



2026 FESTIVAL OF ATHLETICS
INFORMATION BOOKLET
13TH - 14TH JUNE 2026



PRESIDENTS WELCOME

Welcome back to Townsville for another fun-filled weekend of athletics at the 2026 Festival of Athletics.

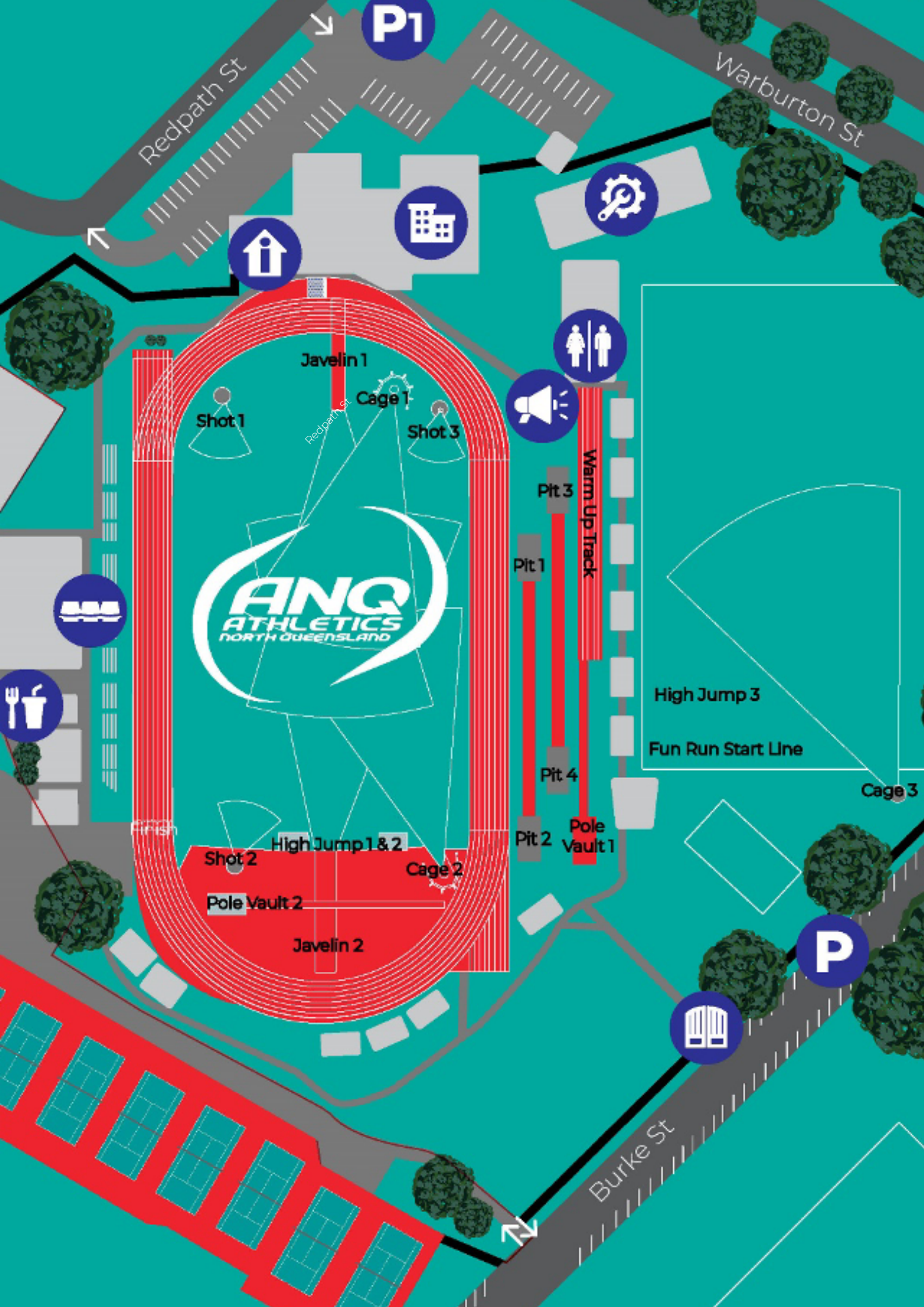
Our Throws Pentathlon on Friday evening kicks off an exciting weekend of competition, followed by a full program of events and the popular **Kids Kaos** activities for children aged 4–9 years.

