs (U11)	Finals	

2024 NQ Championships - 27/09/2024 to 29/09/2024
Townsville Sports Precinct
TIMETABLE SUBJECT TO CHANGE ON CLOSE OF NOMINATIONS

Session: 6 DAY 3
Day 3 - Sunday 29/09/2024 - Starts at 01:00 PM

Starts at	Event	Round	Field Area
1:00 PM	#612 Men Long Jump 15yrs (U16)	Finals	
1:15 PM	#613 Throws Pentathlon: #5 Men Weight U16	Finals	
1:15 PM	#614 Throws Pentathlon: #5 Men Weight U18	Finals	
1:15 PM	#615 Throws Pentathlon: #5 Men Weight U20	Finals	
1:15 PM	#616 Throws Pentathlon: #5 Men Weight Open	Finals	
1:15 PM	#617 Throws Pentathlon: #5 Men 30-49 Weight	Finals	
1:15 PM	#618 Throws Pentathlon: #5 Men 50+ Weight	Finals	
1:50 PM	#619 Women 200 m U18	Finals	
1:52 PM	#620 Women 200 m U20	Finals	
1:54 PM	#621 Women 200 m Open	Finals	
1:56 PM	#622 Women 30-49 200 m 30-49yrs	Finals	
1:56 PM	#623 Women 50+ 200 m 50-109yrs	Finals	
2:00 PM	#624 Men 200 m U18	Finals	
2:02 PM	#625 Men 200 m U20	Finals	
2:04 PM	#626 Men 200 m Open	Finals	
2:06 PM	#627 Men 30-49 200 m 30-49yrs	Finals	
2:08 PM	#628 Men 50+ 200 m 50-109yrs	Finals	
2:10 PM	#629A Women 200 m PA Ambulant	Finals	
2:10 PM	#630 Men 200 m PA Ambulant	Finals	
2:15 PM	#631 Girls 200 m 10yrs (U11)	Finals	
2:17 PM	#632 Boys 200 m 10yrs (U11)	Finals	
2:19 PM	#633 Girls 200 m 11yrs (U12)	Finals	
2:23 PM	#634 Boys 200 m 11yrs (U12)	Finals	
2:25 PM	#635 Girls 200 m 12yrs (U13)	Finals	
2:27 PM	#636 Boys 200 m 12yrs (U13)	Finals	
2:29 PM	#637 Women 200 m 13yrs (U14)	Finals	
2:31 PM	#638 Men 200 m 13yrs (U14)	Finals	
2:33 PM	#639 Women 200 m 14yrs (U15)	Finals	
2:35 PM	#640 Men 200 m 14yrs (U15)	Finals	
2:37 PM	#641 Women 200 m 15yrs (U16)	Finals	
2:39 PM	#642 Men 200 m 15yrs (U16)	Finals	