

U16 to Masters EVENT GRID

Throws Pentathlon

Friday 12th June

BLOCK TIMES SHOWN FOR DRAFT ONLY

TIME	U16	U18	U20	OPENS	MASTERS 30-49	MASTERS 50+
4:00 PM	Men Hammer	Men Hammer	Men Hammer	Men Hammer	Men Hammer	Men Hammer
4:45 PM	Women Hammer	Women Hammer	Women Hammer	Women Hammer	Women Hammer	Women Hammer
5:00 PM	Men Shot Put	Men Shot Put	Men Shot Put	Men Shot Put	Men Shot Put	Men Shot Put
5:45 PM	Women Shot Put	Women Shot Put	Women Shot Put	Women Shot Put	Women Shot Put	Women Shot Put
6:00 PM	Men Discus	Men Discus	Men Discus	Men Discus	Men Discus	Men Discus
6:45 PM	Women Discus	Women Discus	Women Discus	Women Discus	Women Discus	Women Discus
7:00 PM	Men Javelin	Men Javelin	Men Javelin	Men Javelin	Men Javelin	Men Javelin
7:45 PM	Women Javelin	Women Javelin	Women Javelin	Women Javelin	Women Javelin	Women Javelin
8:00 PM	Men Weight Throw	Men Weight Throw	Men Weight Throw	Men Weight Throw	Men Weight Throw	Men Weight Throw
8:45 PM	Women Weight Throw	Women Weight Throw	Women Weight Throw	Women Weight Throw	Women Weight Throw	Women Weight Throw

Draft Only – changes can/may occur pending final nominations

4 TO 9 EVENT GRID

DRAFT ONLY Saturday 13th June

TIMES ROUND TO HOUR FOR DRAFT ONLY

Time	4/5W	4/5M	6W	6M	7W	7M	8W	8M	9W	9M
8:00 AM							High Jump	High Jump	Shot Put	Shot Put
9:00 AM	Long Jump	Long Jump	Long Jump	Long Jump	Discus	Discus				
									High Jump	High Jump
10:00 AM					60m Hurdles	60m Hurdles	60m Hurdles	60m Hurdles	60m Hurdles	60m Hurdles
	60M	60M	60M	60M						
11:00 AM	Discus	Discus	Discus	Discus	Shot Put	Shot Put				
12:00 PM	Shot Put	Shot Put	Shot Put	Shot Put					Long Jump	Long Jump
1:00 PM	100m	100m	100m	100m			Shot Put	Shot Put		
2:00 PM					100M	100M	100M	100M	100M	100M
3:00 PM							800M	800M	800M	800M
4:00 PM										
5:00 PM										

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4 TO 9 EVENT GRID

DRAFT ONLY

Sunday 14TH June

TIMES ROUND TO HOUR FOR DRAFT ONLY

Time	4/5W	4/5M	6W	6M	7W	7M	8W	8M	9W	9M
8:00 AM							Long Jump	Long Jump		
9:00 AM					200m	200m	200m	200m	200m	200m
10:00 AM					Long Jump	Long Jump				
11:00 AM										
12:00 PM										
1:00 PM										
2:00 PM										
3:00 PM										
4:00 PM										
5:00 PM										