This festival provides a fantastic opportunity for participants of all ages, particularly our school-aged athletes who are involved in athletics programs, to compete in their favourite events, develop their skills, and make new friendships along the way.

This event would not be possible without the incredible army of volunteers who work tirelessly behind the scenes. We extend our sincere gratitude to each and every one of them for their dedication and support.

We wish all athletes the very best of luck and hope you enjoy your time at the Red Track.

Kym Galea
ANQ President





EVENT DATES

The Festival of Athletics is for anyone – you don't need to be a member of an athletics club to participate.

The Throws Pentathlon will be held as a stand alone event commencing at 4.00pm Friday 12th June and finishing at approx 9.30pm. The events will occur in correct order of Hammer, Shot Put, Discus, Javelin and Weight throw.

All other athletics events will commence at 8am on Saturday 13th June 2026 and will finish approximately at 6.30pm. Sunday 14th June 2026. Starting at 7am to 3pm.

RULES

Festival of Athletics will be conducted according to the rules of World Athletics, World Para Athletics, Australian Athletics, and Athletics North Queensland.

AGE RULING

Age is actual age in years as of 31st December 2026. Master's Athletes (athletes over the age of 30) will compete in their age based on the 1st day competition. Athletes 14yrs+ can register in their own age group and Opens only.



TECHNICAL INFORMATION CENTER

The Technical Information Centre (TIC) will be open from Friday afternoon at 3pm. The TIC is the building located in the Admin building at the finish line.

Medals

Medals will be presented at this event. All medals will be given out at the finish line after the race and field events will be given a medal sheet to bring to medal presentation to collect the medals.

4-9yrs will be given a **participation medal** and certificate at 3.30pm Saturday afternoon after the Kids Kaos.

UNIFORMS

Athletes can wear any apparel/clothing they wish if it is not offensive or discriminatory in nature.

Bibs will be required for this event. Please collect from TIC.

PARA ATHLETES

Para-Athletes that supply a classification, who are 10 years and older enter in their own age division.

The Festival of Athletics will also include Frame Running. Athletes with a Frame Running classification are able to compete in the 60m.



SCRATCHINGS

If an athlete fails to scratch (remove themselves) from an event after confirmation or does not compete in all rounds of an event for which s/he has nominated for (doesn't include passing a round in a field event), s/he may not be permitted to compete further as outlined in World Athletics Rule TR4.4. This ruling will be applied to all athletes above the age of 10.

CALL ROOM

Athletes must report to the Call Room no less than 15 minutes before the scheduled starting time of their TRACK event to advise their intention to compete.

The Call Room will be located on the back straight underneath the red shade cover near the 200m start line.

Athletes must report to their field event site no less than 20 minutes before the scheduled starting time for their FIELD event to advise their intention to compete.

Athletes are encouraged to be at the event site 30 minutes before the event start time for warm up. Failure to comply with this Rule may result in the athlete being scratched from that event.



PROGRESSIONS

AGE	INDIVIDUAL FIELD EVENTS	HIGH JUMP	TRACK
4 – 9 Years	3 trials each	N/A	Timed Finals
10–17 Years, Masters	3 trials each with top 8 going into 1 extra round (4 in total)	Normal	Heats will be run where there are more than 8 athletes entered in each age group/gender for the 100m, 200m, 400m and short hurdles.
18 – 19 Years, Open	3 trials each with top 8 going into 3 extra round (6 in total)	Normal	Heats will be run where there are more than 8 athletes entered in each age group/gender for the 100m, 200m, 400m and short hurdles.