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10 TO MASTERS EVENT GRID

FEMALE

SATURDAY 13TH

BLOCK TIMES SHOWN FOR DRAFT ONLY

Time	10	11	12	13	14	U16 (15)	U18	U20	OPEN	MASTERS	
8:00 AM	1500m	1500m	Hammer	Hammer	Hammer	Hammer	Hammer	Hammer	Hammer	Hammer	
			1500m	1500m	1500m	1500m	1500m	1500m	1500m	1500m	1500m
			Long Jump	Long Jump	90H	90H	100H	100H	100H	100H	100H
9:00 AM	60H	60H	80H	80H	Shot Put	Shot Put	Shot Put	Shot Put	80H High Jump		
10:00 AM											
11:00 AM	Discus 400m	Discus 400m	400m	400m	400m	400m	400m	400m	400m	Triple Jump 400m	
					100m Heats	100m Heats	100m Heats	100m Heats	100m Heats	100m Heats	100m Heats
			High Jump		Pole Vault	Pole Vault	Pole Vault	Pole Vault	Pole Vault	Pole Vault	Pole Vault
12:00 PM							Long Jump	Long Jump	Long Jump	High Jump 60m	
							High Jump	High Jump	High Jump	Shot Put	
1:00 PM											
2:00 PM			Shot Put	Shot Put					Discus	Shot Put	
3:00 PM	Long Jump	Long Jump	Javelin	Javelin	Javelin	Javelin	Javelin	Javelin			
4:00 PM							100m Final	100m Final	100m Final	100m Final	
5:00 PM	100m Final	100m Final	100m Final	100m Final	100m Final	100m Final				Discus	
					2000mSC	2000mSC	2000mSC	3000mSC	3000mSC	2000mSC	

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14-Masters events will be seeded using seasonal best performances

10 TO MASTERS EVENT GRID

MALE

SATURDAY 13TH

BLOCK TIMES SHOWN FOR DRAFT ONLY

Time	10	11	12	13	14	U16 (15)	U18	U20	OPEN	MASTERS
8:00 AM	1500m	1500m	1500m	1500m	1500m 100H	1500m 100H	1500m 110H	1500m 110H	1500m 110H	1500m 100H/110H Long Jump 80H High Jump
9:00 AM	High Jump 60H	60H	Shot Put	Shot Put						
10:00 AM			Discus	Discus	Discus	Discus	Long Jump Discus	Long Jump Discus		
11:00 AM	400m	400m	400m	400m	400m	400m	400m	400m	Triple Jump 400m	400m
			100m Heats	100m Heats	100m Heats	100m Heats	100m Heats	100m Heats	100m Heats	
12:00 PM			Javelin Pole Vault	Javelin Pole Vault	Javelin Pole Vault	Javelin Pole Vault	Javelin Pole Vault High Jump	Javelin Pole Vault High Jump	High Jump Shot Put Pole Vault 60m	Javelin Pole Vault
1:00 PM										60m
2:00 PM			Long Jump	Long Jump	Long Jump High Jump	Long Jump High Jump	High Jump Long Jump	High Jump Long Jump	Discus	Discus
3:00 PM	Long Jump	Long Jump								
4:00 PM							100m Final	100m Final	100m Final	100m Final
5:00 PM	100m Final	100m Final	100m Final	100m Final	100m Final 2000mSC	100m Final 2000mSC	2000mSC	3000mSC	3000mSC	Shot Put 2000/3000mSC

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14-Masters events will be seeded using seasonal best performances

10 TO MASTERS EVENT GRID

FEMALE

SUNDAY 14TH

BLOCK TIMES SHOWN FOR DRAFT ONLY

Time	10	11	12	13	14	U16 (15)	U18	U20	OPEN	MASTERS
7:00 AM				3000m EXH	3000m	3000m	3000m	3000/5000m	3000/5000m	3000/5000m
8:00 AM	800mW Shot Put	1500mW Shot Put	1500mW Discus	1500mW Discus	3000mW Discus	3000mW Discus				1500mW
							Discus 5000mW	Discus 5000mW	5000mW	
9:00 AM			200m Heats	200m Heats	200m Heats	200m Heats	200m Heats	200m Heats	200m Heats	200m Heats
10:00 AM	800m	800m	800m							Javelin
			Triple Jump	Triple Jump	Triple Jump	Triple Jump	Triple Jump	Triple Jump		800m Triple Jump
11:00 AM		High Jump	High Jump 200H	200H	200H	200H				300H
							400H	400H	Long Jump 400H	400H
12:00 PM				High Jump	High Jump	High Jump			Javelin	
1:00 PM	200m Final	200m Final	200m Final	200m Final	200m Final	200m Final	200m Final	200m Final	200m Final	200m Final
2:00 PM										