3000m races for 13yrs will be offered as an exhibition race only. Times will be recorded but **NO MEDALS** will be awarded.

CROUCH STARTS AND BLOCKS

Athletes aged 14 to opens must crouch start in all events up to and including 400m. Starting blocks are optional and athletes use blocks provided by the competition. Athletes in the masters age categories have the choice of doing crouch starts, three point starts and standing starts.



PRIVATE IMPLEMENTS

Athletes who wish to include their own throwing implements in the equipment pool (private implements may be used by any athlete in the competition), must lodge them with the Technical Manager at the Technical Equipment Room, no later than three hours before the scheduled starting time of the event on the day of competition or on a previous day. The implements will be impounded until after the competition when athletes may collect them from the Technical Equipment Room. A list of implements on offer at these Championships can be viewed below.

Competition Pool implements to be available at the start of competition include:

SHOT PUT

7.26kg Elite 128mm
7.26kg Elite 125mm
7.26kg Elite 117mm
7.26kg Elite 110mm
6kg Elite 120mm
6kg Elite 119mm
6kg G 118mm
6kg Elite 106mm
6kg Elite 110mm
4kg Elite 90mm
4kg Elite 95mm
4kg Elite 103mm

JAVELIN

800g Comet Nordic 11.4
800g Viking Nordic 10.4
800g Super Elite Nordic 9.0
800g Air glider Nordic 6.1
800g Orbit Nordic 5.0
600g Comet Nordic 12.1
600g Viking Nordic 11.1
600g Diana Nordic 8.0
600g Star Nordic 5.0

DISCUS

2kg Super Spin Brass
2kg High Spin Metal
2kg Denfi Jurgen Schult
1kg Super Spin Brass
1kg High Spin Metal



SPIKES

Spikes may be worn by athletes 10 and up. Athletes aged 10 to 11 can only wear spikes in laned events. Athletes 12 plus can wear spikes in any event other than discus, hammer and shot put. Please refer to the chart and image below for more information.

EVENTS	MAXIMUM SPIKE SIZE	TYPE
Track Events	7mm	Christmas tree, Short/long Pyramid
Long & Triple Jumps	7mm	Christmas tree, Short/long Pyramid, Jump
High Jump & Javelin	9mm for heel	Christmas tree, Short/long Pyramid, jump

PROTESTS AND APPEALS TO THE JURY

Protests should be given verbally to the event referee within 30 minutes of the event being conducted. Appeals against the referee's decision should be lodged in writing, accompanied by the nominated sum of \$50, within 30 minutes of the decision being announced. Necessary paperwork may be obtained from the Technical Information Centre. If the appeal is unsuccessful the money is forfeited.



APPROVED SHOE LIST

Please [CLICK HERE](#) for the current list* of shoes deemed approved by World Athletics (listed under Manuals & Guidelines).

*Please note that World Athletics continually amend the Approved Shoe List as they complete their testing of shoes, therefore athletes should ensure they check this list on a regular basis.

HEAT ALLOCATION

Thirty (30) minutes before the scheduled starting time for an event, heat allocation and lane draws will be conducted for track events.

WARM UP

Athletes are permitted to warm up on field two and on the warm up track. There is no access to the field of play by spectators and coaches.

START RULE

World Athletics Rule TR16 will apply in full for all competitions conducted under the jurisdictions of ANQ, with the following dispensation: In the case of any competition (or part thereof) conducted exclusively for athletes competing in the under 14 age group and younger, Rules TR16, 16.6-7.2 and TR16, 16.8 shall be applied.

Athletes 14 to Open will compete under the No False Start rule.



VENDORS

COFFEE VAN

The Coffee Cup - operated both days by Chris Keune, starting early morning.

Funky Bubbles - Operated both days by Vicky, starting early morning

Canteen - Will be run by Cafe on the Run -
Nicholas Mihalidis - operating both days starting early morning