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14-Masters events will be seeded using seasonal best performances

10 TO MASTERS EVENT GRID

MALE

SUNDAY 14TH

BLOCK TIMES SHOWN FOR DRAFT ONLY

Time	10	11	12	13	14	U16 (15)	U18	U20	OPEN	MASTERS
7:00 AM				3000m	3000m	3000m	3000m	3000/5000m	5000m	3000/5000m
8:00 AM	800mW Shot Put	1500mW Shot Put	Hammer 1500mW	Hammer 1500mW	Hammer 3000mW	Hammer 3000mW	Hammer 5000mW	Hammer 5000mW	5000mW	Hammer 5000mW
			200m Heats 800m	200m Heats	200m Heats Shot Put	200m Heats Shot Put	200m Heats Shot Put	200m Heats Shot Put	200m Heats	200m Heats
9:00 AM				800m	800m	800m	800m	800m	800m	800m
10:00 AM	800m Discus	800m Discus								
11:00 AM		High Jump	High Jump 200H	200H	200H	200H				300H
12:00 PM			Triple Jump	Triple Jump	Triple Jump		Triple Jump 400H	Triple Jump 400H	Long Jump 400H	Triple Jump 400H
				High Jump					Javelin	
1:00 PM							200m Final	200m Final	200m Final	200m Final
2:00 PM	200m Final	200m Final	200m Final	200m Final	200m Final	200m Final				

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14-Masters events will be seeded using seasonal best performances

Multi Events EVENT GRID

DRAFT ONLY

13th & 14th June

TIMES ROUND TO HOUR FOR DRAFT ONLY

Saturday 5th	U16	U18	U20	Opens	Masters	U16	U18	U20	Opens	Masters/Masters
8:30 AM	Hep Hurdles	Hep Hurdles	Hep Hurdles	Hep Hurdles	Hep Hurdles	Hep Hurdles				
9:30 AM						Hep Shot Put				
10:30 AM							Dec 100m	Dec 100m	Dec 100m	Dec 100m
11:00 AM	Hep High Jump	Hep High Jump	Hep High Jump	Hep High Jump	Hep High Jump	Hep High Jump				
11:30 AM							Dec Long Jump	Dec Long Jump	Dec Long Jump	Dec Long Jump
12:30 PM							Dec Shot Put	Dec Shot Put	Dec Shot Put	Dec Shot Put
1:30 PM	Hep Shot Put	Hep Shot Put	Hep Shot Put	Hep Shot Put	Hep Shot Put					
2:00 PM							Dec High Jump	Dec High Jump	Dec High Jump	Dec High Jump
3:00 PM	Hep 200m	Hep 200m	Hep 200m	Hep 200m	Hep 200m	Hep 200m				
3:30 PM							Dec 400m	Dec 400m	Dec 400m	Dec 400m
Sunday 6th										
8:30 AM							Dec Hurdles	Dec Hurdles	Dec Hurdles	Dec Hurdles
9:30 AM	Hep Long Jump	Hep Long Jump	Hep Long Jump	Hep Long Jump	Hep Long Jump	Hep Long Jump	Dec Discus	Dec Discus	Dec Discus	Dec Discus
11:00 AM							Dec Pole Vault	Dec Pole Vault	Dec Pole Vault	Dec Pole Vault
11:15 AM	Hep Javelin	Hep Javelin	Hep Javelin	Hep Javelin	Hep Javelin	Hep Javelin				
1:00 PM							Dec Javelin	Dec Javelin	Dec Javelin	Dec Javelin
1:15 PM	Hep 800m	Hep 800m	Hep 800m	Hep 800m	Hep 800m	Hep 1500m				
2:30 PM							Dec 1500m	Dec 1500m	Dec 1500m	Dec 1500m

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